

## **Week of Guided Prayer**

### **A Guideline for your Partner Prayer Time**

First contact: Introduce yourself to your partner; share a little bit about yourselves and what your hopes are for the week.

Light a candle welcoming Christ's presence with you. Open with a prayer – your own or something like this

*All-knowing One, As we meet together for this time of conversation, we ask you to open our hearts and minds to You and each other. We trust in Your promise to be with us. Help us to set aside anything that would distract us from listening for You during our time together. In all the Holy Names of God, we pray. Amen*

Ask which scripture passage was chosen. Take turns sharing. You might alternate or go one by one. Try one or all of the below suggestions.

- Ask questions to open up the scripture and uncover how it relates to each other's lives – i.e. Did something stand out for you? What might it mean for you at this time? How may God be speaking to you?
- Read the reflection and talk about the questions together.
- Ask each other if there might be something you might want to think about more.

Decide on the best way and time to connect the next day. Close in prayer. Here is a sample prayer you can use:

*Gracious God, We give thanks for this time together. Your loving presence has allowed us to share meaningfully with each other. Bless us as we continue to pray scripture, especially as it relates to [the day's theme]. Thank you for the assurance that you care for every aspect of our prayer journey and invite us to further open our lives to You. May we grow in our faith as we walk this path together. In all the Holy names of God, Amen.*

Blow out the candle remembering that His Light accompanies you both as you continue with your day.