

# COVID-19

## School Guidelines

### School Health - COVID-19 Testing

People with COVID-19 have had a wide range of symptoms reported - ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. Any student with symptoms consistent with COVID-19 should be referred to the school nurse for evaluation on whether testing is needed. **These symptoms should be outside of the student's baseline.**

Fever	Cough	Fatigue	Headache
Sore throat	Congestion	Runny nose	Diarrhea
Shortness of Breath	Difficulty breathing	Muscle/body aches	Nausea/Vomiting
New loss of taste or smell			

### SECTION 1: Presenting symptoms:

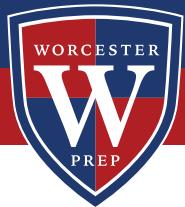
Group A 1 or more symptoms	Group B 2 or more symptoms
<ul style="list-style-type: none"><li><input type="checkbox"/> *Cough (<b>new uncontrolled cough that causes difficulty breathing, for students with chronic allergic/asthmatic cough, a change in their cough from baseline</b>)</li><li><input type="checkbox"/> Shortness of breath</li><li><input type="checkbox"/> Difficulty Breathing</li><li><input type="checkbox"/> New loss of taste or smell</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Fever (100.0 or higher)</li><li><input type="checkbox"/> Chills/shaking or exaggerated shivering</li><li><input type="checkbox"/> Muscle aches</li><li><input type="checkbox"/> Sore throat</li><li><input type="checkbox"/> Headache</li><li><input type="checkbox"/> Nausea or vomiting</li><li><input type="checkbox"/> Diarrhea</li><li><input type="checkbox"/> Fatigue</li><li><input type="checkbox"/> Runny nose/congestion</li></ul>

If your child exhibits any of the above symptoms( 1 from Group A or 2 or more from Group B) they should stay home, and you should contact your medical provider regarding evaluation and/or potential testing for COVID-19.

### If your child has been tested for COVID-19:

- 1 Please inform the school nurse that a test has been performed.
- 2 Please keep your child at home, until you receive the test results.
- 3 Please keep all siblings home as well, until you receive a test result.
- 4 Please provide the school nurse with the written report of the test result, when it becomes available.

See next page for further guidelines regarding specific situations



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## School Guidelines

Situation	Returning to School
<input type="checkbox"/> Student exhibits 1 or more symptoms from Group A or 2 or more symptoms from Group B	<p>The individual can return to school if</p> <ul style="list-style-type: none"><li><input type="checkbox"/> 10 days have passed since symptoms first appeared. <b>AND</b></li><li><input type="checkbox"/> Fever free for 24 hours, without the use of fever-reducing medication <b>AND</b></li><li><input type="checkbox"/> Improvement in symptoms (e.g., cough, shortness of breath) <b>OR</b></li><li><input type="checkbox"/> Obtain a PCR test (not a rapid test) at an approved testing location that comes back negative for COVID-19 <b>OR</b></li><li><input type="checkbox"/> Obtain a medical professional's note clearing student for return based on an alternative diagnosis</li></ul>
<input type="checkbox"/> Positive for COVID-19	<p>The individual can return to school if</p> <ul style="list-style-type: none"><li><input type="checkbox"/> 10 days have passed since symptoms first appeared. <b>AND</b></li><li><input type="checkbox"/> fever-free for 24 hours, without the use of fever-reducing medication <b>AND</b></li><li><input type="checkbox"/> Improvement in symptoms (e.g., cough, shortness of breath)</li></ul>