



YOLO COUNTY

Health & Human Services Agency



CalFresh & Medi-Cal What To Know

CalFresh provides monthly food benefits to help low-income households buy groceries. Benefits are based on your household size, income, and expenses such as rent and utilities. Medi-Cal provides free or low-cost health coverage for qualifying residents.

How to apply or get help

Online: BenefitsCal.com

In person: Visit any HHSA office during normal business hours Monday-Friday, 8:00 am-4:00 pm

Mailing an application to 137 N Cottonwood St
Woodland, CA 95695

Faxing an application to (916) 372-2874

If the above methods are not available to you, you may also apply over the phone.

For questions, call (855) 278-1594

Scan for more information



Scan the QR code to view additional information on Yolo County **CalFresh** benefits.



Scan the QR code to view additional information on Yolo County **Medi-Cal** benefits.

Yolo County HHSA office locations

Woodland

25 N. Cottonwood St.
Woodland, CA 95695

West Sacramento

500-A Jefferson Blvd. Suite 100
West Sacramento, CA 95605

Davis

600 A Street
Davis, CA 95616

Key timelines

Apply now. Any missing information may be submitted at a later date.

CalFresh: Most eligible households receive benefits within 30 days. Some households may qualify for expedited CalFresh which provides benefits within 3 days.

Medi-Cal: Applications are generally processed within 45 days.

Monitor your mail and BenefitsCal account. Return requested information by the due date on your notice.

Application tip

You can apply even if you do not have all necessary paperwork. An eligibility worker may ask you to provide the following:

- Identification
- Social Security numbers
- Proof of income
- Immigration documents, if applicable
- Tax filing or household information for Medi-Cal, if applicable