


SEPTEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Senior Life Office: Laura Brondos, Director 440-356-4436 Sandy Milos, Social Worker 440-356-4463 Cathy Eble, Site Coordinator 440-356-4437 Tiffany Cornell-Van Trans. 440-356-4439			1 10:00-11:00 Coffee w/ a Cop 10:30 SS Classic 11:30 SS Irish Dance 12:00 Lunch 1:00 Card Playing
4  SENIOR CENTER CLOSED	5 12:00 Card Playing 1:00 Movie: Ambulance 2:00 Needle Crafters	6 9:30 Art Class 12:30 Bridge 1:00 Binge: Call the Midwife *NO SILVER SNEAKERS*	7 10:00 Coffee w/ a Firefighter 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 2:00 Book Club *NO SS Boom Move*	8 9:30 Senior Council, Inc. 12:00 Lunch 1:00 Card Playing *NO SILVER SNEAKERS*
11 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	12 12:00 Card Playing 1:00 Movie: Emily	13 9:30 Art Class 9:00-11:00 Legal Advice 11:00 Medicare 101/OSHIIP 11:45 SS Classic 12:30 Bridge 1:00 Binge: Call the Midwife	14 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:30 SS Boom Move (Dance)	15 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing **SHRED IT DAY on 9/16/23**
18 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	19 12:00 Card Playing 1:00 Movie: Boston Strangler 2:00 Needle Crafters	20 9:30 Art Class 9:30 Senior Advisory Council 11:30 Lunch & Learn: "Healthy Brain Basics" 11:45 SS Classic 12:30 Bridge 1:00 Technology Help 1:00 Binge: Call the Midwife	21 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:00 Talk & Treat: "Medicaid" 1:30 SS Boom Move (Dance)	22 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing
25 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	26 12:00 Card Playing 1:00 Movie: Murder Mystery 2	27 9:30 Art Class 11:30 Lunch & Learn: "Medicare for 2024" 11:45 SS Classic 12:30 Bridge 1:00 College Club Mahjong 1:00 Binge: Call the Midwife	28 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:00 Talk & Treat: "Fair Housing Center" 1:30 SS Boom Move (Dance)	29 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing

OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 11:30am Goodtimers Lunch</p>  <p>SENIOR CENTER CLOSED</p>	<p>3 12:00 Card Playing 1:00 Movie: The Covenant 2:00 Needle Crafters</p>	<p>4 9:30 Art Class 11:30 Lunch & Learn: "Don't Go Broke in a Nursing Home" 11:45 SS Classic 12:30 Bridge 1:00 Binge: Call the Midwife</p>	<p>5 10:00 Coffee w/ a Firefighter 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:30 SS Boom Move (Dance) 2:00 Book Club</p>	<p>6 10:00-11:00 Coffee w/ a Cop 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing</p>
<p>9 11:00 Blood Pressure 11:30 Lunch 12:00 OctoberFEAST BINGO Fundraiser \$8 12:00 Bingo 1:00 Discussion Group</p>	<p>10 12:00 Card Playing 1:00 Movie: Planes, Trains, & Automobiles</p>	<p>11 9:30 Art Class 9:00-11:00 Legal Advice 11:45 SS Classic 12:30 Bridge 1:00 Binge: Call the Midwife</p>	<p>12 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:30 SS Boom Move (Dance)</p>	<p>13 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 12:30 Crooner Concert 1:00 Card Playing 2:00-4:00 Medicare Counseling</p>
<p>16 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group</p>	<p>17 9:00-3:00 RUMMAGE SALE</p> 	<p>18 9:00-3:00 RUMMAGE SALE</p>	<p>19 11:15 SS Chair Yoga 12:00 Lunch 1:00 Mahjong 1:30 SS Boom Move (Dance)</p>	<p>20 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing</p>
<p>23 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group</p>	<p>24 12:00 Card Playing 1:00 Movie: Operation Fortune: Ruse De Guerre</p>	<p>25 9:30 Art Class 11:30 Lunch & Learn: "Caregiver Burnout" 11:45 SS Classic 12:30 Bridge 1:00 College Club Mahjong 1:00 Binge: Call the Midwife</p>	<p>26 11:15 SS Chair Yoga 12:00 Lunch 12:30 Music BINGO 1:00 Mahjong 1:30 SS Boom Move (Dance)</p>	<p>27 10:30 SS Classic 11:30 SS Stability 12:00 HALLO-WEENIE Spook-tacular Party 1:00 Talk & Treat: "Louder than Words" 1:00 Card Playing</p>
<p>30 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group</p>	<p>31 12:00 Card Playing 1:00 Movie: Kandahar</p>	<p>Senior Life Office: Laura Brondos, Director 440-356-4436 Sandy Milos, Social Worker 440-356-4463 Cathy Eble, Site Coordinator 440-356-4437 Tiffany Cornell-Van Trans. 440-356-4439</p>		 <p>HALLOWEEN</p>