

**Spirit Play for Kindergarten and 1<sup>st</sup> Graders** is based in Montessori learning that seeks to engage children in big questions about life within the context of the Unitarian Universalist faith. During your child's faith exploration, they will engage in active listening to beautiful stories, are encouraged to explore centers in movement, contemplation, spiritual practices, music, and art. This faith exploration gives children a "toolkit" to discover the wonder and mystery of life, guided by our UU rainbow principles and sources. Spirit Play encourages independent thinking through wondering with an adult who does not mediate "correct" answers but truly wonders with the child. It gives the children real choices through freedom within the structure that promotes a sense of community and develops an underlying sense of the spiritual and the mystery of life.

**Heart, Heart, and Hands for 2<sup>nd</sup> and 3<sup>rd</sup> Graders** explore monthly themes using stories and activity centers designated as Head, Heart, and Hands. Each center honors individual learning styles and encourages children to make choices in the centers and activities that speak directly to their learning interests. Using choice and center methodology naturally aligns with our UU tradition supporting curiosity and learning, as well as, recognizes that all children are closely connected with the source of awe and wonder.

**Faith in Action for 4<sup>th</sup> & 5<sup>th</sup> Graders** will experience learning how to use their power with mindful action. During their time in faith exploration, our upper elementary young people will discover a deeper connection to the values of diversity, the power of love, the importance of community, how we work toward the goal of a peaceful world with justice for all, and most importantly- how to put their faith in action to create change in the world.