# Motivational Interviewing – Communication Traps

## Friday, April 22, 2022, 10-11:30 AM

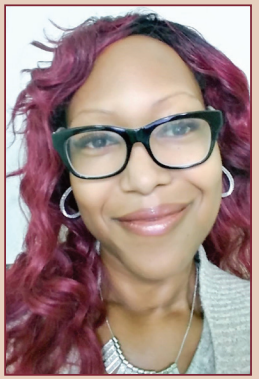
- How well are you at USING Motivational Interviewing?
- How do you use it?
- Where do you use it?
- How do you know when you are using it?
- What "traps" can you use Motivational Interviewing for?
- The consequences of ineffective communication are numerous and detrimental both personally and professionally. This workshop explores how you can use motivational interviewing to avoid or escape some of the most common traps in communication.
- This workshop is relevant to all individuals and professions.

**Zoom Join Link:** https://oru.zoom.us/meeting/register/tJYucOqvqzwuEtAnxCfIkvKPSBNrvBwoI5YH?_x_zm_rtaid=Y-Pad6ZnT6-iAAZXxXpiYw.1648838331200.eb5b748226ccb9e65a6db4ed31d1bf61&_x_zm_rhtaid=54

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NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
Division of Mental Health, Developmental Disabilities and Substance Abuse Services



## Courtney White-Clark

*Behavioral Health Interventionist, Research Specialist, Program Coordinator, and Member of Motivational Interviewing Network of Trainers (MINT)*

Courtney White, received a master's degree of science in Counseling Psychology from the University of North Carolina at Chapel Hill. Courtney has worked directly with families and individuals in a variety of settings to bring about and maintain desired change utilizing evidence-based and structured therapeutic models and practices, and is currently a Behavioral Interventionist and Program Coordinator with the Department of Veteran Affairs at the Durham VA Medical Center. Courtney is committed to helping families and individuals on a macro level by coaching and training staff in the systems families commonly interact with, such as medical personnel, mental health clinicians, and in-home service providers. Courtney has been instrumental in assisting staff to affect change and has provided direct interventions, coaching, and support in a variety of different settings using structured and evidenced based models. Through the use of Motivational Interviewing, Courtney hopes to teach others to affect significant and measurable change by bridging the gap between research and application.