



JANUARY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 11:30am Goodtimers Lunch  SENIOR CENTER CLOSED	2 12:00 Card Playing 1:00 Movie: <i>Vacation Friends 2</i> 2:00 Needle Crafters	3 9:30 Art Class 12:30 Card Playing 1:00 Binge: The Crown	4 10:00 Coffee w/ a Firefighter 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing 2:00 Book Club	5 10:00-11:00 Coffee w/ a Cop 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Winter Craft 1:00 Card Playing
8 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	9 12:00 Card Playing 1:00 Movie: Indiana Jones And the Dial of Destiny	10 9:30 Art Class 11:30 Lunch & Learn: Emergency Preparedness 12:30 Card Playing 1:00 Binge: The Crown	11 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	12 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing 1:00 Talk & Treat: Every Step Seniors
15 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 12:00 PASTA PARTY BINGO 1:00 Discussion Group	16 12:00 Card Playing 1:00 Movie: You Are So Not Invited to My Bat Mitzvah 2:00 Needle Crafters	17 9:30 Art Class 12:30 Card Playing 1:00 Binge: The Crown	18 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	19 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing
22 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	23 12:00 Card Playing 1:00 Movie: You Hurt My Feelings	24 9:30 Art Class 9:30 Senior Advisory Council 11:30 Lunch & Learn: Benefits of Neuro-Acupuncture 12:30 Card Playing 1:00 Binge: The Crown	25 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	26 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing 1:00 Valentine's Day Craft
29 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 11:30 Lunch 12:00 Bingo 1:00 Discussion Group	30 12:00 Card Playing 1:00 Movie: The Outlaws	31 9:30 Art Class 12:30 Card Playing 1:00 Binge: The Crown	The Senior Life Office: Laura Brondos, Director 440-356-4436 Sandy Milos, Social Worker 440-356-4463 Cathy Eble, Site Coordinator 440-356-4437 Tiffany Cornell-Van Trans. 440-356-4439	

FEBRUARY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Senior Life Office: Laura Brondos, Director 440-356-4436 Sandy Milos, Social Worker 440-356-4463 Cathy Eble, Site Coordinator 440-356-4437 Tiffany Cornell-Van Trans. 440-356-4439				
5 11:30am Goodtimers Lunch  SENIOR CENTER CLOSED	6 12:00 Card Playing 1:00 Movie: Barbie 2:00 Needle Crafters ***AARP Tax Appointments	7 9:30 Art Class 11:30 Lunch & Learn: Aging & Mental Health 12:30 Card Playing 1:00 Binge: Call the Midwife	1 10:00- Coffee w/ a Firefighter 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing 2:00 Book Club	2 10:00-11:00 Coffee w/ a Cop 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing
12 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 12:00 BINGO 11:30 Lunch 1:00 Discussion Group	13 12:00 Card Playing 12:00 Mardi Gras Party 1:00 Movie: Creed III ***AARP Tax Appointments	14 9:30 Art Class 12:30 Card Playing 1:00 Binge: Call the Midwife	15 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	9 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing
19 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 11:00 Breakfast BINGO 1:00 Discussion Group	20 12:00 Card Playing 1:00 Movie: Magic Mike's Last Dance 2:00 Needle Crafters ***AARP Tax Appointments	21 9:30 Art Class 12:30 Card Playing 1:00 Binge: Call the Midwife	22 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	16 10:30 SS Classic 11:30 SS Stability 12:00 Lunch 1:00 Card Playing 1:00 Paint 'n Sip
26 9:45 SS Chair Yoga 10:45 SS Classic 11:00 Blood Pressure 12:00 BINGO 1:00 Discussion Group	27 12:00 Card Playing 1:00 Movie: Hamilton 2:00 Needle Crafters ***AARP Tax Appointments	28 9:30 Art Class 12:30 Card Playing 1:00 Binge: Call the Midwife	29 11:15 SS Chair Yoga 12:00 Lunch 1:00 Card Playing	