



As a teen, there are probably a lot of things you're told you can't do. But there is one very important thing you can do: **Learn to protect yourself, your family, your school, and your friends in case of a disaster.**

Teen Community Emergency Response Team

What You Learn

In just 20 hours, TCERT will teach you critical skills that will last your entire life. During the training you learn to:

- Extinguish small fires
- Conduct light search and rescue
- Assist those who are injured
- Set up medical treatment areas
- Assist emergency responders
- Identify and anticipate hazards
- Reduce fire hazards in the home and school
- Help reduce survivor stress

**TCERT is now being offered at your school!
For more info, contact:**

“Not going to lie—I brag about being a member of Teen CERT. I mean, how many teens know how to respond to a disaster?” -Alissa S.



Department of Emergency Management
City and County of Honolulu
DEM@honolulu.gov
www.honolulu.gov/dem

