



Behavioral Health

Children, Teens & Adults

Support for Life's Changes, Healthy Habits, and Emotional Well-Being

Life can be hard. We all face challenges at times.



Whether you are feeling stressed, going through a life change, or working on your health goals, you do not have to do it alone.

Our Behavioral Health team works with you and your medical provider to support your emotional, mental, and physical well-being.

Reach out. We're here to help.

Behavioral Health

How we can help

We offer confidential care for children, teens, and adults.

Services Include:

- Mental health screenings and brief consultation
- Short-term counseling (therapy)
- Medication support
- Referrals to community therapists and other services
- Help finding community resources

Why People See Behavioral Health

Our team can help you:

- Manage stress and cope with life's changes
- Make lasting behavior changes
- Stay on track with your health goals
- Manage ongoing health conditions such as diabetes, high blood pressure, or chronic pain
- Improve your overall well-being

Payment Methods

We accept Medi-Cal, Medicare, self-pay, and offer a Sliding Scale Fee Program for those who qualify.

Contact Us :

To make an appointment or for more information, please call 707-939-6070 or visit www.svchc.org.

Location and Hours

19270 Sonoma Highway, Sonoma, CA 95476

Monday - Friday

9:00 am – 5:00 pm