

# iLEAD SPRING 2020 WORKSHOPS

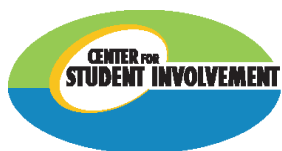
iLead provides students with the flexibility to choose workshop sessions on various communication and leadership topics that align with your individual interests and schedule.



*ALL WORKSHOPS WILL BE HELD VIA ZOOM. VISIT [ILEAD.UCSD.EDU](http://ILEAD.UCSD.EDU) TO REGISTER.*

| DATE | WORKSHOP  | TIME         |
|------|---|--------------|
| 4/6  | iLead Orientation: Going Virtually!   | 1-1:50 PM    |
| 4/13 | Managing Anxiety: Tips and Tools from CAPS and Student Affairs                  | 1-1:50 PM    |
| 4/14 | Xenophobia Within POC Communities   | 1-1:50 PM    |
| 4/16 | Relationships Start with You*   | 11-12:20 PM  |
| 4/17 | Good Night, Sleep Tight in Anxious Times  | 11-11:50 AM  |
| 4/21 | SunGod IDEAS*   | 11-12:20 PM  |
| 4/22 | Translating the Value of Your UCSD Experience                                   | 11-11:50 AM  |
| 4/22 | TRANSFERable Skills: Showcasing Your Pre and Post UCSD Experience               | 4-4:50 PM    |
| 4/23 | Initiating Relationships*   | 11-12:20 PM  |
| 4/28 | Voices for Change: Building the Political Divide*                               | 5-6:20 PM    |
| 4/30 | Developing Positive Relationships*  | 11-12:20 PM  |
| 5/7  | Navigating Difficult Conversations and Conflict*                                | 11-12:20 PM  |
| 5/7  | Yes, No, Maybe: Clarifying Consent*   | 11-12:20 PM  |
| 5/7  | Anti-Blackness: Addressing how Anti-Blackness is perpetuated in our Communities | 3:30-4:50 PM |
| 5/11 | The Good Place: A Workshop on Morals and Ethics                                 | 2-2:50 PM    |
| 5/13 | "Parks and Recreation" Characters and Leadership Styles                         | 2-2:50 PM    |
| 5/14 | Empathy vs Sympathy*  | 11-12:20 PM  |

\* INDICATES DOUBLE STAMP WORKSHOP



VISIT [ILEAD.UCSD.EDU](http://ILEAD.UCSD.EDU) FOR MORE INFORMATION

CSI - COMMUNICATION & LEADERSHIP • UC SAN DIEGO  
CCL@UCSD.EDU • ILEAD.UCSD.EDU

