

safetypowers™

ONLINE
PROGRAMS

Safety Out in Public

Thursday, June 25 @ 6:30 PM via Zoom

*followed by 30 minutes Q&A for those who want more

Doing things out in public is more fun when you can stop problems before they grow.

You'll learn and practice skills to:

- Set and protect boundaries
- Create safety plans
- Deal with upset or angry people
- Protect yourself from hurtful words
- Get help when you need it - and persist!



SCAN HERE

Questions?

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