

# Welcome to St. Barnabas and St. Joseph Basilica Parishes

We, the family of St. Joseph Basilica and St. Barnabas, invite all people into our spiritual home to encounter Jesus Christ through an authentically Catholic experience of worship, learning, gathering, and service.

Twenty Third Sunday in Ordinary Time: September 7, 2025



*The Pastoral Care Ministry celebrates Mass with our neighbors at Alameda Care Nursing Home*

## St. Barnabas

1427 Sixth Street, Alameda, CA 94501

Phone: 510.522.8933

email: [sbparishoffice@comcast.net](mailto:sbparishoffice@comcast.net)

Website: [sbarnabas.weebly.com](http://sbarnabas.weebly.com)

Facebook Page: <https://www.facebook.com/barnabasinalameda/>

### **Office Hours: Wednesday through Friday**

9 am - 4 pm (closed for lunch 12 - 1 pm)

Available remotely through email & voicemail

**Church Hours: 9 am - 5 pm**

### **Mass Schedule**

Weekdays: 12:10 pm

Saturday: 4:30 pm (Vigil)

Sunday: 9 am & 11 am

### **Sacrament of Reconciliation**

Saturday, 3:30 - 4 pm

## St. Joseph Basilica

1109 Chestnut Street, Alameda, CA 94501

Phone: 510.522.0181

email: [parish@sjbalameda.org](mailto:parish@sjbalameda.org)

Website: [sjbalameda.org](http://sjbalameda.org)

Facebook Page:

<https://www.facebook.com/sjbalameda/>

### **Office Hours: Monday through Friday**

9 am - 4 pm (closed for lunch 1 - 2 pm)

**Basilica Hours: 8:00 am - 7:00 pm**

### **Mass Schedule**

Weekdays: 8 am / First Friday: 7:00 pm

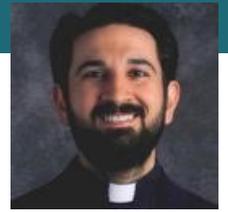
Saturday: 8 am & 5 pm (Vigil)

Sunday: 7:30 am, 9:30 am, 12 pm & 7 pm

### **Sacrament of Reconciliation**

First Friday: 5:30 - 6:30 pm

Saturday: Following Morning Mass, ending at 9 am,  
and 3:30 - 4:30 pm



Dear Family,

Since August was the month dedicated to the Immaculate Heart of Mary, and September is the month in which we celebrate Mary's birthday (Monday the 8<sup>th</sup>), I thought I would share this intriguing article I came across in First Things magazine about women, as we reflect on Mary, the most influential woman to ever live.

Although the article (which I have shortened for space) compares conservative women to liberal women, I am not endorsing any political side (please, don't kill the messenger). What is interesting to me is the correlation between happiness and religious practice, a much-studied phenomenon. We live in a time of so much isolation, confusion, and violence. We as Catholics must be confident in proclaiming the truth that our faith has the answers to people's question about life. As Catholics, we are not called to hoard the precious gift of our faith, but to give it away, to invite. After reading the article, consider someone you know, male or female, who may feel unhappy or unsatisfied with life. Have you invited them to meet Jesus? This is an interesting, and challenging, thing to consider.

Let us remember that September, in addition to being the month of Mary's birthday, is dedicated to her under the title, Our Lady of Sorrows. Mary fully suffered with her Son, but because of that, she also experienced fully the joy of the resurrection. She is our supreme guide to this same happiness, found only in her Son, Jesus.

With much love,  
Fr. Mario

## The Happiness Gap Between Liberal and Conservative Women

VILDA WESTH BLANC AUGUST 12, 2025

For decades, the prevailing narrative urged young women to "lean in," to hustle, to shatter glass ceilings. The "girlboss" era promised liberation through careerism and independence, often at the expense of family, faith, and tradition. Yet a growing cohort of young women is finding that the old promises ring hollow. For them, the most subversive act is not to storm the boardroom, but to bake bread, nurture children, and build a home...

...The 2024 American Family Survey found that 37 percent of young conservative women described themselves as "completely satisfied" with their lives, compared to just 12 percent of progressive women. This happiness gap has persisted since at least 2018, and studies show that conservative women report higher family stability and emotional well-being than their peers.

Marriage is a [major contributing factor](#). The marriage rate among conservative women aged eighteen to forty is 20 percentage points higher than that of their liberal peers. This difference closely tracks with other measures of well-being. For example, nearly 29 percent of liberal women say they feel lonely a few times a week or more, compared to 11 percent of conservative women and 19 percent of moderates. **The survey indicates that much of this loneliness gap owes to different rates of marriage and church attendance, with over half of young conservative women attending church weekly versus just 12 percent of their liberal counterparts.**

Mental health outcomes also [diverge](#) sharply by ideology. Among white women aged eighteen to twenty-nine, 46 percent of liberals have been diagnosed with a mental disorder, compared to 21 percent of conservatives. **Researchers suggest factors like marriage, religious engagement, and a stronger sense of agency help explain why conservative women consistently report greater life satisfaction, stability, and lower loneliness than their liberal peers.**

... The freedom to choose family, faith, and tradition is a form of rebellion against the prevailing culture. The "new rebellion" is not loud or brash; it is quiet, domestic, and deeply countercultural. Social media and platforms like Instagram and TikTok have [fueled the spread](#) of this new aesthetic and connected previously isolated women, making the shift visible and aspirational.

The #tradwife hashtag generates widespread discussion and millions of views across TikTok, Instagram, and YouTube. Influential creators within the movement attract large and engaged followings. Not all of these viewers are politically conservative. Many unaffiliated or liberal-leaning women quietly follow [tradwife content](#) for what it provides: a hint of order, beauty, meaning, and a sense of calm that the ambient "hustle culture" conspicuously lacks...

[Critics](#) will inevitably call this regression, a return to patriarchal norms. But the reality is more nuanced. Many of these women are highly educated, socially engaged, and politically active. **Their embrace of tradition is not about turning back the clock, but about forging a new path that prioritizes family and faith without sacrificing ambition or agency.** Far from being uninformed or passive, these women reflect a broader national shift: [Overall, women now outpace](#) men in college graduation rates, and their rate of civic engagement is steadily growing.

In a world obsessed with novelty and disruption, the rediscovery of the ordinary within faith, family, and community has become the true rebellion. The question is not whether this movement will last, but whether the rest of the culture is ready to listen. By choosing the traditional lifestyle, these young women are not retreating from the world but engaging with it on their own terms. In the end, perhaps the most liberating choice is not to break with the past, but to rediscover in the old ways something enduringly new.

## Upcoming Events

### This Week at St. Joseph & St. Barnabas

- **September 9:** Centering Prayer and Lectio Divina, 7:00 - 8:00 pm (Second Tuesday of every month) at St. Barnabas School, Room 3. (Door opens at 6:40 pm. Enter through parking lot on Taylor at Sixth St)
- **September 11:** Thursday Scripture Reflection, 10:30 - 11:30 am, weekly online reflection and sharing on upcoming Sunday's readings through Dialpad Meetings (<https://meetings.dialpad.com/room/stjosephbasilica/4b84nr6g6y>)
- **September 11:** Thursday Women's Rosary, 6:00 pm, Basilica
- For a complete listing of Basilica schedule of events, please visit Parish website: <https://sjbalameda.org/events-1>

### Feast of the Nativity of the Blessed Virgin Mary Monday, September 8

In honor of our Blessed Mother's feast day, the Monday Men's Power Hour and Legion of Mary invite you to join them for Rosary and fellowship at 6:00 pm in the Basilica. All are welcome!

### Holy Half-Hour Friday, September 12, 5:30 - 6:00 pm

Families are invited to a monthly "Holy Half-Hour" for children during St. Joseph's Friday Adoration from 5:30 - 6:00 pm. During this time, we sing, pray, and engage in quiet activities in the presence of the Blessed Sacrament, allowing children to experience Jesus in the Eucharist.

(Note: Potluck dinner following the event in the High School)

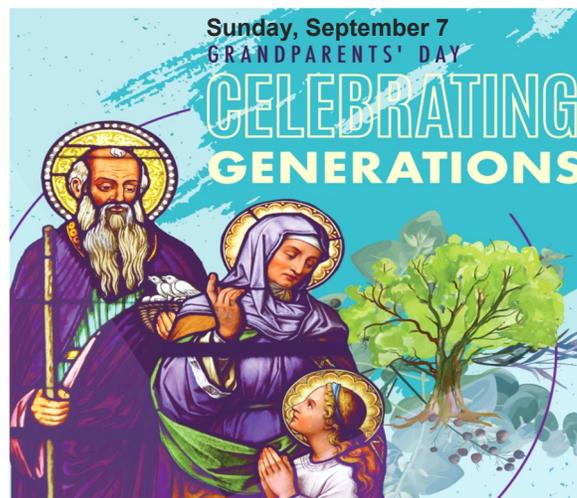
### Pro-Life Second Saturday Rosary September 13

Gather with the Alameda Catholic Community and join us in praying the Rosary for an end to abortion, and for our voiceless little brothers and sisters. We meet in front of City Hall in Alameda at 9:15am.

Rosary will start at 9:30 am.

### Celebration of Our Lady of Fatima continues - Saturday, September 13, 6:00 pm, Basilica

Join the Legion of Mary for a dedicated prayer session to Our Lady of Fatima following the Vigil Mass. Your presence will contribute to a powerful and uplifting experience with Our Lady!



### Diocesan Priests' Retirement Benefit Trust Fund September 13 & 14

In parishes throughout the Diocese, a special collection will be taken up next weekend to support the Priest Retirement Fund. Supporting the collection is a way to thank them for their service. Please give generously. Thank you for your support!

Note: Special donation envelopes can be found at entrances to the Church. Collection baskets will be passed once. If you prefer to donate online instead through REALM, here is the link: <https://onrealm.org/sjbalameda/-/form/give/now> (on the drop down bar, scroll for Priest Retirement {September})

### SENSORY FRIENDLY MASS



### Alameda Deanery Sensory Friendly Mass Saturday, September 20, 4:30 pm Vigil Mass, St. Barnabas Church (3rd Saturday)

The Mass will be "sensory friendly" with quieter music to offer a sacred space more welcoming to those for whom "less is more."

For more information contact:  
[specialneeds@sjbalameda.org](mailto:specialneeds@sjbalameda.org)

### Mark your calendars for Saturday, September 20!

Join us for an organ recital at the Basilica at 6:00 pm (or following the Vigil Mass). After the recital, enjoy hospitality in the Gathering Space.

Everyone is welcome!

## Devotions

**Daily Rosary:** St. Joseph, Monday - Saturday, 7:30 am

**Men's Power Hour:** St. Joseph, Mondays, 6:00 - 7:00 pm  
(Note: Rosary at 6:00 pm & Lectio at 6:30 pm)

**First Monday Eucharistic Adoration in Vietnamese**  
St. Joseph, 7:30 - 8:30 pm

**Our Lady of Perpetual Help, Wednesdays**  
St. Joseph, following the 8:00 am Mass  
St. Barnabas, following the 12:10 pm Mass

**Women's Rosary:** St. Joseph, Thursdays, 6:00 - 6:30 pm

**First Friday Devotion to the Sacred Heart of Jesus:**  
St. Barnabas, 11:30 am

**Eucharistic Adoration:** St. Joseph, Fridays, 1:00 - 7:00 pm

**Chaplet of Divine Mercy Prayer:** St. Joseph, last Friday of the month, 3:00 - 3:45 pm



Please Pray For The Sick & The Suffering In Our Communities

Sandy Anderson, Romelita Bautista, Kwame Cunningham, Shirley Benesh, Mary Butler, PJ Deschenes, Norma de la Cruz, Calito Franco, Lorrie Proctor, Nory Antonette Reyes, Erica Rivard, Ramon Normandy Tirona and Rina Tobis.

**The List is refreshed monthly.** If you would like a name to be added or removed from the Sick List, please email: [secretary@sjbalameda.org](mailto:secretary@sjbalameda.org).

### Need Anointing of the Sick?

If a member of your family is ill or if you learn that a parishioner is sick or hospitalized and in need of the Sacrament of the Anointing of the Sick, or a pastoral visit from a priest or Communion Minister, please contact any of our Deanery Parish offices to notify them:

- St. Barnabas: 510.995.9401
- St Joseph: 510.522.0181
- St. Philip Neri-St. Albert the Great: 510.373.5215

**Estate Plan up to date?** Please consider including a bequest to St. Joseph or St. Barnabas.

### Mass Intentions: St. Joseph

#### Saturday, September 6

8:00 am In Reparation of the Immaculate Heart of Mary  
5:00 pm +Melvin Macatangay

#### Sunday, September 7

7:30 am +Pat Dundon  
9:30 am People of the Parish - Living & Deceased  
12:00 pm 1) +Eduardo Alcontin - Birthday Remembrance  
2) Rich Davis - Birthday  
7:00 pm +Joseph Guratana

#### Monday, September 8

8:00 am +Nardo David - Death Anniversary

#### Tuesday, September 9

8:00 am Sherley & Patrick Thong  
- 25th W. Anniversary Thanksgiving

#### Wednesday, September 10

8:00 am 1) +Joseph Linnemann  
2) Steve & Jacinta Richards (Belated birthdays thanksgiving)

#### Thursday, September 11

8:00 am 1) +Leonarda Q. Estigoy  
2) Sal Amendola

#### Friday, September 12

8:00 am Maria Rueca - Birthday Thanksgiving

#### Saturday, September 13

8:00 am +Marie Hao Nguyen & +Peter Thu Nguyen  
5:00 pm +Peter Simmons

#### Sunday, September 14

7:30 am 1) +Mary Helen Montandon  
2) Alex Maquilan - Healing  
9:30 am Marielle Louise Torres Villalobos - Birthday  
12:00 pm People of the Parish  
7:00 pm +Geoffrey Godfrey

### Mass Intentions: St. Barnabas

#### Saturday, September 6

4:30 pm +Mary Patt Glass

#### Sunday, September 7

9:00 am People of the Parish  
11:00 am Tiffany Lindsey

#### Monday, September 8

12:10 pm +Christina Fortaleza

#### Tuesday, September 9

12:10 pm +Floyd Honorene Marie Carter

#### Wednesday, September 10

12:10 pm +Sergia Farrales

#### Thursday, September 11

12:10 pm +Regina Farrales

#### Friday, September 12

12:10 pm +Pita Cabrales

#### Saturday, September 13

4:30 pm +Arthur, +Roberta, & +Stephen Macy

#### Sunday, September 14

9:00 am +Bienvenido Carlos  
11:00 am People of the Parish

## Other News

### Faith Formation – Classes Start Next Week!

Help your children grow in faith. The in-person classes for youth in Kindergarten through Junior High who don't attend Catholic school, AND the Confirmation classes for teens in 8<sup>th</sup> grade and high school in Catholic or public school, start September 14. Advance registration required; information on our website at <https://sjbalameda.org/childrens-programs>. (Those who signed up early for home-schooling Whole Family Catechesis can pick up their materials any time; those who registered late may have to wait.)

Adults, we have something for you, too! Adult Confirmation series starts September 25; registration deadline is next week. Information at <https://sjbalameda.org/adult-confirmation>

Contact Anne Marie at 510-995-9409 if any questions.

### Our Lady of Guadalupe Ministry

#### Tamales Sale Fundraiser

September 21, 2025



Our Lady of Guadalupe Ministry invites you to enjoy delicious Mexican tamales for sale on Sunday, September 21, from 8 am to 2 pm in the Gathering Space.

No need to cook that day; we have it covered. After you fill your spirit with the Lord's words, join us to fill your tummy with delicious Mexican tamales.

You may purchase them on that day or pre-order them.

Preorder by September 19, please contact:

**Roberta Fuentes at (510) 924-6872**

# SEPTEMBER 11

©LPi

# NEVER FORGET

## Parish Information

### Clergy Contacts:

**Rev. Mario Rizzo**, Parochial Administrator

Phone: 510.995.9421 / email: [frmario@sjbalameda.org](mailto:frmario@sjbalameda.org)

**Rev. Kenneth Nobrega**, Parochial Vicar

Phone: 510.995.9406 / email:

[fatherkennethnobrega@icloud.com](mailto:fatherkennethnobrega@icloud.com)

### Staff Contacts

#### St. Joseph:

**Jimmy Jimenez-Garcia** - Pastoral Associate, 510.994.0599 / email: [jjimenez@sjbalameda.org](mailto:jjimenez@sjbalameda.org)

**Anne Marie Fourre** - Director of Faith Formation, 510.995.9409 / email: [afourre@sjbalameda.org](mailto:afourre@sjbalameda.org)

**Stan Schonberg** - Business Manager, 510.995.9411 / email: [business@sjbalameda.org](mailto:business@sjbalameda.org)

**Sherley Lim** – Parish Secretary, 510.995.9420 / email: [secretary@sjbalameda.org](mailto:secretary@sjbalameda.org)

**Dr. Cyril Deaconoff** - Music Director, 510.995.9403 / email: [cdeaconoff@sjbalameda.org](mailto:cdeaconoff@sjbalameda.org)

**Michael Chinnavaso** – 7:00pm Music Coordinator, [mchinnavaso@sjbalameda.org](mailto:mchinnavaso@sjbalameda.org)

#### St. Barnabas

**Gloria Maldonado** - Parish Secretary, 510.995.9401 / email: [gmaldonado@sjbalameda.org](mailto:gmaldonado@sjbalameda.org)

**Agatha Leong** - Faith Formation, 510.748.9537 / email: [stbarnabasfaithformation@gmail.com](mailto:stbarnabasfaithformation@gmail.com)

**Bernadette Baria** - Music Director, 510.522.8933

### Celebrating Sacrament of Marriage

Preparation for registered and active parishioners please contact:

**St. Joseph:** Fr. Mario Rizzo - 510.995.9421 / email: [frmario@sjbalameda.org](mailto:frmario@sjbalameda.org)

**St. Barnabas:** Fr Kenneth - phone: 510.995.9406 / email: [fatherkennethnobrega@icloud.com](mailto:fatherkennethnobrega@icloud.com)

### Welcome To Our Visitors!

Thank you for worshipping with us today! We hope to see you again. If you would like to be a member of either Parishes:

**St. Barnabas:** contact Gloria 510.995.9401; email: [GMaldonado@sjbalameda.org](mailto:GMaldonado@sjbalameda.org)

**St. Joseph:** Registration forms are available at the Basilica's vestibule, on the Parish website: <https://sjbalameda.org/new-parishioner-registration>, or at the Parish Office. Please drop off the completed form at the Office or email it to: [secretary@sjbalameda.org](mailto:secretary@sjbalameda.org).

### St. Vincent de Paul Hotlines:

St. Barnabas: 510.995.9475

St. Joseph: 510.995.9471

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