



Insight Meditation
Community of
Western Massachusetts
(formerly known as Insight Pioneer Valley)

<https://www.insightwma.org/offering.html> * general@insightwma.org * 413-527-0388

Insight Meditation Community of Western Massachusetts (IWM)

Offerings at our center in Eastworks, Suite 242

116 Pleasant St, Easthampton, MA

Seating information, COVID protocols

**Watch for updates on our website and in our email blasts
in case things change about IWM's COVID protocols,
hybrid capacity, or how we manage logistics.**

Seating/water:

- Chairs and cushions available.
- Please bring your own covered water bottle.

IWM Covid Protocols:

- Vaccination required
- Masks (preferably N95/KN95) required
- If you have been traveling or caring for unvaccinated children or people, we ask that you take an antigen test before attending.
- Field Control Trio Plus portable air purifier will be running (H13 HEPA with an ultraviolet light component).

Questions: email general@insightwma.org or call 413-527-0388

(Info as of 12/21/22)

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