

## QUICK AND SIMPLE BANANA PUDDING

Just a little less fat and sugar



- 1 1 oz package of sugar free French vanilla instant pudding
- 1 1 oz package of sugar free Banana instant pudding
- 2 cups of no sugar added vanilla almond milk.
- 1 (14-oz.) can low fat sweetened condensed milk (just gotta have it)
- 1 (12 oz.) container of low fat frozen whipped topping, thawed
- 1 tsp. vanilla extract
- 1 (12-oz.) box vanilla low-fat wafer cookies
- 4 bananas, sliced into coins– add more if you like.

In a large mixing bowl, beat pudding mix and milk 2 minutes. Blend in condensed milk until smooth. Stir in vanilla and fold in whipped topping. Layer wafers, bananas and pudding mixture in glass serving bowl. Best if you allow to chill several hours before serving. 12 servings.