nc pal

Child Psychiatry



What is NC-PAL?

NC-PAL is a behavioral health telephone consultation program available to pediatric health care providers.

When providers have a question about behavioral health in children and adolescents, they can call NC-PAL to be connected with the information they need. Our resource specialists respond to clinical questions, make referrals, and connect providers to one of our child and adolescent psychiatrists. Our board-certified psychiatry team is on hand to assist with diagnostic clarification and medication management.

A collaboration between NC Department of Health and Human Services and Duke Psychiatry

What types of questions can we help with?

- Consultation on diagnoses, medications and psychotherapy interventions for a wide range of behavioral health needs (e.g. mental health care guides, screening forms)
- Connection with community resources (e.g. intensive in-home providers, support groups)
- Information on government programs (e.g. enrolling families for WIC, CDSA, CC4C)
- Guidance on behavioral health issues, autism spectrum disorders, intellectual and developmental disabilities

NOTE: *NC-PAL consultations do not establish a physician/patient relationship with an individual patient. Providers who contact NC-PAL are responsible for providing direct care to their patients.*



NC-PAL Phone Line
(919) 681-2909

Phone Line Hours

8 a.m. – 5 p.m.,
Monday – Friday
(excluding major holidays)

Q&A

Non-clinical provider questions can be sent to:
ncpal@duke.edu

NC-PAL is not an emergency/crisis line. If you are in need of emergency support services, please call 911 or go directly to your nearest emergency department.

Contact NC-PAL today

(919) 681-2909 | ncpal@duke.edu

This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $2,670,000 with 20% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.