



News from the Board, 2/24/22

Reopening Update

March offerings will all be on Zoom. Looking ahead to April, Dharma talks will be on Zoom; a determination about April courses/retreats has not yet been made. More as we know it.

Building Sangha, Community Building, Stewarding the Sangha

KM Groups

The following are 3 Kalyana Mitta (spiritual friends) groups currently going on at IWM. Each of the groups is currently closed. Future openings and new KM groups are planned for the future. The groups meet twice a month and the facilitators are being mentored by Tara Mulay.

Melissa Tefft and Ruth Folchman are facilitating a KM group that has been meeting twice a month for over a year. They are currently reading Joseph Goldstein's book, "Mindfulness: A Practical Guide to Awakening," which investigates the core teachings of the Satipatthana Sutta. There are currently 10 spiritual friends in the group, and it is closed at least through the conclusion of this current study.

Ruth Folchman and Anne Fine are facilitating a KM group which is an outgrowth of the "White & Awakening in the Dharma" course. We are using Rhonda Magee's book "The Inner Work of Racial Justice" to ground our practice and discussion together. The group has a total of six participants (including the facilitators), all graduates of "White & Awakening in the Dharma."

Lore Detenber and Hal Fales are facilitating a KM group which has 5 members (including the facilitators). We are exploring whiteness and white privilege and how our practice can be a vehicle for change. We are using Ruth King's book

"Mindful of Race." All participants are graduates of "White & Awakening in the Dharma."

Gratitude to the Green Metta Team and Zoom Hosts

Deep bow for your recent service:

- Green Metta: Betsy H, Rick H, Diana R, Andrea Z
- Zoom Hosts: Catalina A, Suzanne A, Lucy B, Holly B, Hal F, Ruth F, Lauren I, Cathy R, JM S, trellis s

Programming Committee - Offerings

We are grateful that over the next several months Dharma talks, courses and retreats will be offered by the following IWM teachers, teachers-in-training, and facilitators:

- Devin Berry, Rebecca Bradshaw, Jen Cannon, Lore Detenber, Jean Esther, Michael Grady, Manny Mansbach, Bernadine Mellis, Tara Mulay, and trellis stepper.

IWM is also pleased to be welcoming (or welcoming back) the following guest teachers:

- [Bart van Melik](#) (Friday, April 1), [Booker](#) (Wednesday, April 6), [Greg Scharf](#) (Monday, April 18), [Mark Nunberg](#) (Thursday, May 5), [Ajahn Brahm](#) (Wednesday, May 11), [Roxanne Dault](#) (Wednesday, May 18).

Several guest teachers are scheduled to give Dharma talks on nights other than Wednesdays, so you might want to mark your calendars now. In those weeks, if the guest teacher's talk lands on a date when there's routinely a community practice led by a practice leader/peer-led on that evening, things will be handled a little differently; more on that next month. Keep an eye out on IWM's [offerings page](#) for updates to our schedule.

Please feel free to contact the Board at leadership@insightwma.org with any comments, questions, or ideas.

With much care and metta,
trellis, Lucy, Hal, Lauren, and Bernadine