Olympic Day Virtual Race 2019 (TM)

OLYMPIC DAY



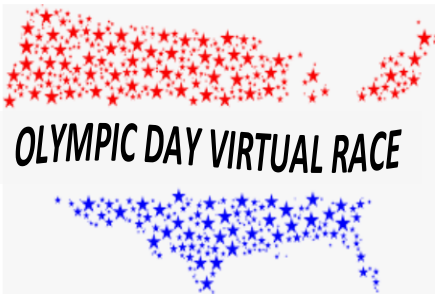
U.S. OLYMPIANS & PARALYMPIANS ASSOCIATION

Olympic Day Virtual Race 2019 is hosted by U.S. Olympians and Paralympians and open to *anyone, anywhere, anytime* during the entire month of June 2019. *Enter yourself, club, family, company… today!*

It's Free - There is no cost to participate.

Customize your race:

- Join at a time, place, pace, and sport activity (choose from 6) of your liking.
- Do the race with others or by yourself, outdoors in nature or indoors on a stationary machine, in a single session or over multiple workouts – *you'll be part of the global Olympic community!*



Make history – Be part of the first ever 5K / 3-mile Olympic Day Virtual Race.

Celebrate Olympic values and the joy of physical activity.

Join in with thousands of Olympians, Paralympians, and other Olympic supporters (*schools, businesses, sports clubs, community groups, churches*) from across the USA - and the world!

Joining Olympic Day Virtual Race 2019 is as EASY as 1, 2, 3…

1. **Enroll online at WWW.OLYMPICDAYVIRTUALRACE.ORG**
2. **RUN, WALK, ROLL, BIKE, SWIM, OR ROW the race distance of 5K / 3 miles and record your race stats online anytime by June 30, 2019 (end of day).**
3. **Receive an official Race *e*-Bib and Olympic Day Certificate of Completion.**

Sample race *e*-Bib



For more information about Olympic Day Virtual Race 2019, visit: wwwOlympicDayVirtualRace.org

Follow "**OlympicDayVirtualRace**" on social media:

OLYMPIC DAY

Olympic Day is an annual celebration of the Olympic movement and the joy of sport. An initiative of the International Olympic Committee (IOC), Olympic Day was created to commemorate the birth of the modern Olympic Games and is celebrated worldwide throughout the month of June. For more information visit: www.olympic.org

Olympic Values*: *Excellence, Respect, Fellowship, Tolerance, Courage, Inclusion.*

Olympic Ideals*: *"Educate youth through sport to contribute to building a better, more peaceful world."*

"The most important thing in the Olympic Games is not to win but to take part; the essential thing in life is not to conquer but to compete well. To spread these principles is to build up a strong and more valiant and, above all, more scrupulous and more generous humanity." **- Baron Pierre de Coubertin, first IOC President**

Sample Olympic Day Certificate of Completion

