



# The Orthodox Way

THE MONTHLY NEWSLETTER OF SAINT DEMETRIOS GREEK ORTHODOX CHURCH

*Mission Statement: Loving God and One Another in Spirit and in Truth*

## The Virtue of Humility: Learning from Saint Paisios of Mount Athos

Among all the virtues of the Christian life, humility holds a special place in the spiritual tradition of the Orthodox Church. Humility is not weakness, nor is it thinking poorly of oneself. True humility is the freedom to stop placing ourselves at the center of our lives and to recognize that everything good comes from God. It is the disposition of the heart that allows us to say with sincerity, "Lord, without You, I can do nothing."



Our Lord Jesus Christ gives us the perfect example of humility. Though He is the Son of God, He humbled Himself, taking the form of a servant and becoming obedient even unto death on the Cross. The entire life of Christ is an invitation for us to discover that greatness in God's Kingdom is measured not by power, recognition, or accomplishment, but by our willingness to serve and love others.

One of the great spiritual teachers of our own time, **Saint Paisios of Mount Athos**, continually emphasized the importance of humility. Saint Paisios understood that pride separates the human heart from God, while humility opens the heart to divine grace. He often taught that when a person becomes humble, he no longer needs to prove himself, defend himself, or seek recognition from others. His peace comes from knowing that he is loved by God.

Saint Paisios also reminded people that humility is learned through our daily relationships. When someone criticizes us, misunderstands us, or treats us unfairly, we are given an opportunity to practice humility. Our natural response may be to defend ourselves immediately. Yet the humble person asks, "Lord, what can I learn from this? How can I respond with love?"

St. Paisios would use the example of a rocket launching into space. He would say that before the launch, they count backwards: "ten, nine, eight, seven... one, zero! As soon as they come to zero the rocket takes off. He would say, "This is the physics of meta-physics. When we come to know ourselves as a zero, spiritual power is released in us and we are launched into outer space, into a spiritual orbit."

The humble person learns to give thanks. Saint Paisios frequently spoke about cultivating gratitude and recognizing God's blessings. Pride says, "I accomplished this myself." Humility says, "God gave me the strength, the opportunity, and the gifts to accomplish this." Whatever abilities we possess—our intelligence, talents, health, opportunities, family, vocation, or material blessings—are ultimately gifts entrusted to us by God.

Humility also transforms the way we see other people. When we become humble, we stop constantly comparing ourselves with others. We no longer need to be better, more successful, more important, or more admired. Instead, we begin to rejoice in the gifts of others. We can say, "Thank God for the goodness He has placed in this person." This is a great spiritual freedom.

Perhaps one of the most beautiful lessons from Saint Paisios is that humility is expressed through love. The humble person does not constantly ask, "What am I going to receive?" but rather, "What can I give?" He serves without demanding recognition. He forgives without expecting repayment. He prays for others without needing to be noticed. In this way, humility becomes a path toward genuine Christian love.

We should therefore pray for the grace to become humble. Every day gives us opportunities to practice this virtue: listening instead of interrupting, forgiving instead of holding a grudge, serving instead of seeking recognition, giving thanks instead of complaining, and admitting our mistakes instead of making excuses.

Continued on page 16...

**Saint Demetrios Greek Orthodox Church - 2100 Boyer Ave E, Seattle, WA 98112**

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to [info@saintdemetrios.com](mailto:info@saintdemetrios.com) by the 20th of the month. *Saint Demetrios reserves the right to edit, alter, or reject any content.*

October 2026  
USPS 8048, No 10

### Office Hours

9:30 am - 4:00 pm  
Monday - Friday

Phone: 206-631-2500  
Fax: 206-631-2550

[saintdemetrios.com](http://saintdemetrios.com)

### Parish Directory

Rev. Fr. Photios Dumont  
*Proistamenos*  
206-631-2501  
[frphotios@saintdemetrios.com](mailto:frphotios@saintdemetrios.com)

Dn. Perry Angelos  
*Deacon*  
425-652-2983  
[Angelos3@msn.com](mailto:Angelos3@msn.com)

Chris Kouldukis  
*Director of Music Ministry*  
[ckouldukis@saintdemetrios.com](mailto:ckouldukis@saintdemetrios.com)

Johanna Rios  
*Parish Administrator*  
206-631-2500  
[jrios@saintdemetrios.com](mailto:jrios@saintdemetrios.com)

Maria Barbas  
*Financial/Stewardship Admin*  
206-631-2505  
[mbarbas@saintdemetrios.com](mailto:mbarbas@saintdemetrios.com)

Tedros Habte-Mezengi  
*Custodian*

Demetri Themelis  
*Parish Council President*  
[pcpresident@saintdemetrios.com](mailto:pcpresident@saintdemetrios.com)

Paula Charuhas-Macris  
*Sunday School Director*  
[pmcmacris@gmail.com](mailto:pmcmacris@gmail.com)

Pam Plumis, Emilie John  
*Philoptochos Co-Presidents*  
[pplumis@comcast.net](mailto:pplumis@comcast.net),  
[emiliejohn@gmail.com](mailto:emiliejohn@gmail.com)

|                                                                      |       |
|----------------------------------------------------------------------|-------|
| Philoptochos Grant Application                                       | 3-4   |
| Festival Boutique                                                    | 5     |
| Sunday School Update                                                 | 6     |
| Sunday School Registration Form                                      | 7     |
| Liturgies in September<br>Yiayias & Friends<br>Papouthes and Friends | 8     |
| St. Demetrios Auction                                                | 9     |
| OXI Day Foundation Scholarship                                       | 10    |
| St. Demetrios Greek Festival                                         | 11    |
| Stewardship                                                          | 12-14 |
| New Printed Directory                                                | 15    |
| Tithe.ly Online Giving                                               | 16-17 |
| Counsul General of Greece Visit                                      | 18    |
| September Calendar                                                   | 19    |

## Memorials & Candles

### September 13:

Two Holy Altar vigil lights are offered in loving memory of **Paul and Maria Cooper** (twenty three years and two years since their passing) by Alexa Thompson, Katina Ruh, and their families.

### September 20:

A memorial service is offered in loving memory of **Evangelia "Litsa" and Andonios "Tony" Polychronopoulos** (eight years and three years since their passing) by their daughters and families, Maria Hillman and Feletsa Robinson.

### September 27:

A memorial service and the social hour are offered in loving memory of **Spencer Michael Lathrop** (four years since his passing) by his mother and stepfather, Karen and Tino Theoharatos and his sister, Christine and Nate Rudd and nephews Oliver and Charlie.

### October 11:

A Holy Altar vigil light is offered in loving memory of **Helen (Barbas) Heuer** (six months since her passing) by her daughter Christine Stollings and family.

### October 18:

A memorial service and the social hour are offered in loving memory of **Petros and Colleen Farmasonis** (one year and three years since her passing), by their children Nicolette and Faye Farmasonis and their families, and Bettyann Nassar.

A Holy Altar vigil light is offered in loving memory of **Peggy Christine Moore** (twenty one years since her passing), by her family Vicky, Ron, Andrew, and Nicholas Christianson and John Xenos.

### October 25:

Twelve Holy Altar vigil lights are offered in loving memory of **Demetrios and Katherine Mitalas** (twenty four and three and a half years since their passing) by their daughters and families, Stacy (Jimmy and Jake) Taylor and Vickie (Jeff, Katherine and Michael) Stenfors.

A Holy Altar vigil light is offered in loving memory of **John Babarakos** (ten years since his passing), by his children, grandchildren and great-grandchildren.

### November 15:

A Holy Altar Vigil Light is offered in loving memory of **Terry Karis** (two years since his passing) by his family.

## Sunday School Update



### SUNDAY SCHOOL SOWING SEEDS FOR CHRIST

Sunday School classes resumed on **September 20, 2026** with a “welcome back” pizza party celebration in the library following Liturgy. We wish to thank Lana Georges and her team for a fun gathering! We have an exciting year planned as we learn about our Orthodox faith with a focus on the Divine Liturgy.

Our annual backpack and classroom blessing is scheduled for **October 11, 2026**.

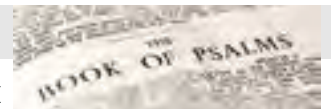
On **November 1, 2026**, we are partnering with our St. Demetrios Philoptochos Society for our annual “Make A Difference Day.” Philoptochos has donated Christmas greeting cards that the kids will be decorating. The cards will be delivered to nursing home and assisted living residents in the greater Seattle area. We’ll also be preparing homeless kits for distribution by the King County Metro Police Department.

We wish to thank our 20 Sunday School families who are participating in the “Adopted Senior Program,” whereby they are actively corresponding with our beloved St. Demetrios Seniors. We also want to thank Antonio & Antonia Touras for their generous financial donation to our program; God bless you!

It’s not too late to register your child for Sunday School. Registration forms are available in the Sunday School office.

Thank you for your support!

## Psalter Group for the Nativity Fast



We are forming a Psalter Group for the Nativity Fast. The Psalter (the book of Psalms) is broken into 20 sections. Each section, or “Kathisma,” consists of 7-8 psalms. Individuals are placed in groups of 20, one person per Kathisma. Each person begins their readings for Day 1 of 20 on a different Kathisma. The Kathisma can be read at any time and in any language. At the conclusion of the Nativity Fast, each individual will have read the ENTIRE psalter twice!

Many of our saints, including St. John Chrysostom and St. Basil, have written on the importance of daily Psalter reading. These groups are a wonderful way to make praying the psalms a part of our daily routine during the Nativity Fast.

We need at least 20 people to form the group that will begin on **Nov 15, 2026**. To join the group or for more information, please contact Paula Macris by **Nov 10, 2026** at [pmcmacris@gmail.com](mailto:pmcmacris@gmail.com).

May God bless our efforts!



# ORTHODOX CHRISTIAN MISSION CENTER

## Missionary Spotlight: Dr. Dana Bates



It was in an impoverished region in Romania where Dana developed a young adult program ("IMPACT") which empowers youth to develop and implement solutions to some of the most pressing issues affecting their respective communities.

Dana is now working with OCMC to share this and related models for youth education & ministry with the Orthodox churches in many areas of the world, helping them to develop the youth

programs that are so vital to a healthy church. Currently, there are 39 IMPACT youth groups in Kenya and Uganda, with almost 1,000 youth engaged in life-changing community service, solving real problems and showing how faith can make a difference. Projects include gender violence prevention, projects related to health issues, and many water sanitation projects. Here is but one example from Uganda:

One IMPACT group made over 10,000 bricks, sold them, and used the proceeds to repair a borehole, restoring precious, clean water to their community. Great are the Achievements of Faith!



Please consider supporting this life changing youth work; donations can be made here: <https://www.ocmc.org/dana-bates>

For more information on the OCMC, visit [www.ocmc.org](http://www.ocmc.org) or call **877-GO-FORTH**.

## Philoptochos

With the beginning of the Ecclesiastical year, our Philoptochos Board has met to plan our year's activities. We are looking forward to another successful year beginning with our first fundraiser- Men Who Cook- on Sunday, **November 8th at 5:30 pm.**

**Men Who Cook** – Get ready for one of the most exciting and beloved events of the year! The Men Who Cook fundraiser is back, and we need your help to make it unforgettable. If you know a man who loves to whip up delicious dishes and enjoys sharing his culinary talents, encourage him to join our friendly competition. This is a fantastic opportunity to connect with the community, have some fun, and support a great cause. Only 20 spots are available, so encourage your favorite chef to sign up soon and bring their signature dish to wow our guests. Let's make this year's Men Who Cook event the best one yet!



Date: **Sunday, November 8.** For more information contact Emilie: [emiliebjohn@gmail.com](mailto:emiliebjohn@gmail.com) or Pam: [pplumis@comcast.net](mailto:pplumis@comcast.net)

### Dates to remember:

Sept 30 – Grant Applications Deadline

Oct 2-4 – Festival

Oct 18 - 1st General meeting following Liturgy.

Nov. 7th - Husky parking

Nov 8 – Men Who Cook Fundraiser

Dec 5 - Christmas luncheon



**Donations**

# PHILOPTOCHOS MEMBERSHIP 2026 (AS OF OCTOBER 1, 2026)

|                        |                             |                      |                          |
|------------------------|-----------------------------|----------------------|--------------------------|
| Ales, Margaret         | Dudunakis, Kris             | Malesis, Cyndi       | Stamolis, Vicky          |
| Ales, Maria            | Dumont, Pres. Katherine     | Malevitsis, Mary     | Stavros, Dimitra (Toula) |
| Alvanos, Britani       | Economou, Elizabeth         | Manitaras, Nicky     | Stavros, Maria           |
| Alvanos, Teri          | Economou, Marla             | Mann, Andrea         | Stergachis, JoAnn        |
| Angelis, Pres. Anna    | Economou, Mary              | Maroussis, Sandra    | Stollings, Christine     |
| Angelis, Kim           | Economou-Grunder, Christina | Maroutsos, Deena     | Stotz, Heather           |
| Angelos, Fran          | Farmasonis, Nicolette       | Mastor, Jean         | Stotz, Lindsay           |
| Argue, Theodora        | Georgiadou, Fotini          | Mavromatis, Rita     | Tapia, Christina         |
| Asimakopoulos, Carole  | Geving, Anastasia           | McFarlin, Georgia    | Taylor, Stacy            |
| Athans, Eleni          | Giakoumatos, Mary Ann       | McIntosh, Tania      | Tavernarakis, Linda      |
| Barbas, Christa        | Gianotas, Sandi             | Mitalas, Irene       | Teodosiadis, Georgia     |
| Barbas, Maria          | Gikas, Wanda                | Moroseos, Maria      | Teodosiadis, Steve       |
| Bardin, Barbara        | Ginosatis, Kaarin           | Moroseos, Teresa     | Themelis, Susan          |
| Barnecut, Frances      | Giovanetti, Valentina       | Umai-Moroseos, Nazli | Theodorou, Valerie       |
| Bartlett, Anastasia    | Haskell, Dorothy            | Nassar, Bettyann     | Thompson, Alexa          |
| Bayouk, Duaa           | Hazapis, Dale               | Rockas               | Tourikis, Angela         |
| Bekris, Anastasia      | Hillman, Maria              | Nelson, Stella       | Treperinas, Ely          |
| Bekris, Diamando       | John, Emilie                | Olsen, Vivian        | Treperinas, Thelma       |
| Betts, Mary            | Kaltsounis, Christina       | Oraihev, Insaf       | Tsafos, Dionisia         |
| Biros, Demetra         | Kangyu, Tammy               | Pagones, Elaine      | Tveit, Jody              |
| Bitzes, Georgiana      | Karambelas, Georgene        | Pallis, Marge        | Valauri, Liz             |
| Brockmeyer, Ashley     | Karzmar, Christina          | Pallis, Tina         | Varlamos, Karin          |
| Burke, Maria           | Katholos, Kalliopi          | Pallis, Vicki        | Varlamos, Nina           |
| Chan, Julie            | Kenny, Hanna                | Panagakis, Alice     | Voltsis, Aspasia         |
| Chriest, Effie         | Kenny, Sofia                | Panagiotou, Colleen  | Walker, Effie            |
| Christie, Pandora      | Koceski, Jiovanna           | Panagiotou, Lisa     | Watson, Katherine        |
| Christo, Eleni         | Kolios, Leta                | Panopoulos, Johnette | Willard, Yvonne Serres   |
| Christofilis, Eleni    | Kolios, Vickie              | Petratos, Helen      | Xidias, Mary             |
| Christophilis, Nikki   | Kollias, Vivie              | Plumis, Pam          | Xenos, Demetra (Toula)   |
| Constantine, Kay       | Kost, Jim                   | Poiana, Elizabeth    | Zafiropoulos, Andreanna  |
| Collins, Marie         | Kost, Maria                 | Proios, Eleftheria   | Zervas-Berg, Sophia      |
| Dalas, Angela          | Kost, Patti                 | Ramirez, Ariana      |                          |
| Damascus, Mary         | Koutlas, Toula              | Ranglas, Jeannie     |                          |
| Deleganis, Chryssa     | Kusulos, Dena               | Read, Bob            |                          |
| Delegans, Alexandra    | Kusulos, Dolly              | Read, Despina        |                          |
| DeJong, Karen          | Kyrimis, Linda              | Retelas, Nina        |                          |
| Demopulos, Christina   | Leonidas, Diand             | Robinson, Feletsa    |                          |
| Demopulos, Diane       | Limantzakis John            | Rockwell, Karen      |                          |
| Dennis, Demetra        | Limantzakis, Lucy           | Rozis, Haroula       |                          |
| Gennaiou               | Limantzakis, Polette        | Ruh, Katina          |                          |
| Derezes, Tina          | Looney, Georgine            | Sakellaris, Penny    |                          |
| Diafos, Athena Modonas | LaMarche, Katerina          | Samolis, Katina      |                          |
| Dikeakos, Katherine    | LaMarche, Lena              | Sancken, Barbara     |                          |
| Dikeakos, Stephanie    | Lazarou, Voula              | Semandiris, Carol    |                          |
| Dikeakos, Voula        | Lines, Amy                  | Shinas, Terri        |                          |
| Dolka, Io              | Lorenz, Kristina            | Skoulis, Vassie      |                          |
| Dounis, Gregoria       | Macris, Paula               | Skouras, Debbie      |                          |
| Drumhiller, Janie      |                             | Constantine          |                          |

***Don't see your name on the list?***

***Please come join us! Fill out the membership form in this newsletter and mail to Maria Barbas at St. Demetrios with your \$50 membership. Your help allows us to continue to reach out in Christian love to those in need.***

*The St. Demetrios Philoptochos  
invites you to join*



## *Men Who Cook*

**A premier fundraiser and evening of fellowship and good food,  
spotlighting culinary talents within our community!**

-  20 cooks will share samples of their favorite recipes
-  Cast your vote for the People's Choice Award
-  Judges will score each dish for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Place

Tickets  
**\$30**



**ST. DEMETRIOS LARGE HALL  
SUNDAY, NOVEMBER 8 - 5:30 PM**

**PLEASE NO CHILDREN UNDER 12.**

For more information or to register, email:  
[emiliebjohn@gmail.com](mailto:emiliebjohn@gmail.com)

# Daughters of penelope

## Greater Seattle-Alcides Chapter #160

Cordially invites you to join us in Celebrating 80 years of  
continuous service to the Hellenic/American community!!!

Saturday, November 14<sup>th</sup>

## FALL FASHION SHOW LUNCHEON

Assumption Greek Orthodox Church

Fashions by Embry Boutique of Madison Park

Check-in 12:00/Luncheon 12:30

Event tickets are \$40 per person

*Checks payable to: Seattle DOP & mailed to Holly Poulas, 2856 NW 65<sup>th</sup> st.,  
Seattle 98117 or VENMO: Daughters-Alcides &/or 1-206-251-5907*

**\*\*\*Reservations Deadline November 7<sup>th</sup>\*\*\***

At door ticket sales unavailable/limited seating

All proceeds are for establishment of

An \$8k scholarship – in honor of our 80<sup>th</sup> anniversary

Please join us & enjoy an elegant luncheon, fabulous  
fashions, great raffle prizes, fun fellowship & surprises!!!

A WELCOME TO CONSUL GENERAL OF GREECE  
**GRIGORIOS TASSIOPOULOS**



**Thursday, October 8th 2026**  
**5:30pm to 7:30pm**  
(Presentation at 6:30pm)

**Assumption**  
**Greek Orthodox Church**  
1804 13th Ave Seattle, WA

Join us as we welcome Mr. Tassiopoulos as Consul General who serves as the official representative of Greece for the eight western United States. A brief presentation will be followed by an opportunity for questions from the Community.

Hosted by Hellenes of the NW and Order of AHEPA  
with support by Assumption and St Demetrios Churches

## Liturgies in October

| Oct | Service                                                     | Time             |
|-----|-------------------------------------------------------------|------------------|
| 4   | 2nd Sunday of Luke<br>Orthros and Divine Liturgy            | 8:15am           |
| 11  | Fathers of the 7th Ec Council<br>Orthros and Divine Liturgy | 8:15am           |
| 18  | St. Luke the Evangelist<br>Orthros and Divine Liturgy       | 8:15am           |
| 20  | 1st Hour & Pre-Communion<br>Prayers<br>Divine Liturgy       | 6:30am<br>7:00am |

| Oct | Service                                               | Time             |
|-----|-------------------------------------------------------|------------------|
| 23  | 1st Hour & Pre-Communion<br>Prayers<br>Divine Liturgy | 6:30am<br>7:00am |
| 25  | 6th Sunday of Luke<br>Orthros and Divine Liturgy      | 8:15am           |
| 26  | St. Demetrios<br>Orthros and Divine Liturgy           | 8:30am           |
| 28  | 1st Hour & Pre-Communion<br>Prayers<br>Divine Liturgy | 6:30am<br>7:00am |

## Yiayias & Friends

In October, we will meet a week later than usual due to our festival. On **THURSDAY, October 8th at 11:30am**, we will head to **ACROPOLIS PIZZA AND PASTA, 500 Central Way, Kirkland, WA 98033 (425) 827-3777**

**\*\*A reminder to RSVP\*\*** It is very important our restaurants know how many to expect.

To respond for October, please email **Cathy** at [chowoo@comcast.net](mailto:chowoo@comcast.net), text **206-282-9641**, or ask to join our private Facebook group, **YIAYIAS & FRIENDS**.

We hope many of you will join us!

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## Papouthes and Friends

The October Papouthes and Friends luncheons will be:

**Thursday, October 15, 2026 12:00 noon at:**

**Taki's Mad Greek**  
**1471 NW 85th St**  
**Seattle, WA 98117**

RSVP or Questions to: **Michael Gikas** at [mwgikas@gmail.com](mailto:mwgikas@gmail.com) or text/call **206-295-4349**.

Reminder: The Papouthes and Friends meet on the third Thursday of each month at noon.



SAINT DEMETRIOS

# HOPE

HELPING ORTHODOX PARENTS EDUCATE

## NEXT MEETING

**October 6<sup>th</sup>, 10:30am**  
Topic: Our Church

### Upcoming Events

**PUMPKIN PATCH**  
**October 13<sup>th</sup>, 10:30am-Noon**  
Bailey Family Farm, Snohomish

**MEETING & THANKSGIVING POTLUCK**  
**November 3<sup>rd</sup>, 11-12:30pm**  
Topic: Thankfulness

SAINT DEMETRIOS

# OLI MAZI

INVITES PARISH CHILDREN & THEIR FAMILIES  
TO AN

## ICE CREAM Social

**NEW DATE!**

**OCTOBER 11<sup>TH</sup>, FOLLOWING LITURGY**

**SAINT DEMETRIOS LARGE HALL**

Families with children of all ages are invited to enjoy ice cream sundaes during coffee hour, learn about Saint Demetrios' new family ministry, **Oli Mazi**, and sign up up for the youth group ministries **HOPE, JOY, & GOYA**

Join  
SAINT DEMETRIOS

# HOPE

HELPING ORTHODOX PARENTS EDUCATE

at the

## Pumpkin Patch

**Tuesday, October 13th, 10:30am**

**BAILEY FAMILY FARM**  
12968 SPRINGHETTI ROAD  
SNOHOMISH, WA

We will meet in the parking lot at 10:30 and walk into the fields together

# Printed Directory Update

## Whose names will be in the directory?

All parishioners who have completed a stewardship pledge card in 2025 or 2026 (**by October 1, 2026**) will be included in the printed directory. See the current list of names in this edition of the Orthodox Way. Names with an asterisk are 2026 Stewards.

## My name is not on the list – how can I be included?

Make a Stewardship pledge by filling out a paper copy or online Pledge Card. Paper copies are available in the pangari and the church office. You can mail your completed pledge card to church (2100 Boyer Ave E, Seattle, WA 98111) or drop it into the Stewardship box outside the church office. To complete the online Pledge Card, visit SaintDemetrios.com and select Stewardship. From there you will have the option to complete your [Stewardship Pledge](#) and pay online with [e-Giving \(Zelle, Tithe.ly or PayPal\)](#).



## I made a Stewardship contribution – why isn't my name on the Stewards list?

We may have not processed your pledge card yet, or you did not complete a 2025 or 2026 pledge card to accompany your contribution. Use the "Complete your pledge" QR code below to complete your pledge online. If you have questions, please reach out to our Stewardship Administrator, Maria Barbas at [mbarbas@SaintDemetrios.com](mailto:mbarbas@SaintDemetrios.com) or call at 206-631-2505.

## What is the deadline?

To be included in the printed directory, we ask that you **make** your pledge by October 1, 2026, and fulfill your pledge by December 31, 2026. Please note: **Making a pledge is stating your annual commitment.** Fulfilling a pledge is making the payment by December 31, 2026, in accordance with the stated pledge.

## What information is in the printed directory?

The contact information provided on your pledge card: name(s), address, email(s) and phone number(s). Other than occasionally printing a directory, the church does share your contact information.

## How is the printed directory distributed?

All 2025 and 2026 stewards will receive a hard copy of the directory in their 2027 Stewardship packet. The packets will be distributed in November 2026 after Divine Liturgy (during social hour) or by mail if not picked up at church. Additional copies of the directory are available to stewards upon request for a nominal fee.

**Thank you for prayerfully considering your stewardship pledge this year!**

Learn about Stewardship



Complete your pledge



Make a payment



## Introducing Tithe.ly A New Way to Give

Saint Demetrios staff and Parish Council are excited to share that Saint Demetrios is now using Tithe.ly, a simple and secure platform designed to make giving easier than ever.



With Tithe.ly, you can:

- Give anytime, anywhere – right from your phone or computer
  - Stewardship (one time, weekly, bi-monthly, 1<sup>st</sup> & 15<sup>th</sup>, monthly)
  - Capital Project Funds (Roof Replacement)
  - In Memory or Funeral Donations
  - Candles
- Set up recurring gifts so you never miss an opportunity to support our church and community

Getting started is quick and easy! You can create a Tithe.ly account online with the QR code below, download the Tithe.ly app (see next page), or learn more on the Saint Demetrios e-Giving Page

<https://www.saintdemetrios.com/stewardship/egiving>.

Want to learn more about Tithe.ly? Reach out to Johanna Rios our Parish Administrator at [jrios@SaintDemetrios.com](mailto:jrios@SaintDemetrios.com) (206-631-2503) or Maria Barbas our Stewardship Administrator [mbarbas@SaintDemetrios.com](mailto:mbarbas@SaintDemetrios.com) (206-631-2505).

## Get started with recurring or one-time donations.

Scan the QR code to create your giving account with Saint Demetrios.



## Giving to Saint Demetrios with the Tithely Giving App

### 1. Download the Tithe.ly Giving App

Install the app from your phone's app store (search "Tithely")

- **iOS (iPhone/iPad):** Search "Tithely" in the App Store and install.
- **Android:** Search "Tithe.ly" in Google Play and install.

*Tip:* If you already have the app, open it and continue with Step 2 below.



### 2. Log in and find Saint Demetrios

Open the app, log in (or create an account), then search for "Saint Demetrios Greek Orthodox Church".

### 3. Tap "Give" (or "Give Now")

This opens the giving screen where you'll enter your gift details.

### 4. Complete the giving form

Fill out the required fields to set up your gift:

- **Amount** (your gift total)
- **Fund** (where you'd like your gift designated)
- **Frequency & date** (one-time or recurring)
- **Contact details**
- **Payment method** (Apple Pay, card, or bank, as available)
- **Memo** (optional, if available)

### 5. Review, then tap "Give"

Double-check your details, then submit your gift.

### 6. Save your confirmation

You'll see a confirmation screen when your gift is processed (and may also receive an email receipt, depending on settings).

### Need Help?

- Visit the Stewardship Table after Divine Liturgy on Sundays during Social Hour
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# FALL GLENDI

AN EVENING CELEBRATING  
OUR GREEK DANCE COMMUNITY



GREEK  
FOOD



GREEK  
DANCING



LIVE  
BAND

**Tickets: \$30 Presale / \$40 at Door**  
Youth (9-17): \$15 | Kids (8 and under): Free

**SATURDAY, OCTOBER 17TH**  
**6PM**

St. Demetrios Greek Orthodox Church – Large Hall



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# October 2026

| SUNDAY                                                                                                                                                                                                                                                                                                 | MONDAY                                                                                                                                                                                | TUESDAY                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                              | THURSDAY                                                                                                                                   | FRIDAY                                                                                                                                                                         | SATURDAY                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| <p>Sep 27</p> <p>Library: Bookstore Setup</p> <p>1st Sunday of Luke</p> <p>Epistle: 2Corinthians 6:16-...</p> <p>Gospel: Luke 5:1-11</p> <p>Small Hall: Sunday School</p> <p>8:15a Orthros</p> <p>9:30a Divine Liturgy</p> <p>11:15a Sunday School</p> <p>Kallistratos, Martyr &amp; 49 Companions</p> | <p>28</p> <p>6p Greek Dance</p> <p>Baruch the Prophet</p> <p>Charlton, Confessor</p>                                                                                                  | <p>29</p> <p>6:30p Parish Council Meeting</p> <p>Kyriakos the Anchorite</p> <p>Petronia, Martyr</p>                                                                                  | <p>30</p> <p>10a Funeral</p> <p>6p Tharros Dance</p> <p>6p Choir Practice</p> <p>6:30p Greek School</p> <p>Gregory, Hieromartyr of Armenia</p>                                                                                                                         | <p>Oct 1</p> <p>11a Funeral</p> <p>Ananias the Apostle</p> <p>Romanos the Melodist</p>                                                     | <p>2</p> <p>St. Demetrios Greek Festival</p> <p>Justine, Martyr &amp; George, Neomartyr</p> <p>Kyprianos, Hieromartyr</p>                                                      | <p>3</p> <p>6p Great Vespers</p> <p>St. Dionysios the Aeropagite</p>                                                       |
| <p>Oct 4</p> <p>St. Demetrios Greek Festival</p> <p>2nd Sunday of Luke</p> <p>Epistle: 2Corinthians 9:6-11</p> <p>Gospel: Luke 6:31-36</p> <p>8:15a Orthros</p> <p>9:30a Divine Liturgy</p> <p>Hierotheos, Bishop of Athens</p> <p>Kallisthenis &amp; Domine, Martyrs</p>                              | <p>5</p> <p>6p Greek Dance</p> <p>8:30a Orthros and Divine Liturgy at St. Thomas - Snohomish</p> <p>10:30a HOPE</p> <p>6:30p Parish Council Meeting</p> <p>Eudokios the Righteous</p> | <p>6</p> <p>8:30a Orthros and Divine Liturgy at St. Thomas - Snohomish</p> <p>10:30a HOPE</p> <p>6:30p Parish Council Meeting</p> <p>Erotidos, Martyr</p> <p>Thomas, the Apostle</p> | <p>7</p> <p>1p Open Confession</p> <p>6p Tharros Dance</p> <p>6p Choir Practice</p> <p>6:30p Greek School</p> <p>Sergios &amp; Bacchus, Martyrs</p>                                                                                                                    | <p>8</p> <p>5:30p Consul General of Greece @ Assumption</p> <p>Agisilaos &amp; Archelaos, Martyrs</p> <p>Polychronios, Pelagia Martyrs</p> | <p>9</p> <p>11a Baptism</p> <p>5p Great Vespers</p> <p>James, Son of Alphaeus, Apostle</p>                                                                                     | <p>10</p> <p>11a Baptism</p> <p>5p Great Vespers</p> <p>Theophilos the Righteous</p>                                       |
| <p>Oct 11</p> <p>Fathers of the 7th Ec Council</p> <p>Epistle: Titus 3:8-15</p> <p>Gospel: Luke 8:5-15</p> <p>8:15a Orthros</p> <p>9:30a Divine Liturgy</p> <p>11:30a OLI Mazi Ice Cream Social</p> <p>12p Catechism - The Church</p> <p>1p YAL Brunch</p> <p>Philip of the 70 Deacons</p>             | <p>12</p> <p>Columbus Day</p> <p>6p Greek Dance</p> <p>10:30a HOPE - Pumpkin Patch Snohomish</p> <p>Andronikos, Domnini Martyrs</p> <p>Provos, Tarachos, Martyrs</p>                  | <p>13</p> <p>10:30a HOPE - Pumpkin Patch Snohomish</p> <p>Karpas, Pappulos Martyrs</p>                                                                                               | <p>14</p> <p>1p Open Confession</p> <p>6p Tharros Dance</p> <p>6p Choir Practice</p> <p>6:30p Greek School</p> <p>Nazarios, Gervasios &amp; Prostatios</p> <p>St. Innocent, Apostle to America</p>                                                                     | <p>15</p> <p>12p Papouthes and Friends: Takis Mad Greek</p> <p>7p Bible Study</p> <p>Loukianos, Martyr</p> <p>Savinos the Bishop</p>       | <p>16</p> <p>1p Lg Hall: Dance Workshop</p> <p>5p Great Vespers</p> <p>6p Fall Glendi</p> <p>Leontios &amp; Terentios, Martyrs</p> <p>Longinos, the Centurian</p>              | <p>17</p> <p>5p Great Vespers</p> <p>6p Fall Glendi</p> <p>Hosea the Prophet</p>                                           |
| <p>Oct 18</p> <p>Lg Hall: Dance Workshop 4p</p> <p>Epistle: Colossians 4:5-11,...</p> <p>Gospel: Luke 10:16-21</p> <p>8:15a Orthros</p> <p>9:30a Divine Liturgy</p> <p>12p Catechism - Scripture</p> <p>2:30p Parish Family Pumpkin Picking</p> <p>St. Luke the Evangelist</p>                         | <p>19</p> <p>6p Greek Dance</p> <p>6:30a 1st Hour &amp; Pre-Communion Prayers</p> <p>7a Divine Liturgy</p> <p>Joel the Prophet</p>                                                    | <p>20</p> <p>6:30a 1st Hour &amp; Pre-Communion Prayers</p> <p>7a Divine Liturgy</p> <p>Artemios, Great Martyr</p> <p>St. Gerasimos of Kephallonia</p>                               | <p>21</p> <p>1p Open Confession</p> <p>6p Tharros Dance</p> <p>6p Choir Practice</p> <p>6:30p Greek School</p> <p>Hilarion the Righteous</p>                                                                                                                           | <p>22</p> <p>7p Bible Study</p> <p>7 Children of Ephesus</p> <p>Averkios of Ieropolis</p>                                                  | <p>23</p> <p>Both Halls, Library: U District Food Bank</p> <p>6:30a 1st Hour &amp; Pre-Communion Prayers</p> <p>7a Divine Liturgy</p> <p>St. James the Brother of the Lord</p> | <p>24</p> <p>5p Great Vespers</p> <p>Arethas the Great Martyr</p> <p>Sebastiana, Martyr</p>                                |
| <p>Oct 25</p> <p>6th Sunday of Luke</p> <p>Epistle: Galatians 2:16-20</p> <p>Gospel: Luke 8:26-39</p> <p>St D Day Luncheon</p> <p>8:15a Orthros</p> <p>9:30a Divine Liturgy</p> <p>12p Catechism - Tradition</p> <p>2p Baptism</p> <p>5p Great Vespers</p> <p>Markianos &amp; Chrysanthos, Martyrs</p> | <p>26</p> <p>8:30a Orthros</p> <p>9:30a Divine Liturgy</p> <p>6p Greek Dance</p> <p>St. Demetrios, Great Martyr</p>                                                                   | <p>27</p> <p>6:30p Parish Council Meeting</p> <p>Nestor, Great Martyr</p>                                                                                                            | <p>28</p> <p>6:30a 1st Hour &amp; Pre-Communion Prayers</p> <p>7a Divine Liturgy</p> <p>1p Open Confession</p> <p>5:30p Seattle Prep: Parking in Lot</p> <p>6p Tharros Dance</p> <p>6p Choir Practice</p> <p>6:30p Greek School</p> <p>Holy Skepi of the Theotokos</p> | <p>29</p> <p>7p Bible Study</p> <p>Anastasia the Roman</p> <p>Auramine the Rinhennel</p>                                                   | <p>30</p> <p>Lg Hall Greek OXI day</p> <p>5p Great Vespers</p> <p>Cleopas &amp; Artemas, Apostles</p> <p>Zannhine &amp; Zannhia Martyr</p>                                     | <p>31</p> <p>Lg Hall Greek OXI day</p> <p>5p Great Vespers</p> <p>Stachis, Apellos &amp; Aristoboulos</p> <p>Hallouaen</p> |

Continued from page 1...

Saint Paisios reminds us that the closer we come to God, the more we recognize our dependence upon Him. True humility does not diminish us; it allows us to become the person God created us to be. When the heart becomes humble, there is room for God to enter.

### Donations



May we learn from the example and prayers of Saint Paisios of Mount Athos to cultivate a humble heart—a heart that does not seek its own glory, but gives glory to God; a heart that sees Christ in others; and a heart that can sincerely say, “Everything I have is a gift from God.” For, as our Lord teaches, **“God resists the proud, but gives grace to the humble”** (James 4:6).

In Christ’s love,  
+Fr. Photios

### Submissions for the Orthodox Way

If you would like to offer a Holy Altar Table Vigil Light or sponsor the Social Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206-631-2500.

Please submit announcements for Memorials and Candles to Johanna at [jrios@saintdemetrios.com](mailto:jrios@saintdemetrios.com) by the 20th of the month to appear in the next months newsletter. Submissions recieved after the 20th will appear in the following newsletter.

All other inserts and announcements can be sent to the Orthodox Way editors at [info@saintdemetrios.com](mailto:info@saintdemetrios.com).

*The above are parishioner contributed announcements to The Orthodox Way*