

Femmes Against Violence (FAV) Program

This quarter, youth from our Femmes Against Violence (FAV) celebrated some inspiring milestones.

A major highlight was the creation of a youth-led mental health zine, featuring original writing and artwork that explore identity, cultural pressure, and survivorship. Designed as both a healing outlet and a community resource, the zine will be shared with peers and partner organizations to support other first-generation youth navigating similar challenges.

Another memorable moment was the end-of-program retreat, co-planned entirely by the FAV femmes. From selecting the location to designing activities, the process gave youth the chance to practice leadership, collaboration, and decision-making. The retreat itself was a joyful space for reflection, team-building, and celebrating the connections built throughout the program.

Through these projects and community partnerships, FAV youth ensured their voices and impact extend far beyond the program, affirming their role in broader healing and justice movements.