

Parenting Journey

A **Free** 12 Week Parenting Group for Cambridge
Parents with Children **Birth - 8 Years Old**

This program supports parents to:

- Gain new parenting skills
- Build stronger relationships with their children
- Discover strengths as individuals and as parents
- Set goals for themselves and their children
- Understand how the past influences current parenting
- Work on their own happiness

Tuesday Nights: January 20th - April 28th

(no sessions 2/17, 3/24 or 4/21)

Martin Luther King Jr. School

(102 Putnam Ave.)

from **5:30pm-7:30pm.**

Childcare available and dinner served! All families must register.



To register, contact Sierra Riley at 617-349-5522
or sriley@cambridgema.gov.

