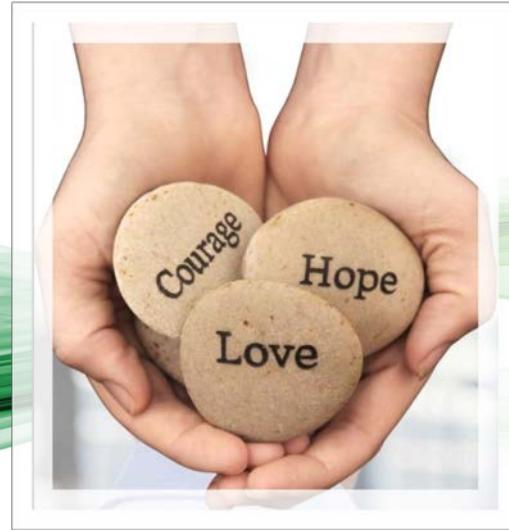


FAMILY CONNECTIONS™

A skills-based program that offers a lifeline to families facing Borderline Personality Disorder



THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONALITY DISORDER

invites you to attend a 12 week course
Family Connections
at
Location TBA

August 24, through November 9, 2018
(6:00 – 8:00 pm)

COURSE CONTENT:

- Research-based program typically taught as 12-week course
- Education & Research on BPD
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness
- Effective Communication
- Validation
- Development of a support network

HOW TO REGISTER:

Go to our website: www.borderlinepersonalitydisorder.com/family-connections

Note: Space is limited and registration is first come, first serve. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. The class is free. A voluntary \$50 donation is requested. No one will be turned away for financial reasons.

For questions contact Jackie Mashore at jacquelinemashore@gmail.com



National Education Alliance for Borderline Personality Disorder
www.borderlinepersonalitydisorder.com