

Center for Families

# Spring Baby Massage and Child Development Series

Thursdays

12:15-1:30pm

4/10, 4/17, 5/1, 5/8,  
5/15, and 5/22

Fresh Pond Apartments  
community room

362 Rindge Ave

For Cambridge Parents and Babies 5 weeks to pre-crawling.

Each session will introduce a child development topic. Baby Massage helps develop a strong relationship between you and your baby.

Massage also helps your baby:

- Relax and be soothed
- Decrease gas & constipation
- Regulate sleep

**Families must register!** To register, contact Kaleena at [kthompson@cambridgema.gov](mailto:kthompson@cambridgema.gov) or (617) 349-3003.



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