

Uplift After Loss

St. Margaret's Episcopal Church is pleased to offer the grief bereavement program, ***Uplift After Loss*** (UAL), which explores many of the aspects of the grief journey.

Where: **St. Margaret's Episcopal Church**
 20900 Chenal Parkway
 Adult Lower Level Classroom
When: **Sundays - October 9th through November 13th**
Time: **2 to 3PM**

Facilitator is Susan Hiller, ***Certified Grief Counselor*** and Amy Gray Light and Rosemary Siegfried, ***Walking the Mourner's Path*** (WMP) co-facilitators.

If you have questions, please contact Susan Hiller at 501-256-4550 - ssdh22@yahoo.com or Rosemary Siegfried at 505-747-1614 - rosiegfried@att.net

Uplift After Loss - Grief Support Group for bereavement **REGISTRATION FORM**

NAME: _____

ADDRESS: _____

E-MAIL ADDRESS: _____

PHONE: home: _____ cell: _____

What is your reason for signing up for ***Uplift After Loss*** (UAL)?

Please mail to Rosemary Siegfried, 1308 Hunters Cove Drive, Little Rock, AR 72211 or give to Katherine Strothers at St. Margaret's or go to the web-site - **stmargaretschurch.org** and click on **Serve** then **Pastoral Care** then **Uplift After Loss** and complete the electronic link.

Reply by October 1st. Maximum number of participants is 12.