



SCOPE

FAIRVIEW PARK SENIOR LIFE OFFICE NEWSLETTER

Mayor Patrick J. Cooney

July & August 2021 ♦ 20769 Lorain Road ♦ Fairview Park, OH 44126 ♦ 440-356-4437

Rummage Sale

We are going to have our first annual Rummage Sale at the Fairview Park Senior Center!!!

Thursday, August 12 from 9am to 1pm.

Do you have some treasures to sell? 6-foot tables can be reserved for \$20. Register in person at the Senior Center by August 9th. Proceeds will go to benefit the Senior Center and its programs. If anyone needs assistance with pricing or setting up, we have people available to help.

All are welcome to reserve a table. Not just limited to seniors!

Set Up is August 11th from 11am – 3pm.

There will be beverages during the sale provided by Life Care Center of Westlake. Thank you.

Our Senior Center is one of the hidden gems of Fairview Park. Come check us out! You never know what you might find...



“Doc of Rock and Roll”

Please join us at the Fairview Park Senior Center on **Friday, July 23 at 11:00** for an interactive presentation of **Turbulent Times in the Decade of the 60's by Dr. Joel Keller.**

1963 and 1968 –

1963 and 1968 were years to remember due to the assassinations of JFK, MLK and Bobby Kennedy. However, there were many other important historical events that took place in those two years. Joel will review what happened those years in significant detail, including Politics, Economics, Disasters, Social Movements, Science, Technology, Pop Culture, Music, People and World Events. You can enjoy a lunch and the presentation provided by **O'Neill Healthcare** for **\$5.00**.

You must sign up for this event by July 16. Please join us for this interesting event.

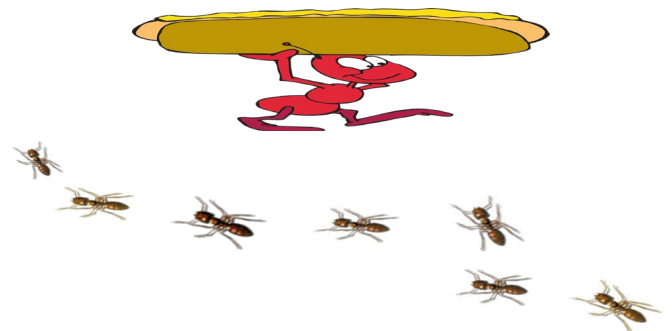
Annual Picnic and Concert

Mark your calendars now and plan to attend the Fairview Senior Center's Annual Picnic on **Friday, August 20, at Noon**. We are going to have a

Farewell to Summer Picnic.

Already??? We just started!!

O'Neill Healthcare is going to sponsor our picnic with hot dogs, a side, ice cream and entertainment from Jeff Varga. He is a fun musician, so bring your dancing shoes and a smile. We will be able to be indoors. Come to celebrate being open and being with your favorite Senior Center and friends. All of this for only **\$5.00**. Please make your reservation by Monday, August 16. You can come to the front desk or call 440-356-4437.



Ice Cream Social

I scream, you scream, we all scream for ice cream. Life Care Center of Westlake is going to sponsor an ice cream social on **Monday, July 19th at 1:00** here at the Senior Center when we have a break in between Bingo Sessions. The Cost is only **\$1.00** and all of the proceeds will go to our wonderful senior center. You can enjoy Bingo and ice cream in the same day.





FREE MOVIES

Tuesdays at 1:00 p.m.

DATE	TITLE	STARRING	Type
July 6	The American President/PG13/115 min.	Michael Douglas/Annette Bening	Drama
13	Air Force One /R/ 125 minutes	Harrison Ford/Gary Oldman	Drama
20	In America / PG13/ 103 minutes	Samantha Morton/Paddy Considine	Drama
27	American Graffiti / PG13 / 113 minutes	Richard Dreyfuss/Ron Howard	Comedy
Aug. 3	Raiders of the Lost Ark/PG/115 minutes	Harrison Ford/Karen Allen	Action
10	Life of Pi / PG / 125 minutes	Suraj Sharma/Irfan Khan	Drama
17	Pride & Prejudice/PG/128 minutes	Kiera Knightley/ Matthew McFadyen	Drama
24	Meet the Parents/PG 13/ 108 minutes	Robert DeNiro / Ben Stiller	Comedy
31	Friday Night Lights/PG13/117 minutes	Billy Bob Thornton/Derek Luke	Drama

Fun Trivia, Facts, Music

We all experienced hardship in 2020 so it's time to "Celebrate Life"! On **Friday, July 16th and August 13th** at 1:00pm your fellow senior, Renee Fonte, will hope to make you laugh with her presentation. She'll invite you to share some memories with fun trivia, jokes, music, and quizzes. Please call 440-356-4437 or stop by the Senior Center to register for this program.

Technical Assistance

Do you need help understanding your cell phone, laptop, tablet, etc? Our friend, Marianne Pfrogner, is willing to help you! There are no stupid questions, except the ones unasked! She will be at the Senior Center on **Tuesday, July 13 and Tuesday, August 10 at 1:00pm** in the computer lab.

Calling all Crafters

The Senior Center is open for people who want to get together and do their crafts, such as crocheting, knitting, tapestry or needlepoint. There has been some interest in quilting, please let us know if you want to participate. Bring your supplies and work together or come and enjoy the company. We would love to see what you are working on and you can have great conversations also. You can come weekly on Tuesdays at 10:00am and let the fun begin.



Chair Volleyball Anyone????

Chair Volleyball Anyone? We will be forming new teams, so if you are interested, please sign up at the front desk or call at 440-356-4437. We also need a referee, to keep everyone honest. TeeHee. We had such a great time when we last played. We will see if our skills are still as good as they used to be. We can still play on Fridays at 1:30pm when we have a team and a referee.

RTA Next Gen Information

The RTA has made some route changes that affect some Fairview Park residents. so, if you have any questions please feel free to give Sandy a call at the Senior Life Office at 440-356-4463 and she will do her best to assist you in figuring out the new routes.

WRAAA Senior Farmers Market Nutrition Program

We will again be the distribution site for the Ohio Senior Farmers' Market Vouchers for zip codes 44126, 44116, 44145 and 44140. The purpose of the program is to improve the nutritional health of low-income seniors and to increase business for local farmers. The program is funded by the USDA, ODA and WRAAA. Please sign up at the Fairview Park Senior Center and bring a photo ID.

One Day Trips

Wednesday, Aug. 25

End of Summer in Ohio's Amish Country!

\$79. Moderate

Come join us for an End of Summer escape to the beauty of Ohio's Heartland. We'll start at Smucker's of Orrville, a fun place to shop and we'll stop at Lehman's Hardware, where the AMISH shop, and having several unique items. Next, we'll travel around the corner for a wonderful Amish lunch at The AMISH DOOR Restaurant with time to shop their complex and bakery. We'll visit Heini Cheese, known for their Ohio-made cheeses and we'll enjoy a wine tasting at Han's Place Winery. Amish trips sell quickly so don't hesitate! We'll depart the Giant Eagle parking lot at 8:00 am. and return about 6:30 pm.

Reservation deadline is **Monday, July 26.**

Friday, Sept. 10

Chocolate & Wine & GERVASI'S

\$99. Moderate

Chocolate and Wine are now considered HEALTH FOODS - if you have the right kind and in moderation! Join us to enjoy getting healthy as we'll start by visiting **London Chocolates**, hearing their history, enjoying free samples and learning about their line of artisan chocolates. Next, we'll have wine sampling AND lunch at the amazing **Gervais Winery** in their rustic and beautifully restored barn. This Tuscan-like village has an outstanding reputation for both its wine and ambiance and our visit there will include a walking tour of their complex. We'll visit the charming **Cherry Road Winery** in Massillon for wine sampling before we stop into quaint **Hartville Chocolates**, where their specialty is chocolate-covered Strawberries. We'll complete our day at Barrel Run Winery, where you get to choose which wines you want to sample. We'll depart the Giant Eagle parking lot at 8:20 am. and return about 6:15 pm. Reservation deadline is **Tuesday, August 10.**

Multi-Day Trips

Offered by
Wendt Touring
will be available in 2022.
we will keep you posted.

BYOB

Bring Your Own Bag Lunch

Come to the Senior Center on Fridays at 11:00am. Bring your own lunch and get together with all your lunch buddies. You can bring a sandwich or fast food, whichever you prefer. We are still being cautious, so bear with us. We are not going to have our congregate meals for a while, but we are sure you would really like to get together... Residents can even use the senior van if you would like us to transport you to and from your home to here.

Blood Pressure Check



We are happy to announce that we will once again be able to have your blood pressure taken on Mondays at 11:00am before we play Bingo. **Life Care Center of Westlake** will be here every week during July and August. No need to sign up just roll up your sleeve and get checked. We are so excited to have this wonderful service for our seniors.

Fairview Park's



FAIRVIEW PARK
Summerfest

Is back

July 29-August 1, 2021



**The Parade for Summerfest is
Friday, July 30 starting @ 6:00pm.**



**Fireworks at Bohlken Park @9:00pm
Bring your lawn chairs to enjoy in
comfort.**

Regular Programs and Events

BINGO: Every Monday, except the first Monday of the Month at NOON.

BRIDGE: Bridge group begins play at 12:30pm every Wednesday.

CRAFTERS: Meet every Tuesday at 10:00am.

DISCUSSION GROUP: Meets every Monday at 1:00pm. Always something new to discuss! Join in!

MIXED MEDIA – ART CLASS: Classes meet on Wednesday at 9:30am. Classes run for 8 weeks. Please check with the front desk for start dates of new classes. There is a fee for this class instructed by Liz Galloway.

SILVERSNEAKERS: Yoga meets Mondays at 10:00am with Mary Lou Smith and **Classic SilverSneakers** on Fridays at 11:45am to 12:30pm. With Tim Carney.

BOOK CLUB: The book club meets the first Thursday of the month at 1:00. This program is sponsored by O'Neill Healthcare. All participants receive a copy of the book.



Lunch & Learn



The Art of Downsizing...

Planning to move soon and need to downsize? After being in your house for the past year, did you realize how much stuff you have and want to start the downsizing process now? **Rachel** with **Caring Transitions** will help you work through challenges, provide valuable tips to start the downsizing process and share professional resources available. Please join us on **Wednesday, August 4** at **11:30am**. Lunch will be provided by **Wesleyan Village**. You must sign up for this event by July 30.

How's My Driving?

With many of the Covid-19 precautions being lifted, many of us are getting out on the roads again, so the difficult question about how safe your driving might be and when or why should you give up the car keys may arise. The National Institute of Health has an extensive website all about older drivers ([Older Drivers | National Institute on Aging \(nih.gov\)](http://www.nia.nih.gov/health/older-drivers)) and the Insurance Institute for Highway Safety has published statistics on older drivers that are hopeful but still daunting. States have been stepping up to check on the driving skills of older people as well, and in Ohio where licenses last 4 years there are currently no special provisions for senior drivers, however the state does operate a website (<http://www.dmv.com/oh/ohio/senior-drivers>) that explains some requirements older drivers may face if they fail standard vision tests or report certain health conditions. Many older drivers will voluntarily stop driving as a preventative measure, maybe after an accident or medical diagnosis that might make it less safe to drive. While others have needed family or a doctor to intervene and explain why it might be best to stop driving. Whatever your situation might be, there definitely isn't one clear answer for everyone as to when you should give up your keys, however there are several safe driving courses available for seniors in the Cleveland area that offer both online and in person tests. If you are interested in finding out more information or resources, please feel free contact the Senior Life Office at 440-356-4437.