



The Seventh Sunday after Pentecost

Sunday 7 July 2024



The Cathedral Church of St. Luke
in the
Episcopal Diocese of Maine
and the
City of Portland

*Whoever you are,
and wherever you may be on the journey of the spirit,
The Episcopal Church welcomes you.*

Holy Eucharist, Rite II
10:00AM *in the Nave & Livestreamed*

Welcome to St. Luke's Cathedral!

We are a faith community with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ. We are part of the 1.7 million-member **Episcopal Church** in the United States, and the 85-million-member worldwide **Anglican Communion**.



New to St. Luke's? We are delighted to welcome you to the cathedral and are grateful for your presence with us today. We invite you to fill out our visitor's register at either entrance of the cathedral nave.

Our Mission: St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

How we worship: Throughout the bulletin, the congregation is invited to say all **bolded** text aloud, and to sing all music printed in the order of service. There are also times when it is customary to make the sign of the cross by touching your forehead, chest, left shoulder, and right shoulder. If you wish to do so, the + indicates that. Instructions for how to receive communion are provided later in the bulletin, at that point in the liturgy.

Where are the restrooms? There are four restrooms in the parish house, the wing perpendicular to the church, accessible through the doors at the left of the front of the church. There are Men's Room and Women's Room across the large room at the top of the ramp: walk straight across, through the double doors and to your left. On the lower level, there are two accessible, single-stall (non-gender) restrooms, one on either end of the large room. If you need help finding them, please ask an usher.

Worship Resources: Except where otherwise indicated, all spoken texts used in worship are from *The Book of Common Prayer* (1979). And, except where otherwise indicated, all music not in the public domain is reprinted and streamed with permission under OneLicense.net #A-713087 and/or RiteSong.

Sunday parking for St. Luke's: Off-street parking is available in two locations for those attending Sunday services: our lot adjacent to the Parish Hall, accessed from Park St.; and the Cumberland Club's (Spring Street between Park & High Sts.). We are grateful to the Cumberland Club for sharing their space with us (except on Easter and Mother's Day). In addition, limited handicap parking is available in the traffic circle in the State Street churchyard.

St. Luke's Territorial Acknowledgement

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (*Amended City Charter, Portland, Maine*). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continues to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

We invite you to pray this morning for...

members of our parish family

Sarah Braik, Garrison Murrell, Marlene Cordes

members of our extended parish family

Michael Jones (*cousin of Anna Messmer*), Denise Dunlay (*sister-in-law of Steve Belanger*),

Anne Gilbert (*friend of Betsey Bodor*), Vicki and Pat Miele (*friends of Peter and Connie Bingham*),

Colleen Baker (*sister of Irv Paradis*), Sandra Currier (*mother of Lynne England*), Joan (*sister of Paul Burlin*)

Words of Welcome

The Reverend George Stevens, *Interim Dean*

The Word of God

When the tower bell rings, please stand as you are able. The people are encouraged to sing all music printed in the bulletin.

1 Lord, you give the great com - mis - sion: "Heal the sick and preach the word."
 2 Lord, you call us to your ser - vice: "In my name bap - tize and teach."
 3 Lord, you make the com - mon ho - ly: "This my bod - y, this my blood."
 4 Lord, you show us love's true mea - sure: "Fa - ther, what they do, for - give."
 5 Lord, you bless with words as - sur - ing; "I am with you to the end."

1 Lest the church ne - glect its mis - sion, and the gos - pel go un - heard,
 2 That the world may trust your prom - ise, life a - bun - dant meant for each,
 3 Let us all, for earth's true glo - ry, dai - ly lift life heav - en - ward,
 4 Yet we hoard as pri - vate trea - sure all that you so free - ly give.
 5 Faith and hope and love re - stor - ing, may we serve as you in - tend

1 help us wit - ness to your pur - pose with re - newed in - teg - ri - ty.
 2 give us all new fer - vor, draw us clos - er in com - mun - i - ty.
 3 ask - ing that the world a - round us share your chil - dren's lib - er - ty.
 4 May your care and mer - cy lead us to a just so - ci - e - ty.
 5 and, a - mid the cares that claim us, hold in mind e - ter - ni - ty.

Refrain

With the Spi - rit's gifts em - power us for the work of min - is - try.

Wonder Love and Praise – #780 "Lord, you give the great commission"
 Words: Jeffery Rowthorn (b. 1934), Copyright © 1978 Jeffery Rowthorn
 Music: *Abbot's Leigh*, 87. 87 D, Cyril Vincent Taylor (1907-1991), Copyright ©
 1985 Hope Publishing Co.

The Opening Acclamation

Celebrant + Alleluia. Christ is risen!

People Christ is risen indeed. Alleluia!

The Collect for Purity

People Almighty God,
to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy Name;
through Christ our Savior. Amen.

Song of Praise

Gloria in excelsis

1. Glo - ry to God in the high - est, and peace to God's peo - ple on
earth. 2. Lord God, heaven - ly King, al - might - y God and Fa - ther, we
wor - ship you, we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you take a - way the
sin of the world; have mer - cy on us; 5. you are seat - ed at the right hand of the
Fa - ther: re - ceive our prayer. 6. For you a - lone are the
Ho - ly One, you a - lone are the Lord, 7. you a - lone are the Most High, Je - sus Christ, with the
Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.

*The Hymnal 1982, Service Music – #S-278 “Glory to God in the highest” (Gloria in excelsis) Music: William Mathias (1934-1992),
Copyright © 1976 Oxford University Press*

Celebrant May God be with you.

People And also with you.

Celebrant Let us pray.

Collect of the Day

Celebrant O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant
us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to
one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and
the Holy Spirit, one God, for ever and ever.

People Amen.

Please sit.

First Reading

Ezekiel 2:1-5

Reader A reading from the second chapter of Ezekiel

The Lord said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, “Thus says the Lord God.” Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

Reader The Word of the Lord.

People Thanks be to God.

Canticle at the Gradual

sung by all

1 To you, O Lord, we lift our eyes, to you en-throned in heaven a - bove;
2 Have mer - cy on us now, O Lord; con - tempt has been our lot too long.

as ser - vants wait for those they serve, so we look up and wait God's love.
Too long have we been mocked and scorned, de - rid - ed by the proud and strong.

tr. *A New Metrical Psalter*, Christopher L. Webber, Copyright © 2008

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Music: *Erhalt uns, Herr*, LM, melody from *Geistliche Leider*, 1543; harm.

Johann Sebastian Bach (1685-1750)

Second Reading

2 Corinthians 12:2-10

Reader A reading from the twelfth chapter of Paul's second letter to the Corinthians.

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Reader The Word of the Lord.

People Thanks be to God.

Please stand as you are able.

1 How firm a foun - da - tion, ye saints of the Lord,
 2 "Fear not, I am with thee; O be not dis - mayed!
 3 "When through the deep wa - ters I call thee to go,
 4 "When through fier - y tri - als thy path - way shall lie,
 5 "The soul that to Je - sus hath fled for re - pose,

1 is laid for your faith in God's ex - cel - lent word!
 2 For I am thy God, and will still give thee aid;
 3 the riv - ers of woe shall not thee o - ver - flow;
 4 my grace, all - suf - fi - cient, shall be thy sup - ply;
 5 I will not, I will not de - sert to its foes;

1 What more can God say than to you God hath said,
 2 I'll streng - then thee, help thee, and cause thee to stand,
 3 for I will be with thee, thy trou - bles to bless,
 4 the flame shall not hurt thee; I on - ly de - sign
 5 that soul, though all hell shall en - deav - or to shake,

1 to you that for ref - uge to Je - sus have fled?
 2 up - held by my right - eous, om - ni - po - tent hand.
 3 and sanc - ti - fy to thee thy deep - est dis - tress.
 4 thy dross to con - sume, and thy gold to re - fine.
 5 I'll nev - er, no, nev - er, no, nev - er for - sake."

Optional Interlude

The Hymnal 1982 – #636 "How firm a foundation, ye saints of the Lord"

Words: K. in John Rippon's *Selection*, 1787, alt.

Music: Foundation, 11 11. 11 11, melody from *The Sacred Harp*, 1844; harm.

Calvin Hampton (1938-1984), Copyright © 1984 Calvin Hampton; alt. acc. Eugene

W. Hancock (1929-1993), Eugene W. Hancock Copyright © 1984

At the + below, you are invited to trace crosses over your forehead, your mouth, and your heart.

Deacon + The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, O Christ.**

Gospel

Mark 6:1-13

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

Deacon The Gospel of our Savior.
People Praise to you, O Christ.

Please sit.
Sermon

Christian M. Clough, *Canon for Liturgy & Music*

Please stand as you are able.

The Nicene Creed

from *Enriching our Worship*

People We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
+ and the life of the world to come. Amen.

The Prayers of the People

Form V

Leader In peace, let us pray to God, saying, "Lord, have mercy."

For the holy Church of God, remembering especially Church of the Redeemer, Sorrento; St. Peter by the Sea, Cape Neddick; For the camp and staffers at Camp Bishopswood; that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People Lord, have mercy.

Leader For Michael our Presiding Bishop, for Sean our Presiding Bishop Elect, for Thomas our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People **Lord, have mercy.**

Leader Remembering especially Ukraine, Sudan, Gaza, The Democratic Republic of Congo, all places torn by war and violence, and all victims of war, we pray for the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For those in positions of public trust, remembering especially Joseph, our President; Janet, our Governor; Mark, our Mayor; and all members of local, state, and national government; that they may serve with justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People **Lord, have mercy.**

Leader In observance of Thursday's Independence Day holiday, we pray for this nation and its people. During this upcoming season of election may we remember to walk in love for one another, whilst advocating for the values of freedom, liberty, and justice for all, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For this congregation that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People **Lord, have mercy.**

Leader For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health.

The Leader reads the names from the parish prayer list, printed on the inside cover of your bulletin.
During the silence that follows, you are invited to add names, silently or aloud.

People In remembering our loved ones, friends, and family in prayer, we pray to you, O Lord.
Lord Have mercy.

Leader For all who have + died in the communion of your Church, remembering especially Nancy Beebe and Jasmine Lampederos, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People **Lord, have mercy.**

Leader Rejoicing in the fellowship of blessed Luke and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People **Lord, have mercy.**

Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

People **Most merciful God,**
we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ, have mercy on us and forgive us;
 that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant May Almighty God have + mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

The Peace

Celebrant The peace of Christ be always with you.

People And also with you.

The People may greet one another in the name of God. Afterward, please sit.

Announcements

The Holy Communion

Celebrant Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.



St. Luke's

A free will offering in support of the mission and ministry of the Cathedral is taken at this time.

All quarters in the offering plate go to support lunches for the school children in Duni, Haiti.

Online giving is available at <stlukesportland.org/give/>; or scan the QR at left.

Music at the Offertory

Just a Closer Walk With Thee

Ukuleles Heal the World

Please stand as you are able

1 Lift ev' - ry voice and sing, till earth and heav - en ring, ring with the har - mo -
 2 Sto - ny the road we trod, bit - ter the chast - 'ning rod, felt in the days when
 3 God of our wea - ry years, God of our si - lent tears, thou who hast brought us

nies of lib - er - ty; let our re - joic - ing rise high as the
 hope un - born had died; yet with a stead - y beat, have not our
 thus far on the way; thou who hast by thy might, led us in -

list - 'ning skies, let it re - sound loud as the roll - ing sea. Sing a
 wear - y feet come to the place for which our fa - thers died? We have
 to the light, keep us for - ev - er in the path, we pray. Lest our

The Hymn Continues On To the Next Page

song full of the faith that the dark past has taught us; Sing a song full of the
come o - ver a way that with tears has been wa - tered; We have come, tread - ing our
feet stray from the pla - ces, our God, where we met thee; Lest our hearts, drunk with the
hope that the pres - ent has brought us; Fac - ing the ris - ing sun Of our new
path through the blood of the slaugh - tered; Out from the gloom - y past, Till now we
wine of the world, we for - get thee, Shad - owed be - neath Thy hand, May we for -
day be - gun, Let us march on till vic - to - ry is won.
stand at last Where the white gleam of our bright star is cast.
ev - er stand, True to our God, true to our na - tive land.

Lift Every Voice and Sing II – #1 “Lift Every Voice and Sing”

Words: James Weldon Johnson (1871-1938)

Music: J. Rosamond Johnson (1873-1954). Copyright © 1921 by Edward B. Marks

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Published by the NAACP

“Often referred to as “The Black National Anthem,” *Lift Every Voice and Sing* was a hymn written as a poem by NAACP leader James Weldon Johnson in 1900. His brother, John Rosamond Johnson (1873-1954), composed the music for the lyrics. A choir of 500 schoolchildren at the segregated Stanton School, where James Weldon Johnson was principal, first performed the song in public in Jacksonville, Florida to celebrate President Abraham Lincoln’s birthday.

At the turn of the 20th century, Johnson’s lyrics eloquently captured the solemn yet hopeful appeal for the liberty of Black Americans. Set against the religious invocation of God and the promise of freedom, the song was later adopted by NAACP and prominently used as a rallying cry during the Civil Rights Movement of the 1950s and 1960s.”

The Great Thanksgiving

Eucharistic Prayer B

BCP p. 367

Celebrant May God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to our God.

Celebrant Let us give thanks to God.

People It is right to give God thanks and praise.

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Savior.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The musical score is written on three staves. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody is composed of eighth and quarter notes. The lyrics 'Ho - ly, ho - ly, ho - ly Lord, God of power and' are written below the first staff. The second staff continues the melody with the lyrics 'might, — heaven and earth are full of your glo - ry. Ho -san -na in the high - est.' The third staff concludes the phrase with 'Bless -ed is the one who comes in the name of the Lord. Ho -san -na in the high - est.' The score ends with a double bar line.

The Hymnal 1982, Service Music – #S-128 “Holy, holy, holy Lord” (Sanctus), Music: William Mathias (1934-1992), Copyright © 1976 Oxford University Press

Please stand or kneel as you are able.

Celebrant

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O God

People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory.**

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Creator of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being + sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Luke and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Celebrant

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

People

AMEN.

Celebrant
People

As our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

organ

Je - sus, Lamb of God: have mer - cy on us. Je - sus, bear - er of our
sins: have mer - cy on us. Je - sus, re - deem - er of the world: give us your peace.

The Hymnal 1982, Service Music – #S-165 “Jesus, Lamb of God” (Agnus Dei), Music: William Mathias (1934-1992), Copyright © 1976 Oxford University Press

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion of the People

All are welcome to receive Holy Communion. As the Iona Community says, “Come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been here in a long time; you who have tried to follow Jesus and you who have failed. Come. It is Christ who invites us to meet him here.”

Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented; we believe that the divine presence is fully present in both the bread and the wine, and you may refuse either. For example, you may choose to receive only the bread, and then walk away; or, if you would like, you may touch the chalice with your hand, and not actually consume any wine. If you would like to receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you. Per Diocesan guidelines, the cathedral does not practice intinction (dipping the bread into the wine) at this time.

Prayers of Healing are offered in *All Saints Chapel* (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.

1 This is my song, O God of all the na tions, a song of peace for lands a - far and
 2 My coun-try's skies are blu - er than the o- cean, and sun-light beams on clo - ver - leaf and
 3 May truth and free - dom come to ev - ery na - tion; may peace a - bound where strife has raged so

mine; this is my home, the coun-try where my heart is; here are my hopes, my
 pine; but oth - er lands have sun-light too, and clo - ver, and skies are ev - ery -
 long; that each may seek to love and build to - geth - er, a world u - ni - ted,

dreams, my ho - ly shrine: but oth - er hearts in oth - er lands are
 where as blue as mine: O hear my song, thou God of all the
 right - ing ev - ery wrong; a world u - nit - ed in its love for

beat - ing with hopes and dreams as true and high as mine.
 na - tions, a song of peace for their land and for mine.
 free - dom, pro - claim - ing peace to - geth - er in one song.

"This is my song, O God of all the nations"
 Words: Lloyd Stone (1912-1993), ©1964 The Lorenz Publishing Corporation
 Music: *Finlandia*, 11 10. 11 10. 11 10, Jean Sibelius (1865-1957)

1 A - maz - ing grace! how sweet the sound, that saved a wretch like me!
 2 'Twas grace that taught my heart to fear, and grace my fears re - lieved;
 3 The Lord has prom - ised good to me, his word my hope se - cures;
 4 Through man - y dan - gers, toils, and snares, I have al - read - y come;
 5 When we've been there ten thou - sand years, bright shin - ing as the sun,

1 I once was lost but now am found, was blind but now I see.
 2 how pre - cious did that grace ap - pear the hour I first be - lieved.
 3 he will my shield and por - tion be as long as life en - dures.
 4 'tis grace that brought me safe thus far, and grace will lead me home.
 5 we've no less days to sing God's praise than when we'd first be - gun.

The Hymnal 1982 – #671 “Amazing grace! how sweet the sound”
 Words: John Newton (1725-1807), alt.; st. 5, from *A Collection of Sacred Ballads*, 1790;
 compiled by Richard Broaddus and Andrew Broaddus
 Music: *New Britain*, CM, from *Virginia Harmony*, 1831; adapt. att. Edwin Othello
 Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919). Harmonization
 Copyright © 1974 by Abingdon Press

Please stand as you are able.

Postcommunion Prayer

Celebrant

Let us pray.

People

Eternal God,

**you have graciously accepted us as living members of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food in the sacrament of his Body and Blood.**

**Send us now into the world in peace,
 and grant us strength and courage to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.**

The Blessing

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who travel with us, so be quick to love and make haste to be kind. And may the blessing of God who made us, and who loves us, and who travels with us, be with you this day and forevermore.

People

Amen.

Henri Frederic Amiel (1821-1881)

1 Go forth for God; go to the world in peace; be of good cour - age,
 2 Go forth for God; go to the world in love; strength-en the faint, give
 3 Go forth for God; go to the world in strength; hold fast the good, be
 4 Go forth for God; go to the world in joy; to serve God's peo - ple

armed with heaven-ly grace, in God's good Spi - rit dai - ly to in - crease,
 cour - age to the weak; help the af - flic - ted; rich - ly from a - bove
 ur - gent for the right; ren - der to no one e - vil; Christ at length
 ev - ery day and hour, and serv - ing Christ, our ev - ery gift em - ploy,

till in God's king - dom we be - hold God's face.
 his love sup - plies the grace and power we seek.
 shall o - ver - come all dark - ness with his light.
 re - joic - ing in the Ho - ly Spi - rit's power.

The Hymnal 1982 – #347 “Go forth for God; go to the world in peace”
 Words: J.R. Peacey (1896-1971) and *English Praise*, 1975, alt. Copyright © 1984
 by Hope Publishing company, Carol Stream, IL 60188. All Rights Reserved. Used
 by permission

Deacon Go in peace to love and serve our God.
People **Thanks be to God.**

Postlude I'll Fly Away Ukuleles Heal the World

Service Participants

| | |
|------------------------------------|--|
| <i>Preacher</i> | Christian M. Clough, <i>Canon for Liturgy & Music</i> |
| <i>Celebrant</i> | The Reverend George Stevens, <i>Interim Dean</i> |
| <i>Assisting</i> | The Reverend Christopher Worthley, <i>Assisting Clergy</i> |
| | The Reverend Rebecca Grant, <i>Deacon</i> |
| <i>Music Leader & Organist</i> | Christian M. Clough, <i>Canon for Liturgy & Music</i> |
| <i>Musical Guest Ensemble</i> | Ukuleles Heal the World |
| <i>Head Verger & Crucifer</i> | Eleanor Roberts |
| <i>Ushers</i> | Bob Parshley, Martha Parshley, Deb Marcoux |
| <i>Reader</i> | Rich Pitre |
| <i>Prayer Leader</i> | Elspeth Grant Pruitt |
| <i>Live Streaming</i> | Jack Swanton, Sam Allen |
| <i>The Healing Team</i> | Sara Schmalz, Judd Hume |
| <i>Eucharistic Ministers</i> | Joseph deKay, Elizabeth Burger |
| <i>Contributing Ministries</i> | Acolytes, Vergers, Flower Guild, Altar Guild, Kneeler Guild, |

HAPPENING TODAY

Coffee Hour: Please join us after the 10AM service for fellowship and refreshments in the Upper Hall, through the doors to the left of the altar. All are welcome. Interested in hosting? This important part of our parish life provides us with a time for connection. Hosting is fun and easy; it requires only bringing in a baked good and brewing coffee. Please consider volunteering; a lot of gratitude comes with it. Thank you! Check the hosting schedule by visiting <http://tinyurl.com/coffeeatstlukes>, and choose a date, then contact Meredith Cough meredith.cough@gmail.com.

5:15PM Sunday worship: You are most welcome to join us this evening for Eucharist in Emmanuel Chapel.

Welcome To This Morning's Musical Guests: Ukuleles Heal The World, "a Maine 501(c)(3) non-profit, is a grassroots effort by lovers of ukuleles to share the power of the ukulele to spread smiles, enhance self-confidence and self-esteem, promote peace, and in those ways and more help to heal the world."

When they perform in places of worship, their motto is "Fidicula Inter Angelos", which can be translated as "Ukuleles Among Angels". To learn more about the group, please visit their website here <https://www.ukuleleshealtheworld.com/>

NEWS FROM GENERAL CONVENTION

The Right Reverend Sean Rowe Elected 28th Presiding Bishop of the Episcopal Church

Published by the Episcopal Office of Public Affairs

"The Rt. Rev. Sean Rowe, bishop of the Episcopal Dioceses of Northwestern Pennsylvania and Western New York, was elected and confirmed the 28th presiding bishop and primate of The Episcopal Church on June 26 for a nine-year term beginning Nov. 1. Rowe was chosen from among five nominees on the first ballot, with 89 votes out of 158 votes cast; 82 votes were needed to elect Rowe, 49, was ordained bishop of the Episcopal Diocese of Northwestern Pennsylvania in 2007 and became bishop provisional of Western New York in 2019. From 2014 to 2018, he served as bishop provisional of the Episcopal Diocese of Bethlehem. Born in Sharon, Pennsylvania, Rowe earned a bachelor's degree in history from Grove City College, a master of divinity from Virginia Theological Seminary, and a doctorate in organizational learning and leadership from Gannon University. Rowe was the youngest Episcopal priest in the U.S. when he was ordained in 2000 at age 24, and he was the youngest member of the House of Bishops when he was ordained and consecrated at age 32. Known for his research and work on organizational learning and adaptive performance in the church, Rowe serves as parliamentarian for the House of Bishops and the Episcopal Church Executive Council; chair of the Episcopal Church Building Fund; and as a member of the Standing Commission on Structure, Governance, and Constitution and Canons. He also serves on the Greater Buffalo Racial Equity Roundtable. In 2018, he became the first bishop to serve on the House of Deputies Committee on the State of the Church. Rowe is married to Carly Rowe, a Christian educator; they have a daughter named Lauren. The presiding bishop takes office on Nov. 1. Details about the transition and celebration will be announced at a later date."

House of Deputies Elects Julia Ayala Harris as President: *Published by the Episcopal Office of Public Affairs*

"Julia Ayala Harris, a deputy from the Episcopal Diocese of Oklahoma, was reelected June 25 as president of the House of Deputies of The Episcopal Church. Originally elected at the 80th General Convention in 2022, Ayala Harris' second term as one of the denomination's two presiding officers begins on June 28 at the close of the church's 81st General Convention. Ayala Harris, 43, is the first Latina and the first woman of color to serve as president of the House of Deputies. A first-generation Mexican American and the daughter of an undocumented immigrant, she was reelected from a field of three candidates on the first ballot. To ensure procedural impartiality, she yielded the chair to Crystal Plummer, a deputy from the Episcopal Diocese of Chicago during the vote. Ayala Harris received 521 votes, 107 more than the required number to elect. Candidate Zena Link of the Episcopal Diocese of Western Massachusetts received 241 votes; the Rev. Rachel Taber-Hamilton, a candidate from the Episcopal Diocese of Olympia, received 64 votes. Ayala Harris' reelection on June 25 was historic, marking a slate of three women of color vying for the leadership position. Ayala Harris can serve up to three consecutive terms, or, in her case, a total of eight years."

Additional Updates from the 81st General Convention: To read a full synopsis of updates, legislation, and election results from General Convention, please read the publication from Episcopal News Service at <<https://tinyurl.com/generalconvention81>>

UPCOMING

Summer at Camp Bishopswood: Spaces remain for a variety of upcoming camps! “Camp Bishopswood has been owned and operated as an arm of the Episcopal Diocese of Maine since the early 1960’s. Located on the shores of Lake Megunticook near Camden, Maine, Bishopswood is a beautiful, picture-perfect slice of God’s creation – ideal for a children’s summer camp!”

Opportunities This Summer Include:

- Youth Camp for children 8-16: Campers can do 1 week or multiple week sessions
- Mini-Camp for ages 6-8
- Summer Finale: September 13-15: A weekend multigenerational summer camp experience for people of all ages. To view dates, camp offerings, register for camp, learn more, or to support the camp, visit Bishopswood's webpage at <www.bishopswood.org>

The St. Luke's Public Policy and Environmental Action Team Meeting: Tuesday July 9 at 6pm in person in the Upper Hall. All are welcome and encouraged to attend!. We will share a meal together and conduct our regular business meeting. The meal will consist of a potluck. Please bring a dish to share. For more information email Ruth Roemer at <roemerr29@gmail.com>

Luke’s Garden Hosts Guest Speaker on July 14: Join us at coffee hour in the Upper Hall on July 14 as we welcome guest speaker Ophelia Hu Kinney, for a discussion on intersectionality between being a member of the LGBTQ+ community whilst being Asian American. Please see Ophelia’s biography below. If you cannot make it in person, a zoom link is available at <<https://tinyurl.com/LukesGardenGuestSpeaker>>

Ophelia Hu Kinney (*she/her*), is a queer United Methodist lay leader serving HopeGateWay in Portland, Maine, the Communications Specialist at Reconciling Ministries Network, and a member of the New England Annual Conference. She grew up an atheist in a non-Christian household, became a Christian as an adult, and joined The United Methodist Church which she calls home. Her home church’s mostly queer leadership gets to co-create an experience of worship and community that is growing and giving.

ONGOING OPPORTUNITIES & COMMUNITY RESOURCES

Sign-Up for Phase II Educational Sessions and Phase III Small Groups: Sessions are Ongoing!

In a communication sent by the Reverend George Stevens on June 7th, all members of the cathedral community are invited and encouraged to sign-up for Phase II Educational sessions and Phase III Small groups on Zoom with Susan Czolgosz of WorkLife Consulting. Times and sign-up links are available in the email communication and online.

If you are unable to sign-up for sessions at home, we will have access to the sign-up pages for both Phase II and III available at coffee hours via the cathedral laptop. A member of our team would be glad to assist you.

If you need help or clarification with this process, please contact our parish administrator Avery Levesque-Schott for assistance via email <office@cathedralofstluke.org> or phone (207)-772-5434.

Phase II

The Phase II Educational Sessions commenced on Friday, June 28th. The Educational Sessions are additional times to the initial meetings held in May. Phase II workshops are designed to equip members in conflict mediation, caring communication skills and structured dialogue. They will introduce the idea of interest-based conflict, address the root causes of our congregational conflict, and will teach us how to avoid pitfalls in the future. This phase of our conflict transformation process seeks to build rapport and trust within our community. If you attended one of the earlier Phase II Educational Sessions in May and would like to participate again, you are welcome to do so. We ask that you please be courteous and allow all members of the community an opportunity to participate

Phase III

Phase III of the conflict transformation process is the small group experience. Phase III commenced on Monday June 24th. It is a two-hour commitment. Groups of no larger than 8 individuals will gather to create an intentional listening community. The pre-requisite for participation in the small groups is attendance in the Phase II workshops. This is mandatory. If you have not yet participated in a Phase II Education Session, there are sign-ups available. The small group experience at its core is an opportunity for healing and reconciliation.

In Person' Sessions

For both Phase II and Phase III sessions, we are offering specific sessions which are 'in person only'. For these meetings participants will gather in the Chapter Room at the cathedral, and join a singular Zoom call to connect with Susan. If you sign-up for this type of meeting, you must attend in person.

Hannaford Supports Our Food Pantry Once More in July: In May the bag donation program at the Bayside Hannaford raised **\$742** for St. Luke's Food Pantry! Now, once again in July, our food pantry was chosen to receive donations from a different store. Our pantry will receive \$1 for each \$2.50 reusable Fight Hunger Bag sold throughout July at the South Portland Hannaford on Cottage Road. Pantry volunteers are proud to have their work acknowledged by our local stores and neighbors!

Eco Tips from the Public Policy and Environmental Action Team: Last week the Science and Technical Committee (STS) of the Maine Climate Council released its updated report: *Scientific Assessment of Climate Change and Its Effects in Maine*, including new data on a number of important resilience topics: Climate, Human Dimensions, Sea Level and Coastal Hazards, Marine, Agriculture, Biodiversity, Freshwater, and Forests and Forestry. Here are just a few of the findings:

- Maine's climate is getting warmer, wetter and we are experiencing new extremes.
- Sea level is 7.5 inches higher than in early 20th century Maine, and the rate of sea level rise has nearly doubled in the past 30 years.
- The Gulf of Maine is warming faster than 97% of the world's ocean surface and is experiencing near-constant ocean heat waves.
- In Maine, resilience to climate change depends on relationships: this includes a strong sense of community among residents, solid connections between the economy and healthy natural systems, and maintaining ties to heritage.

Read the whole Executive Summary at <<https://tinyurl.com/scienceandtechnical>>

To learn more about PPPEAT visit <stlukesportland.org/faith-in-action/#PPEAT>

The Healing Team will be offering prayers of healing on the following Sundays. The healing prayers will be offered during and/or after communion in the small chapel to the right of the communion rail.

July 7, 2024 Sara Schmalz, Judd Hume

Join the Kneelers Guild and Prayer Shawl Knitters: Every Tuesday 2:30–4:30PM in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler kits cost \$75, which include directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your yarn & needles. Coffee & tea are available.

Volunteer to serve on the Altar Guild: We love volunteering on the Altar Guild, and think you would, too! Volunteering with Altar Guild is fun and rewarding. Together, we can work to enable our congregation to engage in worship that is filled with order, beauty, peace, and tranquility. Contact: Kate Leschey <cleschey@gmail.com> or Rita Siavelis <ritasiav@hotmail.com>

Join Luke's Garden LGBTQIA+ Group: Luke's Garden is the cathedral's LGBTQIA+ group which meets every 2nd Sunday of the month following coffee hour. All are welcome! For more information contact Orion Williams <ewilliams98@gmail.com> or visit <stlukesportland.org/spiritual-growth/#lukesgarden>

Join the Young and the Restless, St. Luke's 20s-30s-year-old ministry, an active group at CSL, which also gets together outside of the church. Join us as we hike, ice-skate, play trivia, or just enjoy each other's company! If you are new to us, welcome! We meet 6-8PM each Tuesday at Maine Beer Company in Freeport for trivia. Other events

happen sporadically throughout the month, though trivia is a wonderful opportunity to meet us, if you're joining us for the first time. Contact: Shana Rose <shanaro931@gmail.com>

The Biblical Study Group will be on vacation until 1 September. When we resume, we will meet Sundays 8:00-10:00AM. Our ongoing theme is discovering the nature and meaning of "being created in the image of God." To stimulate spiritual growth over the summer months, we invite you to read the following recommended resources:

- 1) *God: A Biography* by Jack Miles. Winner of the Pulitzer Prize, The New York Times calls this text "a tour de force." Published by Vintage Books, Random House Publishing, New York, 1996
- 2) *Jung's Thoughts on God: Religious Depths of the Psyche* by Donald Dyer, PH.D. Published by Nicholas Hays, 2000 P.O. Box 2039, York Beach, ME 03910. "It is only through the psyche that we can establish that God acts upon you."
- 3) *Jung's Map of the Soul: An Introduction and In Support of Jung's Extensive and Intensive Thought* by Murray Stein. Published by Open Court Publishing Co., P.O. Box 300, Peru, Illinois 61354. To order call (800) 815-2280.

Access your Realm profile: The Cathedral's online database, Realm, is a useful tool for parishioners to manage their contact and pledging information. Realm helps our community by improving our record keeping in a more streamlined fashion. When joining Realm you can sign-up to be a part of the online directory. To activate your Realm profile, please contact Nina Andersen, financial administrator <nandersen@cathedralofstluke.org>. Nina will assist you with the few steps necessary to access your profile.

COMMUNITY NOTES

The Reverend George Stevens Out of the Office July 8-15: George will be spending time with his family and serving at a summer chapel on Martha's Vineyard as part of work with the Diocese of Massachusetts. In case of a pastoral emergency, please call him at (978)-578-8084 or send him an email at <gstevens@cathedralofstluke.org>

New Cathedral Treasurer Email: With the appointment of new cathedral treasurer, Randi Hogan, our IT team has updated the treasurer's email. To contact Randi with any future questions you may have, please use the email address of <treasurer@cathedralofstluke.org>.

The parish prayer list: Names remain on the prayer list for 3 consecutive weeks unless otherwise requested. If you wish for a name to be added, contact Avery Schott, Parish Administrator <office@cathedralofstluke.org>.

To reserve space for a group, meeting or event, fill out a space usage form, and check with the cathedral calendar first! Thanks! Contact: Avery Schott (207) 772-5434 or <office@cathedralofstluke.org>

Contribute to St. Luke's summer music ministry: The Cathedral Choir is away from 9 June through Labor Day, and summer is a great time to make a musical contribution to our worship as a singer or instrumentalist. Help us to keep our music well-supported with your offerings. Contact: Christian Clough, Canon for Liturgy & Music <cclough@cathedralofstluke.org>

Thank you in advance for your offering today. You can donate to St. Luke's through our new and secure "Give and Text" feature. Please text **"TEXTCSL" to 73256**. Our 2024 Pledge Campaign is ongoing. Pledge materials and information are available at <www.stlukesportland.org>.



The Cathedral Church of St. Luke

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Phone: (207) 772-5434

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Bishop of Maine

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Interim Dean

The Rev. George Stevens

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Parish Administrator & Communications Specialist

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St. Luke's Food Pantry Executive Director

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Sexton

Curtis Maurand

Housekeeping

Donna Cirriello

Volunteer Clergy

The Rev. Christopher Worthley

<christopher.worthley@aya.yale.edu>

Lesser Chapter

Wardens

Senior Warden Sam Allen (2025)

Junior Warden Jamie Cough

Treasurer

Randi Hogan

<treasurer@cathedralofstluke.org>

Clerk

John Bancroft

Vestry Members

Class of 2025

Dan McDonald, Catherine Hyde, Michael Thorne

Class of 2026

Nancy Brain, Jamie Moore, Randi Hogan

Class of 2027

Stanley Kuziel, Eleanor Roberts, Mary Linneman