Meet & Greet

Spring 2023

Mental Health Wellness GROUP Friday, **February 10th @ 9:30 AM to 10:30 AM Virtual.**

Host: Clinical Counselor, Janny Paneque Hernandez

Contact:RSVP to Jhernan6@austincc.edu

About the GROUP:

Hello ACC Students!

Mental Health is ALWAYS a PRIORITY!

Please join us for this **Informational "Meet & Greet."** This is an opportunity to make connections with peers, prioritize self-care, learn more about mental health, receive counseling/and peer support, create a better school/life balance, and make mental health a priority!

Participants must be 18 years old, and currently enrolled for spring 2023. Please RSVP to the email above or for any questions that you may have about the GROUP

