

The Orthodox Way

THE MONTHLY NEWSLETTER OF SAINT DEMETRIOS GREEK ORTHODOX CHURCH

Mission Statement: Loving God and One Another in Spirit and in Truth

Dear Faithful of St. Demetrios,

As we stand on the threshold of Holy Week, the Church calls us not simply to observe, but to enter—deeply, prayerfully, and fully—into the saving events of our Lord’s Passion. These coming days are not like any other days in the year. They are sacred, set apart, filled with a depth and richness that cannot be experienced from a distance. The importance of attending the services of Holy Week cannot be overstated. However, we must understand our participation—not as an obligation, but as a vital and life-giving encounter with Christ Himself.



Too often, we are tempted to treat Holy Week as something optional. We may say, “I will come to Pascha,” or “I will attend one or two services if I have time.” Holy Week though is not a series of disconnected services; it is one continuous journey. It is a path we walk with Christ—from the crowds that welcome Him on Palm Sunday, to the upper room of the Mystical Supper, to the darkness of Gethsemane, to the Cross, the Tomb, and finally to the radiant light of the Resurrection. If we only arrive at the end, we miss the very heart of the journey.

The services of Holy Week immerse us in the Gospel in a way that nothing else can. We do not simply hear about Christ’s suffering—we stand there with Him. On Holy Thursday evening, as the Twelve Passion Gospels are read, we listen as the story unfolds in its fullness. We hear the betrayal, the trial, the mocking, the crucifixion. And we begin to realize something deeply personal: this is not just history. This is for us. Christ suffers for us.

Then on Holy Friday, as we stand before the Tomb and chant the Lamentations, something begins to change within us. The world grows quiet. The noise of our daily lives fades away. We are left with the stark reality of the Cross—and with the question: Where am I in this story? Am I like Judas, who betrays Christ? Am I like Peter, who denies Him? Or, will I be like the Myrrh-bearing Women, who remain faithful, who stay, who do not run away?

This is why Holy Week is so important. It reveals our hearts. It calls us to repentance—not in an abstract way, but in a real and concrete way. As we stand through these services, as we listen to the hymns, as we watch and pray, we begin to see ourselves more clearly. And at the same time, we begin to see the immeasurable love of God more clearly. A love that endures betrayal. A love that accepts suffering. A love that goes all the way to the Cross.

Holy Week is not only about sorrow—it is about transformation. The Church, in her wisdom, leads us through the darkness so that we may truly receive the light. If we do not walk with Christ to Golgotha, how can we fully rejoice at the empty Tomb? If we do not experience the weight of the Cross, how can we understand the power of the Resurrection?

This is why your presence matters. When you come to these services, you are not just attending—you are participating. You are praying with the Church. You are standing with Christ. You are offering Him your time, your attention, your love. In a world that constantly pulls us in every direction, Holy Week asks us to be still, to be present, to be faithful.

Yes, the services are long. Yes, they require effort. But what is that compared to what Christ has done for us? He did not give us a portion of Himself—He gave everything. And so, in these holy days, we are invited to respond, even in a small way, with our own offering.

Let us not be absent in the most sacred moments of the Church’s life. Let us not stand at a distance. Let us come, let us watch, let us pray. Let us walk with Christ through His Passion, so that when the night of Pascha arrives, and we hear the words, “Christ is Risen,” they will not be just words to us—but a living reality, a joy that fills our hearts because we have journeyed with Him every step of the way, and His love has transformed us!

May we be found faithful. May we be present. And may we, through these holy services, come to know more deeply the love of our crucified and risen Lord.

I wish you and your family a most blessed Pascha!

In Christ’s love,

Fr. Photios



April 2026
USPS 8048, No 4

Office Hours

9:30 am - 4:00 pm
Monday - Friday

Phone: 206-631-2500
Fax: 206-631-2550

saintdemetrios.com

Parish Directory

Rev. Fr. Photios Dumont
Proistamenos
206-631-2501
frphotios@saintdemetrios.com

Fr. Spyridon Rice
Assistant Priest
206-631-2502
frspyridon@saintdemetrios.com

Dn. Perry Angelos
Deacon
425-652-2983
Angelos3@msn.com

Chris Kouldukis
Director of Music Ministry
ckouldukis@saintdemetrios.com

Johanna Rios
Parish Administrator
206-631-2500
jrios@saintdemetrios.com

Maria Barbas
Financial/Stewardship Admin
206-631-2505
mbarbas@saintdemetrios.com

Tedros Habte-Mezengi
Custodian

Demetri Themelis
Parish Council President
pcpresident@saintdemetrios.com

Paula Charuhas-Macris
Sunday School Director
pmcmacris@gmail.com

Pam Plumis, Emilie John
Philoptochos Co-Presidents
pplumis@comcast.net,
emiliejohn@gmail.com

Saint Demetrios Greek Orthodox Church - 2100 Boyer Ave E, Seattle, WA 98112

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to info@saintdemetrios.com by the 20th of the month.

Saint Demetrios reserves the right to edit, alter, or reject any content.

Memorials & Candles

Sunday School Salutation Readers	3
Sunday School Lenten Service Project	4
Philoptochos	4-5
Bookstore	6
Journey to Georgia	7
YAL	
Yiayias & Friends	8
Papouthes and Friends	
St. John Oratorical Festival	9
All Saints Camp	10-11
New Printed Directory	12
Stewardship	13-15
OCMC	15
Project Mexico	16
Theo Angelis Appointed to State Supreme Court	17-18
Services in April	18
April Calendar	19

March 22nd:

A memorial and the social hour are offered in loving memory of **Nicolas H. Christo** (fifteen-years since his passing) by Jim Christo, Eleni Christo and Eva Aaron.

March 29th:

A one-year memorial was offered in loving memory of **James Spero Demetre** by his wife, Julia, and sons, Jim and Andy.

A forty-day memorial is offered in loving memory of **Dionisios Plarinos** by his wife Joanna Plarinos; his daughters, Sandy Prokopos and Tina Zeer; and his grandchildren, Dionisios Prokopos, Jimmy Prokopos, Sammy Zeer and Joanna Zeer.

Holy Altar Table Vigil Lights are offered in loving memory of **Christos Barbas** (forty-seven years) and **Marigoula Barbas** (twenty-six years) by Helen (Barbas) Heuer and Mike, Christine and Eleni Stollings.

April 6th:

Two Holy Altar Table Vigil Lights are offered in loving memory of **Nick C. Pallis, Sr** (twenty-one years since his passing) by Margie Pallis and family.

April 26th:

A Forty-Day Memorial is offered in loving memory of **Angeline Anast**, by her goddaughter, Dale Hazapis.

Stephanie V. Deliganis Service Above Self Award



Congratulations to **Ioannis Athanasiadis**, this year's recipient of the Stephanie V. Deliganis Service Above Self Award. The Deliganis Family presented Ioannis with a generous check for \$5,000 on March 22, for his college education. AXIOS!



Sunday of Orthodoxy

Thank you to all Sunday School kids and teachers who participated in the Sunday of Orthodoxy icon procession on **March 1**.



Lazarus Saturday Breakfast and Palm Cross Tying

Join us on Saturday, **April 4** for the Lazarus Saturday Liturgy followed by a Sunday School sponsored vegan pancake breakfast. We will be tying crosses for Palm Sunday.

No Sunday School on **April 12**. Wishing you a blessed Resurrection!

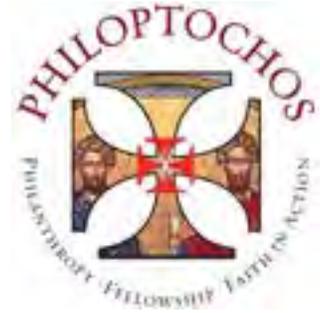
Thank you to our Friday Evening Salutations Service Readers

Thank you to this year's Salutations readers:

Andrew, Vicky, Zoe, & Panayiota Aliferakis, Christina & Duaa Bayouk, Anastasia Bekris, Dale Hazapis, Insaf Oraivej, Zaid Owies, Dionysia Tsafos, Jason Wise.

Philoptochos

Philoptochos hosted the dynamic and engaging professor, Dr. Jeannie Constantinou to speak to our community. There were 160 faithful who attended our Lenten retreat on March 7th. Dr. Jeannie was knowledgeable and entertaining as she presented a very well prepared and scholarly lesson on early Christianity. She skillfully brought us to Orthodoxy today, inspiring us to trust and love our Church. She



gave us an inspiring and enriching session that left us all wanting to learn more about our faith.

We thank Vassie Skoulis who arranged the event, coordinated all the details and managed all the volunteers with excellent precision. The day was a success thanks to her thoughtful diligence.

Also a big thanks to Des and Bob Read and their crew who arranged the hall and skillful prepared a delicious five-star Lenten luncheon that everyone enjoyed.



Acknowledgement and big thank yous to our wonderful volunteers who were with us every step of the way:

- Lunch Chefs: Jimmy Christo, Bryan Read, Popi Katholos, Eleni Petratos, and George Lebesis
- Servers: Angelina Bariames, Victoria Bariames
- Snacks/Desserts: Nina Varlamos, Eleni Christofilis, Toula Stavros, Voula Dikeakos, Maria Hillman, and Theodora Broutzakis
- Bookstore: Heather Stotz ordering and selling the books
- IT setup and video recording: Michael Kemmerer
- Transportation logistics: Jason Wise
- Kim Angelis, Maria Barbas, Fran Barnecut, Dua'a Bayuk, Mary Damascus, Dale Hazapis, Emilie John, Linda Kyrimis, Amy Lines, Deena Maroutsos, Pam Plumis, Elizabeth Poiana, Johanna Rios, Barbara Sanken, JoAnn Stergachis, Georgia Teodosiadis, Alexa Thompson, Tedros, Paul Plumis and Alex Skoulis



Donations

Watch the retreat https://www.youtube.com/watch?v=f_QAu6muJvI

- **Drop off diapers, formula and baby wipes (cash is welcome) in the porta-crib in the large foyer of the large hall for our Baby Essential Needs Drive, supporting Pregnancy Aid of S. King Co.**

Upcoming:

April 1- Philoptochos Board meeting-7pm

April 5- Easter bake sale/Homebound bags to distribute

April 9- Egg dying/wrapping

May 2- Tacoma's Philoptochos Annual Woman's Tea and Luncheon-11am

Saint Demetrios Philoptochos

Membership 2026

We are a volunteer organization that supports many church and charitable projects, both locally and nationally. Our mission is to embody the principles of our Orthodox faith, while offering support, encouragement, and assistance with dignity and respect to the poor, the elderly, the sick, and to all those in need. Your tax-deductible membership contribution of \$50 or more makes our work possible. Men are also welcome to join!

Name _____

Address _____

City/State/ZipCode _____

Home phone _____ Cell phone _____

Email _____

I am a new member _____ returning member _____

Please place an X on the circle(s) of the areas you would like to help with.

- Classroom helper at Lowell Elementary**
Kim Angelis Lead
- Philoxenia House**
Sofia Kenny Lead
- Food Collections**
- Knitting Baby Blankets/ Shawls**
- Christmas Luncheon**
- Matt Talbot prepare lunches Once a month**
Linda Kyrimis Lead
- Social Hour Helper**
- Fund Raising**
- Shut in visitors**
Fran Barnecut Lead
- Year End Dinner**

Please return this form, along with your check payable to *St. Demetrios Philoptochos*. Send to *St. Demetrios Philoptochos / 2100 Boyer Avenue E. / Seattle, WA 98112*. If you prefer to pay by credit card, please call Maria Barbas to pay by phone:

206-794-5659 or 206-631-2505.

Bookstore

Lent has started and as we joyously anticipate Great and Holy Pascha on April 12, we encourage you to visit the bookstore.

New books continue to arrive and join the classics already in stock, including *The Lenten Spring* by Fr. Thomas Hopko and *Great Lent* by Alexander Schmemmann. *Meditations for Great Lent* and *The Ancient Faith Psalter* are perfect for daily readings, and their smaller size make them easy to take with you. We highly recommend picking up a copy of *Holy Week: A Series of Meditations*. This book includes 14 meditations written by professors at St Vladimir's Seminary. With lavishly illustrated icons, it's a truly beautiful book.



For children, we have *My Synaxarion – Lenten Ocean, Paschal River*.

This is the 13th book in the *My Synaxarion* series, and similarly designed to the monthly books, it is a wonderful guide for the Triodion, Great Lent, Holy Week, and Pascha and includes fun illustrations, stories, hymns, maps, and historical factoids.

Other items for children that can enhance their Lenten and Pascha experiences include the activity book, *Beautiful Pascha* with over 50 pages to color. It begins with Zacchaeus Sunday and progresses, week by week, through to Holy Week and Pascha. Pages are filled with activities, icons, and imagery found in the church. *Love at Lent* is a pack of 50 activity cards and offers projects for the entire family. Choose a card and discover a task to complete, for example “Connect with Your Elders”, “Celebrate a Saint”, “Give Away a Toy”, and “Spend Time in Nature”. These tasks are designed to reinforce and encourage important values and behaviors such as forgiveness, gratitude, generosity, prayer, and love. These cards were lovingly created by Presvytera Michelle Triant making them extra special for our parish.

New icons of the season have also arrived including Palm Sunday, Washing of the Feet, Prayer in Gethsemane, Resurrection, and St. Mary of Egypt whose memory is celebrated on April 1 and is commemorated on March 29, the fifth Sunday of Great Lent. Following the fifth Sunday, we draw near to the end of Great Lent and as we reflect on our fast and struggles, we can think of and be inspired by St. Mary and the decades she spent in the wilderness.

Décor and gift items include colorful Ukrainian Pysanky hand painted eggs sold loose, on a stand, and in an adorable smaller size on a key chain. Easter cards are now available to purchase and include unique, handmade cards by one of our parishioners. Lastly, don't forget to pick up your egg dye.



We wish you a blessed Lenten journey!

REAL BREAK 2026

A JOURNEY TO GEORGIA

May 19-29, 2026

Led by His Grace Bishop Gerasim of Fort Worth



College students and young adults (ages 18–25) are invited on a pilgrimage to Georgia, one of the world's oldest Christian nations, led by HG Bishop Gerasim of Fort Worth. Over ten days, we will venerate the relics of St. Nina, pray at Svetitskhoveli Cathedral where the Holy Robe of Christ is kept, and visit countless other sacred sites along the way.



**SCHOLARSHIPS ARE AVAILABLE!
SCAN TO LEARN MORE**

YAL Seattle

On Saturday, March 21, YAL Seattle cooked and served meatball subs at the Seattle Union Gospel Mission's Men Shelter. Thank you to our volunteers, and to the St. Demetrios Philoptochos and anonymous donor who funded this project.

“For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.”
- Matthew 25:35

Upcoming Events:

- YAL Goes to the Mariners Game: Friday, April 17 at 6:40pm (Reach out to yalseattle@gmail.com for ticket information.)
- Brunch at Kostas Opa: Sunday, April 19 at 12:30pm



Yiayias & Friends

Our Yiayias & Friends will not gather in April, due to Easter preparations.

For further information, please email **Cathy** at chowoo@comcast.net, or ask to join our private Facebook group, YIAYIAS & FRIENDS. We hope many of you will join our future lunches, and wish all of you all a Blessed Pascha.



Papouthes and Friends

The April Papouthes and Friends luncheon will be:

Thursday, April 16, 2026 - 12:00 noon at:

Kostas Opa Restaurant

1924 N 45th St

Seattle, WA 98103

RSVP or Questions to:

Michael Gikas at mwgikas@gmail.com or text/call **206-295-4349**.

Reminder: The Papouthes and Friends meet on the third Thursday of each month at noon.



St. John Oratorical Festival



Our parish's St. John Oratorical Festival took place on Sunday, March 22nd. We had two participants in the Junior Division, and no one for the Senior Division. We are hoping to have more participation next year.

Christo Hatziantoniou and **Mathew Lemelson** presented their speeches in the small hall. Christo spoke on the topic, "Select a hymn that is chanted in the Divine Liturgy and explain its meaning and theological significance."

Mathew spoke on the topic, "Choose an Old Testament story (such as David and Goliath, Daniel in the lion's den, or Joseph and his brothers) and explain how it teaches us important lessons that apply to young people today."

Christo will be moving on, and representing Saint Demetrios at the Metropolis level. A big thank you to Gabriel Bayouk and Christina Tapia who volunteered their time as judges.

Christo and Mathew will have an opportunity after Pascha to share their speeches with the congregation. May we all have a Blessed Lent. Kali Sarakosti!



All Saints Camp

Register by
JUNE 1 **FOR REGULAR
REGISTRATION
RATES**

Elementary Session: July 12 - 18th
(Campers entering grades 3-5 in Fall 2026)

High School Session: July 12 - 18th
(Campers entering grades 9-12 in Fall 2026)

Intermediate Session: July 19 - 25th
(Campers entering grades 6-8 in Fall 2026)

REGISTER TODAY!

WWW.ALLSAINTSCAMP.COM

@ALLSAINTSCAMPWA



SCAN HERE





**KITCHEN, COUNSELORS, MEDICAL STAFF,
& ACTIVITY COORDINATORS**



VOLUNTEERS NEEDED!

ALL SAINTS CAMP 2026



APPLY AT WWW.ALLSAINTSCAMP.COM

**205 CAMP ROAD NORTHWEST, RAFT ISLAND, WA 98335
HAVE QUESTIONS? CONTACT TASHA BEKRIS 206.940.0027
CAMP@ALLSAINTSCAMP.COM | [@ALLSAINTSCAMPWA](https://www.instagram.com/allsaaintscampwa)**



NEW PRINTED DIRECTORY IS COMING

Saint Demetrios staff and volunteers are busy putting together an updated printed church directory. The directory will include names, addresses, phone numbers, and emails of members of our parish that wish to participate.

Why this directory matters. The directory will help us stay connected and get involved. The directory will include information on church ministries and the Ecclesiastical Dates for 2027-2030.

How to participate. To have your name listed, complete your 2026 Stewardship Pledge. Scan the QR code below for the electronic form or contact Maria Barbas at 206-631-2505 or mbarbas@saintdemetrios.com to obtain a paper form. Making your Stewardship Pledge and payment is easy!



Pledge Online: Scan this code to complete the online pledge form.



Make a Payment: Log in to Tithe.ly and start your recurring payment (weekly, monthly, bi-monthly, annually).



Frequently Asked Questions About Stewardship

How do I know how much to pledge? Prayerfully review your ability to contribute as a member of our St Demetrios family. Remember, it is not necessary to pay your complete pledge at one time. Pledge your annual amount, then choose to pay weekly, monthly, or bi-monthly. Complete your Stewardship Commitment card online or bring your pledge card to church and place it in the Stewardship box outside the main office.

How do I pledge and pay online? Pledging and paying online is EASY and safe. To pledge, visit SaintDemetrios.com and select Stewardship. From there you will have the option to complete your **Stewardship Pledge** and pay online with **e-Giving (Zelle, Tithe.ly or PayPal)**.

What does my stewardship pay for? It costs approximately \$2,700 per day to keep the church doors open. All operating expenses are paid by stewardship. Some examples are pastoral and staff salaries and benefits, Archdiocese assessments, insurance, utilities, permits and maintenance of the church campus. Additional costs are directly related to church programs.

FACT: Nearly 50% of St Demetrios families give less than \$700. This is not sustainable to cover our operating costs. Prayerfully examining your pledge is recommended annually so that your pledged amount is aligned with your personal ability to support your church and its many ministries.

Why is it so important to pledge early in the year and every year? Our church budget is based on our expected annual income and expenses. Forecasting stewardship early in the year helps meet parish goals and allows for effective fiscal budgeting. We also want to keep your contact information up to date.

Doesn't the Greek Festival and the Auction bring in most of the funding for the church? Unfortunately, no. Although the Festival and Auction are important sources of funding, they only account for about 50% of the total revenue brought in each year.

If I cannot complete my pledge amount, what do I do?

Simply contact the church office and request to modify your pledge.

If I donate to a memorial, building fund, or Sunday School, does that count as part of my stewardship? No, stewardship payments go towards completing your pledge and are separate from other church donations.

If I make a non-monetary donation to the church, can this represent my stewardship?

Your stewardship pledge cannot be substituted by non-monetary donations. However, donations to the festival and the church are greatly appreciated.

Thank you for prayerfully considering your stewardship pledge this year!

*Generous giving is an acknowledgment that everything we have is a gift from God, and is to be used in His service
(Luke 12:33, Acts 20:35, 1 Timothy 6:17-19, James 1:17, 1:27, 1 Peter 4:10).*

2026 STEWARDS

Andrew and Vicky Aliferakis
Nick and Teri Alvanos
Dimitris and Anne Angelou
George and Dina Apostolou
Clifford and Theodora Argue
Stella Athans
John and Sylvia Baisch
Matthew and Nicole
Balkenbusch
Josh and Eleni Banchemo
Maria Barbas
George Bariames and Eleni
Athans
Alice Bayouk
Bassam and Duaa Bayouk
Christina Bayouk
Gabriel Bayouk
Lena Bayouk
Constantinos and Eirene Bekris
Nikolas Biros
Jeffrey and Allison Brooks
Theodora Broutzakis
Frank and Shelley Buhler
Douglas and Jillian Chandler
Tony and Sallie Chikas
Constantinos and Jeannine
Christofilis
Dino and Nikki Christophilis
Voula Christophilis
Heather Christothoulou
Marie Collins
G. Paul and Cerolen
Constantine
O. George and Kay
Constantine
Debbie Constantine-Skouras
Nick and Karen Cooper
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Donald and Laura Crews
Christos Dagadakis and Judith
Turner
George and Angela Dalas
Mary Damascus
Kirt Debique and Ann Mentis-
Debique
Chryssa Deliganis
Sam and Vicki Deliganis

George and Charlene
Demonakos
Peter and Diane Demopoulos
Ryan and Demetra Dennis
Dimitrios Devekos
Nick Diafos and Athena
Modonas-Diafos
Maria and Nitsa Diamond
Panagiotis and Voula Dikeakos
Stephanie Dikeakos
Vasili and Katherine Dikeakos
Dessie DiMino
Robert and Janie Drumhiller
Kenneth and Kristina Dudunakis
Athan and Demetra Dumont
Fr. Photios and Presv. Katherine
Dumont
Georgi and Elena Dzhalazova
Chris and Marla Economou
Sophia Everett
Nicolette Farmasonis
Georgios and Maria Flemetakis
Taylor and Jenny Foss
George Fournarakis
Nick Ganoulis
Zoe Ganoulis
Meletios Geokezas
Evan George
Michael and Wanda Gikas
Elaine Giusti
Kathy Gookstetter
Jack Hatfield
George Hatziantoniou and
Elizabeth Economou
Dale Hazapis
Christopher and Joanne Hegge
Annette and Jerry Heller
Helen Heuer
Patrick and Vickie Howard
Sophia Impala
George John
Athanasia Kalasountas
Panagiotis and Rena Kalasountas
Jim Kaloris
George and Christina Kaltsounis
Tim and Nadine Karas
Andrew Kartunen and Erica
Holland
Georgia Karvountzi
Christine Karzmar
Katherine Karzmar

Michael and Michelle Karzmar
Paul and Sally Kassab
Kalliopi Katholos
Gregory and Angela Kavounas
Michael and Laura Kemmerer
Timothy and Sofia Kenny
Bishara and Diane Kharoufeh
Leta Kolios
James and Patti Kost
Maria Kost
Toula Koutlas
Alexandra Kruse
Gary Kuhar
Dena Kusulos
Peter and Rachele Kyriacou
Kostas and Linda Kyrimis
Steve Lacey and Lana Georges-
Lacey
Victoria Lebasis
Ken and Irene Lehman
Alexandra Lemelson
Thomas Leonidas
Nick and Katie Leute
John and Polette Limantzakis
Johnny and Lucy Limantzakis
Glen and Georgine Looney
Sophia Looney
Theodore Looney
Chris Lorenz and Kristina Plumis-
Lorenz
Katerina Lymberis
John and Mary Maciejewski
Chris and Paula Macris
Emanuel and Dina Magoulas
Samuel Mallos
Joseph and Nikoleta Marciniak
Stephanos and Paula Margaritis
Constantine Markezinis
James Markezinis
Jean Mastor
Constantine and Areti
Mavromatis
Alena McDonald
Thanasi and Sophia Millo
Walter and Frances Moldskred
Andrew (Gil) and Susan Morgan
Alexandros and Maria Moroseos
James Morris and Vickie Kolios
Carol Mykris
James and Stella Nelson
Yacoub and Ruba Oweis

Bill Pallis
Chris and Rebecca Pallis
Elli Pallis
Alice Plumis Panagakis
Sam and Colleen Panagiotou
Yiannis and Johnette
Panopoulos
Artemios and Rebecca Panos
Steve Panos
Gregory and Stellee Papadeas
Konstantinos Papanastasiou
George and Lora Pappas
Jason and Angela Patrao
George and Susan Pess
Daniel and Christiana Piker
Harry and Alethea Platis
George P. and Courteney
Plumis
Paul and Pamela Plumis
Ted and Kim Plumis
Andreana Polichronakis and
Mario Marena
Evan and Christianna Poulas
Eleftheria Proios

Robert and Despina Read
Fr. Spyridon and Presv. Ranae
Rice
William and Karen Rockwell
Cathy Rottle
Adele Rottle-Williams
Penelope Sakellaris
Pantazis and Katina Samolis
Philip and Barbara Sancken
Angelos and Penelopi Savranakis
Athanasios and Terri Shinas
Simoni Shirland
Tanya Shirland
Christos and Agapi Siskos
Vladimir and Elena Smagley
Sofia Smetheram
Vagios and Fanoula Sourelos
Steven and Sarah Stanos
Alexi J. and Aggeliki
Stavropoulos
Dimitra Stavros
Maria Stavros
Vlasi J. Stavros
Phyllis Steen

Andy and Joann Stergachis
Michael and Christine Stollings
Heather Stotz
Robert and Alvia Swegle
Marco and Christina Tapia
Stacy Taylor
Stephen and Georgia
Teodosiadis
Constantino and Karen
Theoharatos
Dorothea Tolia
Antonios and Antonia Touras
George and Thelma Treperinas
Dionisia Tsafos
Sotirios and Angelina Tselios
Nick and Vera Tsiakilos
Anna Tsiakilos-McDonald
Ioannis and Georgia Tsoulouhas
Michael and Jodi Tveit
Hugo Varlamos
Costas and Meena Vellis
Robert and Katherine Watson
Brett and Yvonne Willard
Demetra Xenos
Tim and Harriet Young



Christ's Resurrection, Missions, & The Future

Lent is a journey. Each one of us is invited by the Church to return to the Father's house. We are reminded of this as we read the parable of the Prodigal Son during our weeks of preparation for Lent each year, when no matter in what "far country" we find ourselves, we are invited to return home. Our Father is waiting, and he is ready to clothe us and prepare a feast to celebrate that the lost child has been found. Let us begin this journey in joy and remember the millions of people in our world who have never had the opportunity to hear our Lord's invitation.

During Lent, we give alms to those in physical need, as the church teaches us to do. However, we are also called to use the resources entrusted to us to make the Gospel known during this holy season. As we journey towards the celebration of Christ's Resurrection at Pascha, we must remember all those who have not yet heard the good news.

You participate in the apostolic task of witnessing for Christ through your prayers, your service, and your faithful gifts. As we seek to be faithful witnesses for Christ, the Holy Spirit works through us to spread His light and to bring life around the world.

May the hope and joy of Christ's Resurrection be felt by you and your loved ones always, but especially during this special season.

For more information on the work of the OCMC, visit www.ocmc.org or call **877-GO-FORTH**. God Bless You!

SUMMER



Mission Trip



BECOME A MISSIONARY THIS SUMMER!

OCMC Ambassador Bill Rockwell is leading a group of missionaries to Project Mexico in August 2026. Sign up now to make a difference in the life of a needy family, support the work of St. Innocent Orphanage, and reach the Mexican people in Christ!



WHO: Anyone over the age of 11
(minors with adult consent)

WHEN: Aug 6-12, 2026

SKILL: Beginners to professionals

WHERE: Rosarito, Mexico

COST: \$900* Mission Cost + Travel

DEPOSIT: \$100 on officially registering

*Apply for 50% discount at <https://www.projectmexico.org/force-initiative>

To learn more, join this year's mission, or to support a missionary, reach out to Bill Rockwell at: 425-495-5204

More info at <https://www.projectmexico.org/>

**OPEN
NOW!**

Washington Governor Appoints Theo Angelis To State Supreme Court

Governor Bob Ferguson made his second appointment to the Washington State Supreme Court, announcing that Theodore J. Angelis will replace retiring Justice Barbara Madsen. Governor Ferguson made the announcement Monday at the Temple of Justice. Theo's term will begin on April 4. Angelis will face an election in November to fill the remainder of Madsen's term, which expires in January 2029. State Supreme Court justices must run in the next general election following their appointment to fill a vacancy.



Theo, 53, is the son of Father John Angelis, retired priest of St. Demetrios Greek Orthodox Church in Seattle and Presvytera Anna Angelis. Theo and his wife Kim are parents of twin children, John and Katherine.

Theo has been deeply immersed in the life of the Greek Orthodox Church since birth. Throughout his education Theo studied and shared with others the history and organization of Orthodoxy, including the leadership role of the Ecumenical Patriarchate as well as the threats facing it on a daily basis. During his time in law school, Theo did even more research on the legal status of the Patriarchate and its needs to be protected in international law. Theo was invested as an Archon of the Ecumenical Patriarchate in 2022.

He has served the parish of St. Demetrios in various roles including two terms on the Parish Council, teaching Sunday School, helping to create and manage a parish endowment, and using his legal talent to represent the church in a tax case which resulted in a favorable settlement with the county. In 2016, Theo was honored by the parish as "St. Demetrios Citizen of the Year."



On a regional level, Theo is a member of the Metropolis of San Francisco Council, and he has advised His Eminence Metropolitan Gerasimos on sensitive legal issues.

Theo assists his wife Kim who is the Seattle area representative of the International Orthodox Christian Charities. Through powerful and convincing presentations at local gatherings and in personal contacts, Theo helped to raise the profile of IOCC in the community.

Angelis is an accomplished attorney with 25 years of legal experience. He currently focuses on appellate work, intellectual property litigation, and general litigation as a partner at K&L Gates. Angelis also engages in extensive pro bono work, for which he has received numerous awards, including the American Civil Liberties Union's Humanitarian Award for his work on behalf of unrepresented minors in immigration proceedings. Angelis worked with a broad team of lawyers to challenge the federal government's practice of requiring children to represent themselves in immigration proceedings if they couldn't afford counsel. Angelis is a past president of the Middle Eastern Legal Association of Washington (MELAW).

"Theo's impressive qualifications and accomplishments speak for themselves," Governor Ferguson said. "His colleagues praise his legal expertise, humility and integrity. Even opposing counsel who faced him in court describe Theo as 'the smartest lawyer I've ever faced,' and a decent, honorable person. He will serve the people of Washington well on our highest court."

"When I chose the law as my calling, I promised myself that I would always focus on how to use the law to help those in need," Angelis said. "Throughout my career, I have worked to promote access to the courts and a genuine commitment to the Rule of Law. Thank you to Governor Ferguson for the opportunity to continue my service on our state's highest court, and thank you to Justice Madsen for your pioneering work making the courts more equitable for all Washingtonians."

Lawyers who opposed Angelis in court described him as "the smartest lawyer I've ever faced" and also a decent and honorable person. Judges called him a "superstar," "extraordinary," and a hard worker who is always well prepared, with a deep knowledge of the facts and law.

Angelis' family inspired him to aim high and inspired him to serve others. His father emigrated from Greece as a teenager, and his mother's parents were refugees from Turkey, expelled from their country in the 1920s.

Angelis has degrees from Claremont McKenna College, the London School of Economics, Oxford University, and Yale Law School. He clerked on the D.C. Circuit Court of Appeals.

Angelis has won a number of awards recognizing his work, including: the Northwest Immigrant Right's Project's Amicus Award; the King County Bar Association's Mentor of the Year Award; the Kids in Need of Defense Founder's Award; and St. Demetrios Greek Orthodox Church's Citizen of the Year Award.

Angelis has extensive appellate experience. He has appeared regularly in state, federal, and administrative courts, on behalf of both plaintiffs and defendants — giving him a broad perspective on how the justice system operates.

He works with Kids In Need of Defense, an organization that ensures children have high-quality legal representation in immigration court. He has represented multiple children and adults seeking asylum — in one case, fighting for eight years until his client finally achieved permanent residency.

Angelis led a case representing a client detained by ICE for seven months, even though the client had become a naturalized citizen while serving in the U.S. Army. Ultimately, the Department of Homeland Security settled the case and issued an apology letter to Angelis' client.

Angelis has made extensive contributions to Washington's legal community. He was part of the team that successfully advocated for the Washington State Bar Exam to cover Indian Law, ensuring all lawyers licensed in our state have an understanding of this important area of the law. For more than 10 years, Angelis served as editor-in-chief of the Washington Lawyers Practice Manual, a resource for lawyers whose sales fund the King County Bar Association's pro bono legal clinics. He has also served as a trustee of the King County Bar Association.

Selected Services in April

Apr	Service	Time	Apr	Service	Time	Apr	Service	Time
1	9th Hour Presanctified Liturgy - Assumption	6:15pm 6:30pm	7	Presanctified Liturgy Bridegroom Service	9:30am 7:00pm	12	Come Receive the Light, Paschal Orthros and Divine Liturgy Agape Vespers	12:00am 12:00pm
3	9th Hour Presanctified Liturgy Small Compline with the Canon of Righteous Lazarus	9:15am 9:30am 7:00pm	8	Presanctified Liturgy Holy Unction Bridegroom Service	9:30am 3:00pm 7:00pm	17	The Life-Giving Spring Orthros and Divine Liturgy	8:30am
4	Lazarus Saturday Orthros and Divine Liturgy	8:30am	9	Vespereal Divine Liturgy of St. Basil • Institution of the Last Supper Orthros of Holy Friday • The Passion of Christ & 12 Gospels	9:30am 6:30pm	19	Thomas Sunday Orthros and Divine Liturgy	8:15am
5	Palm Sunday Orthros and Divine Liturgy Bridegroom Service	8:15am 7:00pm	10	Royal Hours Un-nailing of Christ from the Cross Lamentation Service	9:30am 3:00pm 7:00pm	23	George, Great Martyr Orthros and Divine Liturgy	8:30am
6	Presanctified Liturgy Bridegroom Service	9:30am 7:00pm	11	Vespereal Divine Liturgy of Pascha Pascha Vigil	9:30am 11:00pm	26	Sunday of the Myrrhbearers Orthros and Divine Liturgy	8:15am

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Mar 29</p> <p>St. Mary of Egypt Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45</p> <p>8:15a Orthros 9:30a Divine Liturgy 12:30p Catechism 5p Pan Orthodox Vespers at Saint Paul</p>	<p>30</p> <p>Philoptochos Kouourakia &... 6p Small Compline followed by Greek Dance 7p Great Compline 7:30p Tharros Dance 8p Open Confession</p> <p>Sosthenes, Apollos, Cephas of the 70 St. John Climacus</p>	<p>31</p> <p>Seattle Yacht Parking Philoptochos Tsourekia Sm Hall HOPE 12p Staff Meeting 2:30p Church Tour 6:30p Parish Council Meeting 7p Moms Fellowship Evening - HOPE, Small Hall</p> <p>Akakios, Confessor St. Innocent Met. of Moscow</p>	<p>Apr 1</p> <p>1p Open Confession 6p Choir Practice 6:15p 9th Hour 6:30p Presanctified Liturgy - Assumption 6:30p Greek School</p> <p>St. Mary of Egypt</p>	<p>2</p> <p>7p Bible Study</p> <p>St. Titos the Righteous</p>	<p>3</p> <p>Sm Hall Funeral 9:15a 9th Hour 9:30a Presanctified Liturgy 11:30a Sm Hall: Sunday School 3:30p Choir Practice 5p Great Vespers</p> <p>George the Righteous of Maleon Plato the Studite</p>	<p>4</p> <p>8:30a Orthros 9:30a Divine Liturgy for Lazarus Saturday 11:30a Sm Hall: Sunday School 3:30p Choir Practice 5p Great Vespers</p>
<p>Apr 5</p> <p>Palm Sunday Epistle: Philippians 4:4-9 Gospel: John 12:1-18</p> <p>8:15a Orthros 9:30a Divine Liturgy 12p Palm Sunday Luncheon 7p Bridegroom (Nymphios) Service 8p Open Confession</p> <p>Klavdios, Diodoros & Nikophoros</p>	<p>6</p> <p>9:30a Pre-Sanctified Divine Liturgy 7p Bridegroom (Nymphios) Service 8p Open Confession</p> <p>Efthios Pat. C/ple Gregory of Sinai</p>	<p>7</p> <p>9:30a Pre-Sanctified Divine Liturgy 11:30a Covenant Christian Middle School Visit 7p Bridegroom (Nymphios) Service 8p Open Confession</p> <p>Kalliopios & Akyliyi, Martyrs</p>	<p>8</p> <p>9:30a Pre-Sanctified Divine Liturgy 3p Holy Unction 6p Choir Practice 6:30p Greek School 7p Bridegroom (Nymphios) Service with Unction 8p Open Confession</p> <p>Herodion, Agabus of the 70 Rufus, Asyncritus of the 70</p>	<p>9</p> <p>9:30a Vespers Divine Liturgy of St. Basil • Institution of the Last Supper 6:30p Orthros of Holy Friday • The Passion of Christ & 12 Gospels</p> <p>Euppsychius of Caesarea Sts. Raphael, Nicholas & Irene</p>	<p>10</p> <p>9:30a Royal Hours 10a Holy Friday Retreat 3p Un-nailing of Christ from the Cross 7p Lamentation Service</p> <p>Terence, Pompeius, Maximus & Maca...</p>	<p>11</p> <p>9:30a Vespers Divine Liturgy of Pascha with Baptisms 3:30p Choir Practice 11p Pascha Vigil</p> <p>Antipas, Martyr</p>
<p>Apr 12</p> <p>PASCHA Epistle: Apostles 1:1-8 Gospel: John 1:1-17</p> <p>12a Come Receive the Light, Paschal Orthros and Divine Liturgy 2a Paschal Meal Celebration 12p Agape Vespers 12:30p Pascha Picnic-Agape Vespers at All Saints Camp Basil the Confessor</p>	<p>13</p> <p>Martin the Confessor</p>	<p>14</p> <p>Aristarchos, Poudes, Trophimos of t...</p>	<p>15</p> <p>Small Hall Reception 2p Wedding 6p Choir Practice 6:30p Greek School</p> <p>Crescens, martyr Leonidas, Hiermartyr</p>	<p>16</p> <p>12p Papouthes & Friends: Kostas Opa Restaurant</p>	<p>17</p> <p>The Life-Giving Spring 8:30a Orthros 9:30a Divine Liturgy</p> <p>Symeon, Hiermartyr & Companions</p>	<p>18</p> <p>Lg Hall Greek School Glendi 11a Baptism 3:30p Choir Practice 5p Great Vespers</p> <p>Cyrl, Pat. of C/ple John the Righteous</p>
<p>Apr 19</p> <p>Thomas Sunday Epistle: Acts 5:12-20 Gospel: John 20:19-31</p> <p>Lg Hall: Greek School Party 8:15a Orthros 9:30a Divine Liturgy</p>	<p>20</p> <p>Metropolis of San Francisco Clergy Retreat 6p Greek Dance 7:30p Tharros Dance</p> <p>Theodore the Righteous Zachaias, Apostle</p>	<p>21</p> <p>6p Choir Practice 6:30p Greek School</p> <p>Theodore of Sykeote</p>	<p>22</p> <p>8:30a Orthros 9:30a Divine Liturgy 5p WOCA Family BBQ 7p Bible Study</p> <p>George, Great Martyr</p>	<p>23</p> <p>GOYA High School Lenten Retreat @ ASC Raft Island 3:30p Choir Practice 5p Great Vespers</p>	<p>24</p> <p>GOYA High School Lenten Retreat @ ASC Raft Island 3:30p Choir Practice 5p Great Vespers</p>	<p>25</p> <p>St. Mark, Apostle & Evangelist</p>
<p>Apr 26</p> <p>Sunday of the Myrrbearers Epistle: 1 John 1:1-7 Gospel: Mark 15:43-16:8</p> <p>GOYA Retreat 8:15a Orthros 9:30a Divine Liturgy</p>	<p>27</p> <p>6p Greek Dance 7:30p Tharros Dance</p> <p>Symeon, Bishop of Jerusalem</p>	<p>28</p> <p>6:30p Parish Council Meeting</p> <p>Jason & Sosipater of the 70</p>	<p>29</p> <p>6p Choir Practice 6:30p Greek School</p> <p>St. Clement the Righteous St. Iakovos, Anstle</p>	<p>30</p> <p>7p Bible Study</p> <p>Jeremiah the Prophet</p>	<p>May 1</p> <p>Lg Hall: CRMO Warrior Gala 3:30p Choir Practice 5p Great Vespers</p> <p>St. Athanasios the Great</p>	<p>2</p>

The Orthodox Way (published 12 times a year by)

Saint Demetrios Church Greek Orthodox Church
Permit Number 8048
2100 Boyer Ave East
Seattle, WA 98112

Non-Profit Org
US Postage
PAID
Seattle, WA
USPS 8048

Donations



Submissions for the Orthodox Way

If you would like to offer a Holy Altar Table Vigil Light or sponsor the Social Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206-631-2500.

Please submit announcements for Memorials and Candles to Johanna at jrios@saintdemetrios.com by the 20th of the month to appear in the next months newsletter. Submissions recieved after the 20th will appear in the following newsletter.

All other inserts and announcements can be sent to the Orthodox Way editors at info@saintdemetrios.com.

The above are parishioner contributed announcements to The Orthodox Way