



St. Luke's Cathedral

## The Third Sunday in Lent

March 12th, 2023

**Welcome!**



The Cathedral Church of St. Luke  
in the  
Episcopal Diocese of Maine  
and the  
City of Portland

*Whoever you are,  
and wherever you may be on the journey of the spirit,  
The Episcopal Church welcomes you.*

**Holy Eucharist, Rite II**

*7:30am in Emmanuel Chapel*

*10:00am in the Nave & Livestreamed*

**Welcome to St. Luke's Cathedral!** We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ.

**Adult Christian Formation Opportunities** are offered throughout the academic year at 9:00 am on Sunday and occasional evenings.

**Children's Christian Formation - "Sunday School"** - for K-4 is held from 10:00-10:45 am. Opportunities for 5<sup>th</sup> grade and up begin at 11:30 am.

**Child Care is available** for children four years old and under from 9:45-11:30 am all year long. A fully staffed nursery is located through the doors to the left of the altar area and through the Upper Parish Hall.

**Music in our Worship Service:** Please note that music with organ and full choir will be a part of the liturgy at the 10:00 am service. At 7:30 am we offer a spoken, more meditative, worship experience in the Emmanuel Chapel at the west end of the cathedral.

*Please speak to any usher (or member of the parish) if you have any questions - or we may be of additional service. Thank you for coming today and hope you will make the Cathedral your spiritual home!*

### SPECIAL NOTE

**Worship Modifications** in place to mitigate the spread of **Covid-19** and other communicable diseases

- When the Covid Level is **green**, mask-wearing is not required for worship or other activities at St. Luke's, including singing.
- When the Covid level is **red** or **yellow**, we will ask people to mask and may follow more stringent protocols.
- We ask everyone to respect those who wish to remain masked regardless of level.
- We ask all people to use hand sanitizer as they enter the cathedral and before communion.
- We ask that people with "cold" or Covid symptoms stay home, joining us for worship online.
- Please join in our commitment of welcome and hospitality for all.



### Our Mission

**St Luke's acknowledges** that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people.**" - *Amended City Charter - Portland, Maine.* Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continue to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have - and always will call this place - "The Dawnland" - HOME.

**Today, St. Luke's welcomes every person** to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

We are part of the 1.7 million-member **Episcopal Church** in the United States and the 85 million-member worldwide **Anglican Communion.**

**Prelude****Hymn Prelude on Nettleton**

Setting: Craig Phillips (b. 1961)

*Please stand as you are able.***Processional Hymn***at the 10:00 am service only, sung by all*

1. Come, thou fount of ev - ery bless - ing, tune my heart to sing thy grace;  
 2. Here I raise my Eb - en - e - zer, hith - er by thy help I'm come;  
 3. O, to grace how great a debt - or, dai - ly I'm con - strained to be;

streams of mer - cy nev - er ceas - ing, call for songs of loud-est praise.  
 and I hope, by thy good plea - sure, sure - ly to ar - rive at home.  
 let that grace, Lord, like a fet - ter, bind my wan - d'ring heart to thee.

Teach me some mel - o-dious son - net, sung by flam - ing tongues a - bove.  
 Je - sus sought me when a stran - ger, Wan - d'ring from the fold of God.  
 Prone to wan - der, Lord, I feel it, prone to leave the God I love.

Praise the mount, O fix me on it, mount of God's un - chang-ing love.  
 He, to save my soul from dan - ger, in - ter - posed his pre-cious blood.  
 Here's my heart, Lord, take and seal it, seal it from thy courts a - bove.

Words: Robert Robinson (1735-1790), Music: Nettleton, 87. 87. D, melody from *A Repository of Sacred Music, Part II*, 1813; harm. Carl Haywood (b. 1949) from *Songs of Praise*, harm. Copyright © 1992, Carl Haywood. Reprinted & streamed under OneLicense.net #A-713087

**The Penitential Order**

BCP p. 351

**Celebrant** Bless the Lord who forgives all our sins.**People** **God's mercy endures forever.**

**The choir sings** Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

— *Mark 12.29-31*

Music: Charles Rus (b. 1960)

### *Deacon*

Let us confess our sins against God and our neighbor.

*Please kneel (or stand) as you are able.*

## People

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

### *Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

## People

Amen.

### *Kyrie eleison*

*at the 7:30 AM liturgy, spoken by all*

## People

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

at the 10:00 AM liturgy, sung by all

11. *Leucosia* (Leucosia) *leucosia* (Linnaeus, 1758)

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy. Christ,  
 Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy. Christ,  
 Christ, have mer - cy. Lord, have mer - cy. Lord, have  
 Christ, have mer - cy. Lord, have mer - cy. Lord, have  
 mer - cy. Lord, have mer - cy, have mer - cy.  
 Lord, have mer - cy, have mer - cy.

Music: from *Deutsche Messe*, D 872, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)  
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## The Collect of the Day

BCP p. 148

*Celebrant*

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*People*

**Amen.**

*Please sit.*

## First Lesson

*Exodus 17.1-7*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

*Reader*                   Hear what the Spirit is saying to God’s people.

*People*                **Thanks be to God.**

## Psalm 95 at the Gradual

*at 7:30 AM, vv. 1-12 read as directed*

Come, let us sing to the Holy One; let us shout for joy to the Rock of our salvation.

Let us come before God’s presence with thanksgiving, and raise a loud shout with psalms.

For you, O God, are a great God; you are great above all gods.

In your hand are the caverns of the earth, and the heights of the hills are yours also.

The sea is yours, for you made it, and your hands have molded the dry land.

Come, let us bow down and bend the knee, and kneel before God, our Maker,

For you are our God, and we are the people of your pasture and the sheep of your hand.

Oh, that today we would hearken to your voice!

Harden not your hearts, as your forebears did in the wilderness,

at Meribah, and on that day at Massah, when they tempted me;

They put me to the test, though they had seen my works.

Forty years long I detested that generation and said,

“This people are wayward in their hearts; they do not know my ways.”

So I swore in my wrath, “They shall not enter into my rest.”

tr. *The Saint Helena Psalter*

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at 10:00 AM, vv. 1-7a sung by all

Introduction

Come, let us sing to the Ho-ly One!

Let us shout for joy to the rock of our sal - va - tion. Come be-fore God's pres-ence with thanks, raise a loud shout to God with psalms! For God is a great God, a great Ru-ler a-bove all gods; in your hand are the cav-erns of the earth, the heights of the hills are yours.

The sea is yours for you made it; your hands formed the dry land.

Oh come, let us kneel to our God, and bow down be-fore God our ma-ker; for you are our God, and we are your peo-ple, and the sheep of your hand.

Words: Psalm 95.1-7a, adapt. for gender inclusivity CMC

Music: Wilmington, Irr., Dorothy J. Papadakos (b. 1960), Copyright © 1997 Dorothy J. Papadakos. Reprinted & streamed under OneLicense.net #A-713087

## The Second Lesson

### Romans 5.1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader                    Hear what the Spirit is saying to God's people.  
People                    Thanks be to God.

Please stand as you are able.

at the 10:00 AM liturgy only, sung by all

1. The first one ev-er, oh, ev-er to know of the birth of Je-sus, was the maid Ma - ry,  
2. The first one ev-er, oh, ev-er to know of Mes - si - ah, Je-sus, when he said, "I am he,"  
3. The first ones ev-er, oh, ev-er to know of the ris - ing of Je-sus, his glo - ry to be,  
was Ma - ry the maid of Gal - i - lee, and bless-èd is she, is she who be - lieves.  
was the Sa - mar - i - tan wo-man who drew from the well, and bless-èd is she, is she who per - ceives.  
they were Ma - ry, Jo - an - na, and Mag - da - lene, and bless-èd are they, are they who see.  
Oh, bless - èd is she who be - lieves in the Lord, oh, bless - èd is she who be - lieves.  
Oh, bless - èd is she who per - ceives the Lord, oh, bless - èd is she who per - ceives.  
Oh, bless - èd are they who see the Lord, oh, bless - èd are they who see.  
She was Ma - ry the maid of Gal - i - lee, and bless-èd is she, is she who be - lieves.  
"Twas the Sa - mar - i - tan wo-man who drew from the well, and bless-èd is she, is she who per - ceives.  
They were Ma - ry, Jo - an - na, and Mag - da - lene, and bless-èd are they, are they who see.

Words: Linda Wilberger Egan (b. 1946), alt. Music: *Ballad*, Irr., Linda Wilberger Egan (b. 1946), Copyright © 1983 Linda Wilberger Egan  
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*Gospeller  
People*

The Holy Gospel of our Savior Jesus Christ according to John.  
Glory to you, O Christ.

### The Gospel

*John 4.5-42*

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest?' But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*Gospeller*      The Gospel of our Savior.  
*People*      **Praise to you, O Christ.**

*Please sit.*

**The Sermon**

The Rev. Christopher Worthley, *Assisting Clergy*

*Please stand as you are able.*

**The Nicene Creed**

from *Enriching our Worship*

*People*      We believe in one God,  
                  the Father, the Almighty,  
                  maker of heaven and earth,  
                  of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
                  the only Son of God,  
                  eternally begotten of the Father,  
                  God from God, Light from Light,  
                  true God from true God,  
                  begotten, not made,  
                  of one Being with the Father;  
                  through him all things were made.

For us and for our salvation he came down from heaven,  
                  was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate;  
                  he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
                  he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
                  and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
                  who proceeds from the Father,  
                  who with the Father and the Son is worshiped and glorified,  
                  who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
                  and the life of the world to come. Amen.

## Prayers of the People

*Leader*

We celebrate today the diversity of God's people and all of creation, acknowledging we gather on territory previously occupied by the Wabanaki people and other indigenous populations, and that some of the wealth that built this cathedral came from sugar and other industry related to the slave trade. O God, we pray for your holy Church;

*People*

**That we all may be one.**

*Leader*

Remembering especially all the people of this Cathedral, grant that every member of the church may truly and humbly serve you;

*People*

**That your Name may be glorified by all people.**

*Leader*

Remembering especially Thomas, our Bishop, and our cathedral clergy, we pray for all lay people, bishops, priests and deacons;

*People*

**That they may be faithful ministers of your Word and Sacraments.**

*Leader*

Remembering especially Joe, our President; Janet, our Governor; and all in Authority; the members of our City Council, including Roberto Rodriguez (*at-large*), Anna Trevor (District 1), and Victoria Pelletier (District 2). We pray for all who govern and hold authority in the nations of the world;

*People*

**That there may be justice and peace on the earth.**

*Leader*

Give us grace to do your will in all that we undertake;

*People*

**That our works may find favor in your sight.**

*Leader*

We offer prayers of healing and comfort for members of our congregation, especially those we now name.

*You are invited to add names during the silence.*

Judy Merrill (*mother of Stephanie Lomond Merrill*), Jessica and Jonathan Gallant (*daughter and son-in-law of Jack and Gail Swanton*), Dylan Wiseman (*friend of Terry Foster*), Mikayla (*friend of Ray Murdoch Curry*) and Joseph Edgar III (*son of Jeri Edgar*). Have compassion on those who suffer from any grief or trouble.

*People*

**That they may be delivered from their distress.**

*Leader*

We pray for all who have died, remembering especially St. Luke's parishioner Cynthia Fitzgerald, who died this past Sunday. We mourn the death of the Very Rev. Steve Foote, former Dean of St. Luke's, who died Tuesday evening. Give to the departed eternal rest;

*People*

**Let light perpetual shine upon them.**

*Leader*

We praise you for your saints who have entered into joy;

*People*

**May we also come to share in your heavenly kingdom.**

*Leader*

In the Diocesan cycle of prayer we pray for St. Martin's in Palmyra and for St. Andrew's in Newcastle. We pray also for the sick and those who care for them. God, in your mercy,

*People*

**Hear our prayer.**

## Concluding Collects

*Celebrant*

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord.

*People*

**Amen.**

## A Prayer for the Congregation in Time of Transition

*Celebrant*

O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

*People*

**Amen.**

*BCP p. 515*



at the 7:30 am liturgy, spoken by all; at the 10:00 AM liturgy, sung by all

Ho - ly, ho - ly, ho - ly Lord, God of power and might, — Ho - ly, ho - ly,  
ho - ly, Lord, God of power and might, — hea - ven and earth are full, —  
full — of your glo - ry. Ho - san - na in the high - est. Ho - san - na  
in the high - est. Blessed is the one who comes — in the name of the Lord.  
Ho - san - na in the high - est. Ho - san - na in the high - est.

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*Please stand or kneel as you are able.*

*Celebrant*

We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Loving God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, God's own first gift for those who believe, to complete God's work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

We now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*All*

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

*Celebrant*

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

*Celebrant*

Remember all who minister to your Church.

Remember all your people and all who seek your truth.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets and apostles, with matriarchs and martyrs, and with Blessed Luke, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and for ever.

*People*

**AMEN.**

*Celebrant*

As our Savior Christ has taught us, we now pray,

**The Lord's Prayer**

*People*

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

**Celebrant** Christ our Passover is sacrificed for us;  
**People** Therefore let us keep the feast.

at the 10:00 AM liturgy only, sung by all



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**Celebrant** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## The Communion of the People

### An Invitation

*Everyone desiring a deeper relationship with Jesus Christ is invited to come forward and receive Holy Communion at this time. Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented.*

*If you would like to come forward and receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you.*

*Prayers of healing are offered in All Saints Chapel (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.*

## Communion Anthem

Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

at the 10:00 AM liturgy only, sung by the choir

*Lamb of God, who takes away the sins of the world have mercy on us.  
Lamb of God, who takes away the sins of the world have mercy on us.  
Lamb of God, who takes away the sins of the world grant us peace.*

Words: Mass Ordinary  
Music: from *Missa Secunda*, Hans Leo Hassler (1564-1612)

## Communion Hymn

at the 10:00 AM liturgy only, sung by all

Bless the Lord, my soul. And bless God's ho -ly Name. Bless the Lord, my soul, who leads me in to life.

Words & Music: Jacques Berthier (1923-1994)

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*Please stand as you are able.*

## Post-Communion Prayer

BCP p. 365

*Celebrant* Let us pray.

*People* Eternal God,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*Deacon* Let us bow down before God.

*Please kneel as you are able.*

## Solemn Prayer over the People

*Celebrant* Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

*People* Amen.

Please stand as you are able.

## Dismissal Hymn

at the 10:00 AM liturgy only, sung by all

1. Glo - rious things of thee are spo - ken, Zi - on, ci - ty of our God;  
2. See! the streams of liv - ing wa - ters, spring - ing from e - ter - nal love,  
3. Round each hab - i - ta - tion hov - ering, see the cloud and fire ap - pear  
4. Sa - vior, since of Zi - on's ci - ty I thro' grace a mem - ber am,

God whose word can - not be bro - ken formed thee for God's own a - bode;  
well sup - ply thy sons and daugh - ters and all fear of want re - move.  
for a glo - ry and a cov - ering, show - ing that our God is near.  
let the world de - ride or pit - y, I will glo - ry in your name.

on the Rock of A - ges found - ed, what can shake thy sure re - pose?  
Who can faint, when such a riv - er ev - er will their thirst as - suage?  
Thus de - riv - ing from their ban - ner, light by night, and shade by day,  
Fad - ing are the world's vain plea - sures, all their boast - ed pomp and show;

With sal - va - tion's walls sur - round - ed, thou may'st smile at all thy foes.  
Grace which, like our God, the giv - er nev - er fails from age to age.  
safe they feed up - on the man - na which God gives them when they pray.  
sol - id joys and last - ing trea - sures none but Zi - on's chil - dren know.

Words: John Newton (1725-1807), alt. CMC  
Music: *Austria*, 87. 87. D, Franz Joseph Haydn (1732-1809)

Deacon  
People

Let us bless our Savior.  
Thanks be to God.

Postlude

Improvisation

Music: Christian M. Clough

## Service Participants

<i>Celebrant</i>	The Rev. Anne C. Fowler, <i>Assisting Clergy</i>
<i>Preacher</i>	The Rev. Christopher Worthley, <i>Assisting Clergy</i>
<i>Assisting</i>	The Rev. Suzanne Roberts, M.D., <i>Priest Associate</i>
<i>Music Leader &amp; Organist</i>	Christian M. Clough, <i>Canon for Liturgy and Music</i>
<i>Ushers</i>	Peter Bingham, MJ Northrop, Bob Parshley, Martha Parshley
<i>Lector</i>	James Hornor
<i>Prayers Leader</i>	Curtis Maurand
<i>The Healing Team</i>	Ruth Roemer, Peter Carleton
<i>Live Streaming</i>	Jack Swanton, Sam Allen
<i>Contributing Ministries</i>	The Cathedral Choir, Acolytes, Vergers, The Flower Guild, The Altar Guild

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## WELCOME

Guests, Parish Members, Online Visitors, and Friends, we welcome you into our parish family and our worship today. If you are just passing through, we thank you for joining us. If you are here longer, we hope you will make St. Luke's your spiritual home. St. Luke's has the unique role of being both a cathedral and a parish church. Please join us for refreshments in the upper parish hall at the conclusion of the service so we may learn more about you and your spiritual journey.

## TODAY'S NEWS: LENTEN RESOURCES

**Intercessions have renewed for Lent.** The parish prayer list has renewed. If you or a loved one would like to be included on the list, please contact the parish office to update pastoral information and the nature of the prayer request. We will be renewing the prayer list in accordance with the liturgical seasons of the church.

**Notes on today's music from the Canon for Music & Liturgy** During my tenure at St. Paul & the Redeemer in Chicago, we committed to include a diversity of voices in our liturgy every week, and to highlight works by African Americans during Black History Month (February), and works by women during Women's History Month (March). I learned in that discipline that it is, sadly, harder to incorporate musical offerings by women even than by Black Americans, as the voice of women has been so squelched throughout much of the Church's, and the world's history. Today, we sing two selections by living women composers. First, our Gradual Psalm is a jazzy unison setting by multi-talented composer, writer, and organist Dorothy Papadakos, longtime Organist at the Cathedral of St. John the Divine (NYC). She played a recital on the Kotschmar Organ Series here in Portland in 1999. Second is our Sequence Hymn, "The first one ever", which is both by a woman and calls attention to the leading roles of several women in biblical stories.

You might also notice a substitution of the final stanza of our Dismissal Hymn, "Glorious things of thee are spoken". What we have come to know as the final stanza reads, "Blest inhabitants of Zion, washed in the Redeemer's blood! Jesus, whom their souls rely on, makes them kings and priests to God. 'Tis his love his people raise over self to reign as kings: and as priests, his solemn praises each for a thank-offering brings." This is actually the fourth of five stanzas. Today, I substituted in the original fifth stanza (perhaps omitted from many hymnals because of, as *The Hymnal 1982 Companion* posits, "the oblique reference to the Calvinist doctrine of election"), and omit the one quoted above, because I couldn't conjure up an artful, yet theologically cogent, alteration of the text to remove all the times it says we are to be made "kings" ... a declaration that clearly omits more than half the worshiping population based solely on sex/gender. Alas, there is no resolution to these questions that will please everyone (including those who would choose to respect the original writer and his creation) as we continue, collectively, to seek language that expresses the fullness of God in a way that suits and embraces everyone.

**A Spiritual Journey through LENT 2023** *Our Hope for Years to Come: The Search for Spiritual Sanctuary*, meditations by Christian historian **Martin Marty** and photographer **Micah Marty**. Explore the depths of the soul on a journey of "ressourement" (or a return to the divine source) in this modern spiritual classic. Through images, hymnody, and words, let us wade into the "well-spring of living water" and discover the Spirit's own sanctuary. This individual journey begins on Ash Wednesday and triumphs on Easter morning. Throughout Lent, this theme will be uplifted

in a number of ways – from sermons to the “mere Christianity” of C.S. Lewis. Several meditation “spaces” around the cathedral will be available to encounter this book. We are invited to pause, ponder, and perhaps reflect upon the divine beginnings (or sparks) of our faith.

**2023 LENTEN PROGRAM “Walking with Jack”** (The Story of C.S. Lewis), presented by Paul St. Germain. Thursdays in March (2, 9, 16, 23 & 30), 7:00 to 9:00 PM. This tells the story of how C.S. Lewis, a brilliant atheist, considered by many the greatest Christian writer in the English language, embraced faith in Jesus Christ in the mid-twentieth century. “Walking with Jack” is a series of multimedia events that will include illustrated presentations reflecting 40 years of study and travel to Oxford University and Lewis’s home, The Kilns.

- the biographical tribute: **“The Magic Never Ends”** (narrated by Sir Ben Kingsley)
- the 1993 movie **“Shadowlands”** (starring Anthony Hopkins and Debora Winger)
- an old-fashioned “reading-group style” gathering to hear passages from *Mere Christianity*, *The Screwtape Letters*, *The Great Divorce*, *A Grief Observed*, and the beloved *Chronicles of Narnia*.

Refreshments will be served.

### **The St. Luke’s Public Policy and Environmental Action Team Lenten Resources**

- The Creation Justice Ministries 2023 Lent Resource: Daily Reflection-Action Calendar to Cultivate Creation Justice can be downloaded at <<https://tinyurl.com/4sv32a5d>>. This calendar includes daily tips for personal action, learning, advocacy and reflection.
- The Rev. Mary Jane O’Connor-Ropp, of St. David’s in Kennebunk, has developed Walking with Suffering Creation: A Meditative Experience in Eight Days, which can be downloaded at <<https://tinyurl.com/cmsrrpps>>. Each meditation includes an invitation, reflection and prayer, and they need not be done on consecutive days.

## **ANNOUNCEMENTS**

**Sunday School and Childcare** Our Sunday school and nursery are both open today. Sunday school begins in the upper hall at 9:45, with children returning to their families at the Peace. The nursery is open every Sunday from 9:45-11:30. Families are always welcome!

**Thank you in advance for your offering today** You can donate to St. Luke’s through our new and secure “Give and Text” feature. Please text **“TEXTCSL”** to **73256**. Our 2023 Pledge Campaign is ongoing. Pledge materials and information are available at <[www.stlukesportland.org](http://www.stlukesportland.org)>.

**Sign-Up to Support Coffee Hour:** Coffee Hour is a ministry of fellowship that keeps our community connected, it is especially important during this leadership transition at St. Luke’s.

Please consider hosting a coffee hour some Sunday this spring. Basic snacks and beverages are provided for you to serve, if you would like to augment that with fresh fruit and baked goods feel free to organize that beforehand. A sign-up sheet is located on the bulletin board or you can click the link below and sign up online or simply contact me and I’ll sign you up. Abundant amounts of gratitude come with the job, thank you!

Email Meredith Cough <[meredith.cough@gmail.com](mailto:meredith.cough@gmail.com)> or call 207-415-8207

**Sign Up to Support the Flower Guild.** We’re pleased to announce that the 2023 Flower Chart is up on the bulletin board and ready for your memorials and celebrations. We thank the many individuals who signed up on the flower chart in the past for their donations and special flower requests in memory of, or in honor of loved ones, and in celebration of births and anniversaries. The requested donation is \$75. Your memorials also contribute to the sanctity of each service and add to the beauty of St. Luke’s Cathedral.

**Please join us for this month’s The Young and the Restless get-together!** This month Madeleine Nowak and Shana Rose will be hosting a PowerPoint and Pizza Party! Have burning passion for a special topic, such as sport, music or anything in between? Want to share something you just learned or deeply care about? Think you need to (re)introduce yourself to Y&R? Well tonight is your night!! Come on over with your prepared PowerPoint and bring some goodies to munch on. Mads and Shana will take care of getting pizza from Leonardo’s. The party will start at 6:30 pm, March 13th. Please let Shana know that you are coming and what goodies you are bringing by emailing:

shanaro931@gmail.com or texting: 610.568.8907. Their address will be available upon request. We hope to see you there!

## ONGOING OPPORTUNITIES

**St. Elizabeth's Essentials Pantry** Winter has finally arrived, and our neighbors are in great need of mittens, gloves and hats for both adults and children. You can drop them off in the blue box next to the stairs at the Park Street entrance to the Cathedral.

**Hannaford Giving Tag Program** Anytime you are in a Hannaford you can purchase new reusable bags and follow instructions on the tag to choose **ST LUKE's FOOD PANTRY** from their list and \$1. comes to us. Even better: throughout March, all bags purchased at the Hannaford on **Cottage Road in South Portland** all donations automatically come to St. Luke's, no need to register online.

**Please drop off all donations in the upper hall or call the parish office at 207-772-5434 with any questions that you may have regarding donating.**

**St. Luke's Food Pantry Needs a Deeper Bench on Thursday** Know anybody? We're looking for a few good people who can lift 20 pounds, roll carts around, and laugh at our jokes for a couple of hours Thursday mornings. I wouldn't say that St. Luke's Food Pantry Volunteers are the best people to spend time with, but our volunteers are the best people, they are interesting, caring, and sometimes witty. Also: the work is compelling and satisfying. If we get a couple more folks we can staff an information table to address other community needs.

**The Roots of Jesus Study Group:** Join us in the Chapter Room from 8:45–9:45 a.m. on Sunday mornings. Bob Hanson, Biblical scholar, linguist and theologian, leads our group. For more information call Bob at (207) 405-8250. Activity units are distributed for each session. Assigned readings are from the Biblical books under consideration. The “journey is a joyous one.”

**Join the Kneelers Guild and Prayer Shawl Knitters** We meet every Thursday 2:30-4:30 in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler Kits are \$75, which includes directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your yarn & needles. Coffee & Tea available. Jeri Edgar: (207) 303-8447.

**Greater Portland Family Promise New Warming Center Needs Volunteers** The new Warming Shelter located at Woodfords Church is up and running and we need volunteers to help cover the 5 shifts a day in this 24/7 endeavor. If you could help, sign up with this link: <<https://signup.com/go/NEEvVuF>>. If you are new to Family Promise, we simply ask that you sign up to work with a trained volunteer. Again, thank you for all you do for our families! Call any one of these three individuals with any questions or concerns:

Lynne England (207) 318-9848      Connie Bingham (207) 415-1441      Mary Linnemam (207) 409-4253

**Support the Warming Center at State Street Church:** Volunteers are needed nightly for an evening shift (6:00–8:30pm) and an overnight shift (8:30pm–7:30am). 2 volunteers are needed for each shift, every night. Sign-up at <<https://signup.com/client/invitation2/secure/105699437208390008/false#/invitation>>

**New Ventures Maine** Apr. 11 | 6:00–7:30pm Location: St. Luke's Cathedral Community Kitchen, 143 Park St., Portland, ME 04101. New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution. Tuition-free class open to Maine adults visit <[bit.ly/NVMEStartABusiness](http://bit.ly/NVMEStartABusiness)>. For information, contact: <[sarahp@maine.edu](mailto:sarahp@maine.edu)>.

**The St. Luke's Public Policy and Environmental Action Team** will meet Tuesday March 14 from 6:00–7:00pm. All are welcome. Join us via Zoom at <https://us02web.zoom.us/j/84720747917>. For more information email Sarah Braik <[sbraik642@gmail.com](mailto:sbraik642@gmail.com)>.

**The St. Luke's Public Policy and Environmental Action Team Eco-Tips** Did you know that Maine produces only 0.3% of total US carbon emissions? Did you know that Maine is the only state with both U.S. senators on the Climate Solutions Caucus? That's the group of 14 senators who will hammer out whatever policy will be voted on by the Senate. Thus, we have potentially twice as much influence over what the Senate will do – or not do – than any other state in the union. This is the time to exercise your political power as a person of faith by contacting Senator Collins and Senator King. Tell them that your faith requires you to protect God's good earth and ask them

to introduce policies that, by governmental regulation or market pricing, drive down U.S. emissions, take back power from the polluters and press foreign countries to do the same.

**The Monday Zoom Book Group** is currently reading Sophronia Scott's Louie Award winning book, *The Seeker and the Monk: Everyday Conversations with Thomas Merton*. A 2004 nominee for the African American Literary Awards best new author, Scott was hailed by Professor Henry Louis Gates as "potentially one of the best writers of her generation." In *The Seeker and the Monk*, she writes an imaginary conversation with 20th century mystic, monk and activist Thomas Merton based on his extensive private journals and offers guidance on how to live in these fraught times. As a Black woman who is not Catholic, Scott both learns from and pushes back against Merton, holding spirited, intimate conversations on race, ambition, faith, activism, nature, prayer, friendship, and love. She asks: What is the connection between contemplation and action? Want to plan ahead? Beginning in April we'll begin reading Barbara Brown Taylor's *The Luminous Web: Essays on Science and Religion*. The group meets every 1st and 3rd Monday from 6:00–7:00pm, via Zoom. To join the group or receive more information, contact Linda Carleton at <[lindacarleton01@gmail.com](mailto:lindacarleton01@gmail.com)>.

**St. Elizabeth's Pantry** During the month of March, St. E's is launching a drive for stock pots of all sizes to distribute to our neighbors. Can you help us kick off our drive by donating gently used stock pots (with lids) from your household? New items can be purchased directly from our Amazon Wishlist <[https://www.amazon.com/hz/wishlist/ls/1DRM2RRCIN8YE?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/1DRM2RRCIN8YE?ref_=wl_share)>. As more and more neighbors visit us each week, we are looking to collect over 300 stock pots.

## COMMUNITY NOTES

**5:15 pm Eucharist is on hiatus** until the appointment of a full-time Interim Dean. For additional information, please email the Rev. Dr. K. Paul St. Germain at <[pstgermain@cathedralofstluke.org](mailto:pstgermain@cathedralofstluke.org)>.

**To reserve space for a group, meeting or event** Fill out a space usage form and check with the cathedral calendar first! Contact Avery Schott: (207) 772-5434 <[office@cathedralofstluke.org](mailto:office@cathedralofstluke.org)>. Thanks!

**Donate to The Endowment Account:** Interested in the long- term future of St Luke's? Consider giving to the endowment with a regular monthly contribution or via whatever schedule works for your budget. Don't wait for planned giving, and instead, start now. Thanks to a wonderful suggestion from Tyler Christie, we have established an endowment choice on Vanco. Or if you prefer, send in a check to St Luke's, marked "For Endowment Account", and mail to PO Box 4141, or bring it to church on a Sunday. We will hold these donations in the restricted checking account, and then periodically transfer the full amount to the Endowment Account with FLPutnam (Transfer will happen at least annually.). Questions? Please reach out to Tim Wilkins, Treasurer, at <[twilkins@cathedralofstluke.org](mailto:twilkins@cathedralofstluke.org)>.

**The Healing Team** offering prayers today will be Ruth Roemer and Peter Carleton.

March 19	Elise Magnuson and Mary Strnad
March 26	Gail Kesich and Judd Hume
April 2	Mary Strnad and Oscar Mokeme

If you have any questions about receiving prayers during these times, please contact Judd Hume at [jwilliamhume@gmail.com](mailto:jwilliamhume@gmail.com) or at (207) 773-5611.



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