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# NC State Plan for MH/SU/IDD/TBI

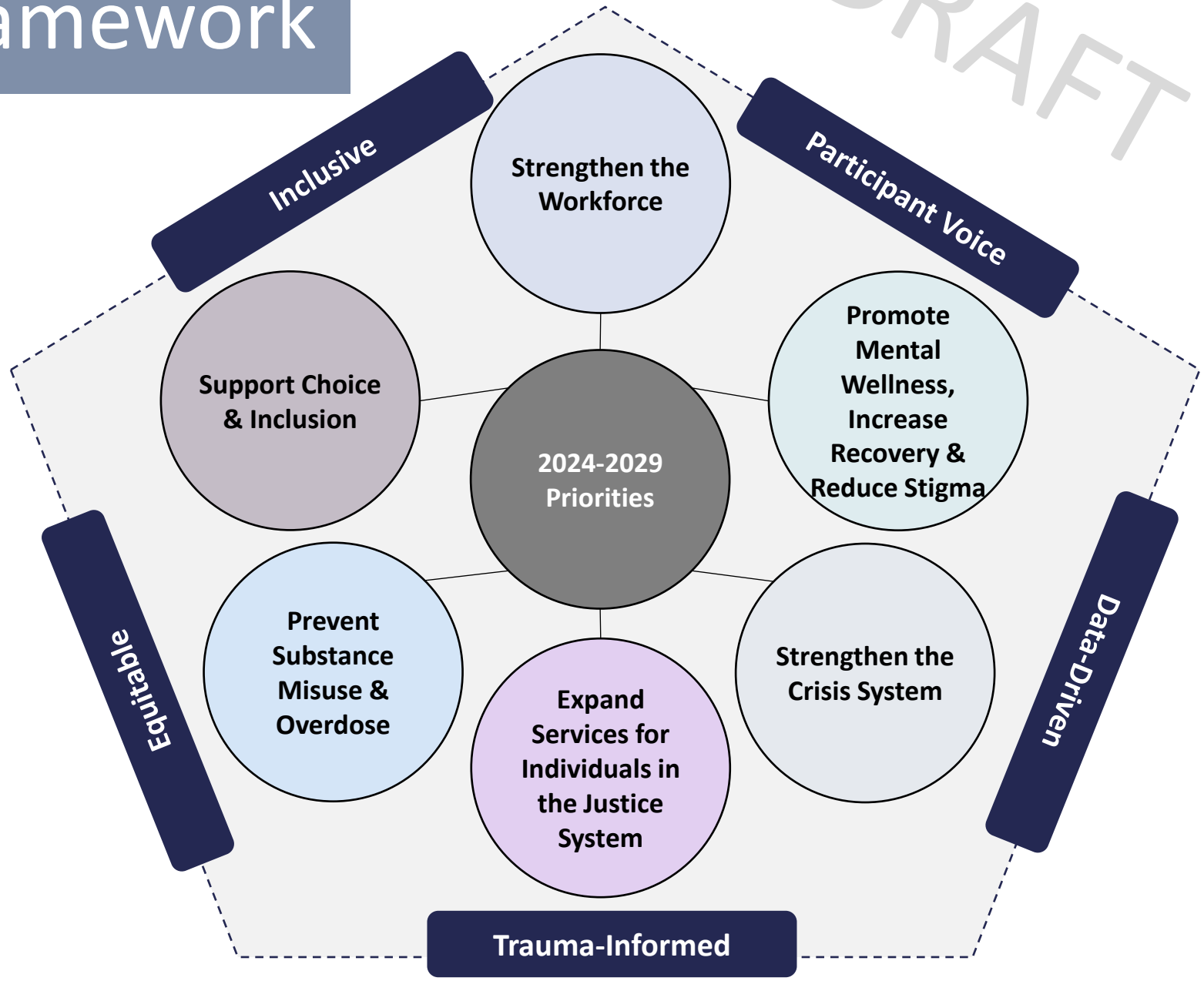
OCTOBER 2023

# Draft Strategic Framework

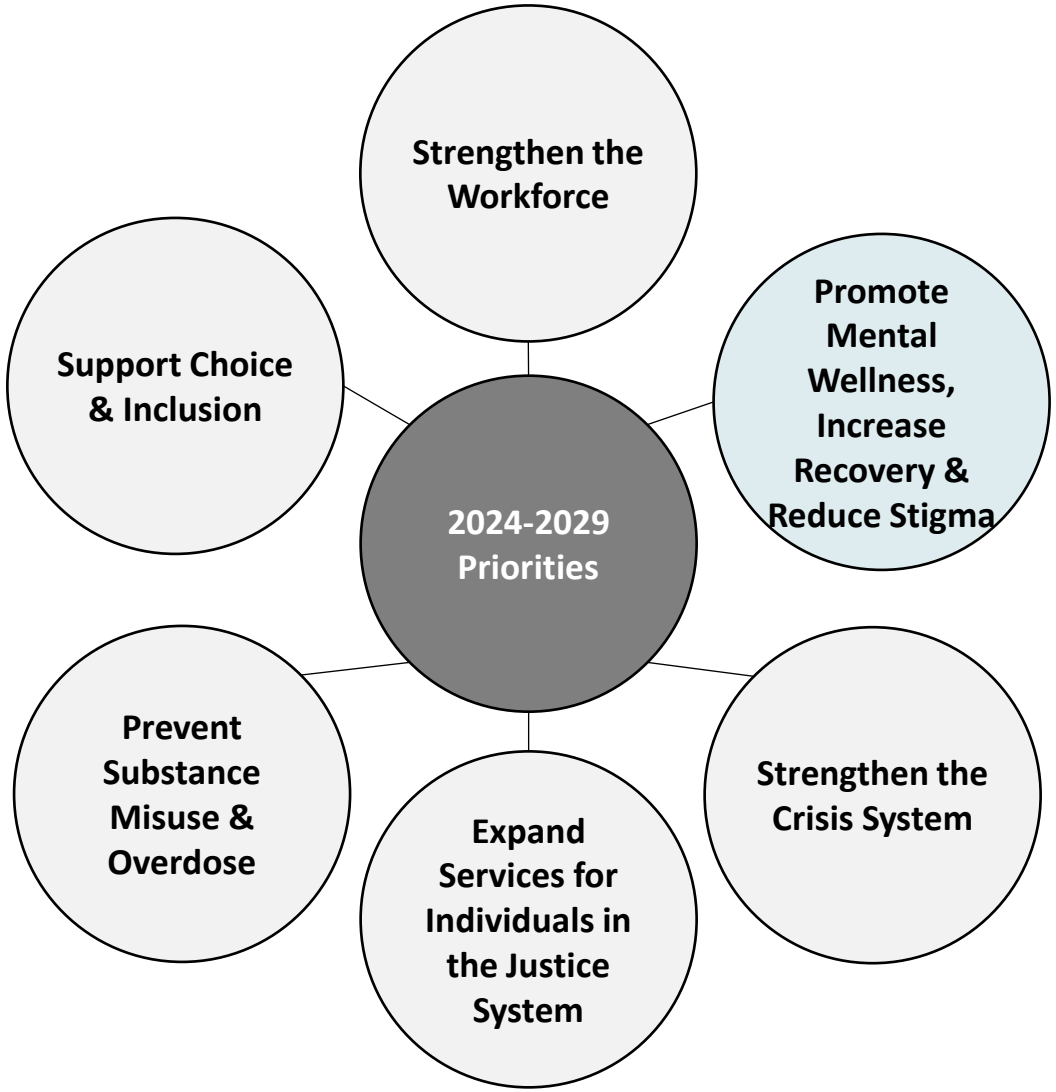
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## Populations of Focus

- Intellectual and Developmental Disabilities
- Mental Health
- Substance Use Disorder
- Traumatic Brain Injury



# Promote Mental Wellness, Increase Recovery & Reduce Stigma




**Goals to Promote Mental Wellness, Increase Recovery & Reduce Stigma**

- Increase timely access to services for evidence-based treatment for children, adolescents and adults.
- Make it easier for children, adolescents and adults to access services.
- Prevent suicide at all ages.
- Raise public awareness of mental health and wellness and reduce stigma related to help-seeking.

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# Support Choice & Inclusion

| Goals to Support Choice & Inclusion |
| --- |
| • Increase the number of people with intellectual and developmental disabilities receiving services. |
| • Increase the number of people with traumatic brain injury receiving services. |
| • Increase the number of people who are in and maintain independent housing. |
| • Increase the number of people who are employed and maintain supported employment (e.g., Individual Placement and Supported Employment Program, Competitive Integrated Employment). |

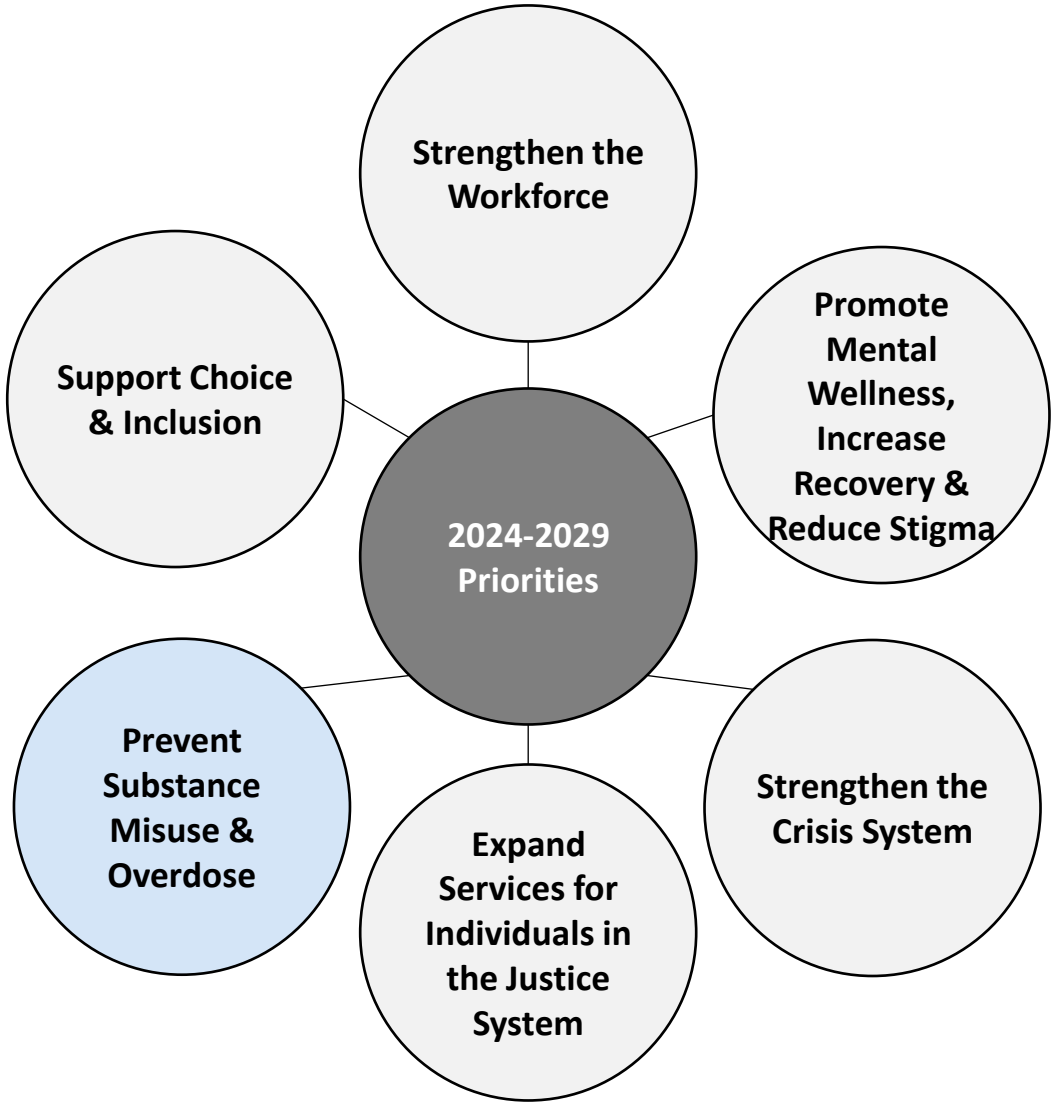



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# Prevent Substance Misuse & Overdose

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| Goals to Prevent Substance Misuse & Overdose |
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| • Promote use of evidence-based primary prevention strategies to prevent initial substance exposure or use in children and adolescents. |
| • Raise public awareness on substance misuse and accessibility of services and supports. |
| • Increase the number of individuals in Medicaid receiving evidence-based substance use disorder services. |
| • Reduce deaths due to overdose. |



# Strengthen the Crisis System

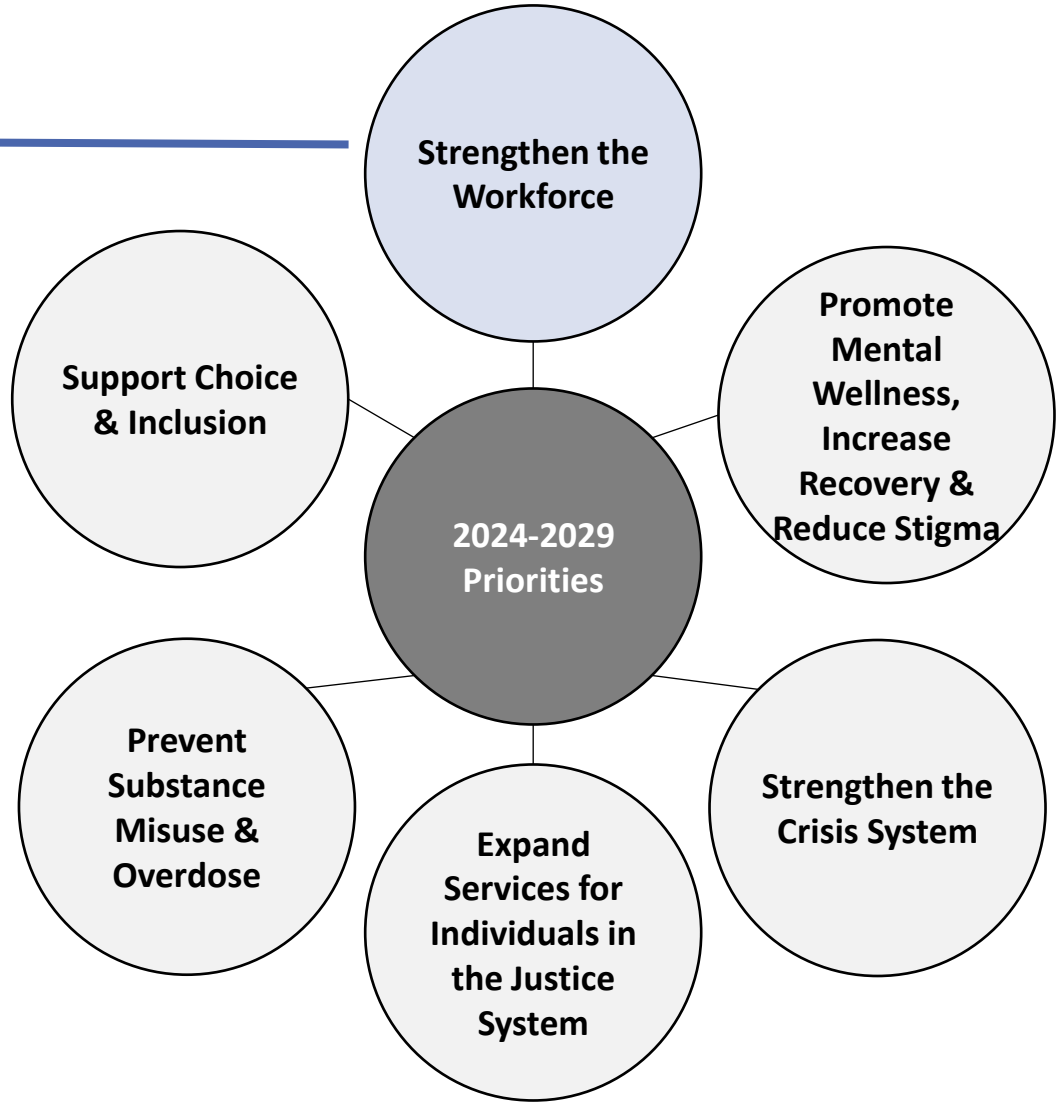



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| Goals to Strengthen the Crisis System |
| --- |
| • Streamline 988 operations to better triage, dispatch services, and track results. |
| • Reduce wait times for mobile crisis services. |
| • Increase use of behavioral health crisis facilities (e.g., behavioral health urgent care centers, facility-based crisis centers) for children, adolescents and adults. |
| • Reduce the number of crises that involve law enforcement contacts. |
| • Collaborate with providers to decrease length of stay for emergency department boarding for children, adolescents, and adults. |

# Strengthen the Workforce

| Goals to Strengthen the Workforce |
| --- |
| • Increase the number of mental health providers trained in evidence-based practices. |
| • Build a well-trained and well-utilized peer workforce whose work leverages lived experience. |
| • Expand the number of direct support professionals in the workforce. |
| • Increase training / support for professionals providing services to individuals with intellectual and developmental disabilities, traumatic brain injury and dual diagnoses. |




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# Expand Services for Individuals in the Justice System




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**Goals to Expand Services for Individuals in the Justice System**

- Build community-based pre-arrest diversion programs.
- Build reentry programs.
- Increase evidence-based programs and practices for justice-involved youth.
- Increase the number of justice-involved individuals with substance use and mental health disorders engaged in treatment within 72 hours of release.
- Collaborate with other agencies to increase access to Medications for Opioid Use Disorder in justice-involved settings.