



Insight Meditation Community of Western Massachusetts

(formerly known as Insight Pioneer Valley)

IWM Sangha-Wide Common Read - as of 1/23/23 *Radical Friendship*

Please join us in creating a community-wide experience! In January and February we will be hosting a “Common Read” of **Kate Johnson’s book *Radical Friendship***. This is a way for everyone to come together in reading and discussing this transformational book, which takes the Buddha’s teachings about friendship and applies them to our lives, and our care for others and for the world.

We encourage everyone who is involved with IWM in any way to choose a level of participation in our Common Read that is right for you. We’d appreciate hearing how you plan to participate; [please click here](#) to fill out our brief survey.

Kalyana Mitta Groups

In mid-December we announced that two new Kalyana Mitta, or Spiritual Friends, groups would be forming to read and discuss *Radical Friendship*. In a short time, over 30 people expressed an interest and two new KMs are now underway.

Facilitated Drop-in Discussion Sessions

From February 1st to February 20th, as another way to join with other sangha members in the Common Read of *Radical Friendship*, there will be five drop-in discussion groups offered. You can attend all five groups if you want, or however many work for you. Each group will focus on two chapters of the book; you can also bring whatever questions or insights you might want to share about anything in the book to any of the groups. To find out the schedule and read more, [please click here](#).



**Save the Date - Saturday, Feb 25th, 10:00am-12:00pm
Kate Johnson is coming in person!
In-person/Hybrid.
Location: The Garden House at Look Park (and Zoom)
Vaccination and masks required (N95/KN95 preferred).**

Registration for Feb 25th will open soon - check our website for updates.

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We are very excited to be nurturing our IWM community by coming together in this way -- hope you will join our Common Read!

1/23/23

