



# The Orthodox Way

*The Monthly Newsletter of Saint Demetrios Greek Orthodox Church*

**Mission Statement:** To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community.

## The Masks We Wear

*by Rev. Fr. Daniel Triant*

***Christos Anesti! Alithos Anesti! – Christ is Risen! Truly He is Risen!***

I pray you all had a blessed Holy Week and Pascha - in spite of the unprecedented way in which we celebrated this year. We have been struggling to stay connected in any way we can, primarily through technology and I am grateful we have such tools to communicate. We received positive feedback from many who said they were able to attend more services than they might normally have, because they were available online and everyone is home. I participated in virtual meetings and “visits,” and tuned into prayer services across the country. As I said, I was grateful to have these options, but nothing replaces the in-person for me. And there’s one communication aspect in particular that has stuck in my mind as I witness everyone wearing masks. Of course we should all be wearing them when we venture out for essential reasons at this time, to protect ourselves and others, but in doing so, we cover up the most important communication tool we have – our face.



Recently, on a trip to the grocery store (mask in place), as I navigated the aisles, I instinctively smiled at other shoppers, but quickly realized they couldn’t see my face as they kept going as if I had not even looked at them. It seemed like such a small gesture, but what a great poignant example of how much is communicated with a look, or an expression. Our faces communicate so much without words. This is also evident in our relationship with God.

Why is the concept of “faces” so important?

In the Old Testament, to see God’s face meant death (Exodus 33:20), but in the New Testament it takes on a new form in the face of Jesus Christ. We are connected to Him in the most unprecedented way in history – we can look upon His face! In spite of this, we still find people falling on their face or hiding their face when they encounter Him, but they are able to look at the perfection of God with their own eyes. Those that see clearly recognize His glory immediately. It is also interesting that when He sent his disciples into a Samaritan town He sent them, not before Himself, but “before His face!” [...] And they did not receive Him, because “His face was set for the journey to Jerusalem.” (Luke 9:51-53) Not only that, but at His transfiguration to the disciples, “the appearance of His face was altered” first. There is connection to Christ through his face.

St Paul tells us “Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.”

As we look forward to returning to a life where we can physically be together again and are able to remove the masks that protect us from the coronavirus, will we also live with that unveiled face St. Paul talks about, being transformed into His image and showing forth to each other and all those we meet, the glory of Our Lord?

Christ clearly wants us to look at each other face to face, both literally and figuratively, in communing with one another. We have received true life through His resurrection, how will we transmit that life to all of our brothers and sisters? As we emerge from this pandemic, I pray it is with renewed yearning and purpose in the mission Jesus Christ has laid out for all of His children.

***Christos Anesti! Alithos Anesti! – Christ is Risen! Truly He is Risen!***

**Saint Demetrios Greek Orthodox Church - 2100 Boyer Ave E, Seattle, WA 98112**

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to [info@saintdemetrios.com](mailto:info@saintdemetrios.com) by the 20th of the month.

*Saint Demetrios reserves the right to edit, alter, or reject any content.*

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## President's Message

Christos Anesti,

I hope each of you had a blessed Pascha and were able to see and hear our services online. We thank Fr Photios and Fr Daniel for providing us the opportunity to participate in a Holy Week unlike any we have known and one which we will not soon forget. I also want to thank Athan and Vasili for chanting throughout the many services during the week. Thank you to Deacon Perry as well for his service. Our Epitaphion was beautiful – many thanks to the small group of women who decorated it for us. It is hard to not be present physically in the Church, especially for the holiest week of the year, but I am grateful, as I know many of you are, for the ability to at least see the services online.



As we now approach almost 2 months of 'shelter in place' and continue to have uncertainty about our future, it is indeed difficult to face each day. I am hopeful that prayer and participation in services sustains you through this time.

As many of you know, Fr Photios will be continuing the mid-day Prayer service. If you have not had a chance to participate, I hope you will. It provides great comfort and also ends with the Jesus Prayer. See the Church calendar for details.

As noted in the April President's message, the Parish Council did authorize expenditures for improving our technology, within the Church proper, to support streaming our services. A new camera had been ordered and arrived prior to Holy Week and was installed for the services. The approximate cost for the improvements to date is \$12,000, which included equipment, labor, and enhancements to our network infrastructure. As we are cautious about new expenditures, we were also aware we needed to assure the provision of services though streaming now and in the future.

In the Stewardship message that follows in this edition, I ask for your thoughtful consideration of how to support giving to our parish during this difficult time. While we all desperately want to be back in Church with one another, we also want to assure the health and safety of our parishioners. When we return it will likely look different than we have known in terms of how to do social distancing in church among other practices. In the meantime, we continue to provide as many functions and services as we can, we continue to employ our staff and our priests and we continue the upkeep of the facilities. Our auction and festival represent 40%+ of our annual income. We will need to find ways this year to manage without this income or significantly less from these activities.

I am currently reading The Prologue of Ohrid by St Nikolai Velimirovic. It includes daily readings of the lives of the saints, hymns, reflections, and homilies. I share this with you from April 26, contemplate on "How His Resurrection is a great light that illuminates the path on which we must travel in this world to arrive at the other world."

## Parish Council

Our Parish Council continues to meet virtually in order to conduct the business of the Church. In our April meeting we authorized the Treasurer to submit an application for the Federal Payroll Protection Program. This program was shared with all parishes by the Metropolis and Archdiocese and we were encouraged to apply. St Demetrios did apply. The Paycheck Protection Program is a loan designed to provide a direct incentive for small businesses to keep their workers on the payroll. The Small Business Association will forgive loans if all employees are kept on the payroll for eight weeks and the money is used for payroll, rent, mortgage interest, or utilities. We have not yet been approved nor received any funds however we will keep you informed.

Additionally, we began discussions about our September festival. Festival Chair Jim Kost, discussed the need to consider options to how we operate our current festival. As you can imagine, our primary consideration is for the health and safety of the many volunteers and those who may attend. We will make a decision in late May or early June about our plan.

The Parish Council also made a decision to reach out to our members via phone and email to simply connect and see how people were doing. Each PC member had 30-40 members to contact. We received great feedback and thank those of you we were able to speak with PC members. We hope to do this a couple times each year.

*continued on page 4*

## Memorials and Candles in May

On May 3rd a Forty-Day Memorial Service is offered in loving memory of **Nikolaos Konstantinos Papagiannis**, by his mother, Aggeliki Papagianni, his sister Ismene and his wife Basi and family.

On May 3rd a Six-Month Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Serma Charuhas**, by her daughter and son-in-law, Paula and Chris Macris and family.

On May 3rd a Memorial Service is offered in loving memory of **Steve Sourapas** (one year since his passing), **Gus Sourapas** (nineteen years since his passing) and **Angeliki and James Sourapas** (thirty-three years and seventy-two years since their passing), by Alicia Sourapas, Angela Sourapas Jones, and family

On May 3rd a Holy Altar Table Vigil Light is offered in loving memory of **Barbara Deligan** (four years since her passing), by her sister, Kay Betts and family.

On May 3rd a Holy Altar Table Vigil Light is offered in loving memory of **Barbara Johnson** (twelve years since her passing), by her cousin, Vasilike Stamos.

On May 3rd two Holy Altar Table Vigil Lights are offered in loving memory of **Barbara Johnson** (twelve years since her passing), by her daughter, Barbara K. Johnson.

On May 24th a One-Year Memorial Service is offered in loving memory of **Serafim Apostolou**, by his children, Vicki Kaddes, George Apostolou and their families.

On May 24th Four Holy Altar Table Vigil Lights are offered in loving memory of **Cleo Supernaw** (four years since her passing), by Bob and Effie Walker and family.

On May 24th The Eight Holy Altar Table Vigil Lights are offered in loving memory of **Panos C. Koutlas** (four years since his passing), by his wife, Toula Koutlas and the Koutlas family.

## Services in May

May	Service	Time
2	Great Vespers	5:00pm
3	<i>Sunday of the Myrrhbearers</i> Orthros & Divine Liturgy	8:15am
5	<i>St. Irene, Great Martyr</i> Orthros & Divine Liturgy	8:30am
8	<i>St. John Evangelist</i> Orthros & Divine Liturgy	8:30am
9	Great Vespers	5:00pm
10	<i>Sunday of the Paralytic</i> Orthros & Divine Liturgy	8:15pm
11	<i>Sts Cyril &amp; Methodios</i> Orthros & Divine Liturgy	8:30am
13	<i>Mid-Pentecost</i> Orthros & Divine Liturgy	8:30am
16	Great Vespers	5:00pm
17	<i>Sunday of the Samaritan Woman</i> Orthros & Divine Liturgy	8:15am
21	<i>Ss. Constantine &amp; Helen</i> Orthros & Divine Liturgy	8:30am
23	Great Vespers	5:00pm
24	<i>Sunday of the Blind Man</i> Orthros & Divine Liturgy	8:15am
27	<i>Apodosis of Pascha</i> Orthros & Divine Liturgy	8:30am
28	<i>Ascension of Our Lord</i> Orthros & Divine Liturgy	8:30am
30	Great Vespers	5:00pm
31	<i>Sunday of the Fathers of 1st Ecumenical Council</i> Orthros & Divine Liturgy	8:15am

## Condolences

We express our Deep Condolences to Nick George and Dr. Evan George for the passing of their mother, **Mary George**. May her memory be eternal!

We express our Deep Condolences to the Cominos family, Nick, Peter and Angelina for the passing of their mother, **Afrodite Cominos**. May her memory be eternal!

## Sunday School

Christ is Risen!

Due to the COVID pandemic, our Lenten Sunday School Service project was modified; Sunday School students made and sent homemade greeting cards to our beloved senior parishioners. We are grateful to the 26 families who sent cards to nearly 100 parishioners during Great Lent and Holy Week!

God bless you.

The Metropolis has sponsored two calls for PC Presidents and clergy. They are useful and share information about the extensive resources offered by the Metropolis during this time. These references on managing during the Covid-19 pandemic are online and I invite you to view them. On our call on April 29 we discussed steps to take in opening our churches when that time comes. There is much to discuss and many protocols to put in place. His Eminence has joined both calls and offered comforting messages of hope and gratitude for the work of the parishes. He shared the Lord has given us a “spiritual diet” with the pandemic to help make us more aware and sensitive to our faith. He has encouraged us to act in love and unity throughout this time as we navigate in uncharted territory.

## **Strategic Planning**

Continuing our Strategic Planning process, we met virtually on March 31, completing our effort to identify parish priorities. While it is challenging to do this work virtually, our team worked diligently to narrow dozens of possible priorities to the top seven. Next we will vet these with the planning team prior to more broadly sharing, but will do so once we have gone through this process.

Once we share these priorities, each area will transition to a ‘vision’ team. Each vision team would be led or co-led by members from the Strategic Planning team and would include other members of the parish. So, for example, if ‘creating a welcoming environment for our parish’ was identified as a priority, we would establish a vision team to flush out what this means. They would determine what criteria we use to define a welcoming environment, how to appropriately measure that to determine if the parish as a whole is truly welcoming.

In addition, we hope to have a parish survey developed to obtain more information from as many of our parishioners as possible. So please be on the lookout for this survey as your participation is vital to our success.

Thank you for your continued support of our parish. Please feel free to reach out to me or others on Parish Council with suggestions, questions or advice. We pray we will be together to worship soon.  
pcpresident@saintdemetrios.com

In Christ,  
Barbara Trehearne

Dear Saint Demetrios Parishioners,

We are experiencing a period of time in our country’s history that many of us could not possibly imagine yet, we are in fact living it. Thoughts never entered our minds such that we would be asked to not leave our homes; not be able to invite people into our homes; not be able to shop for groceries in the manner in which we are accustomed; wear masks when we do venture out – and advised that for our own health and well-being – to stay away from group settings - including our Church. And yet here we are.

The immense toll this pandemic is taking on people - parents, children, the elderly, the health care providers and first responders, the now unemployed and under employed, let alone the sick, is causing vastly increased stress levels for far too many. In addition, organizations that exist to provide critical services to our society such as food banks, child care centers, shelters and yes – our churches - are experiencing dramatic declines in financial support when it is needed most, adding to the overall anxieties and suffering of people.

It is times such as these that we are reminded to be thankful we have a Church that is a spiritual beacon of strength and hope and reminds us that despite this temporary setback we are experiencing, God is with us and watching over us.

However, our Parish (and many throughout America) finds itself financially strained at this point in the year. Lack of donations usually offered at Sunday Liturgies, Holy Week and Pascha Services as well as personal financial difficulties resulting in an inability to fulfill monthly stewardship contribution, have all affected our treasury.

While many are suffering, including some of our own parishioners who have experienced illness, loss of wages, and shuttered businesses, fortunately most of us have only been inconvenienced, yes severely inconvenienced, but nonetheless we are struggling through – and still have much to be thankful for.

Through technology Sunday Liturgy is brought into our homes, our clergy are calling on parishioners in need of support, our office staff is keeping the operation of the parish on-going all while practicing safe distancing methods. Our Philoptochos continues to meet (on line) and continues its work by contacting parishioners via phone, making masks available to parishioners and helping those in need of assistance. In short – the work of the Parish continues. As do the operating expenses.

Where possible - I would ask you to not only continue your committed stewardship Pledge in support of our St Demetrios parish but also urge you to offer an additional meaningful contribution. With diminished giving, a cancelled Auction and at minimum a drastically reduced Festival – if one at all – your Church needs your assistance. The Church has been there and will again be there to support us with Sunday Liturgies; weekday services, a spiritual place for weddings, baptisms and funerals – as well as for all Ministry activities. But right now, the Church needs your support. Although understandably some are not in a position to respond, many of us are. Please consider helping - at this most unusual of times.

Paul Plumis



# Philoptochos

Christos Anesti! Christ is Risen!

While we pray for the health and safety of our parish, we recognize that the uncertainty surrounding the pandemic is taking an ongoing toll on our families. We are here to help with both financial assistance and emotional support.

## Financial Assistance

Philoptochos has created a special application for COVID-19 Emergency Assistance. Please note the policies and procedures regarding this assistance:

- Assistance is limited to Orthodox Christian individuals and families regardless of immigration status.
- Information is CONFIDENTIAL and will not be shared without your permission
- Direct cash cannot be made directly to applicants. We pay bills directly to the provider/vendor, e.g. landlord, mortgage holder, utilities, medical provider, etc. Additionally, we can provide gift cards for grocery stores.
- Cases are reviewed by the Social Services committee of St. Demetrios Philoptochos. This is a small group of three women who make a recommendation for funding. If the need is beyond our scope to help, we will tap into the Metropolis and/or National Philoptochos.
- As our resources are limited, we cannot provide ongoing financial assistance.

### Financial Assistance Applications MAIL or EMAIL

Deena Maroutsos  
313 NW 200th St  
Shoreline, WA 98177  
[maroutsosd@gmail.com](mailto:maroutsosd@gmail.com)

Questions? 206-459-7007

To access the application, please click on the link (or type in a browser):

[https://www.philoptochos.org/wp-content/uploads/2020/03/APPLICATION\\_NATL-INTAKE-FORM\\_03.23.2020\\_COVID-19\\_FINAL2.pdf](https://www.philoptochos.org/wp-content/uploads/2020/03/APPLICATION_NATL-INTAKE-FORM_03.23.2020_COVID-19_FINAL2.pdf)

## Additional Support

Being alone and/or isolated can be emotionally difficult, as well. We are continuing to check in on parishioners via phone calls and cards. If you know of someone who would welcome contact, please reach out to them!

## Community Support

We have a committee of ten women who are currently sewing cloth masks for our parishioners. They are complimentary to those who want them. Please contact Pam Plumis at [piplumis@gmail.com](mailto:piplumis@gmail.com) and we will get them to you.

We continue to support the Jubilee women with meals and food donations. While we cannot cook for the homeless as usual, we are still keeping our financial commitments to both St. Martin de Porres and Northwest Harvest by sending them the funds to purchase food for the needy.

## Fundraising Efforts

Since Philoptochos is completely self-supporting through donations and fundraisers, we have been challenged with coming up with creative ways to raise money for our outreach. If you have a Facebook account, you may have seen that we have offered items up on Facebook to raise money to benefit Philoptochos. Despina Read made and donated five beautiful wreaths, which brought in \$580. She and Bob are also now making beautiful crosses, with all proceeds going to Philoptochos. They have been inundated with requests, and the crosses are now on back order. Thank you all!!!

In addition, the raffle for the icon of Glykofilousa is on hold until we are able to sell tickets again. Please know if you have already purchased raffle tickets, we are hanging on to them and they will be in the drawing.

Parishioners have asked us how they can donate to Philoptochos. If you want to make a donation, checks need to be made out to "St. Demetrios Philoptochos" and mailed to Maria Barbas /18555 Burke Ave. N/ Shoreline, WA 98133. To make a contactless donation over the phone via credit card, contact Mary Damascus (509-951-2975). We thank you for your ongoing generosity! If you are not yet a member of Philoptochos, consider becoming one. God bless you!

# Stewardship

Christos Anesti! Alithos Anesti! We hope you had a blessed Pascha and were able to receive the light (in your heart) and celebrate the resurrection of our Lord and Savior Jesus Christ by attending the services online. We also hope and pray that this message finds you doing well and in good health during these difficult times.

In Mark 4:35-41, Jesus asked His disciples to get in the boat with Him to cross to the other side of the Sea of Galilee. As they journeyed to the other side, they encountered a great windstorm and their boat started taking on water. Fearing for their lives, they awakened the Lord who was resting. Jesus arose, calmed the storm, and asked His disciples why they were fearful. Even though He told them they were going to the other side, they focused on their circumstances which got the best of them. Jesus is in the boat with us and He will see us through the storms of life to make it to the other side. Let us all lean on our faith and not our fears for He is always with us!

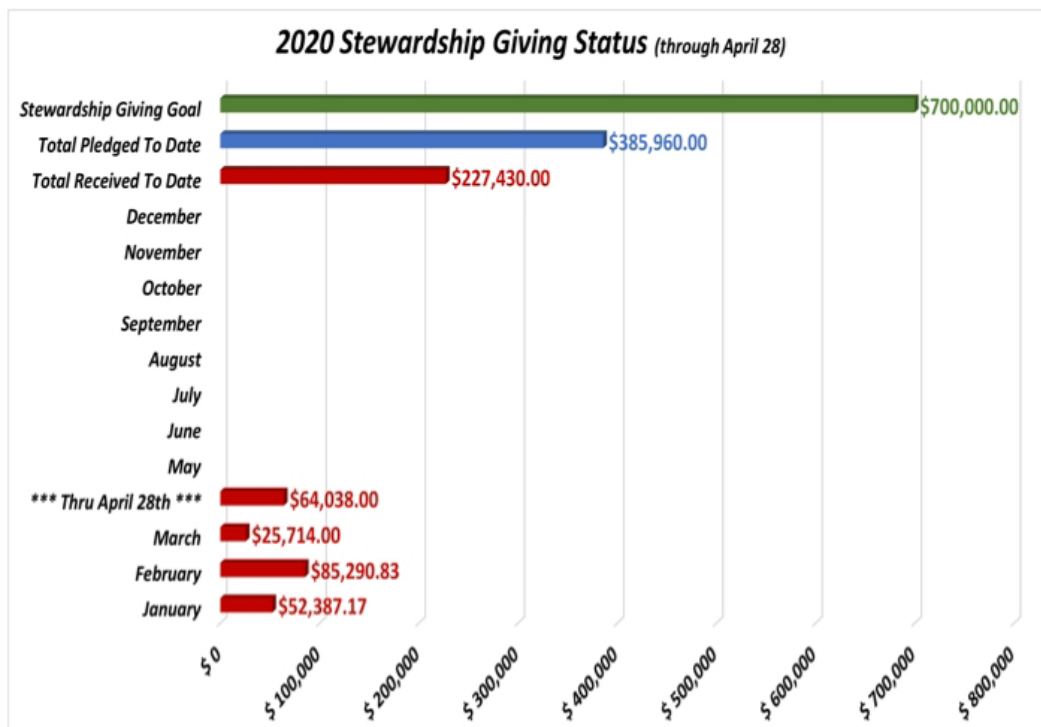
This parable reminds us of how easy it is to focus on our own circumstances at this time. We are worried and concerned about our families, our health, our loss of community, our financial security and more. We must always be reminded that Christ will see us through this storm and we will once again be together to worship. The Resurrection reminds us He is always with us.

We want to thank our parishioners for their generosity in continuing to remember the church in their giving despite these difficult days. Please know that we truly understand for many of our Parishioners, these are hard times financially as well as physically and emotionally. We know many are owners of small businesses and those businesses are not open. We know many are retired and seeing their savings decline. And we know that like the Church there are household expenses that have not gone away.

As we approach approximately six weeks of not being together to worship in our Church, we also are mindful of the changes in our overall income from stewardship. While many continue their annual pledge, we are not experiencing our regular income from both Stewardship and Trays and Candles. Holy Week also is another time with greater numbers worshiping and more services. Additionally the loss of income from our auction and potentially from the festival places us in a challenging financial situation.

For those who are able, we ask that you look within your heart and within your resources to give to our Parish. Consider giving what you may have given for the auction through ticket purchases or donation. Consider giving what you may have given for the festival, again in donation of time and resources. Any additional amount helps during this time.

For those who prefer, you may send a check to Saint Demetrios as you normally would. If you prefer to pay online please use our site for online giving (<http://saintdemetrios.com/stewardship/egiving>).



# St Demetrios Income Sources

## Monthly Income

### 82% of income from 3 sources

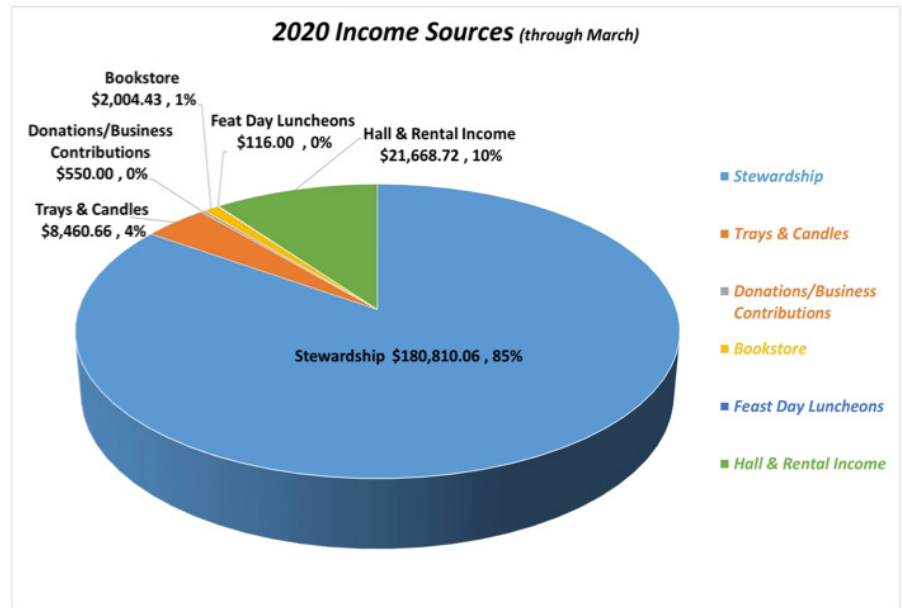
- 41% Stewardship
- 32% Festival
- 9% Auction

### New Proceeds in 2019 from Auction/Festival

- Festival \$148,590
- Auction \$60,000

	2018	2019	2020
<b>January</b>	\$45,274	\$78,818	\$52,387
<b>February</b>	\$47,292	\$41,787	\$85,291
<b>March</b>	\$44,157	\$71,537	\$25,714
<b>April</b>	\$46,938	\$70,288	\$64,038
<b>May</b>	\$36,281	\$40,461	

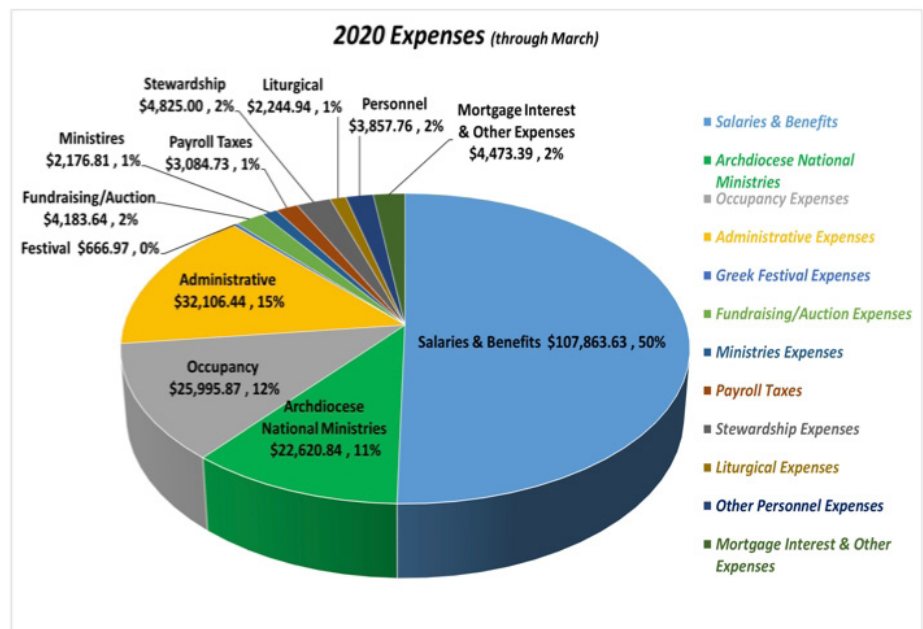
The potential loss of income from our fundraisers is projected to be \$200,000-\$250,000. In the January Orthodox Way, Fr Photios shared with us his goal and dream for our church. He spoke about "100 for 100" in which by the year 2021, the 100th anniversary of St Demetrios, we would be able to support our parish fully through our Stewardship. Perhaps the time is now.



## What are we doing to review/reduce expenses

1. Applied for the Federal Payroll Protection Program
2. Reduction of expenses such as travel/utilities
3. Forgiveness from Metropolis for 3rd and 4th Quarter Allocation of \$725/quarter
4. Continuing review of non-essential expenses

We believe in you, our members. We believe the loss of being together to worship has only intensified our sense of the place of the Church in our lives and our hearts. We trust you will do what is right and be guided by your love of Christ.





# St. Demetrios Parishioners "Come Together" During Covid-19 Outbreak to Feed Our Neighbors in Need

Though we have been apart from our friends and away from our church community, our parish has been busy taking care of our low income sisters at Jubilee Women's Center on Capitol Hill.

Through the combined efforts of Philoptochos, St. Philaret and private parishioners, Saint Demetrios provided much needed food, paper products, gift cards and monetary funding.

The residents at JWC are recently homeless or poverty stricken and are working or back in school as they move towards stable, independent living. Due to the Corona Virus outbreak, many have lost their jobs in the restaurant or beauty business. To add to that stress, JWC closed its doors to the public serving home cooked meals, so St. Demetrios had to get clever as to how to help.



In April, Philoptochos sponsored a canned and packaged food drive and St. Demetrios delivered over 15 bags of groceries to Jubilee's doorstep. In addition to that effort, Philoptochos provided 35 grocery gift cards to QFC. Also, numerous parishioners sent in monetary donations either to Philoptochos for future meals, or directly to Jubilee to use where most needed.

Lastly and the most fun of all- St. Philaret commissioned Theo's Gyros to provide individual dinners to each of the residents, again dropping off to Jubilee's front door.

THANK YOU!!!! To everyone who helped and supported Jubilee during this critical time, the residents are so appreciative. But we're not done yet- Stay tuned to hear about May's work.

If you would like further information on Jubilee Women's Center or ways to support, please contact Georgene Karambelas at (206) 817 2523 or [karambelas@comast.net](mailto:karambelas@comast.net)  
[www.jwcenter.org](http://www.jwcenter.org)



## Thank you for Epitafion Flower Donations

We wish to thank our Parishioners who so generously donated for the Epitafion flowers this year. Also, we wish to thank Vicky Stamolis, Eleni Christofilis and Nina Varlamos for decorating the Epitafion and doing a great job keeping social distancing this year!

Clifford and Theodora Argue  
Frances Barnecut  
Bassam and Duaa Bayouk  
Kay Betts  
Andrew and Rosalie Boulrieris  
George Hatziantoniou and Elizabeth Economou  
John and Maria Hillman  
Terry and Hannah Karis  
Chris and Paula Macris  
Elli Pallis

Margie Pallis  
Sam and Colleen Panagiotou  
Andonios Polychronopoulos  
Sorin and Maria Rotar  
John and Penelope Sakellaris  
Simoni Shirland  
Sofia Smetheram  
Dimitra Stavros  
Antonios and Antonia Touras  
Nick and Vera Tsiakilos



# Stewards 2020

John and Margaret Ales  
 Andrew and Vicky Aliferakis  
 Dina Anast  
 Rothopi Andrews  
 Theodore and Kim Angelis  
 Fr. John and Presv. Anna Angelis  
 Dcn. Perry and Francesca Angelos  
 Tassos and Ilene Antonitsas  
 Costas Antonopoulos  
 Ioanna Antonopoulos and Michael Moser  
 George and Dina Apostolou  
 Clifford and Theodora Argue  
 Patricia Arvanitidis  
 Brent and Rhea Aslin  
 Stella Athans  
 Nancy Aziz  
 Zacharou Babarakos  
 William (Corky) and Dina Bakamus  
 Matthew and Nicole Balkenbush  
 Josh and Eleni Banchemo  
 Sara Baraki  
 Thomas and Maria Barbas  
 George Bariames and Eleni Athans  
 Loula Barker  
 Frances Barnecut  
 Gabriel Bayouk  
 Lena Bayouk  
 George and Alice Bayouk  
 Bassam and Duaa Bayouk  
 Victor Bayouk  
 Michael and Saba Belay  
 Arvid Berg and Sophia Zervas-Berg  
 Timothy and Elizabeth Berg  
 Kay Betts  
 Panagiotis and Demetra Biros  
 Neena Blackwell  
 Joanne Blankenburg  
 Maria Bollman  
 Olga Bologova  
 Andrew and Rosalie Boulteris  
 Gus Boutsinis  
 Josh and Ashley Brockmeyer  
 Jeffrey and Allison Brooks  
 Theodora Broutzakos  
 Frank and Shelley Buhler  
 Mark and Maria Burke  
 Steve Calandrillo and Chryssa Deligan-  
 is-Calandrillo  
 Nick and Vanessa Carkonen  
 Eleni Carras  
 Susanna Cerasuolo  
 Douglas and Jillian Chandler  
 John and Patricia Chigaras  
 Effie Chriest  
 Ron and Vicky Christianson  
 Eleni Christo  
 John and Helen Christofilis  
 Margo Christophilis  
 Anastasios and Voula Christophilis  
 Heather Christothoulou  
 Tula Christothoulou  
 Marie Collins  
 Jeffrey and Katie Comstock  
 Madeline Conom  
 Benny Constantine  
 O. George and Kay Constantine  
 G. Paul Constantine

Olivia Contos  
 Gus Cooper  
 Maria Cotton  
 Nicoleta Courounes  
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# May 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 <b>Sunday of Thomas</b> Epistle: Acts 5:12-20 Gospel: John 20:19-31 8:15a Orthros 9:30a Divine Liturgy 12p Philoptochos Meeting (Zoom) Basil, Bishop of Amaseia	27 12p Mid-Day Prayer Service 6:30p Stewardship Meeting (Zoom) Symeon, Bishop of Jerusalem	28 12p Mid-Day Prayer Service 6:30p Stewardship Meeting (Zoom) 9 Martyrs of Kyzicus	29 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Email or call Fr. Photios if you would like to participate St. Clement the Righteous St. Iakovos, Apostle	30 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Email or call Fr. Photios if you would like to participate St. Clement the Righteous St. Iakovos, Apostle	1 11a Mid-Day Prayer Service 1p Funeral – Washelli Jeremiah the Prophet	2 12p Mid-Day Prayer Service 5p Great Vespers St. Athanasios the Great
3 <b>Sunday of the Myrrhbearers</b> Epistle: Acts 6:1-7 Gospel: Mark 15:43-16:8 8:15a Orthros 9:30a Divine Liturgy St. Xenia the Great Martyr	4 12p Mid-Day Prayer Service 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service St. Irene, Great Martyr St. Euthymios	5 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service St. Irene, Great Martyr St. Euthymios	6 12p Mid-Day Prayer Service 6p Strategic Planning Meeting Jason & Sosipater of the 70	7 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Email or call Fr. Photios if you would like to participate St. Clement the Righteous St. Iakovos, Apostle	8 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service St. Arsenios the Great St. John Evangelist	9 12p Mid-Day Prayer Service 5p Great Vespers St. Athanasios the Great
10 <b>Sunday of the Paralytic</b> Epistle: Acts 9:32-42 Gospel: John 5:1-15 8:15a Orthros 9:30a Divine Liturgy Simon the Zealot, Apostle	11 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service Sts Cyril & Methodios	12 10a WCOA Meeting (Zoom) 12p Mid-Day Prayer Service St. Epiphanius of Cyprus	13 Mid-Pentecost 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service Glykeria, Martyr St. Sergius the Confessor	14 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Email or call Fr. Photios if you would like to participate St. Isidore & Theraon St. Leontios, Archbishop of Jerusalem	15 12p Mid-Day Prayer Service 5p Great Vespers St. Pachomios the Great	16 12p Mid-Day Prayer Service 5p Great Vespers St. Thodore the Sanctified
17 <b>The Samaritan Woman</b> Epistle: Acts 11:19-30 Gospel: John 4:5-42 8:15a Orthros 9:30a Divine Liturgy 12p Philoptochos Meeting (Zoom) Sts. Adronikos & Ioulias of the 70	18 12p Mid-Day Prayer Service Sts. Peter, Julia & Heraclios	19 12p Mid-Day Prayer Service 6:30p Parish Council (Zoom) Sts. Patrikios, Akakios & Menandros	20 12p Mid-Day Prayer Service 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Sts. Thalleleos & Asterios	21 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Sts. Constantine & Helen	22 12p Mid-Day Prayer Service Sts. Vasiliskos, Martyr Sts. Demetrios & Paul, Neomartyrs	23 12p Mid-Day Prayer Service 5p Great Vespers St. Michael of Synadon
24 <b>Sunday of the Blind Man</b> Epistle: Acts 16:16-34 Gospel: John 9:1-38 8:15a Orthros 9:30a Divine Liturgy St. Christian, Martyr	25 12p Mid-Day Prayer Service 3rd Finding of the Head of St. John	26 12p Mid-Day Prayer Service 6:30p Stewardship Meeting (Zoom) Sts. Karpos & Alphaeos of the 70	27 Apodosis of Pascha 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service St. John the Russian	28 Ascension of Our Lord 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service 7p Bible Study (Zoom) St. Christopher, Martyr	29 12p Mid-Day Prayer Service St. Olvian, Hieromartyr St. Theodosia, Martyr	30 12p Mid-Day Prayer Service 5p Great Vespers St. Isaakios St. Macrina
31 <b>Fathers of 1st Ec. Council</b> Epistle: Acts 20:16-18, 28-36 Gospel: John 17:1-13 8:15a Orthros 9:30a Divine Liturgy St. Ermos, Apostle	1 12p Mid-Day Prayer Service St. Charitos, Martyr St. Justin Martyr	2 10a Red Cross Blood Drive – Cancelled? 12p Mid-Day Prayer Service St. Nikiphoros Pat. of C/ple	3 12p Mid-Day Prayer Service Loukilianos & Paula, Martyrs	4 12p Mid-Day Prayer Service 7p Bible Study (Zoom) Email or call Fr. Photios if you would like to participate Mary & Martha	5 12p Mid-Day Prayer Service Dorotheos, Bishop of Tyros	6 Saturday of Souls 8:30a Orthros 9:30a Divine Liturgy 12p Mid-Day Prayer Service 5p Great Vespers Ilarion the Righteous Vissarion of Egypt



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#### **Submissions for the Orthodox Way**

If you would like to offer a Holy Altar Table Vigil Light or sponsor the Coffee Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206-631-2500.

Please submit announcements for Memorials and Candles to Simoni at [sshirland@saintdemetrios.com](mailto:sshirland@saintdemetrios.com) by the 20th of each month. Submissions after the 20th will appear in the following month's newsletter.

All other inserts and announcements can be sent to the Orthodox Way editors at [info@saintdemetrios.com](mailto:info@saintdemetrios.com).

*The above are parishioner contributed announcements to The Orthodox Way*