

The Third Sunday of Easter

April 23rd, 2023

Welcome!



"Stay with us, because it is almost evening and the day is now nearly over."

woodcarving by Anton Lang (1875-1938), part of a set donated to St. Paul's Episcopal Church (now St. Paul & the Redeemer),

Hyde Park/Kenwood, Chicago, Illinois, by Mrs. Julius Moessel, after a fire destroyed the first church building.

Lang was a German studio potter and an actor in the Oberammergau Passion Play.

He played the role of Jesus Christ in 1900, 1910, and 1922. He was the Prologue Speaker in 1930 and again in the Jubilee Production of 1934.

The Cathedral Church of St. Luke
in the
City of Portland
and the
Episcopal Diocese of Maine

Whoever you are, and wherever you may be on the journey of the spirit, The Episcopal Church welcomes you.

Holy Eucharist, Rite II

7:30AM in Emmanuel Chapel 10:00AM in the Nave & Livestreamed

Welcome to St. Luke's Cathedral!

We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ.

St. Luke's Territorial Acknowledgement

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (Amended City Charter, Portland, Maine). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continues to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

Adult Christian Formation Opportunities are offered throughout the academic year at 9:00AM on Sunday and occasional evenings

Children's Christian Formation (Sunday School) and Child Care: Our Sunday school and nursery are both open today. Sunday school begins in the Upper Parish Hall at 9:45AM, with children returning to their families at the Peace. The nursery is open every Sunday from 9:45-11:30AM. Families are always welcome!

Music in our Worship Service: Please note that music with organ and full choir is part of the liturgy at the 10:00AM service. At 7:30AM, we offer a spoken, more meditative, worship experience in the Emmanuel Chapel at the west end of the cathedral.

Please speak to any usher (or member of the parish) if you have any questions, or if we may be of additional service. Thank you for coming today and we hope you will make the Cathedral your spiritual home!

Communion Practices in Accordance with Diocesan Instructions: Beginning on the Day of Pentecost, St Luke's will modify its communion practices slightly to fully align with the most recent diocesan teaching. This calls for communion in "both kinds" (bread and wine) and a return to the "common cup" (to be administered in the traditional manner—NOT intinction OR placement upon the tongue). For a number of people this will mean a change in how we receive—and will be more difficult for some than for others. Remember that communion in "one kind" (the bread alone) is considered "full communion"—as it has done for centuries. Celebrants at the Holy Eucharist will continue to sanitize their hands, and then use the "lavabo bowl" to wash further. If you have any questions or concerns, please feel free to speak with any member of the cathedral clergy.

Service Participants

Preacher Christian M. Clough, Canon for Liturgy and Music

Celebrant The Rev. Dr. Paul St. Germain, Transition Priest in Charge (7:30AM)

The Rev.'d Christopher Worthley, Assisting Priest (10AM)

Assisting The Rev. Rebecca Grant, Deacon

Music Leader & Organist Christian M. Clough, Canon for Liturgy and Music

Assistant Organist Randall Mullins
Lector M. Parker Roberts

Prayers Leader Mary Linneman

Ushers MJ Northrop, Mary Linneman, Gail Swanton

Head Verger Eleanor Roberts

The Healing Team Mary Strnad, Betsey Deleuse Live Streaming Jack Swanton, Sam Allen

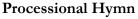
Contributing Ministries Acolytes, Vergers, The Flower Guild, The Altar Guild, The Cathedral Choir

chorale prelude on "Es ist das Heil uns kommen her"

("It is our salvation come here to us")

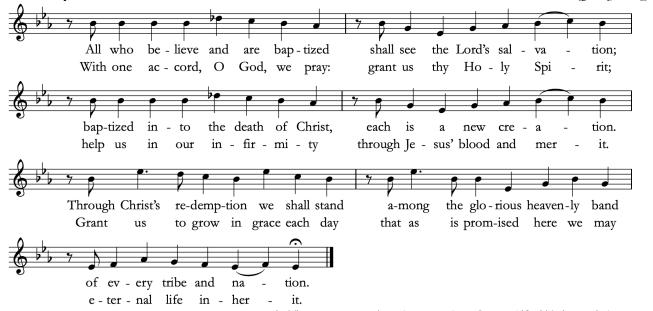
Music: anonymous, after Hans Leo Hassler (1564-1612), alt.

Please stand as you are able.



at the 10AM liturgy only, sung by all

BCP p. 355



Words: Thomas Hansen Kingo (1634-1703); tr. George Alfred Taylor Rygh (1860-1942), alt. Music: Es ist das Heil, 87. 87. 887, Hans Leo Hassler (1564-1612), alt.

The Opening Acclamation

Alleluia. Christ is risen!

People Christ is risen indeed. Alleluia!

Celebrant May God be with you **People** And also with you.

Celebrant Let us pray.

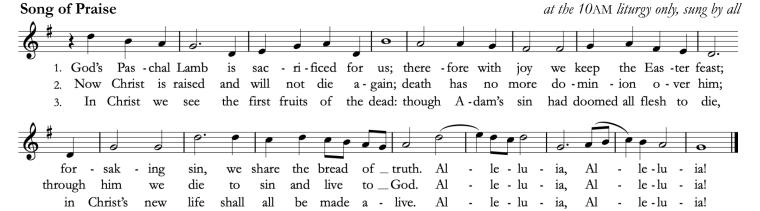
The Collect for Purity

People

Celebrant

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.



Words: Carl P. Daw, Jr. (b. 1944), after the canticle "Christ our Passover" *Pascha nostrum*, 1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22,

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Music: *Sine Nomine*, 10. 10. 10 with Alleluias, Ralph Vaughan Williams (1872-1958), Copyright © Oxford University Press

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Celebrant The Lord be with you. **People** And also with you.

Celebrant Let us pray.

Collect of the Day

Celebrant O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the

eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you,

in the unity of the Holy Spirit, one God, now and forever. Amen.

People Amen.

Please sit.

Reader The Spirit is speaking.

People God's people are listening.

The First Lesson

Acts 2:14a, 36-41

Peter, standing with the eleven, raised his voice and addressed the crowd, "Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?" Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him." And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation." So those who welcomed his message were baptized, and that day about three thousand persons were added.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Psalm 116.1-3, 10-17 at the Gradual

at 7:30AM, read by all as directed, at 10:00AM, sung by the choir

I love you, O God, because you have heard the voice of my supplication,

because you have inclined your ear to me whenever I called upon you.

The cords of death entangled me; the grip of the grave took hold of me; I came to grief and sorrow.

Then I called upon your holy Name: "O God, I pray you, save my life."

How shall I repay God for all the good things done for me?

I will lift up the cup of salvation and call upon the Name of God.

I will fulfill my vows to God in the presence of all people.

Precious in your sight, O God, is the death of your servants.

O God, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds.

I will offer you the sacrifice of thanksgiving and call upon your holy Name.

I will fulfill my vows to you in the presence of all your people,

In the courts of God's house, in the midst of you, O Jerusalem. Alleluia!

tr. The Saint Helena Psalter, Copyright © The Order of Saint Helena. All rights reserved. Used by permission.

Music: Anglican chant by Henry Walford Davies (1869-1941)

Reader The Spirit is speaking.

People God's people are listening.

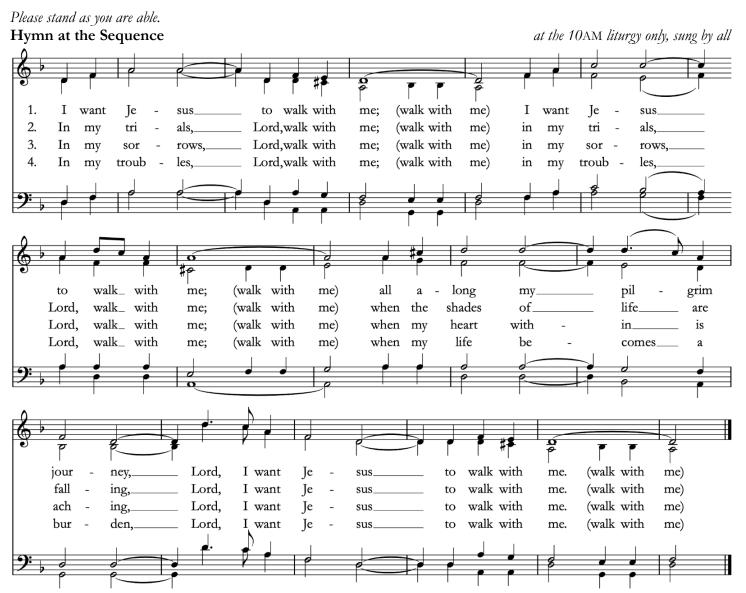
The Second Lesson

1 Peter 1:17-23

If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God. Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



Words: traditional; Music: Negro spiritual, arr. Carl Haywood (b. 1949) from *The Haywood Collection of Negro Spirituals* reprinted & streamed under OneLicense.net #A-713087

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.

Glory to you, O Christ. People

Luke 24:13-35 The Gospel

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Deacon The Gospel of our Savior. People Praise to you, O Christ.

Please sit.

The Sermon

Christian M. Clough, Canon for Liturgy and Music

from Enriching our Worship

Please stand as you are able.

The Nicene Creed

People We believe in one God,

the Father, the Almighty, maker of heaven and earth,

of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made,

of one Being with the Father;

through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People

Leader

God of love, in this interim time, we pray for our parish family, that we may be genuine in our self-reflection, tireless in our commitment, patient in our discernment, loving in our communion, open in our search, imaginative about our future, and daring in our faith. As we enter into this new era with excitement and even some anxiety, we recall your deep compassion, presence, and abounding love. We thank you for the gifts, talents, and skills with which you have blessed us. We thank you for the experiences that have brought us to this moment. Be with us as we move forward, rejoicing with you and supporting one another. All this we pray, empowered by the love of Jesus Christ.

People Amen.

A Prayer by Anika Rinker, St. Martins in the Field Episcopal Church, Keller, TX

Leader Remembering especially all the people of this Cathedral, grant that every member of the church may

truly and humbly serve you;

People That your Name may be glorified by all people.

Leader Remembering especially Michael, our Presiding Bishop; Thomas, our Bishop; and our cathedral staff

and clergy; we pray for all lay people, bishops, priests and deacons;

People That they may be faithful ministers of your Word and Sacraments.

Leader Remembering especially Joe, our President; Janet, our Governor; and all in Authority; the members

of our City Council, including Roberto Rodriguez (At-Large), Anna Trevorrow (District 1), and Victoria Pelletier (District 2). We pray for all who govern and hold authority in the nations of the

world;

People That there may be justice and peace on the earth.

Leader Give us grace to do your will in all that we undertake;

People That our works may find favor in your sight.

Leader We offer prayers of healing and comfort for members of our congregation, especially those we now

name.

You are invited to add names during the silence.

Judy Merrill (mother of Stephanie Lomond Merrill), Jessica and Jonathan Gallant (daughter and son-in-law of Jack and Gail Swanton), Dylan Wiseman (friend of Terry Foster), Veronica Cutler (mother-in-law of Spencer Hugo Vidal), Regina Flynn (friend of Paul Burlin), Sarah Braik, and Joseph Edgar III (son of Jeri Edgar).

Have compassion on those who suffer from any grief or trouble;

People That they may be delivered from their distress.

Leader We pray for all who have died, remembering especially Diana Watlington, who died this past Sunday.

Give to the departed eternal rest;

People Let light perpetual shine upon them.

Leader We praise you for your saints who have entered into joy;

People May we also come to share in your heavenly kingdom.

Leader In the Diocesan cycle of prayer we pray for St. Ann's in Windham and St. Paul's in Brunswick. We

pray also for the needy and the hungry and for our planet.

People Hear our prayer.

Concluding Collect

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look

with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls,

and to you we give glory, now and forever.

People Amen.

The Peace

Celebrant May the peace of Christ be always with you.

People And also with you.

Please sit.

Parish Announcements

The Offering

Celebrant Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.



A free will offering in support of the mission and ministry of the Cathedral is taken at this time.

All quarters in the offering plate go to support lunches for the school children in Duny, Häiti.

Online giving is available at <stlukesportland.org/give/>

Anthem at the Offertory

Ye choirs of new Jerusalem, your sweetest notes employ, the Paschal victory to hymn in strains of holy joy. For Judah's Lion bursts his chains, crushing the serpent's head;

And cries aloud through death's domains to wake the imprisoned dead.

Devouring depths of hell their prey at his command restore;

His ransomed hosts pursue their way where Jesus goes before.

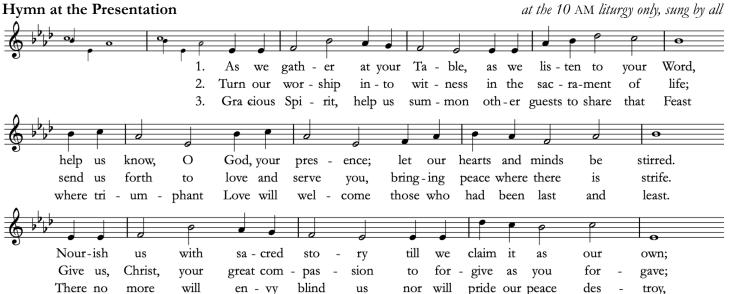
Triumphant in his glory now to him all power is given; to him in one communion bow all saints in earth and heaven. While we his soldiers praise our King, his mercy we implore,

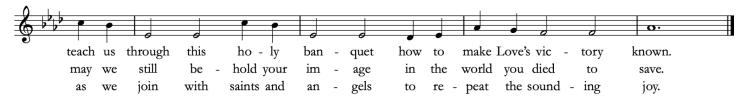
Within his palace bright to bring and keep us evermore.

All glory to the Father be, all glory to the Son, all glory, Holy Ghost, to thee, while endless ages run. Alleluia!

Words: St. Fulbert of Chartres (952/970—10 April 1028); tr. R. Campbell and compilers Music: Charles Villiers Stanford (1852-1924)

Please stand as you are able.





Words: Carl P. Daw, Jr. (B. 1944), Copyright © 1989 Hope Publishing Co., Carol Stream, IL Music: Raquel, 87. 87. D, Skinner Chávez-Melo (1944-1992), Copyright © Juan Francisco Chavez-Melo, the Estate of Skinner Chávez-Melo Reprinted & streamed under OneLicense.net #A-713087

The Great Thanksgiving

Eucharistic Prayer A

BCP p. 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

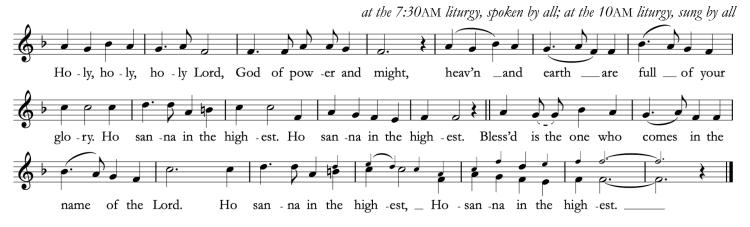
People We lift them to Lord.

Celebrant Let us give thanks to the Lord our God. **People** It is right to give God thanks and praise.

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: from A Community Mass, Richard Proulx (1937-2010), Copyright © 1971, 1977 G.I.A. Publications, Inc.
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Please stand or kneel as you are able.

Celebrant

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

Celebrant

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith.

People

Christ has died. Christ is risen.

Christ will come again.

Celebrant

We celebrate the memorial of our redemption in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Music: from A Community Mass, Richard Proulx (1937-2010), Copyright © 1971, 1977 G.I.A. Publications, Inc. Reprinted & streamed under OneLicense.net #A-713087

The Lord's Prayer

Celebrant

As our Savior Christ has taught us, we are bold to say,

People

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us; People Therefore let us keep the feast. Alleluia.

Fraction Anthem

at the 10AM liturgy only, sung by all

The Cantor introduces the refrain, which all then repeat. The Cantor sings the verses of the fraction anthem; the people sing the refrain where indicated.



The bread which we break, alleluia, is the communion of the body of Christ. Refrain One body are we, alleluia, for though many, we share one bread. Refrain

Words: refrain after Luke 24.35; verses from 1 Cor. 10.16-17 Music: Mode 6 melody, adapt. Mason Martens (b. 1933), Copyright © 1971 Mason Martens, reprinted & streamed under OneLicense.net #A-713087

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

10

The Communion of the People

An Invitation

Everyone desiring a deeper relationship with Jesus Christ is invited to come forward and receive Holy Communion at this time. Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented.

If you would like to come forward and receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you.

Prayers of healing are offered in All Saints Chapel (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.

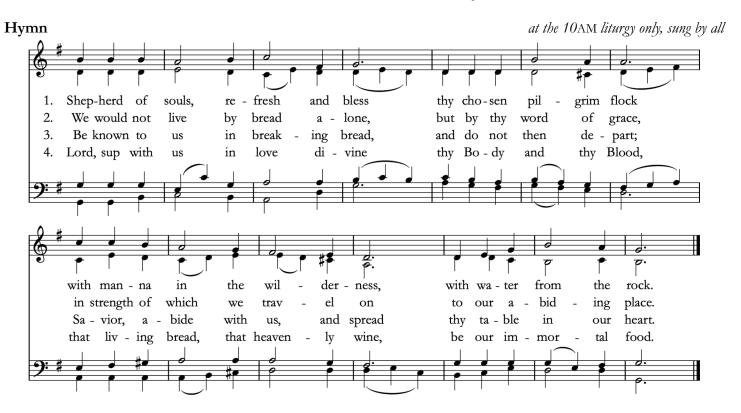
Anthem

Come, risen Lord, and deign to be our guest; nay, let us be thy guests; the feast is thine; thyself at thine own board make manifest in thine own Sacrament of Bread and Wine.

We meet, as in that upper room they met; thou at the table, blessing, yet dost stand: "This is my Body"; so thou givest yet: faith still receives the cup as from thy hand. One body we, one Body who partake, one Church united in communion blest; one Name we bear, one Bread of life we break, with all thy saints on earth and saints at rest.

One with each other, Lord, for one in thee, who art one Savior and one living Head; then open thou our eyes, that we may see; be known to us in breaking of the Bread.

Words: George Wallace Briggs (1875-1959), alt., by permission of Oxford University Press Music: Rosedale, 10 10, 10 10, Leo Sowerby (1895-1968), Copyright © 1969 by H. W. Gray, a division of Belwin-Mills Publishing Corp. Reprinted & streamed under OneLicense.net #A-713087



Words: James Montgomery (1771-1845), alt. Music: St. Agnes, CM, melody John Bacchus Dykes (1823-1876); harm. Richard Proulx (b. 1937), after John Bacchus Dykes (1823-1876). Copyright © 1985, G.I.A. Publications, reprinted & streamed under OneLicense.net #A-713087

Please stand as you are able.

Postcommunion Prayer

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Celebrant Let us pray. **People Eternal God,**

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace,

and grant us strength and courage to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

The Easter Blessing

Celebrant May Almighty God, who has redeemed us and made us children through the resurrection of Jesus

our Lord, bestow upon you the riches of his blessing.

People Amen.

Celebrant May God, who through the water of baptism has raised us from sin into newness of life, make you

holy and worthy to be united with Christ for ever.

People Amen.

Celebrant May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer,

bring you to your eternal inheritance.

People Amen.

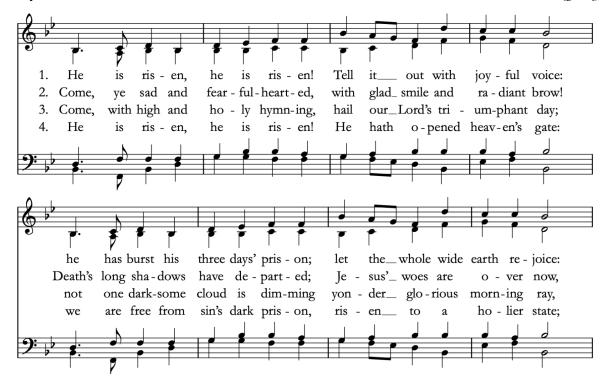
Celebrant And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain

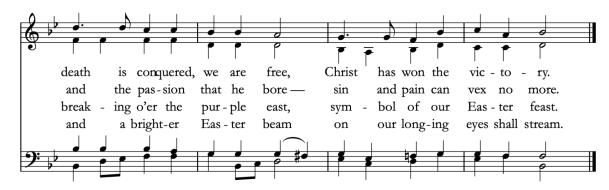
with you for ever.

People Amen.

Dismissal Hymn

at the 10AM liturgy only, sung by all





Words: Cecil Frances Alexander (1818-1895), alt. Music: Unser Herrscher, 87. 87. 77, Joachim Neander (1650-1680)

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!

PostludeLe Banquet Céleste Olivier Messiaen (1908-1992)

The Celestial Banquet

"Celui qui mange ma chair et boit mon sang demeure en moi et moi en lui." "Whoever eats my flesh and drinks my blood dwells in me, and I in him."



Today, St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

We are part of the 1.7 million-member **Episcopal Church** in the United States and the 85 million-member worldwide **Anglican Communion**.

TODAY'S NEWS

PPEAT Coffee Hour Presentation Today! Directly after the Service in the Upper Hall: The Public Policy & Environmental Action Team is hosting the coffee hour today in the Upper Hall and showing a short film from the American Resilience Project. The film explores the transition from fossil fuels to renewables with a focus on national security, economic prosperity, and environmental justice. The film shares how the challenges of modernizing the aging power grid can be tackled by the utility, auto, tech, and defense industries to make it more secure and responsive to the needs of its users while enhancing environmental performance. Come join us for the film and a brief discussion after about how we as individuals can support these important changes.

Ministry Formation Days, from Paul St. Germain, Transition Priest-in-Charge: St. Luke's is entering an exciting time of transition—from an acting priest-in-charge to a full time interim-dean to eventually, by God's grace, a new dean. As in any transition, there are areas where special attention and support for its members is helpful. This encourages a smoother "ministry in transition". This is also a time to invite increased participation, and offer the congregation fresh ways to engage, and perhaps explore joining a group "short-term"—as part of ALL of our "ministries"—"in transition". Every member of the congregation is invited to come together, and explore more about a ministry which may be calling you. The best definition of a "call" I have heard is: "something when doing brings us closer to God". This is an excellent Easter exploration—perhaps taking even a "resurrection" look at where we are and what God is calling us to do! One more ministry formation day remains to uplift areas of Cathedral ministry and engage the following:

- Challenges and expectations of ministry during change and how to meet them
- "What you always wanted to know about this ministry but were afraid to ask..."
- Review of existing methods and procedures
- How to support the St. Luke's Community through YOUR ministry and service.

Formation Ministries: April 29 | 9AM-1PM

Sunday School, Nursery, Teen Fellowship, Adult Education, Newcomer Classes

Outreach Ministries: April 29 | 1-4PM

St Elizabeth's Jubilee Center, Community Kitchen, Public Policy & Environmental Action, Food Pantry

Please bring a brown-bag lunch (beverages provided), and share fellowship with fellow parishioners at the morning and afternoon events.

COMMUNITY ANNOUNCEMENTS

Community Supper Team Discussion Please attend a CSL Community Kitchen discussion on Saturday April 29th at 1:00PM. The Rev. Paul St. Germain will chair sessions in the Upper Hall to discuss our ministries, provide information to parishioners, and discuss what changes might be made to better serve the parish and reflect current needs. Community Supper was discussed yesterday, April 22nd. This coming week we invite our loyal volunteers, attendees and anyone interested to join us and share your ideas. In light of this meeting, we will not schedule a May Community Supper, but explore the idea of the Kitchen Management Committee and its wonderful volunteers hosting the parish picnic in June, and launching a new Community Supper schedule starting in September 2023. If you have any questions or wish to join the Community Supper Team, please contact <dbrennandaly@cathedralofstluke.org>.

Eco-tips from the Public Policy and Environmental Action Team As mentioned in a previous eco-tip, many of today's textiles and fashions are composed of plastics and toxic chemicals. A large number of these end up in landfills where they leak these toxins into the soil. Not only do they emit hazardous contaminants, but they take years to break down—some as many as 200 years. Here are some locations in the area where one can bring fabrics and clothes to be disposed of safely and diminish apparel impact damage to the environment (You can check each for a list of acceptable items.):

- evo Rock Climbing Gym, 65 Warren Ave (24/7 bin in parking lot)
- Portland Sports Complex, 512 Warren Ave (24/7 bin in parking lot)
- Maine Needs, 332 Forest Ave (donations taken inside during open hours: Tue 5-7PM; Wed & Sat 10AM-noon; all other days, closed)

St. Elizabeth's Essentials Pantry Thanks to all who made Stock Pot Tuesday a big success. We provide pots and pans to 336 neighbors - yet another record! We're grateful to all our partner churches and community members for making this possible through their generous donations over recent weeks. Current needs include bedding of all kinds: sheets, pillowcases, blankets and quilts.

The Healing Team offering prayers today will be Mary Strnad and Betsey Deleuse. If you have any questions about receiving prayers during these times, please email Sara Schmalz <sara.schmalz@yahoo.com>

Medication Collection Drive Dr. Julia McDonald, daughter of St. Luke's parishioners Dan and Joan McDonald, is leading a medical mission trip to the mountains of Honduras in the spring. Dr. McDonald is asking for donations of medications to distribute during the mission trip. If you are able to assist, please bring donations to the parish office until the deadline of April 30th. Useful donation items include:

- unexpired, commonly-used prescription medications (for blood pressure, diabetes, steroids, PPIs for reflux, antibiotics) [PPIs are proton pump inhibitors, used for GERD (gastroesophageal reflux disease) and reflux)]. Common versions are pantoprozol (Protonix), omeprazole, famotidine (Nexium)
- over-the counter medication (ibuprofen, Tylenol/acetaminophen, naproxen, multivitamins, prenatal vitamins, allergy medication, antacids, muscle rubs and salves)
- reading glasses, sunglasses, OTC eye drops
- toothbrushes

ONGOING OPPORTUNITIES

The Roots of Jesus Study Group: Join us in the Chapter Room 8:45–9:45AM on Sunday mornings. Bob Hanson, Biblical scholar, linguist and theologian, leads our group. For more information, call Bob at (207) 405-8250. Activity units are distributed for each session. Assigned readings are from the Biblical books under consideration. The journey is a joyous one.

Join the Kneelers Guild and Prayer Shawl Knitters: We meet every Thursday 2:30–4:30PM in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler kits cost \$75, which include directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your yarn & needles. Coffee & Tea available. Jeri Edgar: (207) 303-8447

Urgent Need for Volunteers for Greater Portland Family Promise Warming Center The Family Promise Warming Shelter at Woodfords needs our help. Sign up on this link:https://signup.com/go/NEEvVuF. Thank you for all you do for our families! Call any one of these three individuals with any questions or concerns:

Lynne England (207) 318-9848

Connie Bingham (207) 415-1441

Mary Linnemam (207) 409-4253

The Monday Zoom Book Group is currently reading Barbara Brown Taylor's *The Luminous Web: Essays on Science and Religion*. The group meets every 1st and 3rd Monday, 6-7PM, via Zoom. To join the group or receive more information, contact Linda Carleton at lindacarleton01@gmail.com>.



The Mandala Journaling Group will be exploring Stage 5 of the mandala Great Round. It's the stage of the boy Jesus teaching in the temple, beginning to discover his true nature and the plan God had for him. Through working with concentric circles, we see how the Spirit shines through every layer of who we are at any moment in our lives and prepares for carrying that identity into the world. Please join us on Saturday, May 8 (and every 2nd Saturday) from 9:30AM-12:00PM in the Lower Hall—no experience or artistic talent required! For more info contact Linda Carleton at lindacarleton01@gmail.com>

Sign-Up to Support Coffee Hour: Coffee Hour is a ministry of fellowship that keeps our community connected; it is especially important during this leadership transition at St. Luke's. Please consider hosting a coffee hour some Sunday this spring. Basic snacks and beverages are provided for you to serve; if you would like to augment that with fresh fruit and baked goods feel free to organize that beforehand. A sign-up sheet is located on the bulletin board, or you can follow the link below and sign up online at https://tinyurl.com/stlukescoffeehour or simply contact Meredith Cough, who will sign you up. Abundant amounts of gratitude come with the job. Thank you! —*Meredith Cough* meredith.cough@gmail.com or (207) 415-8207

Sign Up to Support the Flower Guild. We're pleased to announce that the 2023 Flower Chart is up on the bulletin board in the hallway opposite the Cathedral Office, and ready for your memorials and celebrations. We thank the many individuals who signed up on the flower chart in the past for their donations and special flower requests in memory of, or in honor of loved ones, and in celebration of births and anniversaries. The requested donation is \$75. Your memorials contribute to the sanctity of each service and add to the beauty of St. Luke's Cathedral.

Let your container deposits support CSL's Young Adults Ministry: St. Luke's has returned to the Clynk Initiative Program (Don't know what Clynk is? Learn about it here: https://www.clynk.com). There are bags available at both entrances to the Nave with barcodes that correspond to the CSL's account. Anyone is welcome to take a bag and are encouraged to bring it to a local redemption center or grocery store that accepts Clynk. Proceeds from this initiative will support "The Young and the Restless." For additional information contact Shana Rose shanaro931@gmail.com.

COMMUNITY NOTES

The Parish Prayer List will renew this coming week for the bulletin of Sunday, April 30th, 2023. If you wish for a name to be added to the prayer list, please email the parish office <office@cathedralofstluke.org>. A name will remain on the prayer list for a period of 3 consecutive weeks unless otherwise requested.

To reserve space for a group, meeting or event, fill out a space usage form, and check with the cathedral calendar first! Contact Avery Schott: (207) 772-5434 <office@cathedralofstluke.org>. Thanks!

Donate to The Endowment Account: Interested in the long-term future of St Luke's? Consider giving to the endowment with a regular monthly contribution or via whatever schedule works for your budget. Don't wait for planned giving, and instead, start now. Thanks to a wonderful suggestion from Tyler Christie, we have established an endowment choice on Vanco. Or if you prefer, send in a check to St Luke's, marked "For Endowment Account", and mail to PO Box 4141, or bring it to church on a Sunday. We will hold these donations in the restricted checking account, and then periodically transfer the full amount to the Endowment Account with FLPutnam (Transfer will happen at least annually.). Questions? Please reach out to Tim Wilkins, Treasurer, at <twistering (Cathedralofstluke.org).

Thank you in advance for your offering today You can donate to St. Luke's through our new and secure "Give and Text" feature. Please text "TEXTCSL" to 73256. Our 2023 Pledge Campaign is ongoing. Pledge materials and information are available at <www.stlukesportland.org>.

Worship Modifications in place to mitigate the spread of Covid-19 and other communicable diseases:

- When the Covid Level is **green**, mask-wearing is not required for worship or other activities at St. Luke's, including singing.
- When the Covid level is **red** or **yellow**, we will ask people to mask and may follow more stringent protocols.
- We ask everyone to respect those who wish to remain masked regardless of level.
- We ask all people to use hand sanitizer as they enter the cathedral and before communion.
- We ask that people with "cold" or Covid symptoms stay home, joining us for worship online.
- Please join in our commitment of welcome and hospitality for all.



The Cathedral Church of St. Luke (Episcopal) 143 State Street, Portland, Maine 04101 (street address) P.O. Box 4141, Portland, ME 04101 (mailing address) phone: (207) 772-5434 e-mail: office@cathedralofstluke.org stlukesportland.org