

St. Luke's Cathedral

The Second Sunday in Lent

March 5th, 2023

Welcome!



The Cathedral Church of St. Luke
in the
Episcopal Diocese of Maine
and the
City of Portland

*Whoever you are,
and wherever you may be on the journey of the spirit,
The Episcopal Church welcomes you.*

Holy Eucharist, Rite II

7:30am in Emmanuel Chapel

10:00am in the Nave & Livestreamed

Welcome to St. Luke's Cathedral! We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ.

Adult Christian Formation Opportunities are offered throughout the academic year at 9:00 am on Sunday and occasional evenings.

Children's Christian Formation - "Sunday School" - for K-4 is held from 10:00-10:45 am. Opportunities for 5th grade and up begin at 11:30 am.

Child Care is available for children four years old and under from 9:45-11:30 am all year long. A fully staffed nursery is located through the doors to the left of the altar area and through the Upper Parish Hall.

Music in our Worship Service: Please note that music with organ and full choir will be a part of the liturgy at the 10:00 am service. At 7:30 am we offer a spoken, more meditative worship experience in the Emmanuel Chapel at the west end of the cathedral.

Please speak to any usher (or member of the parish) if you have any questions - or we may be of additional service. Thank you for coming today and hope you will make the Cathedral your spiritual home!

SPECIAL NOTE: Worship Modifications in place to mitigate the spread of **Covid-19** and other communicable diseases

- When the Covid Level is **green**, mask-wearing is not required for worship or other activities at St. Luke's, including singing.
- When the Covid level is **red** or **yellow**, we will ask people to mask and may follow more stringent protocols.
- We ask everyone to respect those who wish to remain masked regardless of level.
- We ask all people to use hand sanitizer as they enter the cathedral and before communion.
- We ask that people with "cold" or Covid symptoms stay home, joining us for worship online.
- Please join in our commitment of welcome and hospitality for all.



Our Mission

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people.**" - *Amended City Charter - Portland, Maine.* Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continue to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have - and always will call this place - "The Dawnland" - HOME.

Today, St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

We are part of the 1.7 million-member **Episcopal Church** in the United States and the 85 million-member worldwide **Anglican Communion.**

Prelude**Chorale Prelude on *Ich ruf zu dir, Herr Jesu Christ, BWV 639***Music: melody from *Geistliche Lieder*, 1533, arr. Johann Sebastian Bach (1685-1750)*Please stand as you are able.***Processional Hymn***at the 10:00 am service only, sung by all*

1. God it was who said to A - bra-ham, "Pack your bags and tra - vel on."
 2. God it was who said to Mo - ses, "Save my peo - ple, part the sea."
 3. God it was who said to Jo - seph, "Down your tools and take your wife."
 4. Christ it was who said, "Zac - chae - us, I would like to eat with you."
 5. In this crowd which spans the a - ges, with these saints whom we re - vere,

God it was who said to Sa - rah, "Smile and soon you'll bear a son."
 God it was who said to Mi - ri - am, "Sing and dance to show you're free."
 God it was who said to Ma - ry, "In your womb, I'll start my life!"
 Christ it was who said to Mar - tha, "List' ning's what you need to do."
 God wants us to share their pur - pose Start - ing now and start - ing here.

Trav - eling folk and a - ged moth-ers, wand' - ring when they thought they'd done.
 Shep - herd - saints and tam - bour - in - ists, do - ing what God knew they could -
 Car - pen - ter and coun - try maid - en, leav - ing town and trade and skills -
 Civ - il ser - vants and house - keep - ers, chang - ing pla - ces at a cost -
 So we cel - e - brate our call - ing, So we raise both heart and voice,

This is how we find God's peo - ple, los - ing all be - cause of One.
 this is how we find God's peo - ple, lib - er - a - ting what they should.
 this is how we find God's peo - ple, moved by what their Ma - ker wills.
 this is how Christ sum - mons peo - ple, call - ing both the loved and lost.
 as we pray that through our liv - ing more may find they are God's choice.

Words: John L. Bell (b. 1949) and Graham Maule (1958-2019). Music: Traditional Scots Gaelic, arr. John L. Bell (b. 1949) and Graham Maule (1958-2019)
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The Penitential Order

BCP p. 351

Celebrant Bless the Lord who forgives all our sins.
People **God's mercy endures forever.**

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." — *Mark 12:29-31*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

— *1 John 1:8-9*

Let us confess our sins against God and our neighbor.

Please kneel as you are able.

People

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People

Amen.

Kyrie eleison

at the 7:30 AM liturgy, spoken by all

People

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

at the 10:00 AM liturgy, sung by all

in the 19000 ft. band, and of an

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

Christ, have mer - cy. Lord, have mer - cy. Lord, have —

Christ, have mer - cy. Lord, have mer - cy. Lord, have —

mer - cy. Lord, have mer - cy, have mer - cy.

mer - cy. Lord, have mer - cy, have mer - cy.

Music: from *Deutsche Messe*, D 872, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)
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The Collect of the Day

BCP p. 148

Celebrant

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, forever and ever.

People

Amen.

Please sit.

First Lesson

Genesis 12.1-4a

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

Reader

Hear what the Spirit is saying to God’s people..

People

Thanks be to God.

Psalm 121 at the Gradual

at the 7:30 AM liturgy, read by the people as directed

At 10 AM, the Cantor introduces the refrain, which all then repeat together. Cantors sing the appointed psalm verses. The people join in singing the refrain where indicated.

Refrain



My help _ comes from GOD, the mak -er of heav -en and _ earth.

I lift up my eyes to the hills; from where is my help to come? **Refrain**

The Refrain is verse two:

My help comes from GOD, the maker of heaven and earth.

God will not let your foot be moved; the One who watches over you will not fall asleep. **Refrain**

Behold, the One who keeps watch over Israel shall neither slumber nor sleep; The Holy One watches over you and is your shade at your right hand, So that the sun shall not strike you by day, nor the moon by night. **Refrain**

God shall preserve you from all evil and is the One who shall keep you safe.

God shall watch over your going out and your coming in, from this time forth for evermore. **Refrain**

tr. The Saint Helena Psalter, Copyright © The Order of Saint Helena. All rights reserved. Used by permission.
Music: Plainsong, Tone V. 1

The Second Lesson

Romans 4.1-5,13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader

Hear what the Spirit is saying to God’s people..

People

Thanks be to God.

Please stand as you are able.

at the 10:00 AM liturgy only, sung by all

I call on thee, Lord Je-sus Christ, I have none o-ther help but thee.
My heart is nev-er set at rest till thy sweet word have com-fort-ed me.
And stead-fast faith grant me there-fore, to hold by thy word ev-er-more, a-bove all thing,
13 nev-er re-sist-ing but to in-crease in faith more and more.

Words: Miles Coverdale (1487-1568). Music: *Ich ruf zu dir*, Irr., melody from *Geistliche Lieder*, 1533; harm. *Thüringer Evangelisches Gesangbuch*, 1928

Deacon The Holy Gospel of our Savior Jesus Christ according to John.
People Glory to you, O Christ.

The Gospel

John 3.1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon The Gospel of our Savior.
People **Praise to you, O Christ.**

Please sit.

The Sermon

The Rev. Anne C. Fowler, *Assisting Clergy*

Please stand as you are able.

The Nicene Creed

People We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.

 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father;
 through him all things were made.

 For us and for our salvation he came down from heaven,
 was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.

 On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.

 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father,
 who with the Father and the Son is worshiped and glorified,
 who has spoken through the prophets.

 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

from *Enriching our Worship*

Prayers of the People

Leader We celebrate today the diversity of God's people and all of creation, acknowledging we gather on territory previously occupied by the Wabanaki people and other indigenous populations, and that some of the wealth that built this cathedral came from sugar and other industry related to the slave trade.

People O God, we pray for your holy Church;
 That we all may be one.

Leader Remembering especially all the people of this Cathedral, grant that every member of the church may truly and humbly serve you;

People **That your Name may be glorified by all people.**

Leader Remembering especially Thomas, our Bishop, and our cathedral clergy, we pray for all lay people, bishops, priests and deacons;

People **That they may be faithful ministers of your Word and Sacraments.**

Leader Remembering especially Joe our President, Janet our Governor, and all in Authority; the members of our City Council; Kate Snyder (Mayor), Pious Ali (At-large), and April Fournier (At-large).

People We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Leader Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Leader We offer prayers of healing and comfort for members of our congregation, especially those we now name.

You are invited to add names during the silence.

Judy Merrill (*mother of Stephanie Lomond Merrill*), Jessica and Jonathan Gallant (*daughter and son-in-law of Jack and Gail Swanton*), Dylan Wiseman (*friend of Terry Foster*), and Joseph Edgar III (*son of Jeri Edgar*). Have compassion on those who suffer from any grief or trouble.

People **That they may be delivered from their distress.**

Leader We pray for all who have died, remembering especially Don Nelson, who passed away last Saturday. Give to the departed eternal rest;

People **Let light perpetual shine upon them.**

Leader We praise you for your saints who have entered into joy;

People **May we also come to share in your heavenly kingdom.**

Leader In the Diocesan cycle of prayer we pray for St. Matthew's in Lisbon, and Christ Church in Norway. We pray also for the Diocese of Vermont and the Diocese of New Hampshire as we continue to explore collaborative efforts together.

God, in your mercy

People **Hear our prayer.**

Celebrant Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord.

People **Amen.**

A Prayer for the Congregation in Time of Transition

BCP p. 515

Celebrant O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

People **Amen.**

The Peace

Celebrant May the peace of Christ be always with you.

People **And also with you.**

Please sit.

Parish Announcements

Please stand as you are able.

The Offering

All quarters in the offering plate go to support lunches for the school children in Duy, Haiti.

Celebrant Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.

Anthem at the OffertoryMagnificat in B-flat Major, *Op. 10*

My soul doth magnify the Lord : and my spirit hath rejoiced in God my Saviour.

at the 10:00 AM liturgy only,

sung by the choir

For he hath regarded : the lowliness of his handmaiden.

For behold, from henceforth : all generations shall call me blessed.

For he that is mighty hath magnified me : and holy is his Name.

And his mercy is on them that fear him : throughout all generations.

He hath showed strength with his arm : he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat : and hath exalted the humble and meek.

He hath filled the hungry with good things : and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel :

as he promised to our forefathers, Abraham and his seed, for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Words: Luke 1:46-55 (BCP 1662)

Music: Charles Villiers Stanford (1852-1924)

*Please stand as you are able.***Hymn at the Presentation**

at the 10:00 AM liturgy only, sung by all



1. Now let us all with one accord, in com - pa - ny with a - ges past,
 2. The cov - e - nant so long re - vealed to those of faith in for - mer time,
 3. Your love, O Lord, our sin - ful race has not re - turned, but fal - si - fied;
 4. Re - mem - ber, Lord, though frail we be, in your own im - age were we made;
 5. There - fore, we pray you, Lord, for - give; so when our wan - derings here shall cease,



1. keep vi - gil with our heaven-ly Lord in his temp - ta - tion and his fast.
 2. Christ by his own ex - am - ple sealed, the Lord of love, in love sub - lime.
 3. au - thor of mer - cy, turn your face and grant re - pen - tance for our pride.
 4. help us, lest in an - xi - e - ty, we cause your Name to be be - trayed.
 5. we may with you for ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. Copyright © by James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Casell Ltd., Reprinted & streamed under OneLicense.net #A-713087. Music: *Bourbon*, LM, melody att. Freeman Lewis (1780-1859)**The Great Thanksgiving***Eucharistic Prayer D*

BCP p. 372

Celebrant The Lord be with you.**People** **And also with you.****Celebrant** Lift up your hearts.**People** **We lift them to the Lord.****Celebrant** Let us give thanks to the Lord our God.**People** **It is right to give God thanks and praise.****Celebrant** It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),

at the 7:30 am liturgy, spoken by all; at the 10:00 AM liturgy, sung by all

Music: from *Deutsche Messe*, D 872, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)
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Please stand or kneel as you are able.

Celebrant We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

Celebrant And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Father, we now celebrate this memorial of our redemption. Recalling Christ’s death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All
**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

Celebrant Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember all who minister to your Church.
Remember all your people and all who seek your truth.
Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Blessed Luke, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and for ever.

People **AMEN.**

Celebrant As our Savior Christ has taught us, we now pray,

The Lord’s Prayer

People **Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

at the 10:00 AM liturgy only, sung by all

Je - sus, Lamb of God: have mer - cy on us. Je - sus, bear - er
of our sins: have mer - cy on us. Je - sus, _ re - deem - er,
re - deem - er of _the world: give - us your peace, give - us - your peace. -

Music: from *Deutsche Messe*, D 872, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)
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Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion of the People

An Invitation: *Everyone desiring a deeper relationship with Jesus Christ is invited to come forward and receive Holy Communion at this time. Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented. If you would like to come forward and receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you.*

Communion Anthem

at the 10:00 AM liturgy only, sung by the choir

God so loved the world that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world, but that the world through him might be saved.

Words: John 3:16-17 (KJV). Music: from *The Crucifixion* (1887), John Stainer (1840-1901)

Communion Hymn

at the 10:00 AM liturgy only, sung by all

Bless the Lord, my soul. And bless God's ho - ly Name. Bless the Lord, my soul, who leads me in to life.

Words & Music: Jacques Berthier (1923-1994)

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Please stand as you are able.

Post-Communion Prayer

Celebrant Let us pray.

People Eternal God,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Deacon Let us bow down before God.

Please kneel as you are able.

Solemn Prayer over the People

Celebrant Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord.

People Amen.

Please stand as you are able.

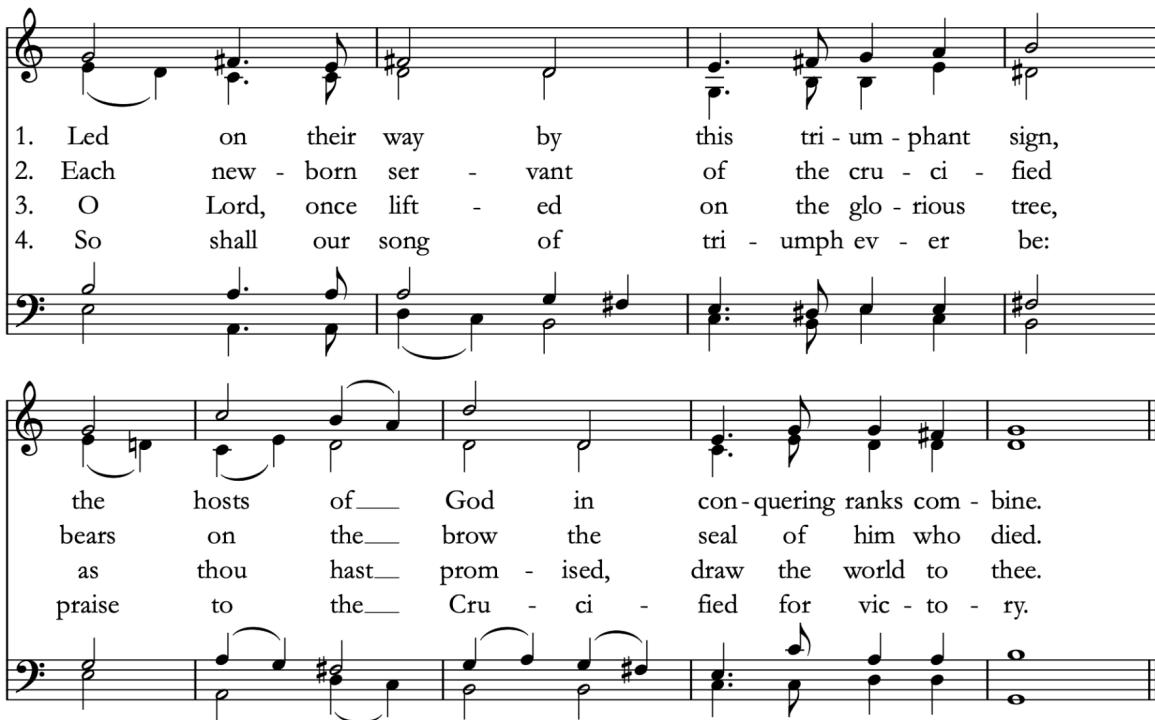
Dismissal Hymn

at the 10:00 AM liturgy only, sung by all

Refrain



Lift high the cross, the love of God pro-claim till all the world a-dore his sa-cred Name.



1. Led on their way by this tri - um - phant sign,
2. Each new - born ser - vant of the cru - ci - fied
3. O Lord, once lift - ed on the glo - rious tree,
4. So shall our song of tri - umph ev - er be:

the hosts of God in con - quer - ing ranks com - bine.
bears on the brow the seal of him who died.
as thou hast prom - ised, draw the world to thee.
praise to the Cru - ci - fied for vic - to - ry.

Words: George William Kitchin (1827-1912); alt. Michael Robert Newbolt (1874-1956)
Music: *Cruifer*, 10 10 with Refrain, Sydney Hugo Nicholson (1875-1947)

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Deacon Let us bless our Savior.

People Thanks be to God.

Postlude

Improvisation

Music: Christian M. Clough

Service Participants

| | |
|------------------------------------|--|
| <i>Preacher</i> | The Rev. Anne C. Fowler, <i>Assisting Clergy</i> |
| <i>Celebrant</i> | The Rev. Suzanne Roberts, <i>M.D.</i> |
| <i>Assisting</i> | The Rev. Rebecca Grant, <i>Deacon</i> |
| <i>Music Leader & Organist</i> | The Rev. Dr. Paul St. Germain, <i>Transition Priest in Charge</i> |
| <i>Ushers</i> | Christian M. Clough, <i>Canon for Liturgy and Music</i> |
| <i>Lector</i> | Peter Bingham, Chester Bishop, Bob Parshley, & Martha Parshley |
| <i>Prayers Leader</i> | Ray Murdoch Curry |
| <i>The Healing Team</i> | Peter Carleton |
| <i>Live Streaming</i> | Oscar Mokeme, Sara Schmalz |
| <i>additional contributors</i> | Jack Swanton, Sam Allen |
| | The Cathedral Choir, Acolytes, Verger, The Flower Guild, The Altar Guild |

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WELCOME

A Warm Welcome to ALL Guests, Parish Members, Online Visitors, and Friends. If you are just passing through, we thank you for joining us. If you are here longer, we hope you will make St. Luke's your spiritual home. St. Luke's has the unique role of being both a cathedral and a parish church. Wherever you are in your faith journey, whatever you believe, no matter who you are, who you love, or who you vote for, we welcome you into our parish family and our worship today.

TODAY'S NEWS: LENTEN RESOURCES

Intercessions have renewed for Lent. The parish prayer list has renewed. If you or a loved one would like to be included on the list, please contact the parish office to update pastoral information and the nature of the prayer request. We will be renewing the prayer list in accordance with the liturgical seasons of the church.

A Spiritual Journey through LENT 2023 *Our Hope for Years to Come: The Search for Spiritual Sanctuary*, meditations by Christian historian **Martin Marty** and photographer **Micah Marty**. Explore the depths of the soul on a journey of “ressourcement” (or a return to the divine source) in this modern spiritual classic. Through images, hymnody, and words, let us wade into the “well-spring of living water” and discover the Spirit’s own sanctuary. This individual journey begins on Ash Wednesday and triumphs on Easter morning. Throughout Lent, this theme will be uplifted in a number of ways – from sermons to the “mere Christianity” of C.S. Lewis. Several meditation “spaces” around the cathedral will be available to encounter this book. We are invited to pause, ponder, and perhaps reflect upon the divine beginnings (or sparks) of our faith.

2023 LENTEN PROGRAM “Walking with Jack” (The Story of C.S. Lewis), presented by Paul St. Germain. Thursdays in March (2, 9, 16, 23 & 30), 7:30 to 9:00 PM. This tells the story of how C.S. Lewis, a brilliant atheist, considered by many the greatest Christian writer in the English language, embraced faith in Jesus Christ in the mid-twentieth century. “Walking with Jack” is a series of multimedia events that will include illustrated presentations reflecting 40 years of study and travel to Oxford University and Lewis’s home, The Kilns.

- the biographical tribute: **“The Magic Never Ends”** (narrated by Sir Ben Kingsley)
- the 1993 movie **“Shadowlands”** (starring Anthony Hopkins and Debora Winger)
- an old-fashioned “reading-group style” gathering to hear passages from *Mere Christianity*, *The Screwtape Letters*, *The Great Divorce*, *A Grief Observed*, and the beloved *Chronicles of Narnia*.

Refreshments will be served.

The St. Luke's Public Policy and Environmental Action Team Lenten Resources

- The Creation Justice Ministries 2023 Lent Resource: Daily Reflection-Action Calendar to Cultivate Creation Justice can be downloaded at <<https://tinyurl.com/4sv32a5d>>. This calendar includes daily tips for personal action, learning, advocacy and reflection.
- The Rev. Mary Jane O'Connor-Ropp, of St. David's in Kennebunk, has developed Walking with Suffering Creation: A Meditative Experience in Eight Days, which can be downloaded at

<<https://tinyurl.com/cmsrrpps>>. Each meditation includes an invitation, reflection and prayer, and they need not be done on consecutive days.

ANNOUNCEMENTS

Prayers of Remembrance for Don Nelson In today's prayers of the people we remember the life of Don Nelson who was an active remote member of the Noon Zoom Community. Don lived in California and passed away last Saturday.

Sunday School and Childcare Our Sunday school and nursery are both open today. Sunday school begins in the upper hall at 9:45, with children returning to their families at the Peace. The nursery is open every Sunday from 9:45-11:30. Families are always welcome!

Thank you in advance for your offering today You can donate to St. Luke's through our new and secure "Give and Text" feature. Please text "**TEXTCSL**" to **73256**. Our 2023 Pledge Campaign is ongoing. Pledge materials and information are available at <www.stlukesportland.org>.

Choral Evensong this Evening: Please join us this evening at 4:00pm in the Cathedral Nave for a service of choral evensong under the direction of Christian M. Clough, Canon for Music and Liturgy.

COMMUNITY SUPPER is back! Join us March 9 for a great evening with good food and friends. Reservations (required) are limited to 50 guests and costs \$5pp payable by cash or credit card at the door. Doors open and seating at 5:00 PM. Supper is served at 5:30 PM promptly. Please reserve your seat(s) today by contacting <dbrennandaly@cathedralofstluke.org>

Sign-Up to Support Coffee Hour: Coffee Hour is a ministry of fellowship that keeps our community connected, it is especially important during this leadership transition at St. Luke's.

Please consider hosting a coffee hour some Sunday this spring. Basic snacks and beverages are provided for you to serve, if you would like to augment that with fresh fruit and baked goods feel free to organize that beforehand.

A sign-up sheet is located on the bulletin board or you can click the link below and sign up online or simply contact me and I'll sign you up. Abundant amounts of gratitude come with the job, thank you!

Email Meredith Cough <meredith.cough@gmail.com> or call 207-415-8207

Sign Up to Support the Flower Guild. We're pleased to announce that the 2023 Flower Chart is up on the bulletin board and ready for your memorials and celebrations. We thank the many individuals who signed up on the flower chart in the past for their donations and special flower requests in memory of, or in honor of loved ones, and in celebration of births and anniversaries. The requested donation is \$75. Your memorials also contribute to the sanctity of each service and add to the beauty of St. Luke's Cathedral.

Please join us for this month's The Young and the Restless get-together! This month Madeleine Nowak and Shana Rose will be hosting a PowerPoint and Pizza Party! Have burning passion for a special topic, such as sport, music or anything in between? Want to share something you just learned or deeply care about? Think you need to (re)introduce yourself to Y&R? Well tonight is your night!! Come on over with your prepared PowerPoint and bring some goodies to munch on. Mads and Shana will take care of getting pizza from Leonardo's. The party will start at 6:30 pm, March 13th. Please let Shana know that you are coming and what goodies you are bringing by emailing: shanaro931@gmail.com or texting: 610.568.8907. Their address will be available upon request. We hope to see you there!

ONGOING OPPORTUNITIES

St. Elizabeth's Essentials Pantry Winter has finally arrived, and our neighbors are in great need of mittens, gloves and hats for both adults and children. You can drop them off in the blue box next to the stairs at the Park Street entrance to the Cathedral.

Hannaford Giving Tag Program Anytime you are in a Hannaford you can purchase new reusable bags and follow instructions on the tag to choose **ST LUKE's FOOD PANTRY** from their list and \$1. comes to us. Even better:

throughout March, all bags purchased at the Hannaford on **Cottage Road in South Portland** all donations automatically come to St. Luke's, no need to register online.

St. Luke's Food Pantry Needs a Deeper Bench on Thursday Know anybody? We're looking for a few good people who can lift 20 pounds, roll carts around, and laugh at our jokes for a couple of hours Thursday mornings. I wouldn't say that St. Luke's Food Pantry Volunteers are the best people to spend time with, but our volunteers are the best people, they are interesting, caring, and sometimes witty. Also: the work is compelling and satisfying. If we get a couple more folks we can staff an information table to address other community needs.

The Roots of Jesus Study Group: Join us in the Chapter Room from 8:45 until 9:45 a.m. on Sunday mornings. Bob Hanson, Biblical scholar, linguist and theologian, leads our group. For more information call Bob at (207) 405-8250. Activity units are distributed for each session. Assigned readings are from the Biblical books under consideration. The "journey is a joyous one."

Join the Kneelers Guild and Prayer Shawl Knitters We meet every Thursday 2:30-4:30 in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler Kits are \$75, which includes directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your yarn & needles. Coffee & Tea available. Jeri Edgar: (207) 303-8447.

Greater Portland Family Promise New Warming Center Needs Volunteers The new Warming Shelter located at Woodfords Church is up and running and we need volunteers to help cover the 5 shifts a day in this 24/7 endeavor. If you could help, sign up with this link: <<https://signup.com/go/NEEvVuF>>. If you are new to Family Promise, we simply ask that you sign up to work with a trained volunteer. Again, thank you for all you do for our families! Call any one of these three individuals with any questions or concerns:

Lynne England (207) 318-9848

Connie Bingham (207) 415-1441

Mary Linnemam (207) 409-4253

Support the Warming Center at State Street Church: Volunteers are needed nightly for an evening shift (6-8:30pm) and an overnight shift (8:30pm - 7:30am). 2 volunteers are needed for each shift, every night. Sign-up at <<https://signup.com/client/invitation2/secure/105699437208390008/false#/invitation>>

New Ventures Maine Mar. 7, Apr. 11 | 6:00 – 7:30 p.m. Location: St. Luke's Cathedral Community Kitchen, 143 Park St., Portland, ME 04101. New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution. Tuition-free class open to Maine adults visit <bit.ly/NVMEStartABusiness>. For information, contact: <sarahp@maine.edu>.

The St. Luke's Public Policy and Environmental Action Team will meet Tuesday March 14 from 6-7 PM. All are welcome. Join us via Zoom at <https://us02web.zoom.us/j/84720747917>. For more information email Sarah Braik <sbraik642@gmail.com>.

The St. Luke's Public Policy and Environmental Action Team Eco-Tips Did you know that Maine produces only 0.3% of total US carbon emissions? Did you know that Maine is the only state with both U.S. senators on the Climate Solutions Caucus? That's the group of 14 senators who will hammer out whatever policy will be voted on by the Senate. Thus, we have potentially twice as much influence over what the Senate will do – or not do – than any other state in the union. This is the time to exercise your political power as a person of faith by contacting Senator Collins and Senator King. Tell them that your faith requires you to protect God's good earth and ask them to introduce policies that, by governmental regulation or market pricing, drive down U.S. emissions, take back power from the polluters and press foreign countries to do the same.

New Cooking Classes with Guests Chefs Don't miss this wonderful opportunity to take a class with Chef Donnelly right here at St. Luke's on Monday, March 6, 6:00 to 8:30 pm. Reservations are required. Cost is \$75pp with SEATING for 12 participants. Chef Will Donnelly will show you how to prepare home-made pasta with a delicious sauce, and then enjoy dinner together. Please BYOB. Chef Donnelly was born in South Africa and started cooking at an early age with his family after moving to New York City. He continued his education at the Culinary Institute of America and has cooked in professional kitchens and restaurants in London, New York and Portland. He brings over 18 years of experience to his cooking, catering and classes, and is committed through his teaching to preparing better, healthier meals at home while supporting local, organic, humane farming. Learn more by going to Loving Bite Catering <<https://www.lovingbite.com/>> and on Instagram, Will Donnelly (@sharplikeknife). All

proceeds support St. Luke's Community Kitchen. To register, contact Dawn Brennan-Daly at <dbrennandaly@cathedralofstluke.com>

The Monday Zoom Book Group is currently reading Sophfronia Scott's Louie Award winning book, *The Seeker and the Monk: Everyday Conversations with Thomas Merton*. A 2004 nominee for the African American Literary Awards best new author, Scott was hailed by Professor Henry Louis Gates as "potentially one of the best writers of her generation." In *The Seeker and the Monk*, she writes an imaginary conversation with 20th century mystic, monk and activist Thomas Merton based on his extensive private journals and offers guidance on how to live in these fraught times. As a Black woman who is not Catholic, Scott both learns from and pushes back against Merton, holding spirited, intimate conversations on race, ambition, faith, activism, nature, prayer, friendship, and love. She asks: What is the connection between contemplation and action? Want to plan ahead? Beginning in April we'll begin reading Barbara Brown Taylor's *The Luminous Web: Essays on Science and Religion*. The group meets every 1st and 3rd Monday from 6 to 7pm, via Zoom.. To join the group or receive more information, contact Linda Carleton at <lindacarleton01@gmail.com>.

St. Elizabeth's Pantry During the month of March, St. E's is launching a drive for stock pots of all sizes to distribute to our neighbors. Can you help us kick off our drive by donating gently used stock pots (with lids) from your household? New items can be purchased directly from our Amazon Wishlist <https://www.amazon.com/hz/wishlist/ls/1DRM2RRCIN8YE?ref_=wl_share>. As more and more neighbors visit us each week, we are looking to collect over 300 stock pots.

COMMUNITY NOTES

5:15 pm Eucharist is on hiatus until the appointment of a full-time Interim Dean. For additional information, please email the Rev. Dr. K. Paul St. Germain at <pstgermain@cathedralofstluke.org>.

To reserve space for a group, meeting or event Fill out a space usage form and check with the cathedral calendar first! Contact Avery Schott: (207) 772-5434, <office@cathedralofstluke.org>. Thanks!

Donate to The Endowment Account: Interested in the long- term future of St Luke's? Consider giving to the endowment with a regular monthly contribution or via whatever schedule works for your budget. Don't wait for planned giving, and instead, start now. Thanks to a wonderful suggestion from Tyler Christie, we have established an endowment choice on Vanco. Or if you prefer, send in a check to St Luke's, marked "For Endowment Account", and mail to PO Box 4141, or bring it to church on a Sunday. We will hold these donations in the restricted checking account, and then periodically transfer the full amount to the Endowment Account with FLPutnam (Transfer will happen at least annually.). Questions? Please reach out to Tim Wilkins, Treasurer, at <twilkins@cathedralofstluke.org>.

The Healing Team for today, March 5, is Oscar Mokeme and Sarah Schmalz
Please contact Judd Hume at (207) 773-5611 or <jwilliamhume@gmail.com> with any questions.



The Cathedral Church of St. Luke (Episcopal)
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