

Organize Your Home!

Facebook Live check-in



First...WHY organize?

This is what will help you start and help you keep going.

I organize because:

- ▶ It helps!
 - ▶ Lowers stress.
 - ▶ Helps you be more peaceful.
 - ▶ Saves you time and money.
 - ▶ Helps the whole family.
- ▶ It's empowering. Feeling in control.

Organize Your Mind First

- ▶ Take control. Don't feel helpless. “I can do this. I'm not too busy.”
- ▶ Your house is not a mirror...
- ▶ Getting rid of the guilt makes it much easier
- ▶ Faithfulness is better than genius
- ▶ **Think of chores as self-care**
 - ▶ If you think that chores are preventing you from having time for yourself, you will hate doing chores. BUT what if you thought of them as a way to keep your life in order? To have things the way YOU want them?
 - ▶ It's a privilege to have a home and have people to share it with & take care of
- ▶ “Making time makes time”

How do I start organizing?

- ▶ Make your bed.
- ▶ Prioritize:
 - ▶ Think about the area that drives you most crazy or that comes to mind the most. Can you get it done with the time you have? If not, move on to the next area.
 - ▶ Pick something *visible* and achievable.
- ▶ Declutter as you organize.
 - ▶ Pull *everything* out of that area and go through each item.
 - ▶ Keep what you use and love.
- ▶ Make a home for each item.

Diving in...

Procrasticlutter...

- ▶ Laundry
- ▶ Dishes
- ▶ Donations
- ▶ Papers
- ▶ “I’ll get to it eventually” projects

Practice will help you get better

Kitchen

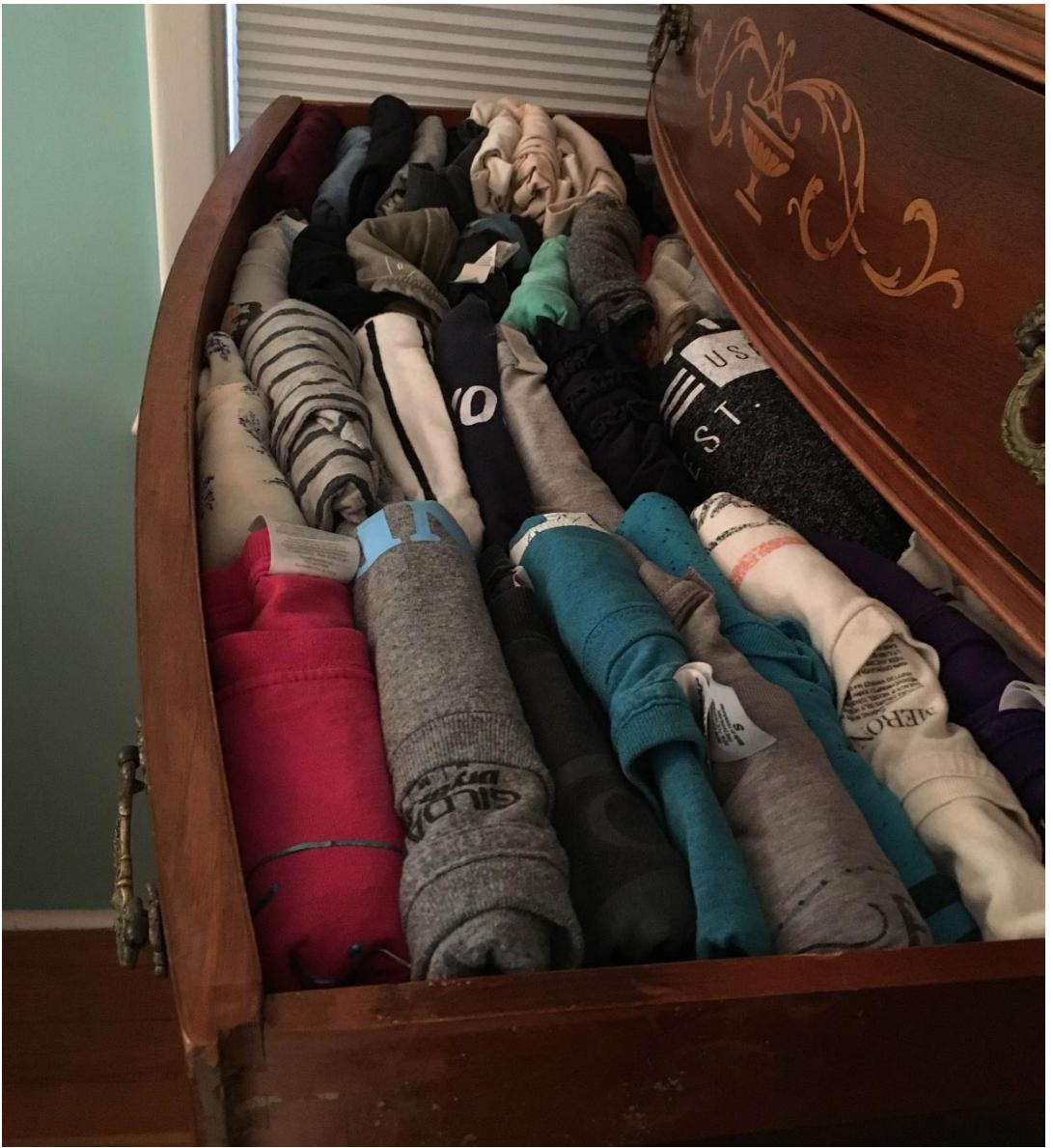
- ▶ Go through one section at a time
- ▶ Get rid of dishes and appliances you don't use
 - ▶ Donate them!
- ▶ Separate it all into categories, then pick a home for each category
- ▶ Use boxes/baskets in your cabinets, drawers, and pantry
 - ▶ Label them
 - ▶ Categories: Different types of snacks, spices, Tupperware
 - ▶ “Eat this first!” basket
- ▶ Mail
- ▶ Keep counters clear as much as possible
- ▶ A neat kitchen = more cooking





Clothes

- ▶ Pull out your clothes - either all at once, or one whole section
- ▶ Go through the clothes one by one - do you use it? Does it make you happy?
 - ▶ Get rid of all the rest
- ▶ Folding/storing clothes
 - ▶ Appreciate what you have as you fold
 - ▶ If it's a chore to you, make it fun
 - ▶ Store upright in drawers
- ▶ Hanging clothes
 - ▶ Face them the same direction
 - ▶ Separate them into categories
 - ▶ Hangers



Kids

- ▶ Put some toys out of reach, so they have to ask for them
- ▶ Involve them! Teach them where things go
- ▶ Don't be frustrated when they're not organized. Just keep on teaching them.
 - ▶ Again, disorganized kids ≠ you're a bad parent. They're children.



Finding Organizing Supplies

- ▶ Check what you already have!
- ▶ Walmart
- ▶ Dollar Tree
- ▶ Marshalls
- ▶ Target
- ▶ ShopRite

OXO Containers

- ▶ Costco/Sam's Club
- ▶ Home Goods
- ▶ Bed Bath & Beyond

\$19.99 set of 4
Bed Bath & Beyond



\$1.07 each
Dollar Tree



\$6.77 each
Walmart



\$12.99 set of 3
Target

Helpful Items

- ▶ Wire organizer (pots + pans): mDesign Metal Wire Pot/Pan Organizer Rack
- ▶ Labels for containers
- ▶ Velvet hangers
- ▶ Drawer organizers
- ▶ Extra kitchen shelves

\$13.87 set of 2
Amazon.com



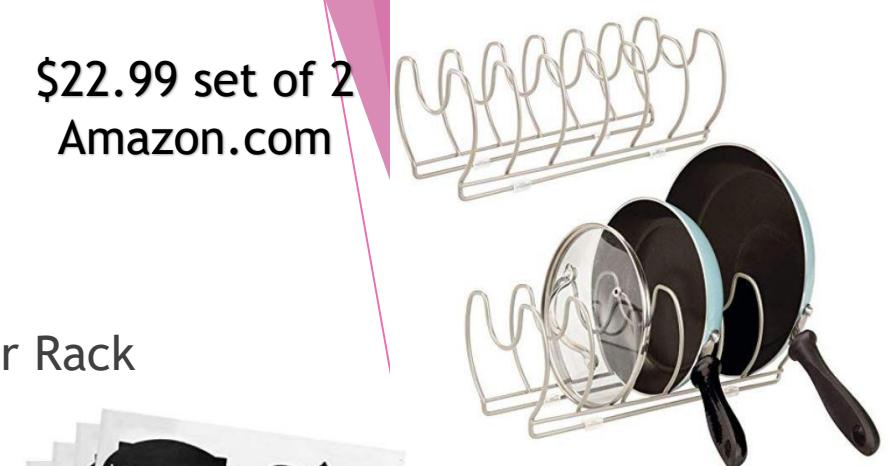
Target: \$9.89
Set of 8



Amazon.com:
\$19.94 for 50
or \$12.99 for 30



\$7.99 for 96 labels
(w/ free chalk marker)
Amazon.com



Discussion

- ▶ Helpful tips? What's worked for you?
- ▶ Questions?

Stay Inspired! / References

Books:

- ▶ Decluttering at the Speed of Life: Dana White
- ▶ How to Manage Your Home Without Losing Your Mind: Dana White
- ▶ The Complete Book of Home Organization: Toni Hammersley (at Woodbridge Library)

Blogs:

- ▶ A Slob Comes Clean - aslobcomesclean.com
- ▶ A Bowl Full of Lemons - abowlfulloflemons.net
- ▶ Organize Simply - www.organizesimply.com

Instagram:

- ▶ A Bowl Full of Lemons
- ▶ Organize with Tracy - Tracy Bowers

TV:

- ▶ Tidying up with Marie Kondo

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