

# BE KIND TO YOUR MIND

Wednesday, May 2nd

2:00 - 3:00 p.m.

Student Services  
Center #554

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BE PROACTIVE AND TALK  
ABOUT MENTAL HEALTH  
AND WHY IT'S IMPORTANT  
FOR ACADEMIC SUCCESS  
WITH DR. ROBERTO LUNA.



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*This is an event in collaboration with Counseling & Psychological Services (CAPS) and the Chancellor's Associates Scholars Program (CASP).*

## OPEN TO EVERYONE!



Chancellor's Associates Scholars Program

Questions: [casp@ucsd.edu](mailto:casp@ucsd.edu) or (858) 534-8366  
[casp.ucsd.edu](http://casp.ucsd.edu)