

# Maine Virtual Meetings & Resources

Updated February 2022

Portland Recovery Community Center (PRCC) is continuously updating a list of online resources nationwide, as well as meetings offered statewide throughout Maine. The following list of meetings reflects those offered online by recovery community centers in Maine. Recovery community centers support many pathways of recovery, and these meetings are open to anyone. If you know of any meetings in Maine and you would like us to share the information, please email [lily@portlandrecovery.org](mailto:lily@portlandrecovery.org). If you have a question about any of the meetings, please refer to the map at the end of this document to call the center hosting the meeting.

Zoom has informative informational videos at <https://zoom.us/resources> to learn more about how to use the tool.

## Online Resources

- In the Rooms ([www.intherooms.com](http://www.intherooms.com)): A global recovery community
- [Recovery Dharma Online](https://recoverydharma.online) (<https://recoverydharma.online>): Healing from addiction with Buddhism
- SMART Recovery: Self-Management and Recovery Training
- ([www.smartrecovery.org](http://www.smartrecovery.org))
- [12Step.org](http://12step.org): Online 12 step recovery meetings
- AA Intergroup (<http://aa-intergroup.org>): Online Alcoholics Anonymous
- NAbyphone.com
- Young People in Recovery (<http://youngpeopleinrecovery.org/calendar>)

## All Recovery

PRCC Noon All Recovery Meeting – Monday - Friday 12-1pm

PRCC Scheduled Group

Browser or app: <https://zoom.us/j/99629866539>

Phone: 929-205-6099 / Meeting ID 99629866539 / Password: PrCc20

## Alcoholics Anonymous

Joe & Charlie's Big Book Listening Group – Tuesday 11:45am-12:45pm

PRCC Scheduled Group

Browser or app:

<https://zoom.us/j/741670502?pwd=Q0dqNU5LTdDxcEkxSEs0am82bTYwdz09>

Meeting ID: 741 670 502 / Password: JoeCharlie

Alcoholics Anonymous 12 & 12 – Monday 6-7pm

BARN Scheduled Group

Browser or app: <https://zoom.us/j/698329532?pwd=d0N1cW0rTmRzeXJDa0xxM3doVTBMUT09>

Golden Slippers – Friday 7-8pm

PRCC Scheduled Group

Browser or app:



**Portland  
Recovery Community  
Center**

<https://us06web.zoom.us/j/85809920943?pwd=NHZ3QWJQazdhUmJyVGdMTWpydkFHZz09>

Meeting ID: 858 0992 0943 / Password: PrCc20

AA Back to Basics – Tuesday 6-7pm

BARN Scheduled Group

Browser or app: <https://zoom.us/j/96866696780?pwd=R0N3RzBaRnZzU1dINm1pZXZSdzZVZz09>

AA I Surrender – Wednesday 6-7pm

BARN Scheduled Group

Meeting ID: 968 6669 6780 / Password: 142142

AA Men's 12 x 12 – Wednesday 6-7pm

BARN Scheduled Group

Meeting ID: 698 329 532 / Password: 1212

Alcoholics Anonymous – Sunday 6-7pm

Roads to Recovery: Caribou and Aroostook / ARCH: Aroostook Recovery Center of Hope Scheduled Group

Browser or app: <https://zoom.us/j/595159550>

Phone: 929-205-6099 / Meeting ID: 595159550 / Password: 912412

Full list of daily meetings in Maine:

<http://csoaamaine.org/virtual-meetings/>

### **Co-Dependents Anonymous**

CODA – Tuesdays at 5:30-6:30pm

PRCC Scheduled Group

Browser or App: <https://zoom.us/j/651021325>

Meeting ID: 651 021 325

Password: PrCc20

### **Family & Parental Support**

Family Restored – Tuesday and Wednesday 6-7:30pm

PRCC Scheduled Group

Email [virtual@thefamilyrestored.org](mailto:virtual@thefamilyrestored.org) for an invite or by phone: 207-387-0015

Parent Support Group with Sunrise Opportunities – Tuesday 6-7pm

INSPIRE Recovery Center Scheduled Group

Meeting ID: 26 556 6326

Friends & Family – Thursday 6-7pm

Coastal Recovery Community Center Scheduled Group

Browser or app:

<https://us06web.zoom.us/j/97537324351?pwd=SFNpSUIwbkhobGNLUC9wanJWZU9JUT09>

Meeting ID: 975 3732 4351 / Password: 699139

### **Heroin Anonymous**

HA – Sundays 9-10am



PRCC Scheduled Group

Browser or app: <https://zoom.us/j/93709212090> Phone: 646-558-8656

Meeting ID: 937 0921 2090 / Passcode: PrCc20

### **Marijuana Anonymous**

Marijuana Anonymous (MA) – Tuesdays 6-7pm

PRCC Scheduled Group

Meeting ID: 871 8041 4949 / Password: 974210

### **Narcotics Anonymous (NA)**

Narcotics Anonymous – Ultimate Weapon – Saturday 7:30-9pm

BARN Scheduled Group

Meeting ID: 572 681 0574 / Password: 142142

NA Recovery is Possible – Thursday 5:30-6:30pm

LRRC Scheduled Group

Browser or app: <https://us02web.zoom.us/j/87645317873>

Meeting ID: 876 4531 7873

NewBeginnings (NA) – Monday, Wednesday, Friday 7:30-8:30pm

BARN Scheduled Group

Browser or app: <https://zoom.us/j/7207301505>

Phone: 312-626-6799 / Meeting ID: 720-730-1505

Full list of daily NA meetings in Maine: <https://namaine.org/virtual-meetings/>

### **Wellbriety**

Wellbriety – Wednesday 5pm

PRCC Scheduled Group

Meeting ID: 842 9778 3840 / Password: Recovery

Wellbriety – Thursday 4:15-5:45pm

BARN Scheduled Group

Meeting ID: <https://us06web.zoom.us/j/2261062971?pwd=MHd6YVliZmZuOXhkV0tnWXZlUFZZQT09>

### **Yoga, Reiki, EFT Tapping**

Sea Change Recovery Yoga – Tuesday 1:30-2:30 pm, Thursday 4:30-5:30

PRCC Scheduled Group

Browser or app: <https://zoom.us/j/91837133896>

Meeting ID: 918 3713 3896 / Password: PrCc20

Reiki – Thursday at 2-2:30pm

PRCC Scheduled Group

Browser or app: <https://us04web.zoom.us/j/663249957?pwd=dHBhZGdOdGsyWHJTMnd5WnlyZ2ZXZz09>

Meeting ID: 663 249 957 / Password: 002498



## Additional Recovery Support Groups

Journal Group – Monday 2-3pm

LRRC Scheduled Group

Zoom Meeting <https://us02web.zoom.us/j/89027643322>

Meeting ID: 890 2764 3322

H.O.P.E. – Tuesday 3 pm-4pm

PRCC Scheduled Group

Browser or app: <https://zoom.us/j/98362744735?pwd=amdUYWFIM1dlbG9VUDk4dzVxdmJUdz09>

Meeting ID: 983 6274 4735 / Password: Prcc2020

Free Narcan Training E/O Month – 3<sup>rd</sup> Tuesday 10-11am

LRRC Scheduled Group

Browser or app: <https://us02web.zoom.us/j/86337728738>

Meeting ID: 86337728738

Trauma Survivors Support – Tuesday 4-5p

Browser or app: <https://us02web.zoom.us/j/82067609101>

Meeting ID: 820 6760 9101

Let Your Imagination Flow – Wednesday 9-10am

LRRC Scheduled Group

Browser or app: <https://us02web.zoom.us/j/83731265804>

Meeting ID: 837 3126 5804

OA Overeaters Anonymous – Wednesday 9-10am

Browser or app: <https://us02web.zoom.us/j/83812061674>

Meeting ID: 838 1206 1674

SMART Recovery – Wednesdays 3-4pm

PRCC Scheduled Group

Meeting ID: 92272730043

Women’s Sobriety Group – Thursdays 3-4pm

LRRC Scheduled Group

Browser or app: <https://us02web.zoom.us/j/89816213447>

Meeting ID: 898 1621 3447

Women’s Recovery – Saturdays 10-11am

Downeast Recovery Support Center Scheduled Group

Meeting ID: 867 331 355 / Password: 011446

INSPIRE Reading Book Club with Ellsworth Public Library – 2<sup>nd</sup> Thursday of the month

INSPIRE Recovery Center Scheduled Group

Contact [beth.alteri@healthyacadia.org](mailto:beth.alteri@healthyacadia.org) for details and Zoom link

**Maine’s Recovery Community Centers offer free Telephone Recovery Support and Peer Recovery Coaching. Please contact the center nearest you if you are interested in receiving these services.**



# Recovery Community Centers in Maine

① **Aroostook Recovery Center of Hope (ARCH)**  
59 Main Street Houlton, ME 04730  
(207) 254-2213

② **Roads to Recovery Community Center**  
1 Water Street Caribou, ME 04736  
(207) 493-1278

③ **Bath Recovery Community Center**  
97 Commercial Street Bath, ME 04530  
(207) 389-4937

④ **Harbor Peer & Wellness Center**  
35 School Street Boothbay Harbor, ME 04538  
(207) 315-1104

⑤ **Lakes Region Recovery Center (LRRC)**  
25 Hospital Drive Suite E Bridgton, ME 04009  
(207) 803-8707

⑥ **DownEast Recovery Support Center**  
11 Free Street Machias, ME 04654  
(207) 259-6238

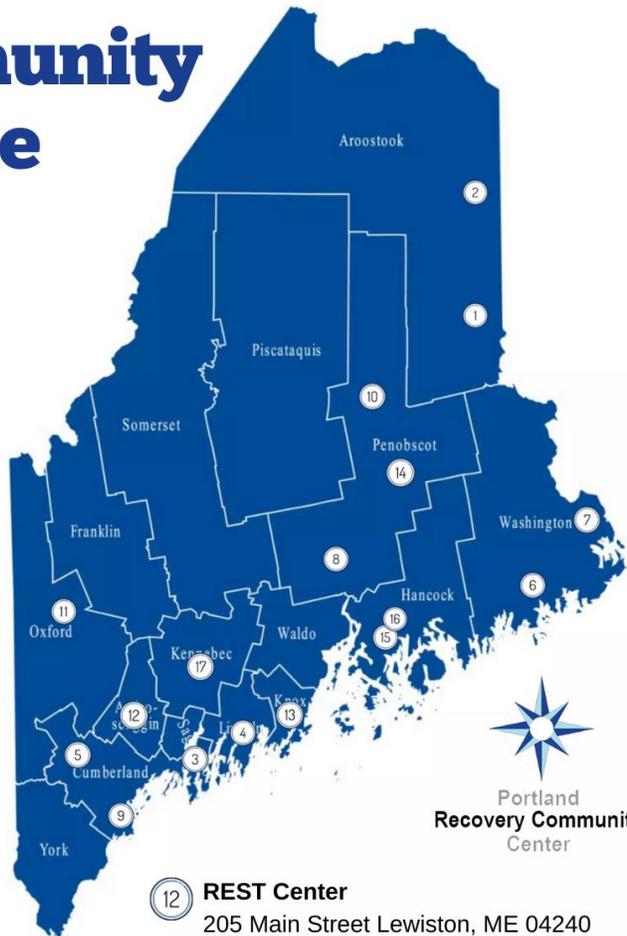
⑦ **DownEast Recovery Support Center**  
311 Main Street Calais, ME 04619  
(207) 952-9279

⑧ **Bangor Area Recovery Network (BARN)**  
142 Center Street Brewer, ME 04412  
(207) 561-9444

⑨ **Portland Recovery Community Center (PRCC)**  
102 Bishop Street Portland, ME 04103  
(207) 553-2575

⑩ **Pir2Peer Recovery Center**  
1009 Central Street Millinocket, ME 04462  
(207) 447-9500

⑪ **Larry Labonte Recovery Center (LLRC)**  
412 Waldo Street Rumford, ME 04276  
(207) 418-4983



⑫ **REST Center**  
205 Main Street Lewiston, ME 04240  
(207) 783-7378

⑬ **Coastal Recovery Community Center**  
11 White Street Rockland, ME 04841  
(207) 691-3697

⑭ **Save a Life Recovery Center (SAL)**  
19 VFW Street Lincoln, ME 04457  
(207) 403-9100

⑮ **Your Place Recovery Center**  
8 Old Mill Road Ellsworth, ME 04605  
Facebook: @Yourplacerecovery

⑯ **INSPIRE Recovery Center**  
24 Church Street Ellsworth, ME 04605  
(207) 412-2288

⑰ **Augusta Recovery & Reentry Center (ARRC)**  
2 Bangor Street 2nd Floor Augusta, ME 04330  
(207)-226-3438