

Sample schedule



	SUN	MON	TUE	WED	THU	FRI	SAT	Rules
7:00 AM								Create routine
8:00 AM		GOVT		GOVT				Every class every day
9:00 AM								Study then work
10:00 AM			MATH		MATH			Morning hours are best for retention
11:00 AM							R	45 min study 15 min break
12:00 PM		Break	Break	Break	Break	Break	E	Take lunch
1:00 PM			ENGL		ENGL		S	Alternate subjects
2:00 PM	Break	HIST		HIST			T	Observe 2-3 hour rule
3:00 PM								Plan to sleep at least 6 hours
4:00 PM							D	Take one rest day (Saturday)
5:00 PM							A	Set planning day (Sunday)
6:00 PM		Work	Work	Work	Work		Y	
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

- Govt study
- Math study
- Engl study
- Hist study
- Flex



SUN MON TUE WED THU FRI SAT To Do List

7:00 AM								
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM								
5:00 PM								
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								