

The Second Sunday of Easter April 16th, 2023

Welcome!



The Cathedral Church of St. Luke
in the
Episcopal Diocese of Maine
and the
City of Portland

Whoever you are, and wherever you may be on the journey of the spirit, The Episcopal Church welcomes you.

Holy Eucharist, Rite II

7:30am in Emmanuel Chapel 10:00am in the Nave & Livestreamed

Welcome to St. Luke's Cathedral!

We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ.





Adult Christian Formation Opportunities are offered throughout the academic year at 9:00 am on Sunday and occasional evenings.

Children's Christian Formation, "Sunday School" for K-4 is held from 10:00-10:45 am. Opportunities for 5th grade and up begin at 11:30 am.

Child Care for children four years old and under is available year-round, 9:45–11:30am. A fully staffed nursery is located through the doors to the left of the altar area and through the Upper Parish Hall.

Music in our Worship Service: Please note that music with organ and full choir is part of the liturgy at the 10:00am service. At 7:30am, we offer a spoken, more meditative, worship experience in the Emmanuel Chapel at the west end of the cathedral.

Please speak to any usher (or member of the parish) if you have any questions, or if we may be of additional service. Thank you for coming today and we hope you will make the Cathedral your spiritual home!

Communion Practices in Accordance with Diocesan Instructions

Beginning on the Day of Pentecost, St Luke's will modify its communion practices slightly to fully align with the most recent diocesan teaching. This calls for communion in "both kinds" (bread and wine) and a return to the "common cup" (to be administered in the traditional manner - NOT intinction OR placement upon the tongue). For a number of people this will mean a change in how we receive - and will be more difficult for some than for others. Remember that communion in "one kind" (the bread alone) is considered "full communion" - as it has done for centuries. Celebrants at the Holy Eucharist will continue to sanitize their hands, and then use the "lavabo bowl" to wash further. If you have any questions or concerns, please feel free to speak with any member of the cathedral clergy.

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (Amended City Charter, Portland, Maine). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continue to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

Service Participants

Preacher & Celebrant The Rev. Anne C. Fowler, Assisting Clergy

Assisting The Rev. Rebecca Grant, Deacon

The Rev. Dr. Paul St. Germain, Transition Priest in Charge

Music Leader & Organist Christian M. Clough, Canon for Liturgy and Music

Lector Julie Rothrock

Prayers Leader Ruth Roemer

Ushers Mary Linneman, Chester Bishop, Gail Swanton

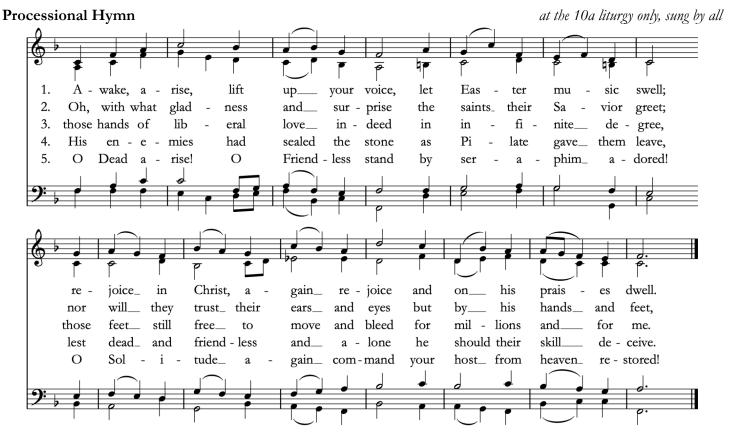
Head Verger Eleanor Roberts

The Healing Team Elise Magnuson, Sara Schmalz

Live Streaming Jack Swanton, Sam Allen

Contributing Ministries Acolytes, Vergers, The Flower Guild, The Altar Guild

Please stand as you are able.



Words: Christopher Smart (1722-1771), alt. Music: Richmond, CM, melody Thomas Haweis (1734-1820); adapt. Samuel Webbe (1740-1816); harm. Hymns Ancient and Modern, Revised, 1950

BCP p. 355

The Opening Acclamation

Celebrant Alleluia. Christ is risen!

People Christ is risen indeed. Alleluia!

Celebrant May God be with you **People** And also with you.

Celebrant Let us pray.

The Collect for Purity

People Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.



Words: Christopher Wordsworth (1807-1885), alt. Music: Lux eoi, 87. 87. D, Arthur Seymour Sullivan (1842-1900)

Celebrant **People**Celebrant

The Lord be with you.

And also with you.

Let us pray.

Collect of the Day

Celebrant Almighty and everlasting God, who in the Paschal mystery established the new covenant of

reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and

reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

Please sit.

Reader The Spirit is speaking.

People God's people are listening.

The First Lesson

Acts 2:14a, 22-32

Peter, standing with the eleven, raised his voice and addressed the crowd, "You that are Israelites, listen to what I have to say: "Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know—this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power. For David says concerning him, 'I saw the Lord always before me, for he is at my right hand so that I will not be shaken; therefore my heart was glad, and my tongue rejoiced; moreover my flesh will live in hope. For you will not abandon my soul to Hades, or let your Holy One experience corruption. You have made known to me the ways of life; you will make me full of gladness with your presence.' Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day. Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne. Foreseeing this, David spoke of the resurrection of the Messiah, saying, 'He was not abandoned to Hades, nor did his flesh experience corruption.' This Jesus God raised up, and of that all of us are witnesses."

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Psalm 16 at the Gradual

at 7:30 AM, read by all as directed

at 10:00 AM, the Cantor introduces the Refrain, which all then repeat together. The Cantor sings the verses of the psalm, with the people joining in singing the refrain where indicated.



Protect me, O God, for I take refuge in you;

I have said to the Holy One, "You are my God, my good above all other."

All my delight is upon the godly that are in the land, upon those who are noble among the people. Refrain

But those who run after other gods shall have their troubles multiplied.

Their libations of blood I will not offer, nor take the names of their gods upon my lips. Refrain

O God, you are my portion and my cup; it is you who uphold my lot.

My boundaries enclose a pleasant land; indeed, I have a goodly heritage. **Refrain**

I will bless you, O God, who gives me counsel; my heart teaches me, night after night.

I have set you always before me; because you are at my right hand I shall not fall. Refrain

My heart, therefore, is glad and my spirit rejoices; my body also shall rest in hope.

For you will not abandon me to the grave, nor let your holy one see the Pit.

You will show me the path of life; in your presence there is fullness of joy, and in your right hand are pleasures for evermore. **Refrain**

tr. The Saint Helena Psalter, Copyright © The Order of Saint Helena. All rights reserved. Used by permission. Music: The Portland Psalter, Robert A. Hawthorne, Copyright © 2002 Robert A. Hawthorne, Church Publishing, Inc. Reprinted & streamed under OneLicense.net #A-713087

Reader The Spirit is speaking.

People God's people are listening.

The Second Lesson

1 Peter 1:3-9

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith—being more precious than gold that, though perishable, is tested by fire-- may be found to result in praise and glory and honor when Jesus Christ is revealed. Although you have not seen him, you love him; and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.

Reader Hear what the Spirit is saving to God's people.

People Thanks be to God.

Please stand as you are able.



Words: Jean Tisserand (15th cent.); tr. John Mason Neale (1818-1866) Music: O filii et filiae, 888 with Alleluias, melody from Airs sur les hymnes sacrez, odes et noëls, 1623; harm. Hymnal 1982. Harmonization Copyright © by The Church Pension Fund. Reprinted & streamed under OneLicense.net #A-713087 Deacon The Holy Gospel of our Savior Jesus Christ according to John.

People Glory to you, O Christ.

John 20:19-31 The Gospel

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jewish authorities, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe." A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe." Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Deacon The Gospel of our Savior. People Praise to you, O Christ.

Please sit.

The Sermon The Rev. Anne C. Fowler

Please stand as you are able.

The Nicene Creed We believe in one God,

from Enriching our Worship

People

the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

The Creed continues on the next page...

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Leader

God of love, in this interim time, we pray for our parish family, that we may be genuine in our self-reflection, tireless in our commitment, patient in our discernment, loving in our communion, open in our search, imaginative about our future, and daring in our faith. As we enter into this new era with excitement and even some anxiety, we recall your deep compassion, presence, and abounding love. We thank you for the gifts, talents, and skills with which you have blessed us. We thank you for the experiences that have brought us to this moment. Be with us as we move forward, rejoicing with you and supporting one another. All this we pray, empowered by the love of Jesus Christ.

People Amen.

A Prayer by Anika Rinker, St. Martins in the Field Episcopal Church, Keller, TX

Leader Remembering especially all the people of this Cathedral, grant that every member of the church may truly and humbly serve you;

People That your Name may be glorified by all people.

Leader Remembering especially Michael, our Presiding Bishop; Thomas, our Bishop; and our cathedral staff

and clergy; we pray for all lay people, bishops, priests and deacons;

People That they may be faithful ministers of your Word and Sacraments.

Leader Remembering especially Joe, our President; Janet, our Governor; and all in Authority; the members

of our City Council, including Kate Snyder (Mayor), Pious Ali (At-Large), and April Fournier

(At-large), we pray for all who govern and hold authority in the nations of the world;

People That there may be justice and peace on the earth.

Leader Give us grace to do your will in all that we undertake;

People That our works may find favor in your sight.

Leader We offer prayers of healing and comfort for members of our congregation, especially those we now

name.

You are invited to add names during the silence.

Judy Merrill (mother of Stephanie Lomond Merrill), Jessica and Jonathan Gallant (daughter and son-in-law of Jack and Gail Swanton), Dylan Wiseman (friend of Terry Foster), Veronica Cutler (mother-in-law of Spencer Hugo Vidal), Regina Flynn (friend of Paul Burlin), and Joseph Edgar III (son of Jeri Edgar). Have compassion on those who suffer from any grief or trouble;

People That they may be delivered from their distress.

Leader We pray for all who have died, remembering especially the Very Rev. Stephen Foote, who was buried

from St. Luke's yesterday. Give to the departed eternal rest;

People Let light perpetual shine upon them.

Leader We praise you for your saints who have entered into joy;

People May we also come to share in your heavenly kingdom.

Leader In the Diocesan cycle of prayer we pray for St. Barnabas's, Rumford, and St. Aidan's, Machias. We

pray also for new members of the Church, penitents, and seekers. God, in your mercy,

People Hear our prayer.

Concluding Collect

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look

with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls,

and to you we give glory, now and forever.

People Amen.

The Peace

Celebrant May the peace of Christ be always with you.

People And also with you.

Please sit.

Parish Announcements

Commissioning of Interim Dean Search Committee

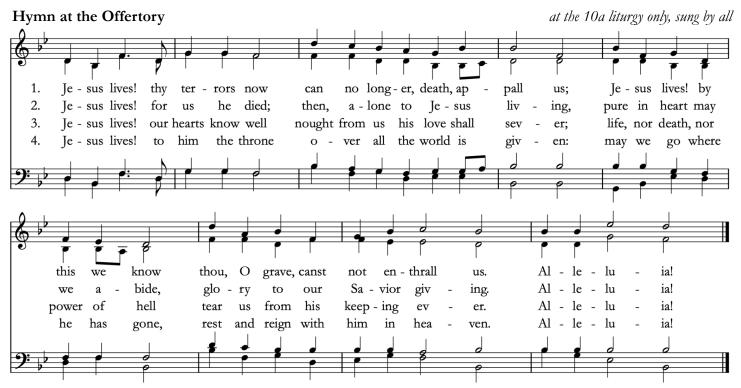
The Offering

A free will offering in support of the mission and ministry of the Cathedral is taken at this time.

All quarters in the offering plate go to support lunches for the school children in Duny, Häiti.

Online giving is available at <stlukesportland.org/give/>

Celebrant Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.



Words: Christian Furchtegott Gellert (1715-1769); tr. Frances Elizabeth Cox (1812-1897), alt.

Music: St. Albinus, 78. 78. with Alleluias, Henry John Gauntlett (1805-1876)

The Great Thanksgiving

Eucharistic Prayer A

BCP p. 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to Lord.

Celebrant Let us give thanks to the Lord our God.

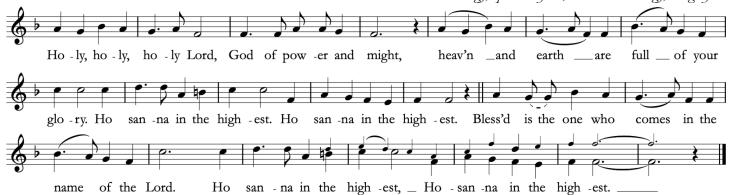
People It is right to give God thanks and praise.

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

at the 7:30a liturgy, spoken by all; at the 10a liturgy, sung by all



Music: from A Community Mass, Richard Proulx (1937-2010), Copyright © 1971, 1977 G.I.A. Publications, Inc.

Reprinted & streamed under OneLicense.net #A-713087

arr. for brass quintet & timpani, Christian M. Clough (b. 1969)

Please stand or kneel as you are able.

Celebrant

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith.

People

Christ has died.

Christ is risen.

Christ will come again.

Celebrant

We celebrate the memorial of our redemption in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Music: from A Community Mass, Richard Proulx (1937-2010), Copyright © 1971, 1977 G.I.A. Publications, Inc. Reprinted & streamed under OneLicense.net #A-713087

The Lord's Prayer

Celebrant As our Savior Christ has taught us, we are bold to say,

People Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

Fraction Anthem

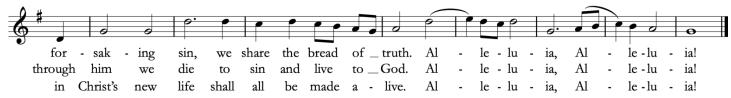
Christ our Passover (Pascha nostrum)

BCP p. 83

at the 10a liturgy only, sung by all



- 2. Now Christ is raised and will not die a-gain; death has no more do-min ion o-ver him;
- 3. In Christ we see the first fruits of the dead: though A-dam's sin had doomed all flesh to die,



Words: Carl P. Daw, Jr. (b. 1944), after the canticle "Christ our Passover" *Pascha nostrum*, 1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22, Copyright © 1987 Hope Publishing Co., Carol Stream, IL, 60188

Music: Sine Nomine, 10. 10. 10 with Alleluias, Ralph Vaughan Williams (1872-1958), Copyright © Oxford University Press Reprinted & streamed under OneLicense.net #A-713087

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion of the People

An Invitation

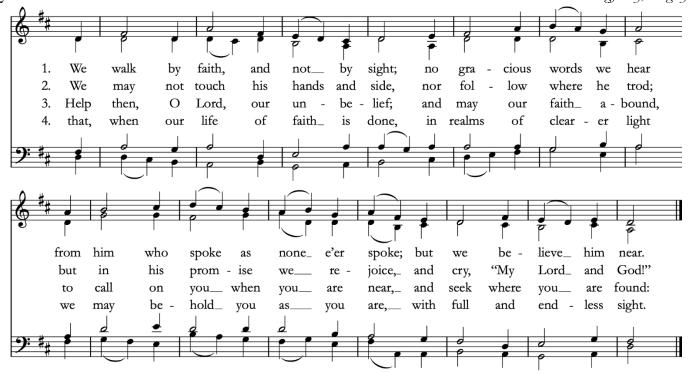
Everyone desiring a deeper relationship with Jesus Christ is invited to come forward and receive Holy Communion at this time. Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented.

If you would like to come forward and receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you.

Prayers of healing are offered in All Saints Chapel (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.

Hymns

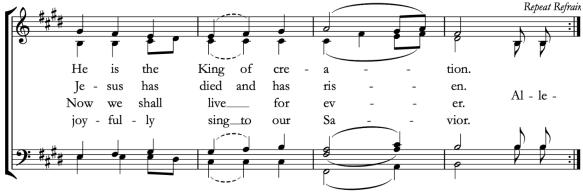
at the 10a liturgy only, sung by all



Words: Henry Alford (1810-1871), alt.

Music: St. Botolph, CM, Gordon Slater (1896-1979), by permission of Oxford University Press. Reprinted & streamed under OneLicense.net #A-713087





Words: Donald Fishel (b. 1950)

Music: Alleluia No. 1, 887. 85, Donald Fishel (b. 1950); arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938)
Words & Melody Copyright © 1973, The Word of God. All Rights Reserved. P.O. Box 8617, Ann Arbor, MI 48107.
Reprinted & streamed under OneLicense.net #A-713087

Please stand as you are able.

Postcommunion Prayer

BCP p. 365

Celebrant Let us pray. **People Eternal God,**

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace,

and grant us strength and courage to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

The Easter Blessing

Celebrant May Almighty God, who has redeemed us and made us children through the resurrection of Jesus

our Lord, bestow upon you the riches of his blessing.

People Amen.

Celebrant May God, who through the water of baptism has raised us from sin into newness of life, make you

holy and worthy to be united with Christ for ever.

People Amen.

Celebrant May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer,

bring you to your eternal inheritance.

People Amen.

Celebrant And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain

with you for ever.

People Amen.



Words: Martin Luther (1483-1546); tr. Richard Massie (1800-1887), alt. Music: Christ lag in Todesbanden, 87. 87. 78. 74, melody from Geystliche gesangk Buchleyn, 1524; adapt. and harm. Johann Sebastian Bach (1685-1750)

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!

Postlude Chorale Prelude on "Christ lag in Todesbanden" ("Christ lay in death's bands"), BWV 625 setting by Johann Sebastian Bach (1685-1750), based on a melody by Martin Luther (1483-1546) and Johann Walter (1496-1570)



Our Mission

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (Amended City Charter, Portland, Maine). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continue to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

Today, St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

We are part of the 1.7 million-member **Episcopal Church** in the United States and the 85 million-member worldwide **Anglican Communion**.

ANNOUNCEMENTS

Sunday School and Childcare Our Sunday school and nursery are both open today. Sunday school begins in the upper hall at 9:45, with children returning to their families at the Peace. The nursery is open every Sunday from 9:45-11:30. Families are always welcome!

Thank you in advance for your offering today You can donate to St. Luke's through our new and secure "Give and Text" feature. Please text "TEXTCSL" to 73256. Our 2023 Pledge Campaign is ongoing. Pledge materials and information are available at <www.stlukesportland.org>.

Town Hall Meeting to Discuss Search for an Interim Dean: Today, April 16th: For those who have not had the opportunity to do so please join Senior Warden, Sam Allen, in the Upper Hall today, at the conclusion of the 10:00a service for an update on the search for an Interim Dean. The meetings use two questions to prompt discussion about St. Luke's and what qualities we should seek in the Interim Dean:

- Provide just a few words that would help a prospective Interim Dean candidate learn about St. Luke's.
- Provide in just a few words gifts and skills that you feel are particularly important for St. Luke's Interim Dean to possess.

Sign-Up to Support Coffee Hour: Coffee Hour is a ministry of fellowship that keeps our community connected; it is especially important during this leadership transition at St. Luke's. Please consider hosting a coffee hour some Sunday this spring. Basic snacks and beverages are provided for you to serve; if you would like to augment that with fresh fruit and baked goods feel free to organize that beforehand. A sign-up sheet is located on the bulletin board, or you can follow the link below and sign up online at

https://docs.google.com/forms/d/e/1FAIpQLSc3X_2xarvBCXP8vqxuMIPYFQw1yRJmwKPUecM0CpIHmRAAhA/viewform or simply contact Meredith Cough, who will sign you up. Abundant amounts of gratitude come with the job. Thank you! —Meredith Cough meredith.cough@gmail.com or (207) 415-8207

Sign Up to Support the Flower Guild. We're pleased to announce that the 2023 Flower Chart is up on the bulletin board in the hallway opposite the Cathedral Office, and ready for your memorials and celebrations. We thank the many individuals who signed up on the flower chart in the past for their donations and special flower requests in memory of, or in honor of loved ones, and in celebration of births and anniversaries. The requested donation is \$75. Your memorials contribute to the sanctity of each service and add to the beauty of St. Luke's Cathedral.

Let your container deposits support CSL's Young Adults Ministry: St. Luke's has returned to the Clynk Initiative Program (Don't know what Clynk is? Learn about it here: https://www.clynk.com). There are bags available at both entrances to the Nave with barcodes that correspond to the CSL's account. Anyone is welcome to take a bag and are encouraged to bring it to a local redemption center or grocery store that accepts Clynk. Proceeds from this initiative will support "The Young and the Restless." For additional information contact Shana Rose shanaro931@gmail.com.

Ministry Formation Days St. Luke's is entering an exciting time of transition—from an acting priest-in-charge to a full time interim-dean to eventually, by God's grace, a new dean. As in any transition, there are areas where special attention and support for its members is helpful. This encourages a smoother "ministry in transition". This is also a time to invite increased participation, and offer the congregation fresh ways to engage, and perhaps explore joining a group "short-term"—as part of ALL of our "ministries"—"in transition". Every member of the congregation is invited to come together, and explore more about a ministry which may be calling you. The best definition of a "call" I have heard is: "something when doing brings us closer to God". This is an excellent Lenten or Easter exploration—perhaps taking even a "resurrection" look at where we are and what God is calling us to do! We are offering four separate Saturdays in April to uplift four areas of Cathedral ministry and engage the following:

- Challenges and expectations of ministry during change and how to meet them
- "What you always wanted to know about this ministry but were afraid to ask..."
- Review of existing methods and procedures
- How to support the St. Luke's Community through YOUR ministry and service.

Liturgical Ministries: April 22 | 9a-1p

Vergers, Ushers, Altar Guild, Acolytes, Flower Guild, Lectors & Intercessors

Hospitality and Support Ministries: April 22 | 1-4p Building & Grounds/Facilities, Sunday Fellowship Time (AKA Coffee Hour), Greeters, Kitchen Committee, Community Suppers, Memorial Receptions

Formation Ministries: April 29 | 9a-1p

Sunday School, Nursery, Teen Fellowship, Adult Education, Newcomer Classes

Outreach Ministries: April 29 | 1-4p

St Elizabeth's Jubilee Center, Community Kitchen, Public Policy & Environmental Action, Food Pantry

Please bring a brown-bag lunch (beverages provided), and share fellowship with fellow parishioners at the morning and afternoon events.

Community Supper Team Discussions Please attend a CSL Community Kitchen discussion on either Saturday April 22nd or 29th. The Rev. Paul St. Germain will chair sessions in the Upper Hall to discuss our ministries, provide information to parishioners, and discuss what changes might be made to better serve the parish and reflect current needs. Community Supper will be discussed on the 22nd, and we invite our loyal volunteers, attendees and anyone interested to join us and share your ideas. In light of this meeting, we will not schedule a May Community Supper, but explore the idea of the Kitchen Management Committee and its wonderful volunteers hosting the parish picnic in June, and launching a new Community Supper schedule starting in September 2023. If you have any questions or wish to join the Community Supper Team, please contact <dbr/>dbrennandaly@cathedralofstluke.org>.

PPEAT Coffee Hour Presentation Hold the date! April 23 directly after the service.

The Public Policy & Environmental Action Team is hosting the coffee hour and showing a short film from the American Resilience Project. The film explores the transition from fossil fuels to renewables with a focus on national security, economic prosperity, and environmental justice. The film shares how the challenges of modernizing the aging power grid can be tackled by the utility, auto, tech, and defense industries to make it more secure and responsive to the needs of its users while enhancing environmental performance. Come join us for the film and a brief discussion after about how we as individuals can support these important changes.

Eco-tips from the Public Policy and Environmental Action Team St. Luke's is now composting! The Cathedral is now participating in Garbage to Garden's curbside composting service. The church office and the flower guild, food pantry, kitchen and coffee hour coordinators have the combination to the locked tote, located near the dumpster. Here's what can be composted: all food waste (including cooking oil), paper (as long as it is not shiny), leaves and brush (thinner than a pencil), napkins and paper towels, non-waxed paper plates, plain cardboard with no stickers or tape (cardboard with stickers and tape can go in our brand new cardboard dumpster!). If you are not composting at home, check out Garbage to Garden's <garbagetogarden.org> residential service.

Eco-tips from the Public Policy and Environmental Action Team As mentioned in a previous eco-tip, many of todays textiles and fashions are composed of plastics and toxic chemicals. A large number of these end up in landfills where they leak these toxins into the soil. Not only do they emit hazardous contaminants, but these items take years to break down-some as many as 200 years.

Here are some locations that in the area where one can bring fabrics and clothes to be disposed of safely and diminish Apparel Impact damage to the environment:

(You can check each for a list of acceptable items)

1. evo Rock Climbing Gym: 65 Warren Ave. (24/7 bin in parking lot) 2. Portland Sports Complex: 512 Warren Ave (24/7 bin in parking lot) 3. Maine Needs: 332 Forest Ave (donations taken inside during open hours)

Monday: Closed, Tuesday: 5-7PM, Wednesday: 10AM-12PM, Thursday: Closed, Friday: Closed, Saturday: 10AM-12:00PM, Sunday: Closed

ONGOING OPPORTUNITIES

The Roots of Jesus Study Group: Join us in the Chapter Room 8:45–9:45a on Sunday mornings. Bob Hanson, Biblical scholar, linguist and theologian, leads our group. For more information, call Bob at (207) 405-8250. Activity units are distributed for each session. Assigned readings are from the Biblical books under consideration. The journey is a joyous one.

Join the Kneelers Guild and Prayer Shawl Knitters: We meet every Thursday 2:30–4:30pm in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler kits cost \$75, which include directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your varn & needles. Coffee & Tea available. Jeri Edgar: (207) 303-8447.

Urgent Need for Volunteers for Greater Portland Family Promise Warming Center The Family Promise Warming Shelter at Woodfords needs our help.

Sign up on this link:https://signup.com/go/NEEvVuF. Thank you for all you do for our families! Call any one of these three individuals with any questions or concerns:

Lynne England (207) 318-9848

Connie Bingham (207) 415-1441

Mary Linnemam (207) 409-4253

Support the Warming Center at State Street Church: Volunteers are needed nightly for an evening shift (6:00–8:30p) and an overnight shift (8:30p–7:30a). 2 volunteers are needed for each shift, every night. Sign up at https://signup.com/client/invitation2/secure/105699437208390008/false#/invitation.

The Monday Zoom Book Group is currently reading Sophfronia Scott's Louie Award winning book, *The Seeker and the Monk: Everyday Conversations with Thomas Merton.* A 2004 nominee for the African American Literary Awards best new author, Scott was hailed by Professor Henry Louis Gates as "potentially one of the best writers of her generation." In *The Seeker and the Monk*, she writes an imaginary conversation with 20th century mystic, monk and activist Thomas Merton based on his extensive private journals and offers guidance on how to live in these fraught times. As a Black woman who is not Catholic, Scott both learns from and pushes back against Merton, holding spirited, intimate conversations on race, ambition, faith, activism, nature, prayer, friendship, and love. She asks: What is the connection between contemplation and action? Want to plan ahead? Beginning in April we'll begin reading Barbara Brown Taylor's *The Luminous Web: Essays on Science and Religion*. The group meets every 1st and 3rd Monday, 6-7p, via Zoom. To join the group or receive more information, contact Linda Carleton at lindacarleton01@gmail.com>.

COMMUNITY NOTES

To reserve space for a group, meeting or event, fill out a space usage form, and check with the cathedral calendar first! Contact Avery Schott: (207) 772-5434 <office@cathedralofstluke.org>. Thanks!

Donate to The Endowment Account: Interested in the long-term future of St Luke's? Consider giving to the endowment with a regular monthly contribution or via whatever schedule works for your budget. Don't wait for planned giving, and instead, start now. Thanks to a wonderful suggestion from Tyler Christie, we have established an endowment choice on Vanco. Or if you prefer, send in a check to St Luke's, marked "For Endowment Account", and mail to PO Box 4141, or bring it to church on a Sunday. We will hold these donations in the restricted checking account, and then periodically transfer the full amount to the Endowment Account with FLPutnam (Transfer will happen at least annually.) Questions? Please reach out to Tim Wilkins, Treasurer, at <twikins@cathedralofstluke.org>.

St. Elizabeth's Essentials Pantry Thanks to all who made Stock Pot Tuesday a big success. We provide pots and pans to 336 neighbors - yet another record! We're grateful to all our partner churches and community members for making this possible through their generous donations over recent weeks. Current needs include bedding of all kinds - sheets, pillowcases, blankets and quilts.

The Healing Team offering prayers today will be Elise Magnuson and Sara Schmalz. If you have any questions about receiving prayers during these times, please email Sara Schmalz sara.schmalz@yahoo.com>.

Eastern Prom Clean Up St. Alban's Episcopal Church has invited St. Luke's to participate in an Eastern Prom clean up on April 22 from 10 AM till noon, in cooperation with the Portland Parks Conservancy. Supplies are provided, though please bring gloves and a water bottle. We meet at Portland Water District's East End Water Treatment Plant at 10 AM. Parking is available along the Eastern Prom. Map available at https://trails.org/our-trails/eastern-prom-trail/. Contact Sarah Braik at sbraik642@gmail.com to RSVP.

Medication Collection Drive

Dr. Julia McDonald, daughter of St. Luke's parishioners, Dan and Joan McDonald, is leading a medical mission trip to the mountains of Honduras in the spring. Dr. McDonald is asking for donations of medications to distribute during the mission trip.

If you are able to assist please bring donations to the parish office during the week ahead.

- -non-expired commonly used prescription medications (for blood pressure, diabetes, steroids, PPIs for reflux, antibiotics) [PPIs are proton pump inhibitors, used for GERD (gastroesophageal reflux disease) and Reflux]). Common versions are pantoprozol (Protonix), omepraziole, famotidine (Nexium)...,
- over-the counter medication (ibuprofen, tylenol, naproxen, multi-vitamins, prenatal vitamins, allergy medication, antacids, muscle rubs and salves)
- reading glasses (Dollar store), sunglasses, visine eye drops
- Toothbrushes

PLEASE NOTE

Worship Modifications in place to mitigate the spread of Covid-19 and other communicable diseases

- When the Covid Level is **green**, mask-wearing is not required for worship or other activities at St. Luke's, including singing.
- When the Covid level is **red** or **yellow**, we will ask people to mask and may follow more stringent protocols.
- We ask everyone to respect those who wish to remain masked regardless of level.
- We ask all people to use hand sanitizer as they enter the cathedral and before communion.
- We ask that people with "cold" or Covid symptoms stay home, joining us for worship online.
- Please join in our commitment of welcome and hospitality for all.

<stlukesportland.org>



The Cathedral Church of St. Luke (Episcopal) 143 State Street, Portland, Maine 04101 (street address) P.O. Box 4141, Portland, ME 04101 (mailing address) phone: (207) 772-5434 e-mail: office@cathedralofstluke.org stlukesportland.org