



As a teen, there are probably a lot of things you're told you can't do. But there is one very important thing you can do: **Learn to protect yourself, your family, your school, and your friends in case of a disaster.**

Teen Community Emergency Response Team

What You Learn

In just 20 hours, TCERT will teach you critical skills that will last your entire life. During the training you learn to:

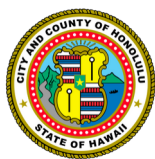
- ☐ Extinguish small fires
- ☐ Conduct light search and rescue
- ☐ Assist those who are injured
- ☐ Set up medical treatment areas
- ☐ Assist emergency responders
- ☐ Identify and anticipate hazards
- ☐ Reduce fire hazards in the home and school
- ☐ Help reduce survivor stress

TCERT is now being offered at your school!
For more info, contact:

"Not going to lie—I brag about being a member of Teen CERT. I mean, how many teens know how to respond to a disaster?" -Alissa S.



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