



HERE FOR YOU

Food Distribution



Monday-Saturday from start time-until supplies last

Site	Address	Day	Start Time
MD Anderson YMCA	705 Cavalcade Houston, TX 77009	Mondays: 11/9, 11/16, 11/30	11:30 am
T.W. Davis Family YMCA (at Fort Bend County Fair Grounds)	4310 TX-36, Rosenberg, TX 77471	Mondays: 11/9, 11/16, 11/30	10 am
Aldine-Greenspoint Family YMCA (at North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	Tuesdays: 11/3, 11/10, 11/17	10 am
Houston Texans YMCA	5202 Griggs Road, Houston, TX 77021	Tuesdays: 11/3, 11/10, 11/17	9 am
Navarro Middle School	5100 Polk St. Houston, TX 77023	Thursdays: 11/5, 11/12, 11/19	10:30 am
Lone Star College- Greenspoint	250 N Sam Houston Pkwy, Houston, TX 77060	Thursdays: 11/5, 11/19	10 am
The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	Fridays: 11/6, 11/13, 11/20	10 am
Southwest Central Church of Christ	4011 W Bellfort Blvd Houston, TX 77025	Saturday: 11/14	10 am
Woodlands Family YMCA (at Generations Church)	405 Rayford Rd 11 W Spring, TX 77386	Saturday: 11/21	9 am
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	Saturday: 11/7, 11/21	12 pm
Wendel D. Ley Family YMCA	15055 Wallisville Rd. Houston, TX 77049	Saturday: 11/7, 11/21	12 pm

Stay connected with the Y! Email **CommunityCare@ymcahouston.org** for more food pantries and distribution sites around Houston.



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



AQUI PARA USTEDES

HORARIO DE DESPENSA DE ALIMENTOS

lunes-sabado, de empieza-hasta que se acaba los alimentos

Sitio	Dirección	Datos	Tiempo
MD Anderson YMCA	705 Cavalcade Houston, TX 77009	Lunes: 11/9, 11/16, 11/30	11:30 am
T.W. Davis Family YMCA (at Fort Bend County Fair Grounds)	4310 TX-36, Rosenberg, TX 77471	Lunes: 11/9, 11/16, 11/30	10 am
Aldine-Greenspoint Family YMCA (at North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	Martes: 11/3, 11/10, 11/17	10 am
Houston Texans YMCA	5202 Griggs Road, Houston, TX 77021	Martes: 11/3, 11/10, 11/17	9 am
Navarro Middle School	5100 Polk St. Houston, TX 77023	Jueves: 11/5, 11/12, 11/19	10:30 am
Lone Star College– Greenspoint	250 N Sam Houston Pkwy, Houston, TX 77060	Jueves: 11/5, 11/19	10 am
The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	Viernes: 11/6, 11/13, 11/20	10 am
Southwest Central Church of Christ	4011 W Bellfort Blvd Houston, TX 77025	Sabado: 11/14	10 am
Woodlands Family YMCA (at Generations Church)	405 Rayford Rd 11 W Spring, TX 77386	Sabado: 11/21	9 am
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	Sabado: 11/7, 11/21	12 pm
Wendel D. Ley Family YMCA	15055 Wallisville Rd. Houston, TX 77049	Sabado: 11/7, 11/21	12 pm

Mantente conectado con la Y! Envíe un correo electrónico a CommunityCare@ymcahouston.org para todas las despensas de alimentos y sitios de distribución alrededor de Houston.



Misión YMCA: Poner en práctica los principios judeocristianos a través de programas que desarrollen espíritu, mente y cuerpo saludables para todos. Todos son bienvenidos.