

# **FAMILY CONNECTIONS™**

A skills-based program that offers a  
lifeline to families facing  
Borderline Personality Disorder



## **THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONALITY DISORDER**

invites you to attend a 12 week course

### **Family Connections**

at

Location TBA

**August 24, through November 9, 2018  
(6:00 – 8:00 pm)**

### **COURSE CONTENT:**

- Research-based program typically taught as 12-week course
- Education & Research on BPD
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness
- Effective Communication
- Validation
- Development of a support network

### **HOW TO REGISTER:**

Go to our website: **[www.borderlinepersonalitydisorder.com/family-connections](http://www.borderlinepersonalitydisorder.com/family-connections)**

Note: Space is limited and registration is first come, first serve. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. The class is free. A voluntary \$50 donation is requested. No one will be turned away for financial reasons.

**For questions contact Jackie Mashore at [jacquelinemashore@gmail.com](mailto:jacquelinemashore@gmail.com)**



National Education Alliance for Borderline Personality Disorder  
[www.borderlinepersonalitydisorder.com](http://www.borderlinepersonalitydisorder.com)