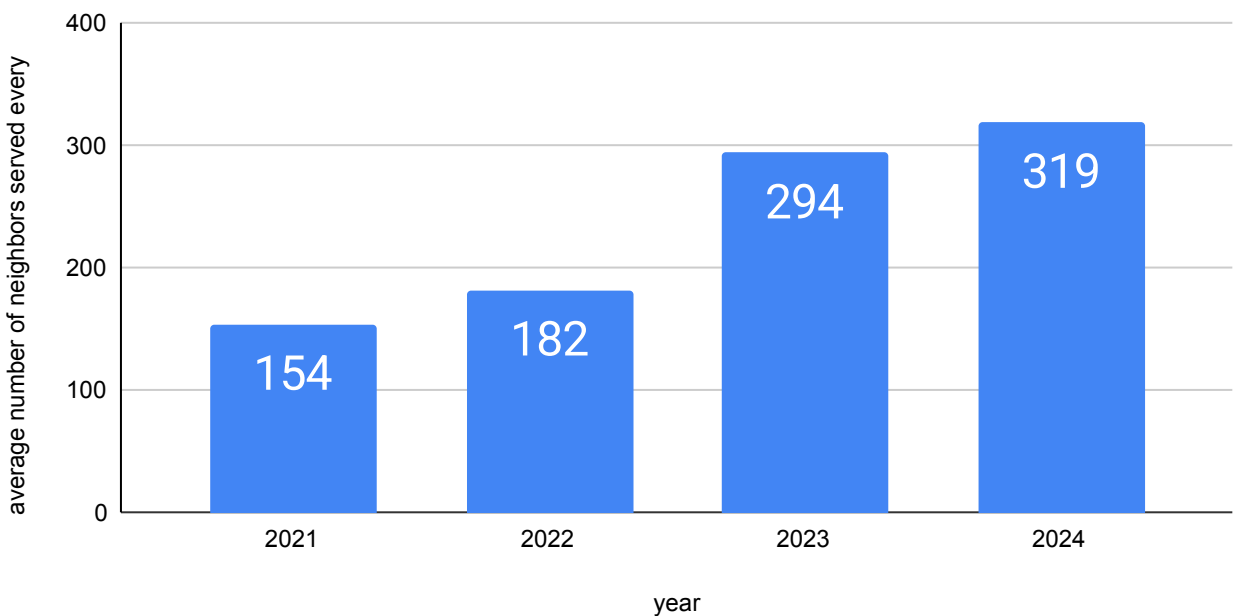


ST ELIZABETH'S ESSENTIALS PANTRY

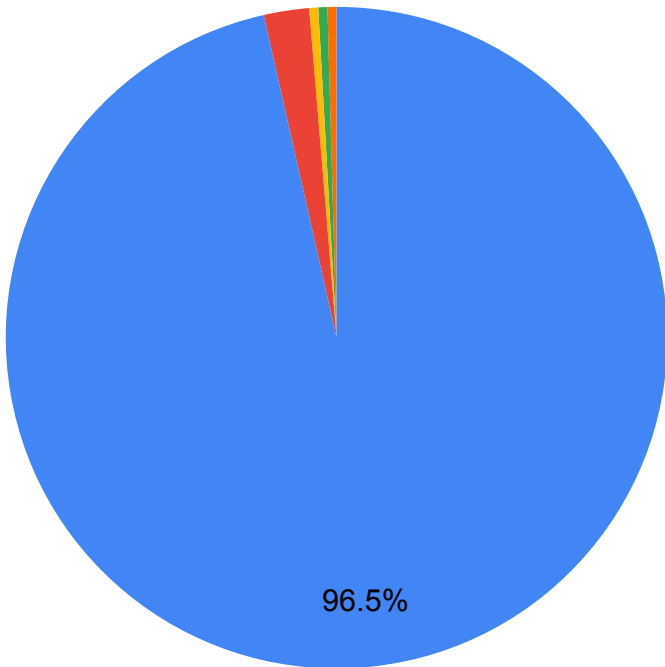
- St E's serves more than 300 neighbors every Tuesday morning from 8:30 to 11 am.
- Weekly essential items include toilet paper, bars of soap, feminine products, adult diapers and laundry soap.
- Monthly items include: diapers, tooth paste, blankets, towels, sheets, pots, pans and cookware.
- We offer warm coats, hats, gloves and boots in the late fall, early winter months.

St Elizabeth's Essentials Pantry neighbors served every Tuesday



Where Do our Neighbors Live?

- Portland
- Westbrook
- South Portland
- Falmouth
- Lewiston



Languages Spoken at St E's

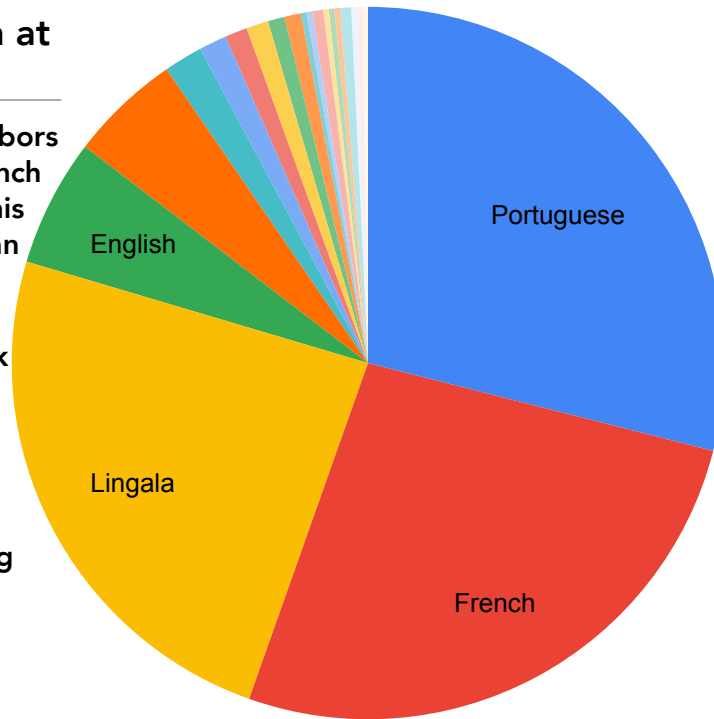
Portuguese French Lingala English Spanish Arabic Swahili Kinyarwanda Kirundi Acholi
 Dari Ethiopian Vietnamese Nuer Luganda Tigrinya Ananda Bulgarian Mbugu Bosnian
 Mara

Languages Spoken at St E's

About 80% of our neighbors speak Portuguese, French and Lingala. Most of this group speaks more than one language fluently.

Approximately 5% speak English and another 5% speak Spanish as their primary language.

10% speak the remaining languages listed.



Why Are Diapers an Essential Item?

Diaper need is a growing problem in our country. A clean diaper means a happy baby, but according to new data from

[The NDBN Diaper Check 2023: Diaper Insecurity among U.S. Children and Families](#)

1 in 2 U.S. families with young children cannot afford enough diapers to keep their infant or child clean, dry, and healthy. These babies are more vulnerable to painful rashes and urinary tract infections and have more trips to the doctor. 1 in 4 parents miss work or school because they can't afford the diapers required to leave their baby in Childcare. *Clean diapers are a basic need of every baby and toddler.*

How to make a donation

online

<https://secure.myvanco.com/L-Z5PN/campaign/C-12JHN>

with a check

payable to "St Elizabeth's" can be mailed to:
 St Elizabeth's Essentials Pantry
 PO Box 4036
 Portland, ME 04101

Stop by

St E's Tuesday mornings 8:30-11am.
 134 Park Street
 Portland