

Sorry! WE'RE
CLOSED

CLOSINGS & CANCELLATIONS

The senior center will be CLOSED on **Monday,**

September 4th for Labor Day, and **Monday, October 2nd, 2023** for the 1st Monday of the month. Also, *movies, binge-watching, and card playing will be cancelled on October 17 and 18th* for the Rummage Sale!

SHREDDING & HAZARDOUS WASTE COLLECTION

Help Fairview Park and the environment all while freeing up space in your home! Bring old documents for shredding or hazardous waste on **Saturday, September 16th** from **9:00am to 12:00pm** behind City Hall in Fairview Park.



TALK & TREAT # 1

Confused about Medicaid? Need someone to explain the basics to you? Then join us for a special presentation on Medicaid, hosted by *Parkside Villa* on **Thursday, September 21** at **1:00pm.**

Don't miss this special presentation which will help get you started as we start enrollment season for healthcare! No sign-up required!



TALK & TREAT #2

The Fair Housing Center (FHC) is a nonprofit organization located in Cleveland that serves and educates the residents of Cuyahoga County on fair housing laws. On **Thursday, September 28th** at **1:00pm**, the FHC will present information for homeowners and renters on Fair Housing Law rights and responsibilities. They will have giveaways, treats, and a raffle for a **\$25 gift card** to Giant Eagle! Registration is required so call the senior life office to sign up!



October FEAST BINGO

Join us on **Monday, October 9th** at **12:00pm** for **October FEAST BINGO**. With just a **\$8** donation, you will get **ONE BINGO card** and a full meal that includes: **kielbasa & sauerkraut, perogi & onions, cabbage & noodles, a roll with butter, water, and DESSERT!** Don't miss out on this special event hosted by Joe and his girls! Make sure to register and pay in advance! **All proceeds go to benefit the senior center and its programs.*



Crooner Concert

Prepare to swoon at our **Crooner Concert** on **October 13th** at **12:30pm.** **Greg Piscura** will bring back all the memories from the "rat pack" and will make you think you are hearing Frank Sinatra live! Don't miss this special event, sponsored by O'Neill Healthcare. No registration required!





Medicare Enrollment will be here and gone before you know it. **Donna D'Amico**

from **Kaz Insurance** is here to help make sure you understand anything and everything you need to know about Medicare. Call to schedule a **30-minute counseling session** for one-on-one advice directly from Donna. Don't miss this special one day event on **Friday, October 13**. Sessions are available from **2:00-4:00pm**, but you must call the senior center to reserve a spot!



OSHIIP MEDICARE ENROLLMENT INFORMATIONAL SESSION

The Ohio Senior Health Insurance Information Program will hold counseling dates for Medicare on **October 17th between 10:00am-3:00pm** in Ms. Sandy's office. Registration with the senior center is required. *(Confused? Not sure where to begin? Then come to the informational session about Medicare Open Enrollment on **Wednesday, September 13th at 11:00am** before signing up for the counseling dates).*

RUMMAGE SALE

Have items that you no longer need? Then **donate items to sell** (no clothing please) or rent up to **TWO TABLES** for only **\$20** at our **Fall Rummage Sale!** Donated items can be dropped off at the senior center during business hours. Also, make sure to come shop, enjoy our **Bake Sale**, eat **hot dogs & chips** for **\$3**, and enter our **50/50 raffle**. Do not miss this **TWO-DAY EVENT** on **Tuesday, October 17** and **Wednesday, October 18^t** from **9:00am-3:00pm**. Reservations must be made to hold tables, so call today! **Movies/binge watching and card playing will be cancelled those days.**

MUSIC BINGO

Two of your favorites once again! Music and Bingo! Join us on **Thursday, October 26th at 12:30 pm** for musical bingo hosted by Kenny G! Prizes will be awarded to the winners and a snack will be provided



HALLOWEENIE SPOOKTACULAR

Something is brewing at the Fairview Park Senior Center!

Come **EAT, DRINK**, and be **SCARY** at our **Hallo-weenie Spooktacular** event on **Friday, October 27th at 12:00pm!** Enjoy a **hotdog lunch** and a **special witches brew punch** guaranteed to bewitch you! Come as your ghoulish self, in your best Halloween clothes, or in costume! There will be plenty of games with prizes awarded to the winners including a **Candy Corn Counter Jar**, a blind **Taste Test**, and guess the **Pounds of Pumpkin**. There will also be a costume contest with prizes for the best dressed! The cost of lunch is **only \$1** and all activities are **FREE!** Space is limited so make sure to register ASAP!



Talk and Treat #2

Join **Hanson Services**, for a special presentation, "**Louder than Words.**" This informative session will provide tips and answer questions for caregivers of loved ones with dementia as they navigate through this difficult time. Don't miss this special event on **Friday, October 27th at 1:00pm.** Registration is not required.





DATE	TITLE	STARRING	TYPE
Sept. 5	<i>Ambulance</i> /R/136 min (2023)	Jake Gyllenhaal/Yahya Abdul-Mateen/Elza Gonzalez	Action/Crime/Drama/
12	<i>Emily</i> /R/130 min (2022)	Emma Mackey/Oliver Jackson-Cohen/Fionn Whitehead	Biography/Drama History
19	<i>Boston Strangler</i> /R/112 min (2022)	Keira Knightley/Carrie Coon/Chris Cooper	Crime/Drama History
26	<i>Murder Mystery #2</i> /PG-13/90 min (2023)	Adam Sandler/Jennifer Aniston/Mark Strong/Melanie Laurent	Action/Comedy/Crime
Oct. 3	<i>Guy Ritchie's The Covenant</i> /R/123 min (2023)	Jake Gyllenhaal/Dar Salim/Sean Sager/Jason Wong	Action/Thriller/War
10	<i>Planes, Trains, & Automobiles</i> /R/93 min (1987)	Steve Martin/John Candy/Laila Robins/Michael McKean	Comedy/Drama
17	***No movie due to the Rummage Sale***		
24	<i>Operation Fortune: Ruse De Guerre</i> /R/114 min (2023)	Jason Statham/Aubrey Plaza/Cary Elwes/Hugh Grant	Action/Comedy/Thriller
31	<i>Kandahar</i> /R/119 min (2023)	Tom Rhys Harries/Farhad Bagher/Gerard Butler	Action/Thriller

*****Movies that are rated "R" may contain sexually explicit or disturbing material, extreme violence/gore, and explicit language. Watch at your own risk!**

THANK YOU!

THANK YOU to Ann Bachna, Darlene Caldwell, Bill Drackenberg, Roseanne Fink, Aurora Flickinger, Brian Gibbons, Giz Gregoire, Jackie Hursky, Lucy Jones, Joe Maynard, Bill Minek, Marilyn Nagel, Susan Pelka, Betty Samol, Twyla Sales, Loretta Siegel, Betty Temesvari, Rose Vella, Carol Ward, and everyone who continues to volunteer or asks to volunteer!

A special THANK YOU to Kathleen Fayen, the mayor's secretary, for helping us serve lunch to our seniors and clean-up the kitchen EVERY Thursday and Friday. We greatly appreciate all that you do for the senior center and our community!

THANK YOU to Mayor Cooney for stopping by our 90+ luncheon and for always finding time to listen to and help the senior citizens of our community. We so appreciate how much you care and how you always find a way to visit and address everyone's concerns. Your actions speak louder than anyone's words ever could, and we greatly appreciate all you do for this community!

THANK YOU to all our senior citizens who joined us for our **90+ Luncheon**. As foundations of our community and bridges that help connect the generations, we greatly appreciate, honor, and cherish you all! You are remarkable, and we are so grateful to have you all with us!



RECURRING PROGRAMS AND EVENTS

Bingo: Mondays (except the first Monday of the month) at 12:00pm

Binge-Watch Wednesdays: Wednesdays at 1:00pm, Currently viewing Netflix's: *Call the Midwife*

Blood Pressure Screenings: Mondays (see calendar) at 11:00am before Bingo

Book Club: Meetings will be held on the first Thursday of the month at 2:00pm

Card Playing: Various card games: Tuesdays at 12:00pm; bridge/card playing: Wednesday at 12:30pm; Mahjong: Thursdays at 1:00pm; Various card games: Fridays at 1:00pm

Coffee with a Cop: FIRST Friday of every month from 10:00am-11:00am

Coffee with a Firefighter: FIRST Thursday of every month from 10:00am-11:00am

Discussion Group: Meets every Monday at 1:00pm. There is always something new to discuss and all are welcome! Come when you can and leave when you must!

Goodtimers Lunches: Meets the first MONDAY of every month at 11:30am (unless it falls on a holiday). Lunch locations vary but are always local. ****NO GOODTIMERS LUNCH on September 4th due to holiday****

JKL Tours JKL provides day trips for seniors to fun locations for a reasonable price. Reservations and payment are required prior to the trip. Please contact the senior life office for info on trip destinations.

Knitters, Crafters, and Needle Crafters: Knitters, Crafters, and Needle Crafters meets the FIRST and THIRD Tuesday of the month at 2:00pm.

Legal Consultations: A certified lawyer will be available the 2nd Wednesday of every month to discuss any legal matters you may have. Consultations are 30 minutes and appointments are necessary. ***Lawyer is not available in July***

LUNCH – Boxed and Hot: Boxed Lunch Sandwiches are served every Monday (except holidays and the first Monday of each month) at 11:30am and Hot Lunches are served every Thursday and Friday at 12:00pm. **Sign-up is required by 1:00pm on Wednesday the week before lunch is served.**

Mixed Media – Art Class: Classes meet on Wednesdays at 9:30am (run 8 weeks). It is a **\$5 fee** for each class. Come and join in on the fun! Instructor is Liz Galloway.

Silver Sneakers, Exercise, and Dance: ***NEW TIMES ADDED**

- **CLASSIC meets WEDNESDAYS at 11:45 AM and FRIDAYS at 10:30 AM (Peggy)**
- CHAIR YOGA meets THURSDAYS at 11:15 (Jessica)
- BOOM MOVE (DANCE) meets THURSDAYS at 1:15 PM (Peggy)
- STABILITY meets FRIDAYS at 11:30 AM (Peggy)

Technology Help: Need help with technology? Mary Ann Pfroger will be here on Wednesday, September 20 and October 18th at 1:00pm to help with your electronic devices or email, social media, and websites. No appointment necessary! *****RETURNING PROGRAM*****



REGISTRATION REQUIRED & SPACE IS LIMITED!

Wednesday, September 20th –As we get older, keeping our brain sharp is essential. Join **Hanson Services** to learn **“Healthy Brain Basics”** to keep your brain in tip-top shape! **@11:30am**

Wednesday, September 27th – The enrollment season for **“Medicare for 2024”** is fast approaching. Let **Donna D’Amico** with **Kaz Insurance** help clarify information and answer your questions! **@11:30am**

Wednesday, October 4th –Finding the right nursing home without breaking the bank can be a challenge. Join **Baron Law** so you **“Don’t Go Broke in a Nursing Home.”** **@11:30am**

Wednesday, October 25 – **“Caregiver Burnout”** happens more than you might think. Join **Helping Hands** to get tips on how to take care of yourself while taking care of others. **@11:30am**

GOODTIMERS LUNCHES



Join friends from the senior center the first **Monday** of every month at **11:30am** (except holidays) for our **Goodtimers Lunches** as we visit different local restaurants! Sign-up in the senior life office. Upcoming dates/locations: **Monday, October 2nd** at **Cozumel Mexican Restaurant** (25048 Sperry Drive, Westlake). *There is NO GOODTIMER LUNCH on **Monday, September 4th** at **Red Robin** because of Labor Day.*

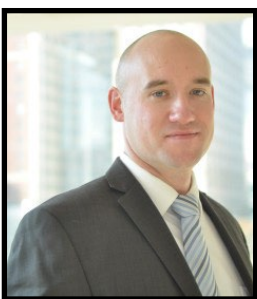


BINGE WATCH WEDNESDAYS

Feeling lazy? We are too. Come join us **Wednesdays at 1:00pm** to **binge-watch TWO episodes** of trending shows on Netflix or other streaming services. In between each episode, we will serve a snack themed around the show we are watching. We are currently in season 2 of **Call the Midwife**, about midwifery in the 1950s in England! Come in your favorite sweat pants and join us on this laid-back adventure every Wednesday!

BOXED LUNCH & HOT LUNCH

Every **Thursday** and **Friday**, the senior center provides hot lunches for our seniors. **Boxed lunches** are served **Mondays at 11:30am** and **hot lunches** are served **Thursdays and Fridays at Noon**. Suggested donation is **\$1**. Reservations must be made by 1:00pm on the Wednesday the week BEFORE lunches are served by calling 440-356-4437. **There are NO HOLDS/SAVES for lunches. Be on time or your lunch will be given to those on the waiting list!** To qualify, you must be 60 or older OR your spouse accompanying you must be 60 or older. In addition, ALL NEW participants must become members by completing a new registration form for the 2023 year. If you have any questions, please feel free to contact us!



FREE Legal Consultations

Dan A. Baron has dedicated his legal career to the areas of estate planning, business law, and elder law. As a dedicated and certified lawyer, he would like to offer his services to our seniors, for free, on the **2nd Wednesday** of every month He can assist in any area you need help, and his consultations last **30 minutes**. Appointments are necessary, and space is limited, so please call to schedule!

YARD WASTE PICK-UP

Yard waste pick-up has begun and will continue through the fall. Please place your yard waste in dry, brown, paper yard waste bags or in cans marked "Yard Waste" for collection. Bags and cans should not exceed 40 pounds. Small branches must be cut and bundled not to exceed 3 feet in length or 3 inches in diameter.



SEPTEMBER

MONDAY / COLD LUNCH		THURSDAY/HOT LUNCH		FRIDAY/HOT LUNCH	
		1		Meatball Sub* W.G. Sub Bun w/Marinara Sauce* Green Beans* & Mushrooms* Applesauce	
4 FIRST MONDAY SENIOR CENTER CLOSED		7		8	
11 Tuna Salad W.G. Bread Three Bean Salad Cereal Bar Pineapple		7 Hot Dogs w/bun* Baked Beans* Mandarin Oranges Grape Juice Ketchup & Mustard Packet		8 Sweet & Sour Pork Loin* Buttered Noodles* Sauteed Cabbage* & Beets* W.G. Dinner Roll Apricots	
18 Hot Dogs* w/bun Baked Beans* Mandarin Oranges Grape Juice Ketchup & Mustard Packet		14 Chicken Cordon Bleu* Mashed Potatoes* w/Gravy* California Blend* W.G. Bun Orange		15 Stuffed Shells* w/Sauce* Corn* & Lima Beans* W.G. Wheat Bread Peaches	
25 Chicken Salad w/Croissant W/Mayo Three Bean Salad Orange Juice		21 Roasted Turkey Breast* w/Gravy* & Bread Stuffing* Sweet Potatoes* & Green Peas* W.G. Dinner Roll Cranberry Juice		22 Breaded Chicken Parmesan* W.G. Pasta* w/Marinara Sauce* Capri Blend* & Green Beans* W.G. Breadstick Fresh Grapes	
28 Swedish Meatballs* w/Noodles* & Gravy* Green Beans* & Red Cabbage* W.G. White Bread Apricots		29 Sliced Ham* w/Pineapple Glaze* Mixed Vegetables* Cheesy Potatoes* Dinner Roll Mixed Fruit			

OCTOBER

MONDAY / COLD LUNCH		THURSDAY/HOT LUNCH		FRIDAY/HOT LUNCH	
2 FIRST MONDAY SENIOR CENTER CLOSED		5		6	
9 October FEAST fundraiser \$8 Kielbasa & sauerkraut Pierogi & onions Cabbage & Noodles Roll & Butter/Dessert		5 Beef Sloppy Joe* Oven Roasted Potatoes* Broccoli* W.G. Hamburger Bun Scalloped Apples		6 Breaded Chicken Breast* w/Marinara Sauce* Cauliflower* Zucchini* W.G. Garlic Toast Red Grapes	
16 Roast Beef w/W.G. Bun w/BBQ sauce Potato Salad Yogurt Orange		12 Hot Dogs* w/bun Baked Beans* Mandarin Oranges Grape Juice Ketchup & Mustard Packet		13 Stuffed Pepper* w/Sauce* Mashed Potatoes* Mixed Vegetables* W.G. Biscuit Applesauce	
23 Chicken Salad w/Croissant W/Mayo Three Bean Salad Orange Juice		19 Chicken Cacciatore* W.G. Pasta* w/Sauce* Mixed Vegetables* California Blend* W.G. Wheat Bread Tropical Fruit		20 Salisbury Steak* w/Gravy* Mashed Potatoes* Brussel Sprouts* W.G. Wheat Bread Mandarin Oranges	
30 Tuna Salad W.G. Bread Three Bean Salad Cereal Bar Pineapple		26 Beef Stew* Brussel Sprouts* Buttered Sliced Carrots* W.G. Dinner Roll Apricots		27 Hot Dogs* w/bun Baked Beans* Mandarin Oranges Grape Juice Ketchup & Mustard Packet	