

## Set Up Requirements

Health Fair Services	Tables Needed	Chairs Needed	Outlets Needed	Trash Can	Notes
60 Minutes of Fitness			1		
Ask the RD	1	2			<i>Separate room preferred</i>
Blood Pressure	1	2	1		
Body Composition	1	2	1		
Bone Density	1	2	1	1	
Comprehensive Blood Panel (PSA, CBC, CHEM, RISK)	1	2		1	
Dermascan	1	2	1		
Drinking Goggles	1				
Educational Booths <ul style="list-style-type: none"> <li>Cancer Prevention</li> <li>Boosting Your Brain Health</li> <li>Diabetes Education</li> <li>Smoking Cessation</li> <li>Heart Health</li> <li>Sleep Education</li> <li>Nutrition 101</li> <li>MyPlate</li> <li>Hidden Nutrients</li> </ul>	1 per booth	1 chair needed for Office Ergonomics			
Fit Demo booth	1	1			
Flexibility	1				
Flu Shots	1	2		1	
Grip Strength	1				
Hand Washing	1	2	1		<i>Must be close to a bathroom/sink</i>
Hearing Screening	1	2	1	1	<i>Requires separate, quiet room</i>
Hydration Station	1	1		1	
Instant & Mailed Results Fingerstick Screenings <ul style="list-style-type: none"> <li>A1C</li> <li>Cholesterol</li> <li>Cotinine</li> <li>Hemoglobin</li> <li>High Sensitivity C-reactive protein</li> <li>PSA</li> <li>TSH</li> <li>Vitamin D</li> </ul>	2	6	2	1	
Pulmonary Function	1	2		1	
Quarterly Packages	5	10	3		
Relaxation Room	1	4	2	1	<i>Requires separate, quiet room</i>
Resting Metabolic Rate (RMR)	1	2		1	
Stress Booth	1				
Trail Mix Bar	1	1		1	
Vision Screening	1	2	1	1	
Wellness Consultations	1	2			<i>Separate room preferred</i>