

Welcome to St. Barnabas and St. Joseph Basilica Parishes

We, the family of St. Joseph Basilica and St. Barnabas, invite all people into our spiritual home to encounter Jesus Christ through an authentically Catholic experience of worship, learning, gathering, and service.

Sixth Sunday in Ordinary Time: February 15, 2026



Welcome to family!

Baptisms celebrated on February 1:

7:30 am Mass: Catherine & Miles Harvey (parents: Sam & Caroline)

9:30 am Mass: Carson & Henry Ward with parents, Jeffrey & Katherine (left)

12:00 pm Mass: Nicholas & Theodore Hong with parents, Justin & Kim (right)

St. Barnabas

1427 Sixth Street, Alameda, CA 94501

Phone: 510.522.8933

email: sbparishoffice@comcast.net

Website: sbarnabas.weebly.com

Facebook Page: <https://www.facebook.com/barnabasinalameda/>

Office Hours: Wednesday through Friday

9 am - 4 pm (closed for lunch 12 - 1 pm)

Available remotely through email & voicemail

Church Hours: 9 am - 5 pm

Mass Schedule

Weekdays: 12:10 pm

Saturday: 4:30 pm (Vigil)

Sunday: 9 am & 11 am

Sacrament of Reconciliation

Saturday, 3:30 - 4 pm

St. Joseph Basilica

1109 Chestnut Street, Alameda, CA 94501

Phone: 510.522.0181

email: parish@sjbalameda.org

Website: sjbalameda.org

Facebook Page:

<https://www.facebook.com/sjbalameda/>

Office Hours: Monday through Friday

9 am - 4 pm (closed for lunch 1 - 2 pm)

Basilica Hours: 8:00 am - 7:00 pm

Mass Schedule

Weekdays: 8 am / First Friday: 7:00 pm

Saturday: 8 am & 5 pm (Vigil)

Sunday: 7:30 am, 9:30 am, 12 pm & 7 pm

Sacrament of Reconciliation

First Friday: 5:30 - 6:30 pm

Saturday: Following Morning Mass, ending at 9 am,
and 3:30 - 4:30 pm

Dear Family,

Lent begins this Wednesday. Although our first reaction to Lent may be one of gloom, I have come to appreciate this sacred season more and more. Jesus modeled what Lent can be for us during His 40-day fast in the wilderness. Yes, it was a challenging time of fasting for Him, but it was also a time of intimate union with the Father. Nourished by prayer, Jesus emerged from the wilderness with clarity and conviction as to who He was (the Father's beloved Son), and what He was sent to do (sacrifice His life to free us from sin and death).

Lent can be the same for us, a time of rediscovering God's love for us, as well as a time to recommit ourselves to the mission He has given us, which is to share the Gospel and make disciples of all nations, as Christ said, *"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you"* (Mt 28:19-20). This Lent, let us recommit to this mission by being intentional about our Lenten penances.

Below, you'll find a page to cut out and fill in with the penances you choose. To help you discern, here are a few tips from a post I saw on Instagram, from "Catholic Truth Society".

With much love,
Fr. Mario

1. Avoid doing the same thing you do every year. Your Lenten penance isn't just a habit to repeat every year. While there may be one area of your life that you're consistently aware of needing to change, consider whether your Lenten penance last year actually helped you before picking it again.

2. Avoid picking something vague. Define the boundaries of your penance. What exactly is included and what isn't? If you are vague, you'll struggle to stick to it and find ways around it.

3. Avoid comparing your penance to other people's. Everyone's struggles are different, and our Lenten penance doesn't prove our holiness. It doesn't matter how your penance compares to other people's or what others think of it. All that matters is that you think it will improve your relationship with God.

4. Avoid picking a penance that makes you feel heroic. Lent isn't about flexing your self-denial skills. If you tend to think that you do Lent better than other people, focus this year more on doing something less hardcore but more charitable.

5. Avoid making other people's lives harder. Your penance can't be effective if it creates a burden for other people. For example, don't give up coffee if it makes you irritable, become vegan if someone else cooks for you, or spend so much time in prayer that you neglect your family.

6. Avoid focusing on self-improvement rather than penance. Your Lenten penance isn't a self-care challenge. Instead, your focus should be on growing spiritually. So, for example, instead of setting a goal to lose weight, you give up snacking because you're turning to food for comfort instead of God. The end result may be the same, but the focus is on God not on self.

7. Avoid picking something won't be able to keep up. Be realistic when choosing your penance. There's no point in committing to something if you know that it's highly unlikely that you'll stick to it. While there is no shame in struggling with your penance, God doesn't want you to give him more than you're able to.

8. Avoid choosing something that's not connected to your actual sins or weaknesses. Your Lenten penance should be something that will help you grow in holiness. If you pick something that doesn't really affect you - like giving up social media when you don't really use it much - it won't deepen your relationship with God.

9. Avoid not taking into account your current circumstances. If Lent is a little different this year, it's important to take that into account. Consider taking it easy this year if, for example, you're facing significant mental health issues, struggling with the loss of a loved one, or suffering much more than usual for some other reason. Perhaps your Lent could be spent accepting that God loves you in your current struggle.

10. Avoid thinking penance always means giving something up. While it's traditional to give something up during Lent, this isn't the only way to live Lent. You could also take up something that feels harder, or which is an act of charity, or you could even choose to vary your penance throughout Lent. There are no hard and fast rules.

11. Avoid choosing a penance without praying about it. You can't pick a penance on your own, it needs to be done in cooperation with God. Spend some time in prayer asking God to show you what you should give up, and then as you go about your day, look for ways he might be speaking to you. Then look for confirmation by praying again and seeing how your decision feels.

Lent 2026

Pray: _____

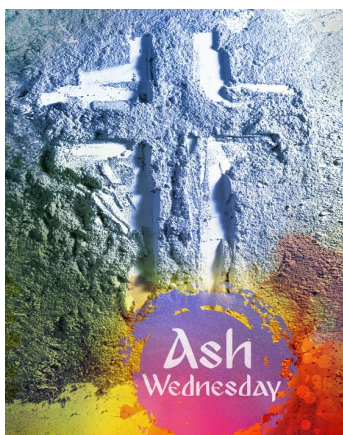
Fast: _____

Give Alms: _____

Upcoming Events

This Week at St. Joseph & St. Barnabas

- **February 16:** Men's Power Hour, Rosary at 6:00 pm followed by Lectio, Basilica
- **February 17:** Lunar New Year celebration. Join us at the 8 am Mass followed by hospitality in the Basilica's Vestibule.
- **February 19:** Thursday Scripture Reflection, 10:30-11:30 am weekly online reflection and sharing on upcoming Sunday's readings through Dialpad Meetings (<https://meetings.dialpad.com/room/stjosephbasilica/4b84nr6g6y>)
- **February 19:** Thursday Women Rosary, 6:00 pm, Basilica
- For a complete listing of Basilica scheduled events, please visit Parish website: <https://sjbalameda.org/events-1>



February 18 Mass times with Ashes

~~~~~  
St. Joseph  
8:00 am & 7:00 pm

St. Barnabas  
12:10 pm & 6:30 pm

Lent begins on Ash  
Wednesday, February 18 and  
officially ends at sundown on  
Holy Thursday, April 2.

The Parish Offices will  
be closed for the  
Presidents' Day holiday  
on Monday, February  
16 and reopen as usual  
the next day at 9 am.

*Sorry WE'RE*  
**CLOSED**

### Friday Devotions During Lent:

**February 20 & 27**  
**March 6, 13, 20 & 27**

#### St. Joseph

#### Soup and Stations:

Soup is served from 5:30 - 7:00 pm in the High School  
Notre Dame Hall

Stations of the Cross begin at 7:00 pm  
*(No Stations on March 6)*

#### First Friday Mass in Honor of the Sacred Heart of Jesus, March 6

Confession is offered from  
5:30 - 6:30 pm, Mass at 7:00 pm

#### St. Barnabas

Stations of the Cross begin at 5:30 pm  
Mass: 6:00 pm *(in addition to the 12:10 Mass)*

In preparation for the  
upcoming season of Lent,  
please read below from  
United States Catholic  
Conference of Bishops  
(USCCB) on Lenten Fasting and Abstinence  
observances:

Ash Wednesday and Good Friday are obligatory days of  
fasting and abstinence for Catholics.

In addition, Fridays during Lent are obligatory days of  
abstinence.

For members of the Latin Catholic Church, the norms on  
fasting are obligatory from age 18 until age 59.

When fasting, a person is permitted to eat one full meal,  
as well as two smaller meals that together are not equal  
to a full meal.

The norms concerning abstinence from meat are binding  
upon members of the Latin Catholic Church from age 14  
onwards.

Members of the Eastern Catholic Churches are to  
observe the particular law of their own sui iuris Church.  
If possible, the fast on Good Friday is continued until the  
Easter Vigil (on Holy Saturday night) as the "paschal  
fast" to honor the suffering and death of the Lord Jesus  
and to prepare ourselves to share more fully and to  
celebrate more readily his Resurrection.

For more resources, click [here](https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/lent/catholic-information-on-lenten-fast-and-abstinence) (<https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/lent/catholic-information-on-lenten-fast-and-abstinence>)

**LENTEN  
FASTING &  
ABSTINENCE**



### Alameda Deanery Sensory Friendly Mass

**Saturday, February 21, 4:30 pm Vigil Mass,  
St. Barnabas Church (3rd Saturday)**

The Mass will be "sensory friendly" with quieter music to  
offer a sacred space more welcoming to those for whom  
"less is more."

For more information contact:  
[specialneeds@sjbalameda.org](mailto:specialneeds@sjbalameda.org)



**Sign up for Alpha 3 this Spring!**  
**Each Tuesday from**  
**February 24 through May 5,**  
**6:30 - 8:30 pm in Notre Dame Hall**

Alpha is a series that asks important questions about life  
and faith. We begin with dinner, followed by a short video  
exploring a question of faith. Then, we discuss it in our  
small group.

Scan or click on the QR code to  
register. Or, sign up sheets are  
available the Basilica's Niche.

Note: If you participated in Alpha 1 or  
2 and would like to participate again,  
you will be placed on a waiting list to  
make room for new attendees. We  
will notify you if there are openings.



## Praying Together

### Devotions

**Daily Rosary:** St. Joseph, Monday - Saturday, 7:30 am  
St. Barnabas: Monday - Friday, 11:30 am

**Men's Power Hour:** St. Joseph, Mondays, 6:00 - 7:00 pm  
(Note: Rosary at 6:00 pm & Lectio at 6:30 pm)

**First Monday Eucharistic Adoration in Vietnamese**  
St. Joseph, 7:30 - 8:30 pm

**Our Lady of Perpetual Help, Wednesdays**  
St. Joseph, following the 8:00 am Mass  
St. Barnabas, following the 12:10 pm Mass

**Women's Rosary:** St. Joseph, Thursdays, 6:00 - 6:30 pm

**First Friday Devotion to the Sacred Heart of Jesus:**  
St. Barnabas, 11:30 am

**Eucharistic Adoration:** St. Joseph, Fridays, 1:00 - 7:00 pm

**Chaplet of Divine Mercy Prayer:** St. Joseph, last Friday of  
the month, 3:00 - 3:45 pm

**The Communal First Saturdays,** St. Joseph, 7:15 am



Please Pray For The Sick & The Suffering In Our Communities

Louise Astle, Nemi Garcia Andres, Narciso Ayran, Jane Burgelin, Romelita Bautista, Ruby Bautista Cabonce, Kwame Cunningham, Mary Butler, PJ Deschenes, Femy Visperas, Madeline Lontiong, Nory Antonette Reyes, Erica Rivard, Edita Supremo, Maureen Thomas, Ramon Normandy Tirona, Rina Tobis, Marlene & Craig Wilson.

**The List is refreshed monthly.** If you would like a name to be added or removed from the Sick List, please email: [secretary@sjbalameda.org](mailto:secretary@sjbalameda.org).

### Need Anointing of the Sick?

If a member of your family is ill or if you learn that a parishioner is sick or hospitalized and in need of the Sacrament of the Anointing of the Sick, or a pastoral visit from a priest or Communion Minister, please contact any of our Deanery Parish offices to notify them:

- St. Barnabas: 510.995.9401
- St Joseph: 510.522.0181
- St. Philip Neri-St. Albert the Great: 510.373.5215

### Mass Intentions: St. Joseph

|                                      |                                                   |
|--------------------------------------|---------------------------------------------------|
| <b><u>Saturday, February 14</u></b>  |                                                   |
| 8:00 am                              | +Festus Egbunu                                    |
| 5:00 pm                              | 1) +Sally Gallagher                               |
|                                      | 2) +Jose Alberto Gonzales                         |
| <b><u>Sunday, February 15</u></b>    |                                                   |
| 7:30 am                              | Mary & Noel O'Dowd - Healing                      |
| 9:30 am                              | Vern Haik - Birthday                              |
| 12:00 pm                             | 1) +Charles Strohm                                |
|                                      | 2) Patrick Thong - Birthday                       |
| 7:00 pm                              | People of the Parish - Living & Deceased          |
| <b><u>Monday, February 16</u></b>    |                                                   |
| 8:00 am                              | Braylon de Leon - Thanksgiving                    |
| <b><u>Tuesday, February 17</u></b>   |                                                   |
| 8:00 am                              | 1) +Francis Urtula                                |
|                                      | 2) An Nguyen Family - Lunar New Year Thanksgiving |
| <b><u>Wednesday, February 18</u></b> |                                                   |
| <i>(Ash Wednesday)</i>               |                                                   |
| 8:00 am                              | 1) +Gavina Espinosa - Birthday Remembrance        |
|                                      | 2) +Dana & Kathryn Curtis                         |
| 7:00 pm                              | People of the Parish                              |
| <b><u>Thursday, February 19</u></b>  |                                                   |
| 8:00 am                              | +Lim Sin Khoo - Death Anniversary                 |
| <b><u>Friday, February 20</u></b>    |                                                   |
| 8:00 am                              | Clare Alegre - Birthday                           |
| <b><u>Saturday, February 21</u></b>  |                                                   |
| 8:00 am                              | 1) Harnett & Curtin Families - Living & Deceased  |
|                                      | 2) +Liliana Zell                                  |
| 5:00 pm                              | People of the Parish - Living & Deceased          |
| <b><u>Sunday, February 22</u></b>    |                                                   |
| 7:30 am                              | +Jonathan Ramos                                   |
| 9:30 am                              | +Festus Egbunu                                    |
| 12:00 pm                             | Harnett & Curtin Families - Living & Deceased     |
| 7:00 pm                              | +Norma Steine                                     |

### Mass Intentions: St. Barnabas

|                                      |                                  |
|--------------------------------------|----------------------------------|
| <b><u>Saturday, February 14</u></b>  |                                  |
| 4:30 pm                              | +David Chew                      |
| <b><u>Sunday, February 15</u></b>    |                                  |
| 9:00 am                              | Claudia Maldonado - Howell       |
| 11:00 am                             | People of the Parish             |
| <b><u>Monday, February 16</u></b>    |                                  |
| 12:10 pm                             | St Barnabas Money Counters       |
| <b><u>Tuesday, February 17</u></b>   |                                  |
| 12:10 pm                             | +Reynaldo Aranas                 |
| <b><u>Wednesday, February 18</u></b> |                                  |
| <i>(Ash Wednesday)</i>               |                                  |
| 12:10 pm                             | People of the Parish             |
| 6:30 pm                              | People of the Parish             |
| <b><u>Thursday, February 19</u></b>  |                                  |
| 12:10 pm                             | St. Barnabas Music Ministry      |
| <b><u>Friday, February 20</u></b>    |                                  |
| 12:10 pm                             | St. Barnabas Parish Council      |
| 6:30 pm                              | Special Intention                |
| <b><u>Saturday, February 21</u></b>  |                                  |
| 4:30 pm                              | St. Barnabas Ushers & Sacristans |
| <b><u>Sunday, February 15</u></b>    |                                  |
| 9:00 am                              | Claudia Maldonado Howell         |
| 11:00 am                             | People of the Parish             |

## Meditation for upcoming Lent

**Lenten penance is a commitment, sustained by grace, to overcoming our lack of faith and our resistance to following Jesus on the way of the cross.**

*This is precisely what Peter and the other disciples needed to do. To deepen our knowledge of the Master, to fully understand and embrace the mystery of his salvation, accomplished in total self-giving inspired by love, we must allow ourselves to be taken aside by him and to detach ourselves from mediocrity and vanity. We need to set out on the journey, an uphill path that, like a mountain trek, requires effort, sacrifice and concentration. These requisites are also important for the synodal journey to which, as a Church, we are committed to making. We can benefit greatly from reflecting on the relationship between Lenten penance and the synodal experience.*

*In his "retreat" on Mount Tabor, Jesus takes with him three disciples, chosen to be witnesses of a unique event. He wants that experience of grace to be shared, not solitary, just as our whole life of faith is an experience that is shared. For it is in togetherness that we follow Jesus. Together too, as a pilgrim Church in time, we experience the liturgical year and Lent within it, walking alongside those whom the Lord has placed among us as fellow travellers. Like the ascent of Jesus and the disciples to Mount Tabor, we can say that our Lenten journey is "synodal", since we make it together along the same path, as disciples of the one Master. For we know that Jesus is himself the Way, and therefore, both in the liturgical journey and in the journey of the Synod, the Church does nothing other than enter ever more deeply and fully into the mystery of Christ the Saviour.*

*And so we come to its culmination. The Gospel relates that Jesus "was transfigured before them; his face shone like the sun and his clothes became white as light" (Mt 17:2). This is the "summit", the goal of the journey. At the end of their ascent, as they stand on the mountain heights with Jesus, the three disciples are given the grace of seeing him in his glory, resplendent in supernatural light. That light did not come from without, but radiated from the Lord himself. The divine beauty of this vision was incomparably greater than all the efforts the disciples had made in the ascent of Tabor. During any strenuous mountain trek, we must keep our eyes firmly fixed on the path; yet the panorama that opens up at the end amazes us and rewards us by its grandeur. So too, the synodal process may often seem arduous, and at times we may become discouraged. Yet what awaits us at the end is undoubtedly something wondrous and amazing, which will help us to understand better God's will and our mission in the service of his kingdom.*

—Pope Francis | Lent 2023

## Parish Information

### Clergy Contacts:

**Rev. Mario Rizzo**, Parochial Administrator

Phone: 510.995.9421 / email: [frmario@sjbalameda.org](mailto:frmario@sjbalameda.org)

**Rev. Kenneth Nobrega**, Parochial Vicar

Phone: 510.995.9406 / email:

[fatherkennethnobrega@icloud.com](mailto:fatherkennethnobrega@icloud.com)

### Staff Contacts

#### St. Joseph:

**Jimmy Jimenez-Garcia** - Pastoral Associate,

510.994.0599 / email: [jjimenez@sjbalameda.org](mailto:jjimenez@sjbalameda.org)

**Anne Marie Fourre** - Director of Faith Formation,

510.995.9409 / email: [afourre@sjbalameda.org](mailto:afourre@sjbalameda.org)

**Stan Schonberg** - Business Manager, 510.995.9411 /

email: [business@sjbalameda.org](mailto:business@sjbalameda.org)

**Sherley Lim** - Parish Secretary, 510.995.9420 / email:

[secretary@sjbalameda.org](mailto:secretary@sjbalameda.org)

**Dr. Cyril Deaconoff** - Music Director, 510.995.9403 /

email: [cdeaconoff@sjbalameda.org](mailto:cdeaconoff@sjbalameda.org)

**Michael Chinnavaso** - 7:00pm Music Coordinator,

[mchinnavaso@sjbalameda.org](mailto:mchinnavaso@sjbalameda.org)

#### St. Barnabas

**Gloria Maldonado** - Parish Secretary, 510.995.9401 /

email: [gmaldonado@sjbalameda.org](mailto:gmaldonado@sjbalameda.org)

**Agatha Leong** - Faith Formation, 510.748.9537 / email:

[stbarnabasfaithformation@gmail.com](mailto:stbarnabasfaithformation@gmail.com)

**Bernadette Baria** - Music Director, 510.522.8933

### St. Vincent de Paul Hotlines:

St. Barnabas: 510.995.9475 / St. Joseph: 510.995.9471

### Ending Hunger With CRS Rice Bowl:

This Lent, our community will participate in CRS Rice Bowl - connecting our prayers, fasting

and almsgiving to encounter God through our global family. We'll meet, pray for and learn from families in Ghana, Guatemala and Timor-Leste who are rising above the challenges of hunger and malnutrition.

Please visit <https://crsricebowl.org/> for more information on some of these families and how to support the Campaign or pick up your rice bowl found at entrances to the Churches.



**Estate Plan up to date?** Please consider including a bequest to St. Joseph or St. Barnabas.

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