

Set Up Requirements

Health Fair Services	Tables Needed	Chairs Needed	Outlets Needed	Trash Can	Notes
60 Minutes of Fitness			1		
Ask the RD	1	2			<i>Separate room preferred</i>
Blood Pressure	1	2	1		
Body Composition	1	2	1		
Bone Density	1	2	1	1	
Comprehensive Blood Panel (PSA, CBC, CHEM, RISK)	1	2		1	
Dermascan	1	2	1		
Drinking Goggles	1				
Educational Booths	<ul style="list-style-type: none"> • Cancer Prevention • Boosting Your Brain Health • Diabetes Education • Smoking Cessation • Heart Health • Sleep Education • Nutrition 101 • MyPlate • Hidden Nutrients 	1 per booth	1 chair needed for Office Ergonomics		
Fit Demo booth					
Flexibility					
Flu Shots		2		1	
Grip Strength					
Hand Washing		2	1		<i>Must be close to a bathroom/sink</i>
Hearing Screening		2	1	1	<i>Requires separate, quiet room</i>
Hydration Station		1		1	
Instant & Mailed Results Fingerstick Screenings					
• A1C		2	6	2	
• Cholesterol					
• Cotinine					
• Hemoglobin					
• High Sensitivity C-reactive protein					
• PSA					
• TSH					
• Vitamin D					
Pulmonary Function	1	2		1	
Quarterly Packages	5	10	3		
Relaxation Room	1	4	2	1	<i>Requires separate, quiet room</i>
Resting Metabolic Rate (RMR)	1	2		1	
Stress Booth	1				
Trail Mix Bar	1	1		1	
Vision Screening	1	2	1	1	
Wellness Consultations	1	2			<i>Separate room preferred</i>