

COMMUNITY ENGAGEMENT & EMPOWERMENT TEAM

Community Updates | April 2021

NCDHHS- DMH/DD/SAS

Stuff You Should Know About

NATIONAL MINORITY HEALTH MONTH
#VaccineReady | April 2021

The last year of coping with the COVID-19 pandemic, highlighted disparities in accessing health for different racial and ethnic minority groups, including American Indian and Alaska Native communities and underscoring the need for these vulnerable communities to get vaccinate as more vaccines become available. **#VaccineReady**

To learn more about National Minority Health Month and to receive updates on news and activities, sign up for OMH email updates and follow us on Twitter, Facebook, and Instagram.

Visit the National Minority Health Month webpage to download and share this year's logo.





National Child Abuse Prevention Month recognizes the importance of families and communities working together to strengthen families to prevent child abuse and neglect. Through this collaboration, prevention services and supports help protect children and produce thriving families. Follow the link for this years resource guide

https://www.childwelfare.gov/topics/preventing/preventionmonth/resources/resource-guide/

AUTISM SOCIETY
Autism Acceptance Month

The Autism Society recognizes that the prevalence of autism in the United States has risen from 1 in 125 children in 2010 to 1 in 59 in 2020 – recognizing this continued increase, the goal for AAM is to further increase awareness about autism signs, symptoms and opportunities through: information and referrals, events, printable and digital resources, and community partnerships with businesses and organizations dedicated to building inclusive experiences.
The Autism Society has a variety of resources designed to inform and encourage communities to celebrate differences, and become more inclusive of individuals with autism. The campaign will overlap with World Autism Awareness Day on April 2nd, and continue throughout the month.
Read about our shift from "Autism Awareness Month" to "Autism Acceptance Month" here.

Upcoming Training Events

April 13, 2021 11AM-12 PM

NO SMALL MATTER VIRTUAL VIEWING AND DISCUSSION PANEL

No Small Matter is the first feature documentary to explore the most overlooked, underestimated, and powerful force for change in America today: early childhood education. Through poignant stories and surprising humor, the film lays out the overwhelming evidence for the importance of the first five years and reveals how our failure to act on that evidence has resulted in an everyday crisis for American families, and a slow-motion catastrophe for the country.

If you have any questions or need additional information, please contact training@eastpointe.net

CLICK HERE TO REGISTER

MEDICAID TRANSFORMATION FORUM

April 12, 5:30pm : https://tinyurl.com/3tzawdue

April 13, 5:30pm : https://tinyurl.com/tnb6bt34

April 23, 10:00am : link to follow

April 27,9:00am : https://tinyurl.com/8cs34rxt

Sara Wilson, Alliance Senior Director of Government Relations, will present information to gain knowledge on Medicaid Transformation and Alliance's transition to becoming a Tailored Plan. Q&A will follow presentation. Click on the date you plan to attend to register for the event.

Training & Technical Assistance Survey

The CE&E Team needs your input! Follow the link to give us feedback on what trainings and events you'd like to learn more about: https://tinyurl.com/6xff3zd4. The survey is open from April 1st to April 30th.

Permanent Supported Housing Training

Permanent Supported Housing (CST and ACT tenancy support) Training

April 26-28, 2021, 9 a.m. – 4 p.m.

In partnership with Peer Voice NC, the UNC Institute for Best Practices is offering a three-day training on Permanent Supportive Housing (PSH) for Community Support Teams (CST) teams. **Learn more and register online**.

Traumatic Brain Injury

Brain Injury Advisory Council (BIAC) Annual Report for 2020 will be posted at: https://www.ncdhhs.gov/assistance/disability-services/traumatic-brain-injury , scroll down to the section for Brain Injury Advisory Council.

Recordings of the two part webinar series focusing on TBI & Behavioral Health presented in March can be accessed for free at: https://www.ncdhhs.gov/assistance/disability-services/traumatic-brain-injury , scroll down to Training and Education to find the webinar links. One (1) CEU is available for free for each of the following disciplines; Social Work (NASW), Rehabilitation Counselor (CRCC) and Psychologists (APA) for the Part One webinar, "What if There is a TBI?". An evaluation must be completed to receive each CEU. General Attendance certificates are available for anyone that attends each webinar also.

Virtual brain injury support groups are available through the Brain Injury Association of NC (BIANC). For more information please visit www.bianc.net and click on the resources button.

Documentary: *6,000 Waiting*

April 8,2021 — 6PM

6,000 Waiting tells the powerful stories of three Georgians with developmental disabilities whose lives are significantly impacted by the staggering lack and complexity of state Medicaid waiver funding. With persistence, courage, and self-determination, they fight to access the resources they desperately need to live life on their own terms.

Following the screening, NCCDD will host a panel discussion on North Carolina's waiting list for the NC Innovations Waiver, also known as the Registry of Unmet Needs. The panel will be announced shortly. Register for the event here: https://tinyurl.com/3xfbxssr



The North Carolina Council on Developmental Disabilities (NCCDD) is recruiting approximately 15 individuals to participate in a pilot Peer Mentor training for people with intellectual and other developmental disabilities (I/DD). The pilot class will serve as a focus group to evaluate the training curriculum and any employment outcomes that result from the training. Information about the pilot and how to apply can be found at www.iddpeermentor.com.



Supporting Aging Populations



The 33rd Annual Aging Symposium: Elder Abuse and Mistreatment

Location: Live Webinar

Dates and Times: May 6, 2021, 9:00 am - 12:30 pm

Registration begins at 8:30 am

Elder abuse and mistreatment is a complicated situation worsened by isolation and the impacts of aging and diseases on individuals, families, systems, and the limitations of resources. This interactive, case-based session will offer the opportunity to explore approaches and strategies for reducing risks for elder abuse and mistreatment, and for identifying and intervening when abuse or mistreatment is suspected.

For more information & to register click here

New Resource for Family Caregivers of Older Adults

The Caregiver Navigator, a service of Project CARE (Caregiver Alternatives to Running on Empty), is a first port of call for caregivers with unmet needs. Caregivers, professionals and the general public can call the Caregiver Navigator toll-free at 844-728-0191 from anywhere in the state to get answers to questions like:

- "I've been caring for my husband who has dementia for six years and don't know how much longer I can continue given my own personal health issues. What are our options?"
- "I need a break, but I can't afford a private nurse for mom. Are there alternatives?"
- "What's the difference between Alzheimer's disease and dementia, and where can I find out more?

Traumatic Brain Injury

Save the Date for TBI Tuesdays in March

Please join the Administration for Community Living (ACL) this March in observance of Brain Injury Awareness Month. In lieu of ACL's annual in-person TBI Stakeholder Day, we will be hosting virtual Traumatic Brain Injury (TBI) . If you have any questions about this event, please contact tbitarc@hsri.org.

Go to the Brain Injury Association of America to get involved : https://www.biausa.org

Maximizing the Effectiveness of Advisory Boards Through Full Participation

April 6, 2021, 1:00 - 4:00 pm ET

Register for the session.

Monthly Meetings

CONSUMER & PROVIDER CALLS:

Joint DMHDDSAS & DHB COVID-19 Update: Providers
Thursday, April 1, 2021 at 2 PM
https://attendee.gotowebinar.com/register/3906832408687750155

Joint DMHDDSAS & DHB COVID-19 Update: Consumers & Family Members
Monday, April 26, 2021 at 2 PM
Link will be coming closer to date

Regional CFAC Meetings

Alliance, Eastpointe, Sandhills and Trillium

April 19, 2021, 6 pm – 7:30 pm
Microsoft Teams meeting

Join on your computer or mobile app
Click here to join the meeting

Or call in (audio only)
+1 984-204-1487,,615025024# United States, Raleigh
Phone Conference ID: 615 025 024#

Cardinal, Partners and Vaya

April 27, 2021, 6 pm – 7:30 pm
Microsoft Teams meeting

Join on your computer or mobile app
Click here to join the meeting

Or call in (audio only)
+1 984-204-1487,,563700434# United States, Raleigh
Phone Conference ID: 563 700 434#

Sam Hedrick, JD Senior Advisor ADA,
Transitions to Community Living
Will be giving an Olmstead Update at both of these meetings.

Opportunities for Participation

Medicaid Transformation.

Here are some additional sites that you may go to find more information on Medicaid Transformation:

https://medicaid.ncdhhs.gov/transformation
https://medicaid.ncdhhs.gov/transformation/more-information

Olmstead Listening Sessions

Learn more about NC Olmstead and get information on the on-going listening sessions by clicking on the link:

https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/nc-olmstead

Grant Opportunities

https://tinyurl.com/DMHDDSAS-Grants

Peer Support Specialist

If you are interested in becoming a Peer Support Specialist, online training options are available! To find an online course, please visit https://pss.unc.edu/training.

State CFAC

Nothing About Us, Without Us.



The **State Consumer and Family Advisory Committee (CFAC)** meeting is on the 2nd Wednesday of every month and is open to the public. Due to COVID-19, all State CFAC meetings will be held as webinars until further notice. Suzanne Thompson will be supporting SCFAC from March - June 2021; contact Suzanne by email for more information on the meetings.

Next Meeting: **Wednesday**, **April 14, 2021**

Time: **9:00 am to 1 pm**

Join by web browser:
https://tinyurl.com/StateCFACMeeting
Call-in: +1-415-655-0003
Access Code: 171 378 2076

Local CFAC Updates

Local CFACs are meeting again in March , check with your LME/MCO to get full calendar and meeting details, including how to connect with those virtual meetings.

Click on the directory link to find your LME/MCO: https://www.ncdhhs.gov/providers/lme-mco-directory

New Time for the State to Local Call



The State to Local Collaboration Call will resume the regular schedule of every **4th Wednesday** of the month. CFAC members can use the same Phone Number and Conference ID for each meeting. Links to participate by web will be sent out before each meeting. The call-in number and conference ID will not change.

Next Call: April 28, 2021 At 6:00 –7:30PM
https://tinyurl.com/S2L-CollaborationCall
+1-415-655-0003
Conference ID: 171 710 7705

Medicaid Transformation: Ombudsman Update

Legal Aid of North Carolina (Legal Aid) will provide Medicaid Managed Care Ombudsman services for the state's Medicaid beneficiaries beginning in Spring 2021. Legal Aid, partnering with the Charlotte Center for Legal Advocacy and Pisgah Legal Services, will serve as a central resource to educate and inform beneficiaries about the state's move to Medicaid Managed Care through outreach events, a public website and a toll-free phone number. The Ombudsman will also help resolve issues within the Medicaid Managed Care delivery system.

More information about the Ombudsman will be available soon on the NC Medicaid website.

Medicaid Transformation

If you are interest in our webinar on NC Medicaid's Transition to Managed Care for Community Partners. We have posted a recording of it along with the presentation to our website. These items may be found here.

If you have any questions or problems accessing the site, contact us at Medicaid.Transformation@dhhs.nc.gov.

Supporting Veterans and Military Service Men & Women

VSC Veterans Stand Down Schedule 2021

April 9th:HVRP– Piedmont-NCWORKS Career Center 2701 University Pkwy Winston-Salem, NC 27105– Archie Barrow—Piedmont Regional Coordinator Archie.barrow@abccm.org

April 14th: HVRP-East– Cape Fear Community College 411n.Front st/ Wilmington, NC 28401– Tim Driscoll—Network Relations coordinator—Tim.driscoll@abccm.org

April 14th: HVRP –East—First United Presbyterian Church 302 Moore St. Fayetteville, NC 28301– Derek Pavlosky Eastern regional Coordinator Derek.pavlosky@abccm.org

April 16th: HVRP– West — Catawba Valley Community College Tarlton Complex 2550 US HWY 70 SE, Hickory, NC 28602 — John Helton Case Manager John.helton@abccm.org

April 23rd: HVRP –Piedmont– TBD Charlotte, CN– Maurice Collins Foothills Regional Coordinator Marice.collins@abccm.org

April 29th: HVRP-West — Robert C. Carpenter Building 1288 Georgia Rd. Franklin, NC 28734 — Tera Jabs— Western Regional Coordinator— Tera.jabs@abccm.org



Stayed Tuned– the Team is working on something special to celebrate Military Children and their Families!

Veterans, Servicemembers & Families

Want to learn more about services for Veterans in North Carolina? Go to NC Governor's Working Group and explore the site- you'll find out more about the Interactive Retreat Center near Fort Bragg, the monthly NCGWG meetings (including how to view them on Facebook), workshops, economic, health and COVID-19 related issues pertaining to related to Veterans and their families.

For more information, contact Jeff Smith, Military and Veterans Program Liaison, by email at Jeff.Smith@dhhs.nc.gov.





On September 22, 2020 NC DHHS launched the "SlowCOVIDNC" App to help North Carolinians to slow the spread of the virus by alerting them when they may have been exposed to someone who has tested positive. Read the full press release and get the link to download the app by clicking here: https://www.ncdhhs.gov/news/press-releases/ncdhhs-launches-slowcovidnc-exposure-notification-app-available-download-today

Watch a video about the app here: https://youtu.be/Yny36M_aqfw

To download now, click on the icon that best represents your device. Click "Install" or "Get" and follow the directions to get started.

Available on the App Store GET IT ON Google Play

NC One Community In Recovery

NC ONE COMMUNITY IN RECOVERY

Nominations are now being accepted for NC Recovery Champion and Youth/Young Adult Voice Awards! Award recipients will be recognized at this year's NC" One Community in Recovery" Virtual conference., taking place **June 9-11, 2021.**

Please consider nominating someone in the community who demonstrates exceptional work promoting mental health and / or substance use recovery and please share this information with anyone who may also be interested. Visit our webpage and submit a nomination by March 26th, 2021. Any question can be directed to Nicole Ness.

i2i Conference



Community Engagement & Empowerment Team

The Division of MH/DD/SAS, Community Engagement and Empowerment team provides education, training, and technical assistance to internal and external organizations and groups to facilitate community inclusion and meaningful engagement of persons with lived MH/DD/SUD experience across HHS policy making, program development, and service delivery systems. Learn more at: https://www.ncdhhs.gov/assistance/mental-health-substance-abuse/community-empowerment-and-engagement