

**NO ENTRY DURING THE 30-MINUTE CLEANING INTERMISSIONS
AND EVERYONE MUST BE OUT OF THE BUILDING AFTER EACH
90-MINUTE INCREMENT FOR STAFF TO CLEAN MULTIPLE AREAS
OF THE FITNESS CENTER.**

MONDAY-FRIDAY

7:00-8:30

CLEANING 8:30-9

9:00-10:30

CLEANING 10:30-11

11:00-12:30

CLEANING 12:30-1

1:00-2:30

CLEANING 2:30-3

3:00-4:30

CLEANING 4:30-5

5:00-6:30

SATURDAY

8:00-9:30

CLEANING 9:30-10

10:00-11:30

CLEANING 11:30-12

12:00-1:30

CLEANING 1:30-2

2:00-3:30

SUNDAY

10:00-11:30

CLEANING 11:30-12

12:00-1:30

CLEANING 1:30-2

2:00-3:30

**LET'S BE SAFE AND CONTINUE TO FOLLOW THE GUIDELINES TO KEEP EACH OTHER SAFE
AND HEALTHY, AND OUR FITNESS CENTERS OPEN.**

- **MASKS MUST BE WORN AT ALL TIMES COVERING THE NOSE AND MOUTH UNLESS INSIDE
THE POOL OR SPA**
 - **SANITIZE YOUR HANDS REGULARLY**
 - **SOCIAL DISTANCE YOURSELF FROM OTHERS**
 - **WIPE DOWN EQUIPMENT BEFORE AND AFTER YOUR WORKOUT**