



June 2021  
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# The Orthodox Way

THE MONTHLY NEWSLETTER OF SAINT DEMETRIOS GREEK ORTHODOX CHURCH

***Mission Statement: Loving God and One Another in Spirit and in Truth***

Dear brothers and sisters in the Lord,  
Christ is risen!

We are now five weeks into celebrating the joy of Pascha in our Lord's Resurrection, and we eagerly expect the coming of His Holy Ascension and Holy Pentecost. This cosmic event is reflected, amplified and remembered every year in our Church, and in each one of our interior spiritual lives! This year we have the added joy of celebrating our graduates at the very same time! I know for myself, as a graduate of Holy Cross in the Class of 2020, whose commencement celebration was held online in May of this year, how good it feels to be recognized. We have, among our parish families and friends, graduates of all kinds! There are people receiving degrees and certificates from graduate schools, trade and technical schools, colleges and universities, high schools, online and in-person, even down to the little ones leaving kindergarten! These are people we love and know, and we all know how hard they have worked; how much time they have spent, and how much support they have received from their families, especially in this last year. Congratulations to all the Graduates of 2020/2021!

There is a wonderful connection between the themes of Resurrection, Ascension, and Pentecost and the season of graduation and commencement, which is worthy of illustration! I would like to add that we are all celebrating a commencement and graduation from one thing or another. We learned what can happen to the things we have taken for granted in society, and how resilient, resourceful, and strong we can be in response to new challenges. We can safely say that this has been a crash course in life! While we may have suffered losses great and small, we have also made it through to this point, and now look forward to making a new beginning. To mark this moment, I would like to offer a question for your consideration: How does new information work on us, and how do we process this information? By looking to the life of Jesus Christ, in terms of crisis, loss, and recovery, we can draw parallels between His Resurrection, Ascension and Pentecost, and the response of the Apostles who finally received the gift of the Holy Spirit, and finally our own personal experience of these moments.



How amazed were the disciples, when they saw Jesus risen from the grave? How amazed were they when they saw Him ascending away from them? How amazed were they to see the Holy Spirit descend and stay with them, giving them great understanding and grace? In a small way, our own passages; our own commencements through time, whether formally from a school or from any change in lifestyle, reflect the character of this season in the life of our Church. As I reflect on this commencement we are sharing now, a recent experience comes to mind. My Ordination last October came quickly, like a crash course, and the advice given by my spiritual father gave me peace... he told me, "...just be prayerfully present..." I was trying to absorb and grasp all of what was going on... he suggested, rather than try to do that, to instead give it time... "and the meaning of those events will unfold for you." We should be amazed and seek that same amazement the disciples experienced at the very moment Jesus Christ departed from their sight.

Christ is risen! Can you imagine what that greeting from the women sounded like to the terrified Apostles? The information would have been incredible. Our own personal resurrections in rising again from quarantines, restrictions, illnesses, and loss, are just as real and can be terrible. Our own personal ascensions in our departing from one place; our leaving from one school, one grade, one class, one job, or one residence, and rising to another, are awesome moments! But what about our own experience of Pentecost? Our personal pentecost is not unlike the moment when the disciples were able to speak in languages and understand one another, in order to share the Gospel; the "good news"... it comes as an unfolding, when we grasp and use the information we have received. Before, we were under the rule of information, and followed its flow... but now we are commissioned to do something with all this knowledge; we are commanded by Jesus Christ to, "Therefore go and make disciples of all nations..." (Matt 28:19) Indeed we can hear this today..."go" and "make"... a new beginning!

In the name of the Father and the Son and the Holy Spirit we are, together and personally, the Church. We received the gift of the Holy Spirit at Pentecost and in the sacrament of Baptism, and now seek to realize the meaning of Jesus Christ coming into the world. Through these graduations and commencements, we can demonstrate His Resurrection, Ascension, and Pentecost in our own lives, by becoming vessels of His Grace. Let us pray to be prayerfully present, as the reality of what happened to the disciples then, and now is happening to us, unfolds!

In Christ's love,  
+Fr. James

**Saint Demetrios Greek Orthodox Church - 2100 Boyer Ave E, Seattle, WA 98112**

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to [info@saintdemetrios.com](mailto:info@saintdemetrios.com) by the 20th of the month.

*Saint Demetrios reserves the right to edit, alter, or reject any content.*

President's Message	2
Memorials & Candles Services	3
Philoptochos	4-5
Stained Door Repair	6
Jubilee	7
Special Thank you	8
Class of 2021	9
Baptisms/Weddings	10
Bookstore	11
Sunday School	12
OCMC	13
Stewardship	14-20
Stewards	21-22
Calendar	23

# President's Message

## St Demetrios Parishioners

It's hard to believe it is already June and we are beginning to see the pandemic loosen its grip on the country and especially our Churches. We hope within the next few weeks we will see increasing vaccination rates that allow us to resume more normal activities with family and friends as well as within our Church.

The Parish Covid guidelines have been revised and the full copy is included in this issue. The main change is temperatures will not be taken for those who complete the health screening questionnaire online in which they have verified they have self-screened for temperatures.

## St. Demetrios Policy

- Reservations are required (via MESH or by calling the church office)
- All attendees must self-screen for signs and symptoms of Covid-19 before arriving to services. Self-screening also includes checking one's temperature. Reopening committee volunteers are also available to check temperatures at the self-check in area if needed, and/or at the request of the parishioner or family member's request
- Face coverings are required for all participants

### For Attendees using MESH

- Answer the Health screening questions at time of reservation for self-check & self-monitoring
- Answer the Health screening questions via link, 24 hours prior to attending services
- Please check in at the welcoming and screening station
- Face coverings/masks required
- Self-check temperature (unless you request our assistance in doing so on the day you are attending)

For those who do not complete the screening questionnaire temperatures will be administered at check in. We thank all of you who have complied with these guidelines during this time and look forward to pending changes when we can worship as we are accustomed to and enjoy one another during coffee hour.

Many thanks to Jim Kost who worked to obtain donors for the stained-glass doors on the Boyer side of our Church. The repairs have been made and the door made secure. See the additional article with our sincere thanks to the donors.

## Parish Council Updates

The St Demetrios Strategic Plan will be presented Sunday June 6 at a Special General Assembly via a zoom session. Announcements have been sent.

Questions, please contact [pcpresident@saintdemetrios.com](mailto:pcpresident@saintdemetrios.com)

Tentative plans for a St Demetrios Festival are moving forward. Mark your calendars for the weekend of October 22-24.

Many of you are asking about the full resumption of other parish activities such as Dance, Youth Groups etc. We hope to provide additional information about resumption by the end of June.

+ In Christ,  
Barbara Trehearne  
Parish Council President  
[pcpresident@saintdemetrios.com](mailto:pcpresident@saintdemetrios.com)



ORTHODOX WAY REPORT	
APRIL	YTD
2021	2021
STEWARDSHIP COLLECTED	\$57,214
OTHER REVENUE	\$13,392
<b>TOTAL REVENUE</b>	<b>\$70,606</b>
	<b>\$353,653</b>
OPERATIONAL EXPENSES	\$73,965
OTHER EXPENSES	\$6,478
<b>TOTAL EXPENSES</b>	<b>\$80,443</b>
	<b>\$273,195</b>
NET MARGIN	-\$9,837
	\$80,458



## Memorials & Candles

On May 16th a Forty-Day Memorial Service is offered in loving memory of Efthalia Kolios Cairns, by her brother, Arthur Kolios and family.

On May 16th a One-Year Memorial Service is offered in loving memory of Wolete Senbet, by her daughter, Ghennet Woldegabrel and family.

On May 23rd a Memorial Service is offered in loving memory of Nicholas G. Hanches (three years since his passing), by his sister and brother-in-law, Alexandra and George Delegans, children and grandchildren.

On May 23rd a One-Year Memorial Service is offered in loving memory of Andrew Mousalimas (of Oakland, CA), by his nephew, Fr. James and Presbitera Vasso Kumarelas.

On May 23rd a Holy Altar Table Vigil Light is offered in loving memory of David Betts (honoring his birthday on May 27th), by his mother Kay Betts.

On June 6th the Eight Holy Altar Table Vigil Lights are offered in loving memory of Alexi and Katina Stavros and Vlasi Halkia, by Dimitra Stavros, her children and grandchildren.

On June 6th a Three-Year Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of Vasilios Tsafos, by his wife, Dionisia Tsafos and his children, Maria and Ricardo, Yianni and Nikolaos.

On June 13th a One-Year Memorial Service is offered in loving memory of Lillian Christie McDermott, by her children, Bruce, Melanie and Connie McDermott.

On June 13th a Forty-Day Memorial Service is offered in loving memory of Peter Asimakopoulos, by his wife, Despoina Asimakopoulos and his children, Spero Asimakopoulos and Stacy Parnell and family.

On June 20th a Holy Altar Table Vigil Light is offered in loving memory of George Derezes (twenty years since his passing), by his children and grandchildren.

On June 20th Two Holy Altar Table Vigil Lights are offered in loving memory of Theofanis Kalasountas (twenty-seven years since his passing), by his wife, Athanasia Kalasountas, his children, Panagiotis and Rena, Marina and Kyle and grandchildren.

On June 20th a Holy Altar Table Vigil Light is offered in loving memory of Afendopoula Halkides (fifty-two years since her passing), by her grandchildren, Paula and Chris Macris.

On June 27th a One-Year Memorial Service is offered in loving memory of John (Yiannis) Gormanos, by his daughter and son-in-law, Vassie and Alex Skoulis and grandsons Alexandros and Yianni Skoulis.

On July 4th the Eight Holy Altar Table Vigil Lights are offered in loving memory of David Betts (ten years since his passing), by his mother, Kay Betts and family.

On July 11th the Eight Holy Altar Table Vigil Lights are offered in loving memory of Larry Rouvelas (twenty years since his passing), by his children, Emanuel and Marilyn Rouvelas and Pauline Spyridis and their families.

## Condolences

We express our Deep Condolences to Stacy Parnell and Spiro Asimakopoulos for the passing of their father, Peter Asimakopoulos. May his memory be eternal!

We express our Deep Condolences to Paul and Debbie Doces and their family for the passing of Paul's mother, Thelma Doces. May her memory be eternal!

## Services In June

June	Service	Time
5	Great Vespers	5:00pm
6	Sunday of the Blind Man Orthros & Divine Liturgy	8:15am
9	Orthros & Divine Liturgy	8:30am
10	Orthros & Divine Liturgy	8:30am
11	Orthros & Divine Liturgy	8:30am
12	Great Vespers	5:00pm
13	Fathers of 1st Ec. Council Orthros & Divine Liturgy	8:15am
19	Saturday of Souls Orthros & Divine Liturgy Great Vespers	8:30am 5:00pm
20	Pentecost Orthros & Divine Liturgy	8:15am
26	Great Vespers	5:00pm
27	Sunday of All Saints Orthros & Divine Liturgy	8:15am
29	Orthros & Divine Liturgy	8:30am
30	Orthros & Divine Liturgy (At Holy Apostles)	8:30am

# PHILOPTOCHOS

## President's Message

In May, we held our elections to select the members of the Chapter Board for the 2021-2023 biennium. The new Board members then selected our officers. We thank Kathy Mitalas, who served as Elections Chairman, and our outgoing Board members: Eleni Petratos, Des Read, Mary Economou, and Theologia Polizos.

### Our 2021-2023 Board:

Mary Damascus, President

Pam Plumis, 1<sup>st</sup> Vice President

Dale Hazapis, 2<sup>nd</sup> Vice President

Patti Kost, Recording Secretary

Deena Maroutsos, Corresponding Secretary

Maria Barbas, Treasurer

Frances Barneicut, Assistant Treasurer

Nina Varlamos, Advisor

Presvytera Anna Angelis

Theodora Argue

Duaa Bayouk

Eleni Christofilis

Emilie John

Georgene Karambelas

Linda Kyrimis

Saundra Maroussis

Stella Nel

Alexa Thompson

Barbara Trehearne

As it customary in June, we are planning an end-of-the-year dinner for our membership. Typically, we go to a restaurant, but this year the restaurant is coming to us! Old Ballard Catering Company will cater a buffet dinner for our members on Monday, June 14. Time is 6:00 p.m. and will be held outdoors in our church courtyard. Please see the flyer in this bulletin for details on cost and menu. **Reservations are required so we know how many to plan for! Please contact Pam Plumis at [pjplumis@gmail.com](mailto:pjplumis@gmail.com) or 206-349-8341 (call or text) by Wednesday, June 8, if you would like to attend.**

The beginning of summer begins our “slow season” where we rest and rejuvenate so we can begin again in earnest in late August. However, while we “kick back,” the needs remain and we will respond to them as we can. Our feeding ministries (St. Martin de Porres, Jubilee, Matt Talbot Center) will continue on schedule. We have also partnered with a senior assisted living center, where, this month, we will fill the center’s pantry with shelf-stable foods tailored for the needs of the 25 low-income, elderly residents. This is part of our Food Pantry ministry. Cathy Chohlas will continue to organize the distribution of grocery bags to families served by the Boyer Children’s Clinic

Two new projects we are working on are a partnership



with Seattle Police and another with Seattle Children’s Hospital and Seattle Cancer Care Alliance. More information about these new partnerships will be in upcoming bulletins.

If you (or someone you know) is in need of financial assistance, please contact our Social Services chairperson, Deena Maroutsos or one of our priests, who will pass along requests for help to us. Our social services fund pays bills, rent, food, and other expenses for Orthodox Christians who find themselves in a situation where they need a “hand up.” We process applications for assistance with confidentiality and discretion.

And finally, we thank our 170 members and many benefactors for your trust in us and support of our mission. We are only able to do what we do with your help!

All Philoptochos Members are Invited to a

## END-OF-THE-YEAR PHILOPTOCHOS DINNER

**DATE:** Monday, June 14

**TIME:** 6:00 p.m.

**PLACE:** St. Demetrios Courtyard (we will be seated at round tables from the small hall)

**COST:** \$20.00, includes tax and gratuity

**MENU:** Buffet dinner will be catered by Old Ballard Catering Company and will include the following:

- *Greek salad*
- *Lemon dill rice*
- *Seasonal vegetables*
- *Lemon herb chicken with tzatziki on the side*
- *Papoutsakia (grilled eggplant stuffed with beef/lamb ragout, topped with bechamel)*

**NOTE:** This is an outdoor event—weather permitting. Please dress appropriately!

**RSVP BY WEDNESDAY, JUNE 8, TO PAM PLUMIS**  
[pjplumis@gmail.com](mailto:pjplumis@gmail.com) or **206-349-8341 (call or text)**

# STAINED GLASS DOOR REPAIR

Thanks to a group of generous donors we have fully funded the repairs and renovation of our courtyard emergency exit doors to Boyer Street. The repairs began with some welding of the door frames by Athan Kost and painting of the frames by Tedros Habte. The plexiglass panels in both doors in the design of the Holy Cross were installed just prior to Memorial day. The following parishioners so generously gave to this project.

**Elefteria Proios**

**Chris & Vicki Pallis**

**Nick Pallis**

**Bill Pallis**

**Jimmy Pallis**

**Greg & Vicki Stamolis**

**Jim & Georgene Karambelis**

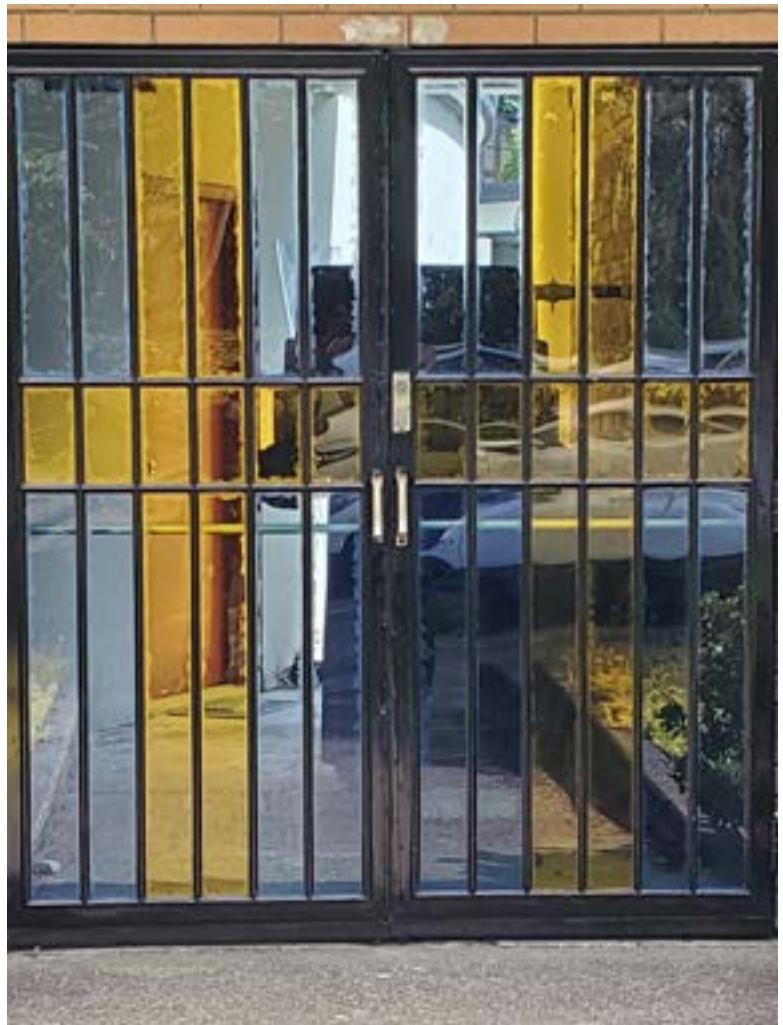
**Tom & Pandora Dudler**

**Ken & Chris Dudenakis**

***We Thank you all so much!***

We have many small projects like this that the grounds committee can coordinate if anybody is interested in supporting these projects.

- Exterior concrete wall painting
- Interior large Hall foyer painting
- Interior small Hall painting
- Carpet for the Altar and behind the Altar
- Large Hall runner carpets
- Storage shelves for dance group in the garage
- Garage lighting upgrade
- Walk in cooler and freezer shelving rack replacement
- Large hall convection oven repairs and replacement
- Large hall carpeting





# Metropolis News

## *Bulletin Announcements*

### June 2, 2021

### **ATTN: Parish Clergy and Administrators**

Please help us share news on upcoming Metropolis events in your weekly and monthly bulletins. Details are included below, and corresponding logos and images are attached to the email. For more information or if you need assistance, please contact Kristen Bruskas at **602-525-3488** or [kbruskas@sanfran.goarch.org](mailto:kbruskas@sanfran.goarch.org).

### **We're Gonna Bring St. Nick's To Your Home**

Our Metropolis Summer Camp is back, and even though it is virtual, it promises to be another exciting, engaging and fun experience. All youth ages 8 – 18 (including recent high school graduates) can [register now](#) for this two week program which will be held on Mondays, Wednesdays and Fridays from July 19 – 30, 2021. Activities will include daily cabin talks, prayer services, arts and crafts, cooking classes, evening activities and more! Participants will receive a camper box in the mail with supplies, camp gear and a few surprises. There are also still a few opportunities to be part of the Summer Camp Staff team for 2021. Be sure to check out our new Online Shop for all your favorite camp attire. Visit [www.gosfyouth.org](http://www.gosfyouth.org) for registration information, staff applications, and the online camp shop.

### **Let's Go To Our Greek Village**

Our Greek Village immersion camp is still accepting registrations for this year's [virtual camp](#) being held June 19 – 26, 2021. Now entering its 12<sup>th</sup> year, Our Greek Village has earned an excellent reputation for its creativity and quality of instruction in language immersion, art, music, culture and traditions, dance and more. The exceptional leadership team and skilled instructors for Our Greek Village are planning another exciting virtual program that will keep campers engaged in classes and activities that will culminate in a celebration at the end of a successful week of camp. Our Greek Village is open to all youth ages 7 – 15, and will be offering an online program every day from 1:00 – 4:00 p.m. (PDT) from June 19 - 26. Space is limited so secure your spot by registering online at [www.ourgreekvillage.org](http://www.ourgreekvillage.org) or email [OurGreekVillage@gmail.com](mailto:OurGreekVillage@gmail.com) with questions.

### **Mission to America**

The Metropolis Missions and Evangelism Ministry is in the middle of their Mission to America campaign, which started on Pascha and continues through Pentecost (June 20). Proceeds from this effort will fund tangible projects at each of our six mission parishes located in: Maui, HI; Pasco, WA; Roseburg, OR; Salem, OR; Flagstaff, AZ; and Lake Havasu City, AZ. Learn more about Mission to America at [www.growthodoxy.org](http://www.growthodoxy.org) and how you can support this important effort today!

# **A SPECIAL THANK YOU FOR THEIR EASTER DONATIONS**

*We wish to thank the following Parishioners for their Easter Donations:*

Costas Antonopoulos  
Bassam and Duaa Bayouk  
Pete and Voula Dikeakos  
Mary Economou  
John and Maria Hillman  
Georgia Manolakos  
David and Georgia McFarlan  
Andonios Polychronopoulos  
Vasili and Nina Varlamos  
Toula Xenos

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## **THANK YOU FOR THE TREE OF LIFE DONATIONS**

We wish to thank Dionisia Tsafos and her children, Maria and Ricardo, Yianni and Nikolaos for their donation to the Tree of Life for Capital Improvements, in loving memory of her beloved husband, Vasilios Tsafos and her parents, Nikolaos and Ioanna Bekris. May their memory be eternal! Your generosity is truly appreciated!

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## **JUNE JUBILEE GENEROUSITY**

June brings the start of summer, sunshine and optimism... It also gives the residents at Jubilee Women's Center a chance to say Thank You to the generous parishioners at St. Demetrios. Each month, with the help of Philoptochos, St. Demetrios provides a delicious dinner, along with many donations of clothing, shoes, accessories and much needed toiletries.

Special thanks to Kay Betts. For a number of years, Kay has provided a dinner in memory of her son David, each May. This year, Kay's donation also honors her two sisters, Barbara and Katherine. What a beautiful and loving legacy. Thank you Kay, for your ongoing support of Jubilee and our low income neighbors in need.

If you would like to provide a dinner, make a donation, or volunteer to help Jubilee Women's Center, please contact: Georgene Karambelas (206) 817-2523, [karambelas@comcast.net](mailto:karambelas@comcast.net) or [www.JWcenter.org](http://www.JWcenter.org)



## **High School Graduates**

*Congratulations to the following June Graduates:*

Nicholas Spyridon Calandrillo graduating from Shorewood High School and will be attending the University of California, San Diego.

Gregory Demopoulos graduating from Mercer Island High School and will be attending Purdue University, in Indiana.

Xander (Alexander) Demopoulos graduating from Mercer Island High School and will be attending Loyola Marymount University, in Los Angeles.

Jenny Marina Kapelouzos graduating from Woodinville High School and will be attending Cascadia College in Bothell majoring in Paramedic Study.

Eva Lewallen graduating from Bellevue High School and will be attending the University of Washington.

Katie Stanos graduating from Bush School and will be attending the Columbia University, in New York.

Graduating Senior. Andrew Kaltsounis from North Creek High School attending university of Washington Bothell

## **University/College Graduates**

*Congratulations to the following June Graduates:*

Lauren Rose Burke graduating with a BA in Business and Media, Visual Culture Studies from the University of Redlands.

Peter Dudunakis graduating from College of Holy Cross with a BA in Economics.

Adrianna Eleni Mitalas graduating from the University of Washington with a BA in Public and Global Health and Minor in Informatics.

***Wishing all our graduates great success in their future endeavors!***

## **Baptisms**

● Congratulations to Jeffrey and Nadine Sophia Sellen whose daughter, Audrey Victoria was baptized on May 8, 2021. Her sponsors are Ayub and Saida Oweis. "Na sas zesei!"

● Congratulations to Dometios and Georgia Tziotis whose son, Ioannis Haralambos was baptized on May 23rd. His sponsor is Niko Varlamos. "Na sas zesei!"

● Congratulations to George J. and Mary M. Kost whose daughter, Michelle Catherine was baptized on May 30th. Her sponsor is Sylvia Baisch. "Na sas zesei!"

## **Weddings**

● Congratulations to Nicholas G. Tsiakilos, Jr. and Krisanna Elizabeth Reiff who were married on May 21st, 2021. Their Koumbaro is George Tsiakilos. "Na zesoun!"

● Congratulations to Stefan Milankovic and Toni Booth who were married on May 22nd, 2021. Their Koumbara is Lefteria Nicola. "Na zesoun!"

# BOOKSTORE NEWS

As we enjoy longer days and warming weather, many of us are excited by the prospect of spending more time with family, friends, and at our beloved Church. Sunday, June 20th is a most auspicious day. It is Pentecost, Father's Day and the first day of Summer.

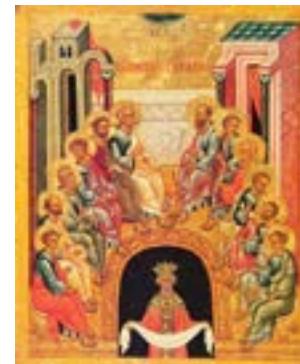
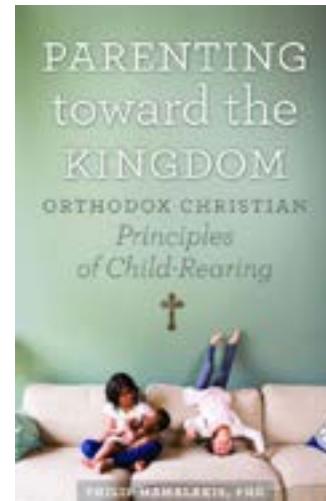
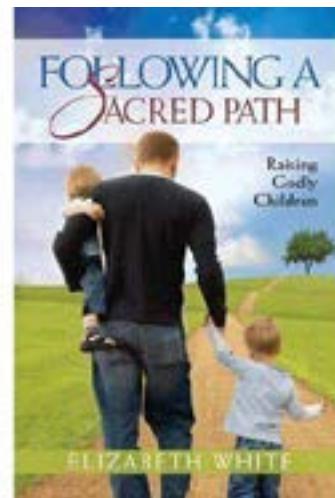
Pentecost, occurring 50 days after the Resurrection, marks the Holy Spirit coming down upon the Apostles and those who were gathered. It marks a new beginning where the Holy Spirit met the human soul. Mankind was united with God and Jesus' promise of salvation was made manifest. The Bookstore carries icons of the major feast days, including Pentecost where Peter, Matthew, Luke, Paul, John, Mark, and other disciples are shown. The head of the semicircle is empty. It is the seat for our Savior, Jesus Christ, who, through the Holy Spirit, is always present and guides us. If you are wondering who the king-like figure at the bottom of the icon is--it's Cosmos who represents people from all Nations.

You might also consider getting an icon of your father's, grandfather's, godfather's, or uncle's favorite Saint in honor of Father's Day. It can be difficult to find just the right present for the special father in your life. One excellent option is the **Phos Zoe cross in sterling silver**. This ancient cross design recognizes Christ as the Light (PHOS) and the Life (ZOE) of the world. The Bookstore also carries small wooden desk plaques laser etched with The Jesus Prayer which would be perfect on a desk in a home office.

For Dads who enjoy reading, your church bookstore has two titles whose authors have Northwest connections. We recommend **Following a Sacred Path: Raising Godly Children** by Elizabeth White. It offers sound advice on raising children to both understand and love their Orthodox faith along with activities for the whole family to further that appreciation. The author is the Sunday School director at Holy Trinity Church in Spokane. Another book worth reading is **Parenting Toward the Kingdom: Orthodox Christian Principles of Child-Rearing** by Dr. Philip Mamalakis, PhD. He is Assistant Professor of Pastoral Theology at Holy Cross Greek Orthodox School of Theology. His wife, Georgia, was active at St. Demetrios Church and is a cousin of Presvytera Pat Tsagalakis.

June is one of the traditional months for weddings. Your Bookstore has several different **wedding crown (stephana) sets** in various styles made by women raised at St. Demetrios. See the stephana in the glassed cabinet along with different styles of **wedding crown cases (stephanothikes)** for displaying the crowns at home following the marriages. The cases also make wonderful gifts.

**Questions?** Email [bookstore@saintdemetrios.com](mailto:bookstore@saintdemetrios.com)



# SUNDAY SCHOOL UPDATE

We are grateful to God for blessing us with another wonderful Sunday School year!

Despite COVID restrictions and not being able to meet in our usual classroom format, we maintained a virtual Sunday School program that focused on the weekly Gospel lessons and offered education through fun and creative activities. In December, we hosted a virtual Christmas Carol Sing-A-Long gathering complete with stories, prizes, and a visit from St. Nicholas! During Great Lent, St. Demetrios Sunday School kids joined a wonderful program created by the San Francisco Metropolis religious-education program, "A Lenten Journey to Great and Holy Pascha."

Aside from our Sunday afternoon classes, we participated in two service projects. During the Nativity season, Sunday School kids wrote and decorated approximately 150 Christmas cards that were shared with our beloved senior parishioners as well as residents in assisted living and long-term care facilities. During Great Lent, Sunday School partnered with our St. Demetrios Philoptochos to support the Pop-Up Food Pantry project. Families donated funds to help purchase non-perishable food, kids wrote "encouragement" notes that were stapled on the grocery bags, and kids and parents helped place filled grocery bags into cars as they drove into our church parking lot.

During Great Lent, six young ladies participated as Holy Friday Myrrhbearers. Kids also had an opportunity to decorate Paschal Candles for our Holy Resurrection service. Finally, Sunday School coordinated the preparation of the Holy Friday Luminara candles. Over \$600 was raised and donated to the Pop-Up Food Pantry project.

In an attempt to reach out to our beloved seniors during COVID, Sunday School created the "Adopt A Senior" outreach program whereby families were assigned a special parishioner with whom they send regular hand-made cards and notes. Through this ongoing program, Christ's love for others is being shared and new friendships have been formed!

We wish to thank Fr. Photios, Fr. James, and Deacon Perry for their spiritual guidance. We also want to thank all of the parents, grandparents, and Godparents who enrolled their children in our virtual program and encouraged involvement in our service projects. Finally, a special thank you to this year's teachers for their dedication and commitment to providing religious education to the youth of our parish:

**Pre-school, Pre-Kindergarten, Kindergarten:**  
Christina Bayouk, Lana Georges, Dale Hazapis, Alexandra Koceski, Evangelia Koceski

**1st/2nd/3rd Grades:** Eleni Athans, Angela Daoura, Laura Kemmerer

**4th/5th/6th Grades:** Andrew Aliferakis, Stephanie Dikeakos, Presv. Katherine Dumont, Carmen Karagiorgos, Christina Tapia

**7th-High School Grades:** Gabe Bayouk, Stephanie Deliganis, Paul Kassab, Andrew Morgan

Our last day of class is **June 13** with a virtual end of year celebration and awards presentation. Login information will be emailed to parents in early June. The names of our Outstanding Attendance recipients will be shared in the July Orthodox Way.

While plans are still pending about next year's class format, we are always in need of volunteers to help with the program. This is a great opportunity to get involved with the youth of our parish. No experience is necessary! For more information, please contact Paula Macris at [pmcmacris@gmail.com](mailto:pmcmacris@gmail.com)



Christ's love is for the whole person – mind, body, and spirit. From water wells, to schools, to substance abuse programs, to clinics, and churches, the OCMC facilitates several projects throughout the year aimed at ministering to the physical, mental, emotional, and spiritual needs of people where missionaries, mission teams, and mission priests serve.

As faithful stewards of donations, OCMC applies all funds received as designated to specific projects. Please note that in the event the designated mission project is overfunded or no longer applicable, donations will be applied to the project (or region) most needed to continue the work of OCMC.

*For more information on the work of the OCMC, visit [www.ocmc.org](http://www.ocmc.org) or call 877-GO-FORTH. God Bless You!*

# STEWARSHIP



## This is Stewardship!

Stewardship of our Faith is all about our heart of gratitude to our God. We give of our Time, Talent, and Treasure “as we decide in our heart, not grudgingly or of necessity, for God loves a cheerful giver (s Cor. 9:7)”. God gave us His only begotten son, the Lord Jesus Christ who gave His life as a sacrifice for us. Giving is part of God’s love for us.

Below is a small sampling of numerous volunteer parishioners cheerfully giving their time and sharing their talent in support of our church’s ministries. Volunteers of all ages coming together with the same purpose and passion - to give back unto the Lord through serving our church and community. What a blessing to have a church filled with faithful stewards – thank you!

Please join us on Monday, June 21st at 6:30 for a Stewardship Town Hall Zoom open forum where we will take questions and discuss the meaning of stewardship.

<https://goarch.zoom.us/j/99560276429>

Meeting ID: 995 6027 6429

One tap mobile

+12532158782,,99560276429# US (Tacoma)

+16699006833,,99560276429# US (San Jose)

Dial by your location: +1 253 215 8782 US (Tacoma)

Meeting ID: 995 6027 6429

Find your local number: <https://goarch.zoom.us/u/abHyk4rTja>

For questions about volunteer opportunities, please call the church office or reach out to any member of the parish council or stewardship committee, or email Gabriel Bayouk ([ggb0719@hotmail.com](mailto:ggb0719@hotmail.com)) or Barbara Trehearne ([pcpresident@saintdemetrios.com](mailto:pcpresident@saintdemetrios.com)).













# Stewards 2021

Steven and Sue Ahrens  
Andrew and Vicky Aliferakis  
Nick and Terri Alvanos  
Rothopi Andrews  
Fr. John and Presv. Anna Angelis  
Dcn. Perry and Francesca Angelos  
Artemis Antipas and Achilles Stamoulis  
Tassos and Ilene Antonitsas  
Costas Antonopoulos  
Ioanna Antonopoulos and Michael Moser  
Clifford and Theodora Argue  
Patricia Arvanitidis  
Despina Asimakopoulos  
Brent and Rhea Aslin  
Emmanuel Athans  
Stella Athans  
Kostas and Linda Avlonitis  
Zacharou Babarakos  
John and Sylvia Baisch  
William (Corky) and Dina Bakamus  
Matthew and Nicole Balkenbush  
Josh and Eleni Banchero  
Sara Baraki  
Christa Barbas  
Maria Barbas  
George Bariames and Eleni Athans  
Loula Barker  
Frances Barneut  
Xana Bartlett  
Alex Baryames  
Michael and Nisa Basilicato  
Alice Bayouk  
Bassam and Duaa Bayouk  
Gabriel Bayouk  
Lena Bayouk  
Victor Bayouk  
Angelo and Anastasia Bekris  
Konstantinos and Eirene Bekris  
Arvid Berg and Sophia Zervas-Berg  
Kay Betts  
Neena Blackwell  
Andrew and Rosalie Boulieris  
Gus Boutsinis  
Jeffrey and Allison Brooks  
Theodora Broutzakis  
Frank and Shelley Buhler  
Mark and Maria Burke  
Steve Calandrillo and Chryssa Deliganis-Calandrillo  
Nick and Vanessa Carkonen  
Paul and Paulette Carkonen  
Eleni Carras  
Susanna Cerasuolo  
Douglas and Jillian Chandler  
John and Patricia Chigaras  
Effie Chriest  
Ron and Vicky Christianson  
Eleni Christo  
Constantinos and Jeannine Christofilis  
Demetre and Katherine Christofilis  
John and Helen Christofilis  
Anastasios and Voula Christophilis  
Dino and Nikki Christophilis  
Margo Christophilis  
Ed and Anastasia Clarke  
Marie Collins  
Jeffrey and Katie Comstock  
Madeline Conom  
Benny Constantine  
G. Paul Constantine  
O. George and Kay Constantine  
Debbie Constantine-Skouras

Dino and Cynthia Cooper  
Gus Cooper  
John Costacos  
Barbara Cotton  
Maria Cotton  
Gus Courounes  
Nicoleta Courounes  
Renee Courounes  
Dale and Mariann Crane  
Donald and Laura Crews  
Christos Dagadakis and Judith Turner  
George and Angela Dalas  
Mary Dallas-Smith  
Mary Damascus  
Sofia Damascus  
Vince Davis and Effe Manolakos  
Kirt Debique and Ann Mentis-Debique  
George and Alexandra Delegans  
Sam and Vicki Deliganis  
Stephanie Deliganis  
George and Charlene Demonakos  
Nicholas and Stella Demonakos  
Peter and Diane Demopoulos  
Ryan and Demetra Dennis  
Sophia Derezes  
Nick Diafas and Athena Modonas-Diafas  
Pauline Diafas  
Andy and Athena Dickerson  
Panagiotis and Voula Dikeakos  
Stephanie Dikeakos  
Vasili and Katherine Dikeakos  
Al and Rachael Dimakis  
Dessie DiMino  
Christopher Dodd and Maria Christofilis  
Voula Dodd  
Demetrios and Vickie Dotis  
Gus and Gregoria Dounis  
James and Jodi Dounis  
Robert and Janie Drumhiller  
Nicholas Dudler  
Thomas Dudler and Pandora Christie  
Kenneth and Kristina Dudunakis  
Fr. Photios and Presv. Katherine Dumont  
Robert Dunbar and Andrea Tsiakilos-Dunbar  
Chris and Marla Economou  
Mary P. Economou  
Robert and Sophia Everett  
Michael and Elaine Falangis  
Sameh Farah  
Nicolette Farmasonis  
Petros and Colleen Farmasonis  
Yemane Fecadu and Sharon Glein  
Georgios and Maria Flemetakis  
Matthew and Alexandra Flugstad  
Bill Fournarakis  
Dora Fournarakis  
Nick Ganoulis  
Zoe Ganoulis  
Meletios and Theodora Geokezas  
Evan George  
Tyler and Anastasia Geving  
Michael and Wanda Gikas  
Elaine Giusti  
Robert and Danielle Griffith  
Efy Grivas  
James and Shawn Hages  
Joan Hanna  
William Hanna and Manal Alsharif-Hanna  
Dorothy Haskell  
George Hatziantoniou and Elizabeth Economou-Hatziantoniou

Terri Hawdon  
Dale Hazapis  
Christopher and Joanne Hegge  
Helen Heuer  
John and Maria Hillman  
William and Angelea Hoeft  
David Horne and Margaret Shnorhavorian  
Patrick and Vickie Howard  
Peter and Demetra Jacobsen  
Joe and Virginia Jarek  
Carlos Jimenez and Eleni Lagos-Jimenez  
George John  
John and Emilie John  
Barbara Kay Johnson  
James and Pota Johnson  
Jeff Jones and Angela Sourapas-Jones  
Nicholas Jones and Tina Xidias-Jones  
Athanasia Kalasountas  
Panagiotis and Rena Kalasountas  
Jim Kaloris  
George and Christina Kaltsounis  
Vicky Carras Kangles  
John and Virginia Kapelouzos  
Maurice and Carmen Karagiorgos  
Christine Karambelas  
Jim and Georgene Karambelas  
Joanna Karas and Thomas Pallua  
Nick and Nancy Karis  
Terry and Hannah Karis  
Anthony Karis Family  
Andrew Kartunen and Erica Holland  
Christine Karzmar  
Paul and Sally Kassab  
Nicholas and Kalliopi Katholos  
Jean Katsandres  
Gregory and Angela Kavounas  
Panagiotis Kefalidis and Ioanna Moumouris  
Michael and Laura Kemmerer  
Peter and Hana Kenny  
Timothy and Sofia Kenny  
Bishara and Diane Kharoufeh  
David and Leila Kirske  
Brian and Jiovanna Koceski  
Arthur and Fannie Kolios  
Leta Kolios  
Sophia Kollias  
Vivie Kollias  
George and Mary Kost  
James and Patti Kost  
Maria Kost  
Louie and Vicky Kotsakis  
Petros and Regina Koumantaros  
Toula Koutlas  
Alexandra Krokos  
Gary Kuhar  
Fr. James and Presv. Vasso Kumarelas  
Dena Kusulos  
Peter and Rachele Kyriacou  
Steven and Annie Kyriakides  
Alexandra Kyrimis  
Steve Lacey and Lana Georges  
Derek LaMarche  
Katerina LaMarche  
Michael and Lena LaMarche  
Demetra Laurent  
Elisabeth Lavaris  
Julie Legeros  
Ken and Irene Lehman  
Dean and Kathleen Lentgis  
Thomas Leonidas  
John and Polette Limantzakis

# Stewards 2021

Johnny and Lucy Limantzakis  
Bill and Florence Lolos  
Glen and Georgine Looney  
Sophia Looney  
Theodore Looney  
George and Giannoula Lymberis  
John and Mary Maciejewski  
Chris and Paula Macris  
Wendell and Demitrua Madison  
Emanuel and Dina Magoulas  
Mary Malesis  
George and Mary Malevitsis  
Samuel Mallos  
Nicky Manitaras  
Georgia Manolakos  
Stilianos and Kari Manos  
Joseph and Nikoletta Marciiniak  
Constantine Markezinis  
James Markezinis  
John and Kelly Markezinis  
Anthony and Alexandra Maroussis  
Jean Mastor  
Niki Mastropoulos  
Constantine and Areti Mavromatis  
Iphigenia Mavromichal  
Vera Mazoonin  
David and Georgia McFarlan  
Sam and Tania McIntosh  
Pipena Mercouriadis  
Michael and Elaine Michaelidis  
Stefan and Toni Milenovic  
Maria Millo  
Renato and Irisi Millo  
Katherene Mitalas  
Walter and Frances Moldskred  
Andrew (Gil) and Susan Morgan  
Alexandros and Maria Moroseos  
James Morris and Vickie Kolios  
Carol Mykris  
Bettyann Nassar  
Peter Neckas  
Sandy Neckas  
James and Stella Nelson  
John and Joann Nicon  
James and Carolyn O'Donnell  
Shirley Olsen  
Insaf Oraivej  
Yacoub and Ruba Oweis  
Zaid Owies and Maria Haddad  
Anthony and Elaine Pagones  
Stella Palios  
Bill Pallis  
Chris and Rebecca Pallis  
Chris and Vasiliiki Pallis  
Chris Greg and Alexis Pallis  
Elli Pallis  
Margie Pallis  
Tina Pallis  
Evangelos and Anastasia Pampoukas  
Alice Plumis Panagakis  
John and Lisa Panagiotou  
Sam and Colleen Panagiotou  
Evgenia Pangopoulos  
Yiannis and Johnette Panopoulos  
Artemios and Rebecca Panos  
Steve Panos  
Diane Panteleakos  
Stephen Panteleakos  
Gregory and Stellee Papadeas  
George Papanastasiou  
George and Lora Pappas  
Ryan and Stacy Parnell

Norman Parr  
Haridimos Partsafas and Caroline Dumont  
Christopher and A. Ellie Pedersen  
Helen Petratos  
Thomas and Renee Phillips  
William Phillips  
George P. and Courteney Plumis  
Kristina Plumis  
Paul and Pamela Plumis  
Theologia Polizos  
Andonios Polychronopoulos  
Eleftheria Proios  
Trevor and Maria Rain-Water  
Nicholas and Anastasia Raissis  
Robert and Despina Read  
James Retelas  
Nick and I. Nina Retelas  
Evie Rigas  
Leonidas Rigas and Eleni Karra  
Nina Rogers  
Cathy Rottle  
Adele Rottle-Williams  
Chris Roumeliotis  
Kary Roumeliotis  
Christina Routos  
Ted Routos  
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William and Georgia Sandeman  
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Katherine Semandiris-Sampson  
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Athanasios and Terri Shinas  
Simoni Shirland  
Tanya Shirland  
Christos and Agapi Siskos  
Fay Sitaras  
Konstantinos Skepetaris  
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Pauline Spyridis  
John Stamatoyannopoulos and Lisa Strate  
Thalia Stamatoyannopoulos  
George and Zoe Stamolis  
Gregory and Vicky Stamolis  
Vasilike Stamos  
Steven and Sarah Stanos  
Alexi J. Stavros  
Dimitra Stavros  
Peter A. and Maria Stavros  
Vlasi J. Stavros  
Phyllis Steen  
Kevin and Georgia Steenis  
Andy and Joann Stergachis  
Michael and Christine Stollings  
Heather Stotz  
Lindsay Stotz  
James and Tess Sullivan  
Robert and Alvia Swegle

Olympia Tachopoulou and Kevin  
Stafford  
Elizabeth Takis  
Marco and Christina Tapia  
Kevin and Angela Taylor  
Stacy Taylor  
Stephen and Georgia Teodosiadis  
Demetri G. Themelis  
Vance and Alexa Thompson  
Niki Todoulos  
Christto and Dorothea Tolias  
Kegan and Nichole Tosto  
Evangelia Tountas  
Antonios and Antonia Touras  
Harry and Angela Tourikis  
Athan and Cindy Tramountanas  
Emmanuel Tramountanas  
George and Dana Tramountanas  
Barbara Trehearne  
George and Thelma Treperinas  
Sam and Elly Treperinas  
Dionisia Tsafos  
Angelos Tsakopoulos and Katerina  
Lagos-Tsakopoulos  
George and Eftihia Tsantilas  
Sotirios and Angelina Tselios  
Nick and Vera Tsiakilos  
Nicholas Tsiakilos, Jr.  
Stavros Tsitsis  
George and Susan Tsoukalas  
Ioannis and Georgia Tsoulouhas  
Dometios and Georgia Tziotis  
Ourania Tziotis  
Yiannis and Katerina Tziotis  
John and Karin Varlamos  
Kosta and Judy Varlamos  
Nick and Eleni Varlamos  
Niko Varlamos  
Vasili and Nina Varlamos  
Erene Velaoras  
Joanna Velaoras  
Costas and Meena Vellis  
Paraskevi Vlahos  
Demetrios and Aspasia Voltsis  
Evangelos Voltsis  
Elliott and Demetra Waldron  
J. Robert and Effie Walker  
Robert and Katherine Watson  
George Webb and Anastasia Deliganis-  
Webb  
Kent and Alexi Weirich  
Brett and Yvonne Willard  
Vivian Williamson  
Jason Wise  
Ghennet Woldegabrel  
Edmund Wood and Cathy Chohlas  
Daniel and Mary Wright  
James and Jeretta Wright  
Melissa Wyatt  
Arjan "Ari" and Linda Xeka  
Demetra Xenos  
John Xenos  
Angelos and Mary Xidias  
George Xidias  
Tim and Harriet Young  
John and Andreanna Zafiropoulos  
Nicholas and Elizabeth Zardis  
Gus and Diane Zotos  
John and Mary Ellen Zoulas

# June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 <b>The Samaritan Woman</b> Epistle: Acts 1:19-30 Gospel: John 4:5-42 8:15a Orthros 9:30a Divine Liturgy • 12p Baptism	31 <b>Saint Demetrios Online Auction</b> • 6:30p Stewardship Meeting (Zoom) • 11a Funeral • 1p (CANCELED) Open Confession until 4pm	1 • 10a Washelli – West End • 10:30a Washelli – East End • 11a Memorial Service	2 • 11a Funeral • 1p Metropolis Vicars • 7p Bible Study (Zoom)	3 • 1p Metropolis Clergy	4	5 • 5p Great Vespers
Isaakios of Dalmatian Macrina, Grandmother of St. Basil	St. Ermios, Apostle	St. Charitos, Martyr St. Justin Martyr	St. Nikiphoros Pat. of C/ple	Loukianos & Paula, Martyrs	Mary & Martha	Dorotheos, Bishop of Tyros
6 <b>Sunday of the Blind Man</b> Epistle: Acts 16:16-34 Gospel: John 9:1-38 8:15a Orthros 9:30a Divine Liturgy • 12p General Assembly SPP	7 • 6:30p Philanthropy Foundation Board Meeting	8 • 10a WOCA Meeting	9 • Apodosis of Pascha • 8:30a Orthros • 9:30a Divine Liturgy • 1p Open Confession until 4pm • 4p Vicariate Meeting	10 • Ascension of Our Lord • 8:30a Orthros • 9:30a Divine Liturgy • 1p Metropolis Clergy	11 • 8:30a Orthros • 9:30a Divine Liturgy • 1p Metropolis Clergy	12 • 5p Great Vespers
Ilarion the Righteous Visitation of Egypt	Theodosios of Ankara	Calliope, Martyr	St. Cyril of Alexandria	Alexander, Antonia & Theophanes	Bartholomew & Barnabas, Apostles St. Luke the Surgeon	St. Peter of Mt. Athos
13 <b>Fathers of 1st Ec. Council</b> Epistle: Acts 20:16-18;28-36 Gospel: John 17:1-13 8:15a Orthros 9:30a Divine Liturgy	14 • 6p Philoptochos Meeting	15 • Tikhon, Bishop of Amathos • 6:30p Parish Council	16 • 1p Open Confession until 4pm	17 • 1p Metropolis Vicars • 7p Bible Study (Zoom)	18 • 1p Metropolis Clergy	19 • Saturday of Souls • 8:30a Orthros • 9:30a Divine Liturgy • 5p Great Vespers
Aquillina, Martyr	Prophet Elijah St. Methodios Pat. of Constantinople	Achailkos, Stephen & Fortunatos of... Iona, Met. of Moscow	40 Martyrs of Rome St. Tychon, Wonderworker	Manuel, Savel, Basil & Isavros	Leontios, Hypatios & Theodoulos	Apostle Jude, Brother of the Lord St. Paisios the Great
20 <b>Pentecost</b> Epistle: Acts 2:1-11 Gospel: John 7:37-52;8:12 8:15a Orthros 9:30a Divine Liturgy	21 • NO FASTING THIS WEEK!! • 6:30p Stewardship Meeting (Zoom)	22 • 6p Vespers and Orthros – Goldendale, WA	23 • 8a Hours and Divine Liturgy – St. John the Baptist Monastery – Goldendale, WA	24 • 1p Metropolis Clergy	25 • 5p Great Vespers	26
Methodios, Hieromartyr of Patara St. Nicholas Cabasilis	Eusebios Bishop of Samosata Zeno & Zenas, Martyrs	Agripina, Martyr	Nativity of St. John the Baptist	Righteous Fevronia	David the Righteous of Thessaloniki	
27 <b>Sunday of All Saints</b> Epistle: Hebrews 11:33-12:2 G: M 10:32-35;37-38;19:27-30 8:15a Orthros 9:30a Divine Liturgy	28 • 8:30a Orthros • 9:30a Divine Liturgy	29 • 8:30a Orthros – at Holy Apostles • 9:30a Divine Liturgy – at Holy Apostles	30 • 1p Metropolis Vicars	1 • 8:30a Orthros • 9:30a Divine Liturgy • 1p Metropolis Clergy	2 • 5p Great Vespers	3
Mary & Joanna, Myrrbearers Sampson, Host of Strangers	Trans. of Relics of Kyros & John	Apostles Peter & Paul	Michael, New Martyr of Athens St. Kosmas and Damianos	Synaxis of the 12 Apostles	St. John of San Francisco	Hyakinthos & Theodosios, Martyrs

The Orthodox Way (published 11 times a year by)

Saint Demetrios Church Greek Orthodox Church

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#### **Submissions for the Orthodox Way**

If you would like to offer a Holy Altar Table Vigil Light or sponsor the Coffee Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206-631-2500.

Please submit announcements for Memorials and Candles to Simoni at [sshirland@saintdemetrios.com](mailto:sshirland@saintdemetrios.com) by the 20th of each month. Submissions after the 20th will appear in the following month's newsletter.

All other inserts and announcements can be sent to the Orthodox Way editors at [info@saintdemetrios.com](mailto:info@saintdemetrios.com).

*The above are parishioner contributed announcements to The Orthodox Way*