

# OXFORD COUNTY CAN COUNCIL

## PROGRAM SCHEDULE

Scheduled Community Events February-April

All of our programs are open to the public. They are a great resource for information on child development through all stages of life, discipline practices, supporting our children for school success, and so much more! They are also great places to meet other parents and find support from a group of peers!

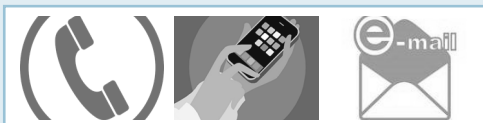
Our classes and workshops are  
**FREE!**  
Registration is Required

Register By:

Calling: 333-6453

Calling or Texting : (207) 739-0222

Email: [aholland@community-concepts.org](mailto:aholland@community-concepts.org)



### 1-2-3 MAGIC!

EFFECTIVE DISCIPLINE TECHNIQUE

This 2 session series is designed to learn a tried and true discipline technique to manage children's obnoxious behavior and make more time for playing with our kids! We talk about children's whining and manipulation as well as sibling rivalry, getting up in the morning, bed time and more! Come learn a strategy to make your home feel a bit more peaceful.

#### Next Session:

Community Concepts Inc.

17 Market Square, South Paris ME 04281

**Wednesdays**

March 6th & 13th

**9:00am-11:30am**

### NURTURING PARENTS

PARENT LEAD SUPPORT GROUP

Guiding us to be the best parent we can be through caring for our selves and our children in gentle, positive, and respectful practices. Come to one or come to all!

#### **Topics:**

- Understanding Feelings (3/10/19)
- Family Values, Morals, & Rules (3/10/19)
- Praising Children & Their Behavior (4/14/19)
- Positive Discipline (5/12/19)
- Managing Stress

#### Next Session:

Oxford Advent Christian Church

1130 Main St., Oxford ME 04270

**2nd Sunday of Each Month**

\* May change due to needs of group

**1:00pm-2:30pm**

17 Market Square, South Paris, ME | (207) 743-7716 | Toll Free 1-800-866-5588 |

| [www.community-concepts.org](http://www.community-concepts.org) |

7.24.2018

# CIRCLE OF PARENTS

A PARENT OWNED GROUP

We are a group of parents that meet every other week. We meet new families, support and encourage each other with things like stress, children's behavior, and changes in our lives. We also help find fun things to do with our families, and even have our own activity nights!

There is also a children's group at the same time! The kids play together, learn new things, and also help plan family nights!

**Free Child Care!**

**Age restrictions may apply.  
Please call ahead for more  
information.**



**Free  
Dinner!**

## Where To Find Us

### **Agnes Gray Elementary School**

170 Main St., West Paris ME 04289

**1st & 2nd Friday Every Month**

**5:30pm– 7:00pm**

**&**

### **Rumford Elementary School**

121 Lincoln Ave., Rumford ME  
04276

**2&4th Friday Every Month**

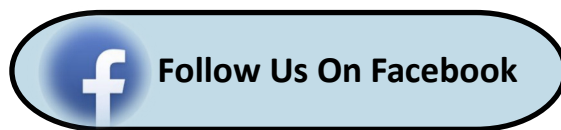
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<https://www.facebook.com/OxfordCountyCAN/>

## CHILD CARE AND FAMILY PROGRAMS



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