



August 2026
USPS 8048, No 8

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Monday - Friday

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saintdemetrios.com

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The Orthodox Way

THE MONTHLY NEWSLETTER OF SAINT DEMETRIOS GREEK ORTHODOX CHURCH

Mission Statement: Loving God and One Another in Spirit and in Truth

GIVING THANKS TO GOD AND SERVING HIM

Dear Beloved Faithful of Saint Demetrios,

I came upon this beautiful letter by a Romanian Elder, Father Teofil Paraian (1929-2009), written to inspire his spiritual community to peace and thanksgiving. I trust that his words will inspire you as they have inspired me.

Honorable fathers, beloved brothers, and beloved faithful: Today I left my cell with the thought of saying a few words about the exhortation we hear at the Divine Liturgy: "Let us give thanks unto the Lord," and the response: "It is proper and right to worship the Father and the Son and the Holy Spirit, the Trinity one in essence and undivided." I would like to dwell for a little while on our duty to give thanks to God and to serve Him.

Most often, the faithful ask God for something. We ourselves ask God to have mercy on us and to save us. Yet we should also thank Him more often and offer Him our praise. We do this as well, but not to the extent we ought. I do not think that any of us is so committed to praising and thanking God that our praise and thanksgiving are greater and deeper than our prayers of petition. Therefore, it would be good for us to remember that we owe God our praise and thanksgiving.

At the Divine Liturgy we say: "We praise You, we bless You, we give thanks to You, O Lord, and we pray to You, our God," but we say these words only at that time. Our whole life ought to be the fulfillment of these words. Indeed, our whole life should become an offering of worship to God, just as when we respond to the words, "Let us give thanks unto the Lord," by saying: "It is proper and right to worship the Father and the Son and the Holy Spirit, the Trinity one in essence and undivided." And above all, our thanksgiving should be constant, springing from the awareness that this is what is proper and right.

We serve God not because He commands us to serve Him. God does not say, "Serve Me!" Instead, He tells us something else: to serve one another. The Lord Christ said: "For I have given you an example, that you should do as I have done to you." (John 13:15) The Lord Christ also said that He came into the world not to be served, but to serve, and to give His life as a ransom for many. Therefore, there is no commandment of God that obliges us to serve Him; rather, it is our own duty for us to be willing to serve Him.

Why do we serve God? Because it is proper and right; because this is how it ought to be; because there is no other way. We desire to serve Him. Certainly, God receives our service, but it is we who offer it to Him. No one who truly believes in God can stand before Him without bringing Him glory, praise, and thanksgiving, without feeling bound to serve Him, not only during the divine services, but throughout the whole of life. And this includes serving our neighbor, because God has placed the person beside us so that we may do him good, help him, and thus serve God through him.

Today, in the Holy Gospel, we heard the words of the Lord Christ: "Nevertheless do not rejoice in this, that the spirits are subject to you, but rather rejoice because your names are written in heaven." (Luke 10:20) I thought it would be good to dwell for a while on these words, because they are of great importance. They remind us that we too should desire and strive to have our names written in the book of heaven, to be inscribed in the very thoughts of God. In the book of the Prophet Isaiah, God says: "See, I have inscribed you on the palms of My hands." (Isaiah 49:16) The passage speaks of Jerusalem. God has inscribed Jerusalem upon the palms of His hands.

What does it mean to have something written upon your palm? It means that you always see what is written there. Whenever you look at your hand, you see what has Continued on page 9...



Saint Demetrios Greek Orthodox Church - 2100 Boyer Ave E, Seattle, WA 98112

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to info@saintdemetrios.com by the 20th of the month. Saint Demetrios reserves the right to edit, alter, or reject any content.

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Memorials & Candles

July 19:

A memorial was offered in loving memory of **Constantine Squires** (sixteen years since his passing) by his daughter Alethea Squires and family.

July 26:

A forty-day memorial was offered in loving memory of **Panagiotis (Pete) Dikeakos** by his wife, Voula, his children and grandchildren.

August 2:

A Holy Altar vigil light is offered in loving memory of **Gregory Samolis** (forty days since his passing) and **Georgia Samolis** (fourteen years since her passing) by their son and family Pantazis, Katina, Georgia and Dimitra Samolis.

August 25:

A Holy Altar vigil light is offered in loving memory of **Paul Panagakis** (fifteen years since his passing), by his wife, Alice.

Sunday School Update

We are starting to plan for the 2026-2027 Sunday School year! Registration forms are included in this month's issue of the Orthodox Way and classes begin on **Sunday, Sept. 20**, followed by a welcome back celebration in the small hall.

For the past several years, Sunday School has supported an Adopted Senior Program, pairing Sunday School families with home-bound St. Demetrios seniors. Families who "adopt" a senior correspond with them by sending regular cards, notes, drawings etc. The seniors are very grateful for their Sunday School families who connect with them. We are looking for a few more families to reach out to new home-bound seniors who were recently added to our list. For more information, please contact **Paula Macris** at pmcmacris@gmail.com

Thank you for your support!

2026-2027 St. Demetrios Greek Orthodox Church

Sunday School Enrollment Form

Classes begin on September 20, 2026

Thank you for enrolling your child in the St. Demetrios Sunday School Program. Each Sunday, your child will learn about their Orthodox faith and Christ. Please complete this form to register your child for Sunday School and submit it to the Sunday School Director. If you are able, we welcome a voluntary monetary donation to help cover cost of materials, snacks, and supplies.

Please note that a child must be 3 years old by August 31, 2026 to register this year.

Child #1			
Child's Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Child #2			
Child's Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Child #3			
Child's Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Parent/Guardian Information			
Father:	Last:	First:	
Mother:	Last:	First:	
Home Address Information			
Street:			
City/State:		Zip Code:	
Email:			
Home Phone:			

Volunteer Opportunities for Parents:

____ Christmas Program

____ Coffee Hours

____ Special Projects

Please return to Sunday School office, mail, or scan and email registration form to: Paula Charuhas Macris, PO Box 2660, North Bend, WA 98045; pmcmacris@gmail.com; 206/795-8204.

Farewell Fr. Spyridon



DOME COATING WORK - PROGRESS UPDATE

DOME COATING WORK



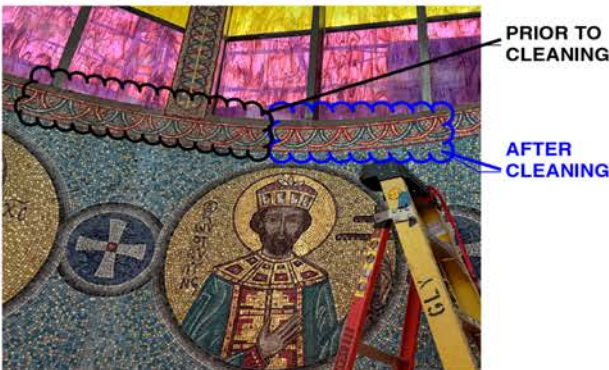
Work is progressing well on the church dome roofing project. While we're finding many additional needed repairs to the concrete structure and elsewhere, so far we're keeping pace with the schedule and the original budget; we expect to complete work approximately mid-August.



Red is the 1st coat of primer, Green 2nd coat and White is the final color.

The Cupola and Altar domes which will have gold color applied to replicate the original architectural design.

CUPOLA CLEANING & RESORATION WORK



On the interior of the church, we've undertaken needed structural repairs at the base of the cupola. While the scaffolding is in place we will also clean all of the mosaics, window frames & glass, and concrete columns in the cupola all of which have suffered significant dirt build up and some amount of water damage; this is a rare opportunity to restore this iconic element to its original brilliance.



We expect this work to be complete and scaffolding inside the church to be removed by Friday, August 7th.

Philoptochos

We were fortunate to be able to attend the Clergy-Laity Convention in Cleveland in July.

Several of us experienced three action-packed days that were refreshing and motivating. We were surrounded by women centered in dedication to service and witnessed firsthand the transformative power of Christ at work in the lives of thousands of volunteers.



Highlights included:

- Showcasing National Philoptochos achievements through collaboration of thousands of volunteer hours and financial grants
- Witnessing how our support to the Patriarchate of Constantinople included Greek Orthodox summer camp for over 250 kids and financial support for marginalized Orthodox
- Serving marginalized men and women providing transitional housing, meals and counseling
- Supporting priest improvised mission communities (e.g. Argentina)
- Comprehensive support to prison and first responder ministries.

We were extremely proud to represent our Chapter and to see how our direct efforts and contributions enabled the strengthening of local, diocesan, and national charities to provide Christ's love and hope to others during difficult life situations.

As delegates, we found sharing chapter successes, collaborating on new ideas, were motivating to advance our Philoptochos mission commitments.

Philoptochos Grants – This is a super opportunity for Philoptochos to help you support a favorite, small, local non-profit charities whose mission aligns with the Philoptochos mission statement. If you have a favorite charity that fits this description, please fill out the Grant Application (below) and deliver it to the Philoptochos box in the church office by September 30.

Men Who Cook – We are looking for 20 men who love to cook and want to participate in our highly successful and popular fundraiser.

Date: Sunday, November 8. For more information contact **Emilie:** emiliebjohn@gmail.com or **Pam:** pplumis@comcast.net

Dates to remember:

Sept 14 – Luncheon after services to benefit our seminary \$5 donation

Sept 30 – Grant Applications Deadline

Oct 2-4 – Festival

Nov 8 – Men Who Cook Fundraiser



Donations

Philoptochos Grant Application 2026

Deadline September 30th

Philoptochos wants to partner with your favorite small non-profit or charity organization to strategically support our Orthodox ministries and local community which align with our mission statement. The local charity mission may reach beyond King County to include national and international charitable support. *Large charities receiving corporate and/or government funding are considered well-endowed and will **not** be eligible.*

2025 Philoptochos Awards totaled over \$14,000: Philoxenia House, Bellevue Lifespring; King County Sheriff Blessing Bags, Pregnancy Aid of South King County, Lake Washington Institute of Technology Foundation (Ukrainian refugee scholarships), yarn for baby blankets, Toys for Tots, We Heart Seattle, Friends of Echo Glen, Backpack Brigade and YAL service projects- Union Gospel Mission and Akin.

To Apply, please answer the following questions (please use additional paper for extended responses):

- Sponsor Name: _____
- Organization Name: _____
 - Address: _____
 - Year Established: _____
 - 501(c)(3) Yes or No
 - Point of Contact Name/Title: _____
 - Email Address: _____
 - Phone Number: _____

- Brief Organization Description (serving local and/or greater Seattle area)

- Sponsor's engagement in the Organization

- Specific Purpose of Grant

- Population Served (e.g., individual, family, school, community charity)

- Describe how this aligns with Philoptochos mission statement (*see below*)

Please Submit application directly to Philoptochos Mailbox in the Church Office no later than September 30, 2026.

Philoptochos is excited to partner and support targeted identifiable projects to both Orthodox ministries and local Greater Seattle charities.

Philoptochos Mission Statement

- To help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, and to aid anyone who may need the help of the Church through fundraising efforts; and
- To promote the charitable, benevolent, and philanthropic purposes of the Greek Orthodox Archdiocese of America,
- To preserve and perpetuate Orthodox Christian concepts and the Orthodox Christian Family, and through them, to promote the Greek Orthodox Faith and traditions, in accordance with its doctrines, canons, discipline, divine worship, usages and customs.
- To promote participation in the activities of the Greek Orthodox community, with the cooperation of the Parish Priest and the Parish Council.

Continued from page 1...

been inscribed upon it. Of course, this is a manner of speaking, for we should not think of God as having hands, feet, or, in general, a body. Only the Lord Jesus Christ, who is the incarnate Son of God, possesses a human nature and a human body—though glorified, transfigured, and exalted above this world. He can indeed have something written upon the palms of His hands, and in fact He does: the marks of the nails, which are the sign of His love. Whenever the Lord Christ looks upon His human nature, He sees on His hands the marks of the nails, the very marks that the holy Apostle Thomas wished to see. And when He sees the marks of the nails, He sees the sign of His love, for the Son of God was crucified out of love for us.

We, too, desire that our names be written in heaven. But tell me, beloved faithful, when will our names truly be written in heaven? First of all, when they are written in the heaven of humility. Saint John, the author of *The Ladder of Divine Ascent*, says that each person's name must first be written in the heaven of humility. Let us first become humble, and then, surely, our names will be written in heaven. A saint in the West once rejoiced because she thought she could see the letter "T" written in the sky with stars, and she said that it was the initial of her name written there. Our names, however, will not be written on the sky, but in heaven. Each of us carries within himself a portion of heaven, and wherever we go, we go with our own heaven. And if we are truly humble, then we make room for God within our souls. Our soul becomes God's dwelling place; it becomes God's heaven. And if we have God within us, our name is written in the heaven of humility, and it is written in heaven. May God help us!

Brancoveanu Monastery

November 26, 1994

In Christ's love,

+Fr Photios

Yiayias & Friends

On **THURSDAY, August 6th at 11:30am**, our Yiayias & Friends will gather at

SUNFISH

**2800 Alki Ave SW,
Seattle, WA 98116, 206-938-4112,**

our yearly place for the August fast.

Parking is tight in that area, so please try to carpool if possible.

****A reminder to RSVP** It is very important our restaurants know how many to expect.**

To respond for August 6th, please email **Cathy** at chowoo@comcast.net, text **206-282-9641**, or ask to join our private Facebook group, YIAYIAS & FRIENDS.

We hope many of you will join us!



Papouthes and Friends

The August Papouthes and Friends luncheon will be:

Thursday, August 20, 2026 12:00 noon at:

**Acropolis Pizza and Pasta
500 Central Way
Kirkland, WA 98033**

RSVP or Questions to: **Michael Gikas** at mwgikas@gmail.com or text/call **206-295-4349**.

Reminder: The Papouthes and Friends meet on the third Thursday of each month at noon.





A WORLD IN NEED OF SPIRITUAL AWAKENING

There is an urgency for the Church to respond to the contemporary climate. We navigate modern challenges with unwavering faith, bringing the light of Orthodoxy where the need is most great.

The current situation:

- OVER 2/3 of the world is non-Christian
- ONLY 25% of Orthodox parishes in the United States support missions
- OVER 25% of people around the world have not heard the Gospel
- LESS THAN 01% of Orthodox Christians in the United States are actively involved in missions

What can you do?

“As the Father has sent me, even so I send you.” John 20:21

As faithful servants of Christ, we are called to expand His earthly ministry to the ends of the earth. Be a part of our global effort to bring people into the fullness of life in Christ.

- Provide financial support
- Become a missionary
- Explore ways to serve

For more information on the work of the OCMC visit www.ocmc.org or call 877-GO-FORTH. God Bless You!

SAINT DEMETRIOS
MOMS' FELLOWSHIP GROUP
INVITES ALL PARISH WOMEN

TO

GATHER & GRAZE

AUGUST 3RD, 6:30-8PM

T & C FIELD HOUSE
15605 MAIN STREET, MILL CREEK

FASTING OPTIONS AVAILABLE

SCAN TO JOIN OUR
WHATSAPP GROUP



Meet up with
SAINT DEMETRIOS
HOPE & YOUTH GROUP
FOR AN ADVENTURE TO

Jetty **ISLAND**



AUGUST 12TH, 1 - 4 PM

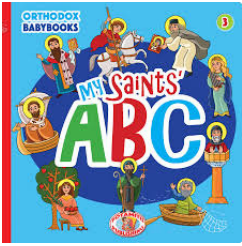


**FERRY TICKETS ARE \$4/PERSON
ROUND TRIP, AND MUST BE
PURCHASED IN ADVANCE FROM
THE QR CODE**



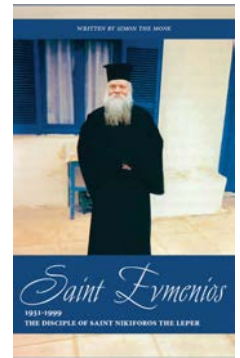
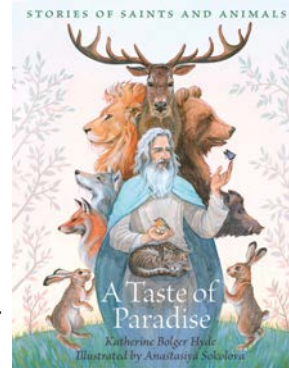
Bookstore Update

The long days of summer continue, offering plenty of time for reading. We continue to restock favorite titles and include new ones such as **Joyful Light, Saint Haralambos** and **Saint Evmenios, The Disciple of Saint Nikiforos the Leper**. Our children's book section is full of good reads too. Options



include board books for babies and toddlers such as **My Saints ABC**, and storybooks for older children including **A Taste of Paradise, Stories of Saints and Animals**. Children can meet a few saints and their animal friends in this colorful and beautifully illustrated collection of stories. There is a huge variety of books about our saints written for all ages.

We encourage everyone to visit the bookstore and peruse the shelves.



In July, we also commemorate many of our beloved Saints including Mary Magdalene the Holy Myrrh-bearer and Equal to the Apostles (July 22), Paraskevi the Righteous Martyr of Rome (July 26), Panteleimon the Great Martyr and Healer (July 27), and Joseph the Righteous of Arimathea (July 31).

St. Paraskevi (July 26), a martyr from the second century, was born near Rome to pious parents and from childhood devoted herself to the study of the Holy Scriptures while also leading a monastic life. Later, she was arrested under Emperor Antoninus Pius because she was a Christian and endured many torments before she was killed in the year 140. Faithful pray to her for the healing of eye ailments.

St. Panteleimon (July 27) instructed in piety by his mother, was later catechized and baptized by St. Hermolaus. St. Panteleimon was proficient as a physician and practiced his vocation in a philanthropic manner. His parents had named him Pantoleon "in all things a lion" but because of the compassion he showed towards all, he was renamed Panteleimon which means "all-merciful". St. Panteleimon was martyred in 305 and is one of the Holy Unmercenaries.

Looking for a particular icon and you don't see it? Please ask us. We are happy to order it for you.

Questions? Contact bookstore@saintdemetrios.com.

Liturgies in August

Aug	Service	Time
2	9th Sunday of Matthew Orthros and Divine Liturgy	8:15am
6	Transfiguration of the Lord Orthros and Divine Liturgy	8:30am
9	10th Sunday of Matthew Orthros and Divine Liturgy	8:15am
10	St. Lavrentios the Deacon Orthros and Divine Liturgy	8:30am

Aug	Service	Time
13	St. Maximos the Confessor Orthros and Divine Liturgy	8:30am
16	11th Sunday of Matthew Orthros and Divine Liturgy	8:15am
23	12th Sunday of Matthew Orthros and Divine Liturgy	8:15am
30	13th Sunday of Matthew Orthros and Divine Liturgy	8:15am

STEWARDSHIP

2026 Stewards* 2025 Stewards

Teena Ageladaris and Nick Tastad*
Steven and Sue Ahrens*
John and Margaret Ales*
Andrew and Vicky Aliferakis*
Nick and Teri Alvanos*
Nikolas and Britani Alvanos*
Fr. John and Presv. Anna Angelis*
Theodore and Kim Angelis*
Dimitris and Anne Angelou*
Evangelos and Magdaline Angelou*
Artemis Antipas and Achilleas Stamoulis*
Costas Antonopoulos
Ioanna Antonopoulos and Michael Moser*
Nikolaos Antonopoulos*
Ariel Apostoli
George and Dina Apostolou*
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Clifford and Theodora Argue*
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Andrew and Carole Asimakopoulos*
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Kostas and Linda Avlonitis
Nancy Aziz*
Pat Bacolas
John and Sylvia Baisch*
Matthew and Nicole Balkenbusch*
Theodore Bambakidis and Simone Dekker*
Josh and Eleni Banchemo*
Christa Barbas*
Maria Barbas*
George Bariames and Eleni Athans*
Dionisia Barkalakis*
Loula Barker*
Frances Barnecut*
Aspasia Bartell and Pascal Clark*
Greg Bartell and Fotini Georgiadou*
Mark and Anastasia Bartlett*
Alice Bayouk*
Bassam and Duaa Bayouk*
Christina Bayouk*
Gabriel Bayouk*
Lena Bayouk*

Brandon and Molly Bede*
J. Brewster and Janice Bede
Angelo and Anastasia Bekris
Constantinos and Eirene Bekris*
Hristos and Diamando Bekris*
Arvid Berg and Sophia Zervas-Berg*
Timothy and Elizabeth Berg
Nikolas Biros*
Panagiotis and Demetra Biros
Mark and Geogiana Bitzes*
Rivers and Elaine Black*
Joanne Blankenburg
Josh and Ashley Brockmeyer*
Jeffrey and Allison Brooks*
Theodora Broutzakakis*
Mark and Maria Brymerski*
Frank and Shelley Buhler*
Mark and Maria Burke*
Calliope Carras
Eleni Carras*
Douglas and Jillian Chandler*
Tony and Sallie Chikas*
Ron and Vicky Christianson*
Eleni Christo*
James Christo*
Constantinos and Jeannine Christofilis*
Demetre and Katherine Christofilis
John and Helen Christofilis*
Dino and Nikki Christophilis*
Margo Christophilis
Voula Christophilis*
Kosta and Maria Christopoulos*
Heather Christothoulou*
Tula Christothoulou
Benjamin Clapp
Ed and Anastasia Clarke
Daniel and Vicky Cohen
Marie Collins*
G. Paul and Cerolen Constantine*
O. George and Kay Constantine*
Debbie Constantine-Skouras*
Dino and Cynthia Cooper
Marco and Lori Cooper
Nick and Karen Cooper*
Stephen Corotas
Barbara Cotton*
Maria Cotton*
Gus Courounes*
Nicoleta Courounes*
Renee Courounes*
Dale and Mariann Crane
Donald and Laura Crews*
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Mary Damascus*
Sofia Damascus*
Daniel and Angela Daoura
Vince Davis and Effe Manolakos*
Kirt Debique and Ann Mentis-Debique*
Katherine DeJong and Scott Stroup
Alexandra Delegans
Andrew and Alicia Delegans*
Chryssa Deliganis*
Sam and Vicki Deliganis*
Nicholas and Stella Demonakos
George and Charlene Demonakos*
Peter and Diane Demopulos*
Ryan and Demetra Dennis*
Christina Derezes*
Mary Derezes*
Sammy and Juli Derezes*
Dimitrios Devekos*
Panagiota Devekos
Nick Diafos and Athena Modonas-Diafos*
Maria and Nitsa Diamond*
Stephanie Dikeakos*
Vasili and Katherine Dikeakos*
Voula Dikeakos*
Dessie DiMino*
Ted Dimitriou*
Julie Doces*
Christopher Dodd and Maria Christofilis
Voula Dodd
Gus and Gregoria Dounis*
James and Jodi Dounis*
Robert and Janie Drumhiller*
Thomas Dudler and Pandora Christie*
Kenneth and Kristina Dudunakis*
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Chris and Marla Economou*
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Thomas and Michelle Economou*
Sophia Everett*
Michael and Elaine Falangus*
Ed Fancher and Katherine Retelas-Fancher
Sameh Farah*
Nicholas and Melissa Farmasonis

Nicolette Farmasonis*
Georgios and Maria Flemetakis*
 Georgios and Maria Flemetakis
Matthew and Alexandra Flugstad*
Taylor and Jenny Foss*
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George Fournarakis*
 Heather Fox
 Mariana Frangos
 Jonathan and Eleni French
Nick Ganoulis*
Zoe Ganoulis*
 Is. Garavaglia and Helen Markopoulos
James and Romana Garner*
 Alexander Garrard
Demos Gennaio*
 Panagiotis and Nicoletta Gennaio
Meletios Geokezas*
Evan George*
Tyler and Anastasia Geving*
Konstantinos and Mary Ann Giakoumatos*
 Kyriakos and Sandi Gianotas
Michael and Wanda Gikas*
Elaine Giusti*
 Katrina and Moussa Gloyd
Kathy Gookstetter*
 David and Stephanie Gravenkemper
Robert and Danielle Griffith*
Efy Grivas*
John and Ioanna Grose*
Richard Grunder and Christina Economou*
Shawn Hages*
 Elsa Haile
Dean and April Hamilton*
 William Hanna and Manal Alsharif-Hanna
Dorothy Haskell*
Jack Hatfield*
George Hatziantoniou and Elizabeth Economou*
Dale Hazapis*
Christopher and Joanne Hegge*
Annette and Jerry Heller*
John Henry and Eiko Nagatani*
 Donald and Yvonne Hill
Rob and Zhunyi Hill*
John and Maria Hillman*
William and Angelea Hoeft*
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Tim and Nadine Karas*
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Georgia Karvountzi*
Christine Karzmar*
Katherine Karzmar*
Michael and Michelle Karzmar*
Paul and Sally Kassab*
Kalliopi Katholos*
Gregory and Angela Kavounas*
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Timothy and Sofia Kenny*
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Samir Kharoufeh*
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Brian and Jiovanna Koceski*
 Fannie Kolios
Leta Kolios*
Vickie Kolios and James Morris*
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James Kost*

Maria Kost*
Anastasia Kotsakis*
Panagiota (Julie) Kotsali*
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Alexandra Kruse*
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Sophia Looney*
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 George and Giannoula Lymberis
Katerina Lymberis*
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John and Mary Maciejewski*
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 Mary Malesis
 George and Mary Malevitsis
Perry and Eleni Malevitsis*

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Ryan and Anastasia Malmassari*
Georgia Manolakos*
Stilianos and Kari Manos*
 Nicky Manitaras
 Kostaq and Gerta Mano
 Georgia Manolakos
 Stilianos and Kari Manos
Joseph and Nikoletta Marciniak*
Stephanos and Paula Margaritis*
Constantine Markezinis*
James Markezinis*
John and Kelly Markezinis*
Anthony and Alexandra Maroussis*
Deena Maroutsos*
Jean Mastor*
Niki Mastoropoulos*
Lamise Matalka*
Constantine and Areti Mavromatis*
Marty McAndrews*
 Dionysios and Jessica Mavromatis
 Marty McAndrews
Alena McDonald*
James Mello (Johnson)*
 Sam and Tania McIntosh
 James Mello (Johnson)
 Michael and Kelly Meyers
 Irini Michelakis
Antonis and Irisi Millo*
Thanasi and Sophia Millo*
Andreas and Irene Mitalas*
Pete and Demetra Mitalas*
Chuck and Anne Mitsakos*
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Walter and Frances Moldskred*
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Alexandros and Maria Moroseos*
 Marijana Morrow
 Chris Mulenos
Carol Mykris*
Bettyann Nassar*
 Peter Neckas
Sandy Neckas*
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 Michael and Elaine Newton
John Nikon*
 David and Yiota O'Laughlin
Shirley Olsen*
 Charlie and Tina Olson
Terry and Linda Olson*

Marius and Ana Omusoru
Insaf Oraivej*
Yacoub and Ruba Oweis*
Zaid Owies and Maria Haddad*
Philip Palios*
 Stella Palios
Bill Pallis*
Chris and Rebecca Pallis*
Chris and Vasiliki Pallis*
Chris Greg and Alexis Pallis*
Elli Pallis*
 Margie Pallis
 Tina Pallis
Anastasia Pampoukas*
Alice Plumis Panagakis*
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Yiannis and Johnette Panopoulos*
Artemios and Rebecca Panos*
Steve Panos*
 Diane Panteleakos
Gregory and Stelée Papadeas*
George Papanastasiou*
Konstantinos Papanastasiou*
George and Lora Pappas*
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 Thomas and Renee Phillips
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George P. and Courteney Plumis*
Paul and Pamela Plumis*
Ted and Kim Plumis*
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Eleftheria Proios*
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 Harry and Angela Tourikis
Athan and Cindy
Tramountanas*
Emmanuel Tramountanas*
Emmanuel P. Tramountanas*
George A. Tramountanas*
 T. George and Diamanto

Tramountanas
Elly Treperinas*
George and Thelma Treperinas*
Panayiotis and Colette
Treperinas*
Dionisia Tsafos*
John Tsafos*
Angelos Tsakopoulos and
Katerina Lagos-Tsakopoulos*
 George and Eftihia Tsantilas
Sotirios and Angelina Tselios*
Nick and Vera Tsiakilos*
Nicholas Tsiakilos, Jr. and
Krisanna Tsiakilos*
Anna Tsiakilos-McDonald*
Stavros Tsitsis*
George and Susan Tsoukalas*
Ioannis and Georgia Tsoulouhas*
Michael and Jodi Tveit*
Dometios and Georgia Tziotis*
 Ourania Tziotis
 Yiannis and Katerina Tziotis
Liz Valauri*
Hugo Varlamos*
John and Karin Varlamos*
Kosta and Judy Varlamos*
Nina Varlamos*
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Costas and Meena Vellis*
Paraskevi Vlahos*
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Evangelos Voltsis*
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Vouros*
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 Nicholas and Lizabeth Zardis
Brad Zefkeles*
Chris and Helen Zervas*
Diane Zotos*
John and Mary Ellen Zoulas*



Congratulations to our Graduates

High School Graduates

Jack Dickerson - graduated from Shorewood High School.

College Graduates

Peter John Ales - graduated from University of Washington with a Bachelor's degree in Construction Management and a minor in Architecture.

Christos Konstantinos Magoulas - graduated from University of Arizona with Bachelor's degree in Electrical and Computer Engineering Cum Laude (Dean's list).

Konstandina Margaritis - graduated from Chapman University with a Bachelor of Science in Business Administration, Finance Emphasis, Graphic Design Minor.

Aya Psichos - graduated from University of Washington with a Geography: Data Science Degree and Informatics Minor.

Wishing all our graduates great success in their future endeavors!

Printed Directory Update

Whose names will be in the directory?

All parishioners who have completed a stewardship pledge card in 2025 or 2026 (**by October 1, 2026**) will be included in the printed directory. See the current list of names in this edition of the Orthodox Way. Names with an asterisk are 2026 Stewards.

My name is not on the list – how can I be included?

Make a Stewardship pledge by filling out a paper copy or online Pledge Card. Paper copies are available in the pangari and the church office. You can mail your completed pledge card to church (2100 Boyer Ave E, Seattle, WA 98111) or drop it into the Stewardship box outside the church office. To complete the online Pledge Card, visit SaintDemetrios.com and select Stewardship. From there you will have the option to complete your [Stewardship Pledge](#) and pay online with [e-Giving \(Zelle, Tithe.ly or PayPal\)](#).



I made a Stewardship contribution – why isn't my name on the Stewards list?

We may have not processed your pledge card yet, or you did not complete a 2025 or 2026 pledge card to accompany your contribution. Use the "Complete your pledge" QR code below to complete your pledge online. If you have questions, please reach out to our Stewardship Administrator, Maria Barbas at mbarbas@SaintDemetrios.com or call at 206-631-2505.

What is the deadline?

To be included in the printed directory, we ask that you **make** your pledge by October 1, 2026, and fulfill your pledge by December 31, 2026. Please note: **Making a pledge is stating your annual commitment.** Fulfilling a pledge is making the payment by December 31, 2026, in accordance with the stated pledge.

What information is in the printed directory?

The contact information provided on your pledge card: name(s), address, email(s) and phone number(s). Other than occasionally printing a directory, the church does share your contact information.

How is the printed directory distributed?

All 2025 and 2026 stewards will receive a hard copy of the directory in their 2027 Stewardship packet. The packets will be distributed in November 2026 after Divine Liturgy (during social hour) or by mail if not picked up at church. Additional copies of the directory are available to stewards upon request for a nominal fee.

Thank you for prayerfully considering your stewardship pledge this year!

Learn about Stewardship



Complete your pledge



Make a payment



Introducing Tithe.ly A New Way to Give

Saint Demetrios staff and Parish Council are excited to share that Saint Demetrios is now using Tithe.ly, a simple and secure platform designed to make giving easier than ever.



With Tithe.ly, you can:

- Give anytime, anywhere – right from your phone or computer
 - Stewardship (one time, weekly, bi-monthly, 1st & 15th, monthly)
 - Capital Project Funds (Roof Replacement)
 - In Memory or Funeral Donations
 - Candles
- Set up recurring gifts so you never miss an opportunity to support our church and community

Getting started is quick and easy! You can create a Tithe.ly account online with the QR code below, download the Tithe.ly app (see next page), or learn more on the Saint Demetrios e-Giving Page

<https://www.saintdemetrios.com/stewardship/egiving>.

Want to learn more about Tithe.ly? Reach out to Johanna Rios our Parish Administrator at jrios@SaintDemetrios.com (206-631-2503) or Maria Barbas our Stewardship Administrator mbarbas@SaintDemetrios.com (206-631-2505).

Get started with recurring or one-time donations.

Scan the QR code to create your giving account with Saint Demetrios.



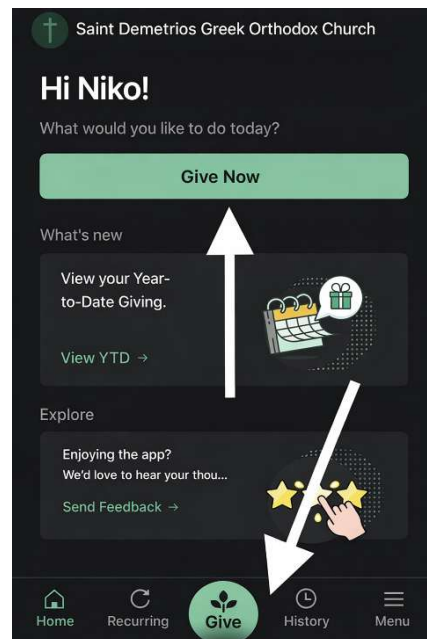
Giving to Saint Demetrios with the Tithely Giving App

1. Download the Tithe.ly Giving App

Install the app from your phone's app store (search "Tithely")

- **iOS (iPhone/iPad):** Search "Tithely" in the App Store and install.
- **Android:** Search "Tithe.ly" in Google Play and install.

Tip: If you already have the app, open it and continue with Step 2 below.



2. Log in and find Saint Demetrios

Open the app, log in (or create an account), then search for "Saint Demetrios Greek Orthodox Church".

3. Tap "Give" (or "Give Now")

This opens the giving screen where you'll enter your gift details.

4. Complete the giving form

Fill out the required fields to set up your gift:

- **Amount** (your gift total)
- **Fund** (where you'd like your gift designated)
- **Frequency & date** (one-time or recurring)
- **Contact details**
- **Payment method** (Apple Pay, card, or bank, as available)
- **Memo** (optional, if available)

5. Review, then tap "Give"

Double-check your details, then submit your gift.

6. Save your confirmation

You'll see a confirmation screen when your gift is processed (and may also receive an email receipt, depending on settings).

Need Help?

- Visit the Stewardship Table after Divine Liturgy on Sundays during Social Hour
- Scan or click the QR code to see Tithe.ly's **How to Make a Donation** page



The poster features a light blue sky background with green trees on the sides. At the top, a string of Greek flags hangs across the frame. The title 'AHEPA FAMILY PICNIC' is written in large, bold, green capital letters. Below the title, the date and time 'SUNDAY | AUGUST 2 | 2:00 PM - 6:00 PM' are displayed in green. The location 'Family Friendly Annual Event at INNIS ARDEN CLUBHOUSE' and the address '1430 NW 188th St., Shoreline, WA 98177' are listed in black. A green banner contains the text 'GREEK MUSIC | FOOD | HOSTED BAR | AND MORE!' and 'SUGGESTED DONATION \$25 PER ADULT KIDS ARE FREE!'. The bottom section shows a picnic spread on a red and white checkered blanket, including a wicker basket with bread, cheese, and fruit; a watermelon slice; a bottle of water; a glass of purple juice; a Greek flag on a pole; a red apple; a glass of orange juice; and two sandwiches. A QR code and the Venmo logo are also present.

AHEPA FAMILY PICNIC

SUNDAY | AUGUST 2 | 2:00 PM - 6:00 PM

Family Friendly Annual Event at

INNIS ARDEN CLUBHOUSE

1430 NW 188th St., Shoreline, WA 98177

GREEK MUSIC | FOOD | HOSTED BAR | AND MORE!

SUGGESTED DONATION \$25 PER ADULT

KIDS ARE FREE!



venmo

RSVP for number of adults & children (12 & younger) in your party to:
Ron Christansan 206-683-4591 or Chris Saite 262-488-4461 or
AhepaPicnic@gmail.com

St. Demetrios Greek Orthodox Church Youth Ministry Director

Mission Statement: Loving God and One Another In Spirit and Truth.
Vision Statement: To Follow Jesus Christ, Make Disciples, and Minister to the Needs of One another and the Community.

Position: Youth Ministry Director
Reports to: Parish Council President
FLSA Classification: Non-Exempt
Location: Parish/Work from Home

Overview:

Youth Ministry Director will provide oversight for all youth ministries at Saint Demetrios Greek Orthodox Church. The primary focus will be to work with the Church Priest, Parish Council, and families to develop and implement a mission statement that includes the vision and goals for Youth Ministries in alignment with the Metropolis of San Francisco. The Youth Ministry Director will encourage and equip youth, families, and volunteers, and ministries with opportunities for growing their faith and walking in their Orthodox journey.

Responsibilities:

- Coordinate across ministries for events and develop cohesion between youth ministries
- Build relationships with parents, leaders, and staff to drive our mission, vision, and goals in connecting families to Orthodoxy
- Manage a master calendar for Youth Ministries and events and provide updates for the Church website
- Monitor Youth Ministries budgets
- Regularly communicate with the Church Priest, Deacon, Church Staff, Parish Council and Church Community
- Ensure that Youth Ministries have a digital presence and outreach to our community
- Create graphics, flyers, newsletters, email to communicate regularly with families and the broader community
- Recruit, train, and equip volunteers
- Ensure that volunteers have completed the Metropolis youth safety program
- Attend church meetings as needed (e.g., staff meetings, Parish Council, Sunday School Director Meetings)
- Oversee HOPE, JOY, Junior GOYA, and Senior GOYA Ministries

Preferred Skills:

- Practicing Greek Orthodox Christian with a foundational knowledge of the Church
- Strong communication and organizational skills
- Efficient and detail oriented with the ability to handle multiple tasks simultaneously
- Team player and able to carry out verbal/written instructions
- Previous experience in kids, student, and/or family ministry
- Computer/technology skills to effectively use commonly used computer programs.

Physical Requirements

- Ability to sit and work at a computer for extended periods.
- Must be able to lift up to 15 pounds occasionally.

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jul 26 8th Sunday of Matthew Epistle: Galatians 3:23-4:5 Gospel: Matthew 14:14-22 8:15a Orthros 9:30a Divine Liturgy 2p Baptism St. Paraskevi	27 St. Panteleimon the Great	28 6:30p Parish Council Meeting St. Irene Chrysovalantou	29 Eusebius, Martyr Kallinikos & Theodoros, Martyrs 1p Open Confession 6p Choir Practice	30 Apostles Silas, Sylvanus & Creskes	31 Jospeh of Arimathea	Aug 1 Fast for the Theotokos 5p Great Vespers 6p Open Confession Procession of the Cross
Aug 2 9th Sunday of Matthew Epistle: 1Corinthians 3:9-17 Gospel: Matthew 14:22-34 8:15a Orthros 9:30a Divine Liturgy	3 6p Paraklisis Service 6:30p Mom's Fellowship	4 6p Paraklisis Service	5 1p Open Confession 5p Great Vespers 6p Choir Practice	6 8:30a Orthros 9:30a Divine Liturgy 6p Paraklisis Service	7 LIFEHAVEN Rummage Sale 6p Paraklisis Service	8 10:30a HOPE - Mountainview Blueberry Farm - Snohomish 11a Baptism 5p Great Vespers 6p Open Confession
Translation of Relics of St. Stephen	Dalmatos, Isaakios & Faustus, Mart...	11 Seven Holy Youths of Ephesus	12 Photios & Aniketos, Martyrs	13 Transfiguration of the Lord	14 Dometios, Nikanor, Theodosios	Myron, Bishop of Crete
Aug 9 LIFEHAVEN Rummage Sale 10th Sunday of Matthew Epistle: 1Corinthians 4:9-16 Gospel: Matthew 17:14-23 8:15a Orthros 9:30a Divine Liturgy Glorification of St. Herman Mathias, Apostle	10 Tables back Daniel Wright 8:30a Orthros 9:30a Divine Liturgy 6p Paraklisis Service	6p Paraklisis Service	Aug 12: Spanakopita 1p Open Confession 1p HOPE and Family - Jetty Island 6p Choir Practice 6p Paraklisis Service	13 8:30a Orthros 9:30a Divine Liturgy 6p Paraklisis Service	11a Baptism 7p Great Vespers (At Assumption)	15 Panigiri 8:45a Orthros (At Assumption) 10a Divine Liturgy (At Assumption) 5p Great Vespers 6p Open Confession
Aug 16 11th Sunday of Matthew Epistle: 1Corinthians 9:2-12 Gospel: Matthew 18:23-35 8:15a Orthros 9:30a Divine Liturgy Diomides, Alkiviades, Stamatios St. Joseph the Hesychast	17 St. Lavrentios the Deacon	18 Euplius the Deacon St. Georgia, Great Martyr	19 Photios & Aniketos, Martyrs 6p Choir Practice	20 12p Papouthes and Friends: Acropolis Pizza and Pasta	21 Micah the Prophet St. Markellos, Bishop	22 Falling Asleep of the Holy Theotokos
Aug 23 12th Sunday of Matthew Epistle: 1Corinthians 15:1-11 Gospel: Matthew 19:16-26 8:15a Orthros 9:30a Divine Liturgy	24 Myron, Paul & Julian, Martyrs	25 6:30p Parish Council Meeting Floros, Lavros, Leon & Hermos	26 St. Andrew the Commander 6p Choir Practice	27 Samuel the Prophet	28 Thaddaios, Apostle	29 Charisimos, Martyr
St. Irinaios, Bishop	St. Eutichos, Martyr St. Kosmas Aitolos	Titos & Bartholomew, Apostles	Adrianos & Natalia, Martyrs	St. Phanourios St. Poemen the Righteous	Laurentios the Martyr St. Anna the Prophet	Beheading of St. John the Baptist
Aug 30 13th Sunday of Matthew Epistle: 1Corinthians 16:13... Gospel: Matthew 21:33-42 8:15a Orthros 9:30a Divine Liturgy	31 Holy Cinture of the Theotokos	Sep 1 St. Meletios the Righteous	2 John, Patriarch of C/nple Mamae Martyr 6p Choir Practice	3 Metropolis YAL Conference	4 Babylas, Bishop of Antioch Moses the Prophet	5 Zacharias & Elizabeth

The Orthodox Way (published 12 times a year by)

Saint Demetrios Church Greek Orthodox Church
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Seattle, WA 98112

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Donations



Submissions for the Orthodox Way

If you would like to offer a Holy Altar Table Vigil Light or sponsor the Social Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206-631-2500.

Please submit announcements for Memorials and Candles to Johanna at jrios@saintdemetrios.com by the 20th of the month to appear in the next months newsletter. Submissions recieved after the 20th will appear in the following newsletter.

All other inserts and announcements can be sent to the Orthodox Way editors at info@saintdemetrios.com.

The above are parishioner contributed announcements to The Orthodox Way