



The theme for this edition is **Gratitude:**

Through these difficult times, it's important that we remember all of our blessings. Gratitude keeps us centered on those blessings in our lives. So, let's try some of these activities as a family to reflect on the blessings in our lives and show our gratitude to one another.



Reading of "My Gratitude Jar Book"

[Long Story Shortz - My Gratitude Jar -
Written and Narrated by Kristin Wiens](#)

Gratitude Jar Activity

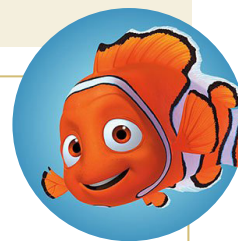
[Gratitude Jar](#)

ABC's Gratitude List

[Gratitude ABC's I am thankful for
printable](#)

Coloring Sheet

[Get the coloring sheet](#)



MOVIES ON THE MESSAGE OF GRATITUDE:

Up, Finding Nemo,
Mary Poppins and Annie

Questions to ask when watching movies:

