

## FOOD PANTRY APPEAL

"Food insecure."

An unsettling term, isn't it? What does "food insecure" actually mean?

According to a recent issue of *Time Magazine*, a food insecure household means that "they are without access to enough food for active, healthy living." Nearly 1 in 5 American children live in such a household, according to a government survey. As a retired school counselor, I can speak to this issue from personal experience. Food pantries, such as the one located at the Butler Community Church, do their best to provide the essentials for local families.

The picture accompanying this appeal shows my typical grocery order for one week. Double that for a family of four. Triple it for a family of three or more children.

As we begin a new program year at St. David's, I am making a personal appeal on behalf of the families in our area for whom food security is a real problem. No one should have to make the choice between toothpaste and vegetables. Please be generous in your weekly donations for the basket in the narthex. We endeavor to cover the "immediate needs" of this pantry, which serves our neighbors.

Father Jon talked in his sermon this past week about "hearers and doers."  
I'd like to do something about food insecurity in our community. Will you join me?

Nancy Moody, Food Pantry Liaison